CARBONDALE PARKS & RECREATION COMMISSION REGULAR MEETING

WEDNESDAY, May 10, 2023 Meeting 7:00 P.M. Carbondale Town Hall Trustee Chambers

TIME*		ITEM	DESIRED OUTCOME
7:00	1.	Roll Cali	
7:05	2.	Approval of April 12, 2023 Minutes	INFORMATIONAL
7:10	:10 3. Items from Citizens Present Not on the Agenda		
7:15	4.	Acknowledgement of Service Misha Logan Introduction of Youth Candidates	INFORMATION DISCUSSION (Attachment A)
7:25	5.	Bee Friendly Landscaping Environment Board Initiative Resolution Language review requesting Commissioners support	INFORMATION DISCUSSION DECISION (Attachment B)
7:45	6.	Roaring Fork Pickleball Association Approving expansion in proposed area Economic Impact Noise Baffling Research Other user groups	INFORMATION DISCUSSION DECISION (Attachment C)
8:00	7.	Aquatics Facility Update Design and Construction Firms Preliminary Schedule Aquatics Coordinator News	INFORMATION DISCUSSION (Attachment D)
8:15	8.	Susan CAFCI Report Biped maps for WeCycle Installations	INFORMATION DISCUSSION (Attachment D)
8:35	9.	Report & Updates: Staff & Commission Members • Eric Brendlinger, Parks & Recreation Director • Updated Master Plan Available here: https://www.carbondalerec.com/rec-misc/ • 30/60/90 Day Outlook • Margaret Donnelly-CRCC Manager	INFORMATION (Attachment E)

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		 Parks & Recreation Commissioners Luis Yllanes, Trustee Liaison 	
9:00	10.	Adjournment*	*Please note: Times are approximate

TOWN OF CARBONDALE

APPLICATION FOR APPOINTMENT OR REAPPOINTMENT TO TOWN ADVISORY BOARDS AND COMMISSIONS

THIS IS AN APPLICATION FOR APPOINTMENT REAPPOINTMENT
NAME OF APPLICANT: LACEY HOWELL MAILING ADDRESS: J51 GOLDEN BEAR DR. CARBONDALE 81623 STREET ADDRESS OF RESIDENCE: ABOVE TELEPHONE: (Work) 970 250 1310 (Home) OTHER PHONE: E-MAIL: HOWEII5 1994 @ COMCAST. NET
INDICATE WHERE YOU WOULD LIKE YOUR AGENDAS AND INFORMATIONAL MATERIALS DELIVERED: 1. email 2. my house ADDRESS
(If you are seeking reappointment, it is only necessary to fill in your name and those informational items which have changed since you were last appointed.)
BOARD OR COMMISSION FOR WHICH (RE) APPOINTMENT IS SOUGHT:
YOUTH VOLUNTEER ROSITION ON THE PARKS & REC. COMMISSION FOR CARBONDALE AS DESCRIBED IN MISHA LOGAN'S EMAIL OF 3/24/23 NEW APPOINTMENT ONLY:
Describe any special knowledge, abilities, background or interests which you feel will provide a positive contribution to the goals and purposes of the board or commission for which you are seeking appointment. (Attach resume if desired or use an extra sheet of paper if necessary.) EXPRESSIVE AT CITY MAY KET AND COMPANY OF THE DURY OF THE COMPANY O
Lacey Howell Signature 8 Date
CONGRATULATIONS! The has appointed you to the by official action taken on Your term will expire
We greatly appreciate your interest and participation in the municipal government process.
Mayor and Board of Trustees Town of Carbondale

Re: Youth Volunteer Parks and Recreation Commission Position

Lacey Howell < lacey34797@rfschools.com> Mon 3/27/2023 11:10 AM

To: Misha Logan <misha22499@rfschools.com>;Gg Howell <texhowell@msn.com>

On Fri, Mar 24, 2023 at 1:14AM Misha Logan < misha22499@rfschools.com > wrote: Hello Lacey!

Thanks for expressing your interest in the youth volunteer position on the parks and recreation commission for the town of Carbondale. As the youth member, you will be required to attend monthly meetings on the second Wednesday of each month, from 7:00 pm to 9:00 pm. In each meeting, the commission will discuss issues related to the parks and recreation systems in our town. In order to become a youth volunteer, you must fill out the application linked in this email, and participate in an interview at the monthly meeting in April of May (more date details to come). When you complete your application, please email it to Kae McDonald at kmcdonald@carbondaleco.net. In your email, be sure to explain that you are interested in this specific position and that you have included your application so that Kae has some context. You can also attach your resume to your application if you have one. I'm including the email address of the chair of the commission, Hollis Sutherland. You can reach her at hollis.sutherland@gmail.com. If you have any questions or concerns, you can contact Hollis or me. Best of luck with your application and have a great spring break!

