Edinburg

City of Edinburg Safety & Accident Prevention Plan



ADMINISTRATIVE PROCEDURES & HIGH RISK ACTIVITY SAFETY PROGRAM

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Effective date: April 5, 2021

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MANAGEMENT STATEMENT OF SAFETY

Dear Employee:

The City recognizes its responsibility to conduct its operation in a manner that considers the safety of its employees and the public it serves. We are committed to providing a safe and healthful work place for all employees by establishing and maintaining an effective safety and health program. The achievement of a successful and effective safety program requires leadership, a positive attitude and the support of each employee. We are each challenged to stay informed and to take responsibility for our own safety and the safety of our co-workers. Working safely and in accordance with these established safety policies and procedures is an absolute requirement for all employees, supervisors and Department/Division Directors.

Recognizing that safety is the correct conduct of job tasks and project performance, every employee has the responsibility to work to prevent accidents and injuries. This is achieved by observing established workplace safety rules, practicing those principles taught in job safety awareness training and by correcting or reporting unsafe acts or conditions. It also includes reporting promptly all accidents and near misses and by providing ideas on how the city's safety program may be strengthened. This strengthening must become a part of job planning and supervision and it will serve as a key element in the positive performance of each department/division.

City Manager Signature

April 12, 2021

Date

SAFETY RESPONSIBILITIES

Human Resources/Risk Management Division has the responsibility to administer and implement this Safety & Accident Prevention Plan, assigning tasks to staff members as defined within the individual components.

DEPARTMENT DIRECTOR, ASSISTANT DIRECTOR AND MANAGER RESPONSIBILITIES

Directors/Managers are responsible for providing a place of employment that is free from recognized hazards that could result in injuries or accidents. Since it is impossible for directors/managers to personally observe all employee activities, they must ensure that all supervisors and employees alike are trained and are aware of their safety responsibilities. Other safety responsibilities for directors/managers include:

- Provide leadership and direction concerning safety activities.
- Participate actively in the continuous evaluation of the safety program.
- Set goals concerning safety performance within the department.
- Review losses for potential trends on a regular basis.
- Enforce all safety rules.
- Participate in facility and work site audits.
- Participate and support all accident investigation activities.
- Review accident reports and recommend corrective actions.
- Empower employees' activities participation and involvement in safety activities.
- Recognize, reward and celebrate safety successes

SUPERVISOR RESPONSIBILITIES

Safety is as much a part of the supervisor's responsibility as is getting the job done efficiently. In addition to the aforementioned responsibilities of directors and managers, the important safety responsibilities of each and every supervisor also include:

- Familiarize yourself with and enforce the safety rules and regulations that have been established by applicable local, state, and federal organizations. These regulations are intended to set minimum standards for safety and the contents of the regulations should be enforced as minimum safety requirements for all activities on our work sites or in our facilities.
- Correct, or have corrected, all reported hazards. Operating under known hazardous conditions will not be tolerated.
- Do not permit new or inexperienced employees to work with power tools, machinery or complex equipment without proper instruction and training.
- Give adequate instructions. Ensure when assigning work that employees are following proper safety procedures and wearing proper