Misha Logan

TOWN OF CARBONDALE

APPLICATION FOR APPOINTMENT OR REAPPOINTMENT TO TOWN ADVISORY BOARDS AND COMMISSIONS

THIS IS AN APPLICATION FOR	APPOINTMENT X	REAPPOINTMENT

NAME OF APPLICANT: Eli Cohen

MAILING ADDRESS: 113 Lewies Circle, Carbondale, CO 81621

STREET ADDRESS OF RESIDENCE: 113 Lewies Circle, Carbondale, CO 81621

TELEPHONE: (Work) 970-948-6883 (Home) 970-948-6883

E-MAIL: eli.zachary.cohen@gmail.com

INDICATE WHERE YOU WOULD LIKE YOUR AGENDAS AND INFORMATIONAL MATERIALS DELIVERED: The email stated above works best.

(If you are seeking reappointment, it is only necessary to fill in your name and those informational items which have changed since you were last appointed.)

BOARD OR COMMISSION FOR WHICH (RE) APPOINTMENT IS SOUGHT: Youth

Volunteer for the Parks and Recreation Commision

NEW APPOINTMENT ONLY:

Describe any special knowledge, abilities, background or interests which you feel will provide a positive contribution to the goals and purposes of the board or commission for which you are seeking appointment. (Attach resume if desired or use an extra sheet of paper if necessary.)

Eli Cohen Resume

Thank you for providing the opportunity to apply for the Carbondale Parks and Recreation Commission's Youth Member position. This role would allow me to share my passion for this community and how parks and recreation make it a great place to live, work and play.

First and foremost, I am an avid user of Carbondale's parks and recreational spaces and appreciate all they have to offer. Both Triangle and Third Street Center Park are steps away from my house, and as a member of the Roaring Fork High School soccer team, I'll frequently practice my soccer skills there, alone or with teammates. As a youth soccer weekend referee, I value the well-maintained field at Triangle. Over the summer I meet up with community members of all ages and cultural backgrounds at weekly pickup soccer games at Miners Park. Sopris Park is the perfect location to walk over from Pep's with a slice of pizza and enjoy a fun game of spikeball. And, finally, as soon as the snow melts, you can catch me at the North Face Park playing pickleball at the best courts in the Roaring Fork Valley, teaming up and befriending people often

decades older than me.

As an enthusiastic and engaged student at Roaring Fork High School, I would provide valuable youth insight and perspective. I have represented my grade in the Student Council as Vice President and Representative where I organize school wide-events. I maintain high academic success every semester in all classes, many of which are at the AP level, as a member of the National Honor Society. Additionally, my strong command of the Spanish language allows me to communicate, comfort and tutor students, particularly those new to the country who need the most support.

Community service has always played an important part of my life. Starting as a young boy, I answered phones at Aspen Public Radio pledge drives and helped cook and deliver food to people in need through Pathfinders. I also enjoy sharing my love of soccer with children and have been a volunteer coach over the past few summers and this current semester.

I understand being a part of a board requires good interpersonal and problem-solving skills along with a proactive attitude. These are attributes I learned at work beginning at 13 years old, my first of four winters at Hamilton Sports as a sales associate, and as a food runner and junior cook at Tiny Piny Bistro this past year.

Having a good understanding of the needs and wants of the youth community, I would be honored to represent them on your commission. Their voice is the future of Carbondale, and my goal is to not only maintain the town's status as a world-class playground but to make it even better!

Eli Cohen	G1
r.n C.onen	Signature Date 05/11/2023

EDUCATION

Roaring Fork High School, Carbondale, CO

- GPA: 4.625/weighted, 4.000/unweighted
- Class Rank: 1/95
- AP Classes: Calculus AB and BC, Human Geography, World History, Environmental Science, Biology, English Language and Composition (4s and 5s on final exams); American History, English Literature (pending final exams)

Angela Veronese High School, Montebelluna, Italy

January 2023 to June 2023

Graduation: May 2024

- Enrolled in a full-immersion, public Italian school while living with a local family.
- Earned high grades in ten classes while learning a foreign language.

AWARDS AND HONORS

•	National Honor Society Member	2022 - 2023
•	College Board National Recognition Program Award	2022
•	AP Distinguished Scholar Awards	2020 - 2022
•	Class Honors	2020 - 2022
•	Aspen Institute Hurst Socratic Seminar Participant	2019

EDUCATIONAL ACTIVITIES

Student Council - Vice President and Representative

2020 - 2023

- Coordinated fundraisers, dances and community events.
- Energized the crowd at home sports games by dressing up as the school mascot.

Link Leader

2022 - 2023

- Created and led activities for the incoming freshman class.
- Met with freshmen once a week to support their academic and socio-emotional success.

Peer Tutor

2021 - 2023

Assisted the Human Geography teacher (sophomore year) and the AP Calculus teacher (junior year) with curriculum instruction.

ATHLETICS

School Sports

•	Roaring Fork High School Varsity Soccer	2020 -	2022
•	Aspen High School Varsity Ski Racing		2021
•	Basalt High School Varsity Cross-Country		2020

Club Spo

orts		
•	ASD Calcio Caerano (Italian Soccer Club)	2023
•	Roaring Fork Valley Soccer Club	2017 to 2022
•	Colorado Youth Soccer, Olympic Development Program	2018 to 2021
•	Aspen Valley Ski Club, Big Mountain Team	2019 to 2022
•	Aspen Valley Ski Club, Alpine Racing Team	2013 to 2019
•	Aspen Valley Ski Club, Alpine Racing Team	2013 to 201

Sales Associate, Hamilton Sports Ski Shop, Aspen, CO

Winters 2018 - 2023

- Developed strong selling and service skills resulting in long-term customer relationships.
- Earned the top international sales spot by being able to converse in multiple languages.
- Assisted with the daily needs of the shop, including setting up rental gear and operating binding tests.

Second Sous Chef, Host, Food Runner, Tiny Pine Bistro, Carbondale, CO

May 2022 - January 2023

- Performed a variety of roles at this popular bistro with an ever-changing menu.
- Consistently provided professional, friendly, and engaging service in the kitchen and with diners.

Licensed Referee, Colorado Soccer Association, Carbondale, CO

Spring and Fall 2018 - 2022

Served as the center soccer referee at games for 10 to 19 year olds.

Babysitter, Private Family, Carbondale, CO

2020 - 2022

Cared for and created games for two elementary-aged boys.

Head Food Runner, Allegria Ristorante, Carbondale, CO

Summer 2021

- Delivered food orders rapidly and accurately at this family-run Italian restaurant.
- Maintained cleanliness of the expo line, organization of order tickets and communication between front and back of house.

COMMUNITY SERVICE

Youth Futsal Coach, Marca Futsal, Montebelluna, Italy

January to June 2023

• Teach futsal fundamentals to eight-year-old boys twice a week.

Volunteer, Pathfinders, Roaring Fork Valley, CO

2020 to 2023

Cooked and delivered meals to people in need once a month.

Tutor, Roaring Fork High School, Carbondale, CO

2018 to 2023

Supported middle and high school students once a week and when needed.

Youth Soccer Coach, Fode's Soccer School, Aspen, CO

Summer 2020

Led coaching sessions to elementary-aged children.

SKILLS AND INTERESTS

- Language: Fluency in Spanish and Italian; basic knowledge of French.
- Outdoor Adventure: Graduate of a one-year outdoor leadership class and summer backcountry course;
 WFA certified; passionate about skinning, climbing and exploring new mountains.

4-14-23

Proclamation No. Recognizing the Importance of Protecting and Supporting Pollinators

WHEREAS, pollinators of all kinds, including native bees, flies, beetles, birds, butterflies and European honey bees, are a critically important part of our agricultural and food systems, and their pollination of a significant amount of our food supply is extremely important to food production and is valued at \$20 to \$30 billion annually in the United States; and

WHEREAS, many of the trees and plants that beautify our landscapes and form key elements of our ecosystems rely on pollinators to propagate and to contribute to ecological services, and

WHEREAS, declines in the populations of pollinators, including commercial European honeybees, native bees, butterflies and birds as well as invertebrates in soil and water systems, is of serious concern; and

WHEREAS, the improper use of pesticides, changes in land use, and continued land development all contribute to the loss of habitat and food supply for pollinators, and U.S. cities and counties have taken steps to raise awareness of this issue and review their policies and practices; and

WHEREAS, scientific studies indicate that the most widely used classes of insecticides may adversely impact beneficial soil invertebrates and avian and aquatic organisms, contaminate water resources and soils, and translocate throughout all parts of plants including the pollen and nectar that is gathered by pollinators; and

WHEREAS, natural stressors such as parasites, pathogens (bacterial, viral and fungal diseases), poor nutrition, and habitat loss combined with improper or excessive application of chemical pesticides can endanger pollinators; and

WHEREAS, since labeling is not required for some treated plant materials, their introduction into the environment may be unintentional; and

WHEREAS, the public has concerns regarding the loss of habitat, development, and other negative environmental impacts, and desires to protect and support pollinators to ensure robust food production and natural ecosystems; and

WHEREAS, The Town of Carbondale who is tasked with creating and maintaining our parks and open space have committed to using pollinator friendly plants, banned the use of pollinator harming neonicotinoids and other harmful herbicides on all turf and landscape areas, installed pollinator gardens in multiple locations around the city and, and converted at least twenty percent of annual beds to perennials, and native perennials when feasible; and

NOW THEREFORE, BE IT PROCLAIMED BY THE CARBONDALE TOWN TRUSTEES:

Section 1. That the Town of Carbondale recognizes June as Pollinator Month and thanks the People and Pollinators Action Network for all their work to elevate awareness and action around pollinator issues.

Section 2. That the Clerk of the Town of Carbondale shall attest and affix the seal of the town to this proclamation.

ES June, 2023	IRUSTEES	THE BOARD OF	PASSED BY	
Mayor				
 -				



Pickleball in Carbondale / Economic and other impacts

Attn: Carbondale Parks & Recreation Commission

From: Roaring Fork Pickleball Association / Trevor Cannon, President

Purpose: Designation of land between current pickleball courts and parking lot west of courts for the purpose of building 3 more pickleball courts.

Thank you for allowing much more time than expected for this discussion at your meeting on Wednesday, April 12, 2023. If I remember correctly there were a few more pieces of information you would like before making a decision or recommendation regarding the land described above. This included the economic impact of pickleball on the town, parking impacts, noise impacts, and the likelihood of other courts being built soon in the mid valley.

Before I get started on answers, I would like to share what has transpired in the past month. The Roaring Fork Pickleball Association (RFPA) has added approximately 80 members in just 1 month, almost exclusively from Carbondale. This is a 25% increase in the RFPA's size, bringing us to approximately 400 members. We have also begun Pickleball 101 Clinics on Monday and Wednesday mornings during RFPA time (as allowed in the MOU). The 64 available spots were filled in a matter of a few days. We expect most of these folks to join the club as well, so it would be reasonable to expect the RFPA to have over 500 members before the end of the year. While this is exciting, it is a little bit terrifying when I think about the impact on the courts! This is a demand that we can't stop, as Eric indicated with his national statistics on pickleball from the last meeting, so best if we figure out how to manage the demand.

Economic Impacts – One of my first forays into public service in Carbondale was with the Carbondale Tourism Council, along with Andrea Stewart, the President & CEO of Carbondale Chamber & Tourism. In a recent conversation with her, we discussed how pickleball fits perfectly into the Council's original goals of bringing active visitors to Carbondale during the "shoulder" seasons of April, May, June, and October. We also discussed their 2022 Carbondale Tourism Annual Report, which I have attached to this document. Pickleball has a place in supporting the sales tax needs of the town from visitors, as well as meeting the desires of the resident taxpayers.

My personal experience, as someone who has traveled a great deal to play pickleball in other parts of the country, is that a tournament weekend is a minimum \$2000 spent in the community we visit for my partner and me. VRBO, hotel, restaurants, groceries, gas, tournament fees, shopping – all spent in that community. Will everyone spend that? Maybe not, but it would be hard to do it on a lot less. We also do day trips to Grand Junction and other parts of the Western Slope to play, these involve at least a lunch or

dinner, fuel, and maybe some shopping. Last year we had 100's of people come from out of town to play at the Carbondale courts and I would assume they had a similar day trip experience.

A quick internet search produces lots of info on the economic impacts of pickleball on a community. I especially liked this close to home article in the Vail Daily: https://www.vaildaily.com/opinion/letter-economic-impact-of-pickleball-in-vail/

As well as this PBS video:

https://www.pbs.org/video/economicoutlook-pickleball/

Here are some others:

https://spectrumnews1.com/oh/columbus/news/2022/09/16/new-riverfront-pickleball-facility-highlights-rapid-growth-of-the-sport

https://www.chesterfieldobserver.com/articles/county-becomes-hub-for-pickleball/

https://www.selkirk.com/pages/pickleballs-growth Read part about boosting local economies.

Parking - Attached is a picture of the parking lot next to the pickleball courts and the ball fields. This was when the courts were full and there was a little league game being played.



We estimate on the busiest days at the courts we have around 40 cars parked related to pickleball. The 3 additional courts would add 7 or 8 cars on the busiest days. An easy idea to help mitigate this would be some organization of the current parking lot. I'm thinking of angle parking with spray painted lines to get people in the right habit. I haven't actually made the calculations but it has to add quite a few spots over the randomness that currently occurs. By Google Maps the parking lot is 24,000 square feet. Also, on Google it says you need 325 sq ft per car, so that gives us 74 spots in that lot. So, I guess I have made the calculations... For tournaments I would work with the school district to use the high school parking lot.

Possible other pickleball courts in the mid valley - Currently Crown Mountain Park has pickleball in their recently approved master plan, with no money and no plan to build. We are hoping to work with the tennis community to raise funds for a racquet/paddle sport complex at the park. This could be a few years out depending on how quickly we come to an agreement on design. So, more courts elsewhere in the mid valley? Not anytime soon.

Noise impacts - While there have been no known complaints yet, there is concern about impact on the new housing development being built on the school district property. I have contacted Acoustiblok, a company that makes panels that hang on the fences and direct noise upwards. While expensive, around \$35,000 to surround current courts, it could be an option for one side if it becomes a problem. Here's a cool video from the company:

https://acoustiblok.com/2013/04/08/pickleball-court-reduced-noise/ Go to bottom video.

In summary we feel the negative impacts are far outweighed by the positive impacts in regards to additional pickleball courts. The RFPA membership has expressed in our recent survey, as well as many personal conversations, the desire to raise money for these 3 additional courts. We are asking the Carbondale Parks and Recreation Commission for a vote in favor of giving us the land as a recommendation to the Carbondale Board of Trustees. We will then begin a fundraising campaign within our membership and the community.

We sincerely appreciate your consideration in this matter.

Trevor Cannon
President
Roaring Fork Pickleball Association

Carbondale Aquatics Center Schedule Tue 5/2/23

Land+Shelter

- 3	Task Name	Duration	Start	Finish						2025		
						1, 2024	Qtr 2, 2024 Apr May Jun	Qtr 3, 2024 Jul Aug Sep	Qtr 4, 2024 Oct Nov Dec	Qtr 1, 2025	Qtr 2, 2025 ar Apr May Ju	
1	Programming	10 days	Mon 5/1/23	Fri 5/12/23								
2	Programming Development	10 days	Mon 5/1/23	Fri 5/12/23	D000-7							
3	Client Review, Programming Approval	5 days	Mon 5/15/23	Fri 5/19/23								
4	Conceptual Design	35 days	Mon 5/15/23	Fri 6/30/23								
5	Conceptual Design Work	20 days	Mon 5/15/23	Fri 6/9/23								
6	High Level Conceptual Pricing	10 days	Mon 6/12/23	Fri 6/23/23	1 12							
7	Owner Review	5 days	Mon 6/26/23	Fri 6/30/23	¥							
8	Schematic Design	65 days	Mon 6/12/23	Fri 9/8/23								
9	SD Design Work	40 days	Mon 6/12/23	Fri 8/4/23	1							
10	Community Outreach (if needed)	20 days	Mon 8/7/23	Fri 9/1/23								
11	SD Pricing	20 days	Mon 8/7/23	Fri 9/1/23	1							
12	Owner Review, Selection of 2nd Floor Design	5 days	Mon 9/4/23	Fri 9/8/23	T T							
13	Capitol Campaign	250 days	Mon 9/4/23	Fri 8/16/24								
14	Fundraising Begins	250 days	Mon 9/4/23	Fri 8/16/24	Y			-				
15	Land Use Approvals	80 days	Mon 8/7/23	Fri 11/24/23								
16	Land Use Review	80 days	Mon 8/7/23	Fri 11/24/23								
17	Design Development	65 days	Mon 8/7/23	Fri 11/3/23								
18	DD Design Work	45 days	Mon 8/7/23	Fri 10/6/23								
19	Owner Review	5 days	Mon 10/9/23	Fri 10/13/23								
20	DD Pricing	20 days	Mon 10/9/23	Fri 11/3/23								
21	Construction Documents	90 days	Mon 10/9/23	Fri 2/9/24								
22	CD Design Work	50 days	Mon 10/9/23	Fri 12/15/23	1							
23	Final Construction Pricing	25 days	Mon 12/18/23	Fri 1/19/24		i i						
24	Client review and Trustee approval of pricing	10 days	Mon 1/22/24	Fri 2/2/24		Total						
25	Permitting	60 days	Mon 12/18/23	Fri 3/8/24								
26	Building Permit Review	60 days	Mon 12/18/23	Fri 3/8/24								
27	Construction & Owner Move In	311 days	Mon 3/11/24	Mon 5/19/25								
28	Construction	301 days	Mon 3/11/24	Mon 5/5/25							1	
29	Owner Move in / FF&E/Training Etc	10 days	Tue 5/6/25	Mon 5/19/25							The same of the sa	

To whom it may concern,

I am writing to apply for the Aquatics and Health and Wellness coordinator position at the Town of Carbondale. With my masters degree in High Altitude Exercise Physiology, and my extensive aquatic experience, I am confident in my ability to make a valuable impact to your team.

As part of my current job as head lifeguard, I have had the opportunity to make an impact on the community here in Gunnison. I helped organize special events, helped teach senior fitness classes, and have taken the time to make everyone feel welcomed in the rec center. While I have worked a variety of jobs in my field, my passion remains in helping others achieve their fitness goals, along with providing my local community with more health and wellness resources. Being in mountain towns for the past few years, I have seen a huge need for more of these resources and would love to be a part of change in the local communities in this field. Making an impact at this level has always been a goal of mine and I am excited for the opportunity to apply for this position to do so.

I am confident that my mission driven approach, passion for helping others succeed, and commitment to integrity align well with your core values. I take pride in my work ethic, building trusting relationships, and serving others. I believe that these qualities, combined with my experience, education, and eagerness to learn, make me a strong candidate for this position.

Thank you for taking the time to review my application. I look forward to the opportunity to discuss my qualifications further and to learn more about how I could contribute success to your team.

Thank you, Lia Barskey M.S.

Lia Barskey

Gunnison, CO lia.barskey15@gmail.com +1 832 444 9312

Pursuing a career in Sports Medicine and Exercise Science.

Work Experience

Personal Trainer

CORE Crested Butte - Crested Butte, CO May 2022 to Present

Teach Senior Fitness Classes

Developed, planned, and led personal and group fitness sessions as well as well-known specialty fitness programs.

Developed and implemented strategies to increase studio visibility and reach more clients.

Head Lifeguard/ Aquatic Admin

City Of Gunnison - Gunnison, CO May 2022 to Present

Trained new lifeguards on safety procedures and protocol.

Prepared weekly employee work schedules to meet operational needs.

Implemented and organized new swim lessons and programs.

Assist in design, development and implementation of policies and procedures; rules and regulations in conjunction with Recreation staff in regard to patron use, fees, safety, risk management and ensure compliance with these policies.

Graduate Restorative Aide

Gunnison Valley Health Gunnison - Gunnison, CO December 2020 to August 2021

Assists with general clinic workflows, including supply organization and management, keeping resident care areas clean for infection prevention and safety.

Also participates in restorative exercise programs for residents, focusing on functional ability and independence.

Potential to help therapists with special projects as they arise.

Monitored patient progress and adapted treatment plans to reflect changes.

Physical Therapy Aide

Howard Head Sports Medicine Vail - Vail, CO June 2019 to August 2020

Official Medical Provider for USA Climbing and USA Snowboarding

Maintaining clinic inventory.

Clean and organize clinic.

Assist therapist and patients with various exercises, cryotherapy, bandaging, crutch training, etc. Supports and contributes to Vail health core values.

Education

Master of Science in High Altitude Exercise Physiology

Western Colorado State University - Gunnison, CO

August 2020 to May 2022

Bachelor of Science in Exercise Science

Colorado Mesa University - Grand Junction, CO August 2015 to May 2019

Skills

- · Personal training
- Group fitness
- Body mechanics
- SPSS
- Swimming

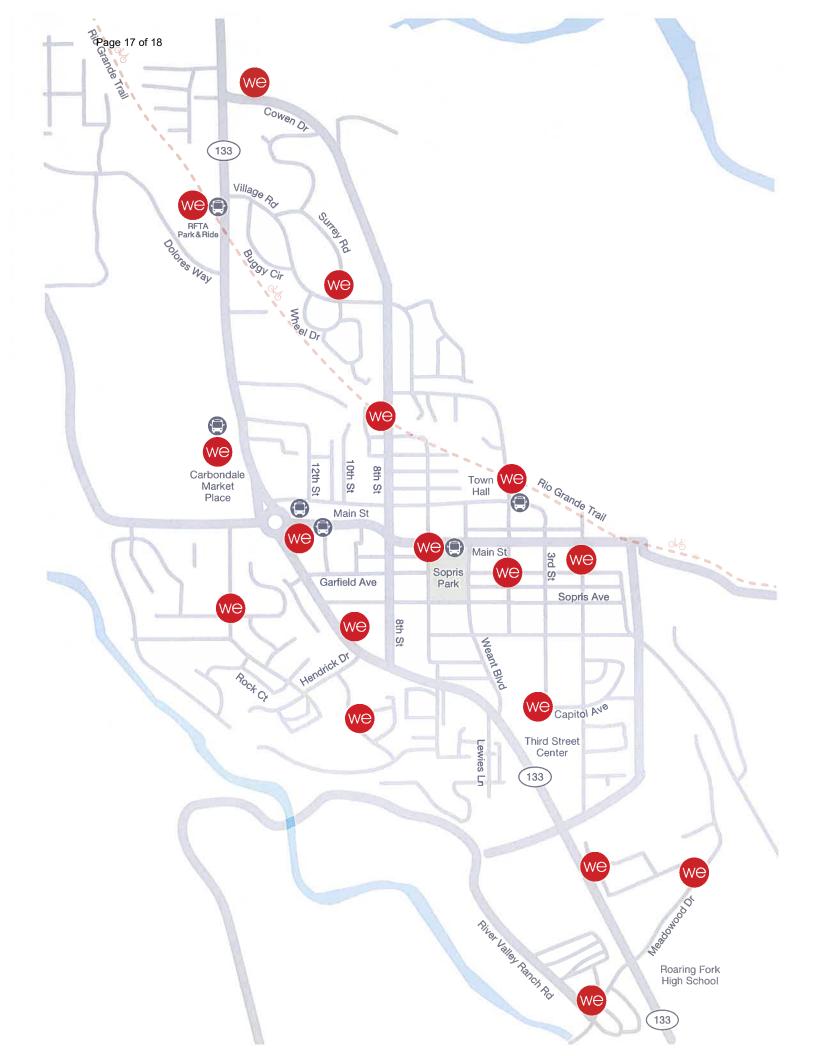
Certifications and Licenses

Certified Personal Trainer

Certified Pool Operator

CPR Certification

Lifeguard Training



In Progress							
Need to check on status	Carbondale P & R Outstanding Projects	s 4/13/2022	Funding source or amount	Completed	30 days	60 days	90 days
2022 New projects		., ==, ===	The second of th	GG1.11 p 1.63.63	30 44,5	00 00,0	55 54,5
	Red Hill Signage for completed kiosk		2022 budget	RFP with Proposals	Kiosk signage completed and installed	done	
	GOCO Resilient Communities AVLT Red I	Hill Shade Shelter & landscaping	-	GOCO Contract & Resoution	RFP out and due May 13th	Contracting and construction	Contracting and construction
	Red Hill B-Line Trail Improvements and (•			RFOV Community Project May 3,10,17	Assess completion or probuild needs	Potential probuild to finish
	Crystal River Restoration and Weaver Di		Grant Funded	Fully Funded	access permission, bidding and contractin		construction
	GOCO Resilient Communities AVLT ADA		grant \$55,000	GOCO Contract &Resoution	access permission, bidding and contractin		construction
	Fishing is Fun Grant Crystal River Project	·	_	processed	access permission, bidding and contractin		construction
	Fishing is Fun Grant Crystal River Project	,	· · ·	processed	access permission, bidding and contractin		construction
	CIWMP- Approval for 2022 weed mitigat	•	2022 Budget	BOT 2022 Plan Approved	Contracting Natural Land managers	Implement Plan	Implement Plan
	Playground & Park equipment repairs Ci	<u> </u>	2022 Budget	RVR& Orchard spinner floors	Hendricks, Sopris and Gianinetti	vinyl coating on exposed metal	spring project
	High Speed Radio WiFi Internet at Gatew		2022 rv park budget	purchased tower & wi-fi radios	instlall equipment and hook up to tower	completed by May 1st	completed by May
*delayed production/ delivery	Mobile Stage 3 trained	used 8 times in 2021	2022 budget	purchasing side walls and banners	·	spring use	Spring Use
	Aquatics Facility Bond Process	Hilltop Securities	hired council & bond finance	_	schedule bond release dates	Hire Owners Rep	RFP for engineering and design work
	Nature Park-loop pathway improvement	ts trail maintenance techniques		Test sections wood chips	Test Pea gravel on muddy sections	report	
	Hillcrest Cemetery	·	2022 budget	Fence Completed	contract for survey and plot layout	work commenses	work concludes
	RVR Park Weed Management - can/will	they adopt Town weed plan	Orchard & Triangle Park	Town Staff request to GM	old town owners approaching RVR board	experiment in Triangle and Orchard	report
	Hendricks Playground Replacement	Burke bid \$82,604	2022 Budget	RFP closed 5 proposals	analize bids & public outreach	contracting	construction
	Sopris Park	Water Fountain replacements	ordered	ordered second	bids for new concrete pads poured	fall project August/Sept	fall project August/Sept
	Dogs in park story map	·	2022 Budget	research	subcontract graphic artist	produce	marketing and advertise
	Miners Park Irrigation Retrofit to ditch w	<i>y</i> ater	2022 parks CIP budget	VFD Pump on hand	Hire electician to hook up pump	get functional	Functional
	Highway 133 South Irrigation replaceme	nt project	2022 Parks CIP budget	System designed with parts list	rfp for contractor Due May 5th	Contracting for installation	summer fall project
	Electrification of mow equipment		2022 parks budget	equipment purchased	training and use	use	use assesment
	Youth Art Park Rio Gande with Carbono	dale Arts	\$35k GOCO Grant Extension	extension to Sept 2022	RFP for contractor phase 1	Summer Project	Summer Project
	North Face Bike Park Jump line capping		2022 Rec budget	schedule and re-contract work	spring project late April	project completed	Project complete
	Replace Rec Center Skylights and LED Gy	m retrofit	2022 Rec budget & FMLD Mini	Grant Completed	out to bid with RFP grant notification	Bidding and Contracting	summer project project
	Replace Pool Chemtrol distribution unit		2022 Pool Budget	budgeted	ordering	Schedule and contract the work	spring project
	Replace pool water heater at Pool		2021 budget partial	replaced, waiting to test	installed	test in spring when waer back on	functioning
	Updated Highlighted Chart of Master Pla	an	na	Feb P & R Meeting	use for 2023 budgeting	use for 2023 budgeting	budgeting for 2023
	Ramey-Harvey Park Improvements		2022 budgeted	New town park paperwork	bear proof trash cans & install signage	install solar irrigation controllers	maintain
	4th Street Plaza Park Imrovements		Not budgeted	Title work complete?	Research improvements	Research improvements	Budget for improvements 2023
* affected by covid-19							
Completed 2021-22							
* timing pushed back	Orchard Park Playground Replacement F	Project	Construction completed	Completion Winter 2021			
* change scope public outreac	Aquatics Facility Master Plan		completed	GOCO Grant closeout			
	Nuche Park - Parking & Signage		Fence Permit and approval	fence completion			
	Miners Park Volleyball Border Project		net sleeves, lines, grass seed	Completed			
	Triangle Park Tennis Courts crack repair		completed with final fix	open			
*delayed fundraising	Batting Cage at Bill Hanks		construction complete	Inspected install signage	shut down store for winter in shed		
*delayed bidding	Fence at White Hill (Hillcrest) Cemetery	received bid Taylor Fencing	Old Fence Removed & contract	Construction and completed			
	Nuche Park Parking Lot improvements	Grade and Road base	Street Crew		Timing TBD but before Bald Eagle Closure	Construction	Bald Eagle Closure Dec 1
	Bear Proof Trash and Recycling Cans		conservation Trust Fund	2 in triangle, 2 in Thompson	arrived and placed	done	done
	Bonnie Fisher Park signage and enforcer	nent		public outreach /sign production	Signs Installed send letters to homeowne		Enforcement
	Electric Work at RV Park		2022 rv park budget	Contracted w/Lassiter phase 4	work complete sites 15-19	completed	completed by May
Grants not awarded 2021	FMLD Gianinetti Park Playground phase	2		submitted	Not awarded		
	GOCO Gianinetti Park ADA enhancemen	ts Resilient Communities Grant		did not qualify			
	GOCO/ NFWF Restore Grant for Crystal F	Riv \$249,947	' submitted	Award notification March 2021	Not awarded		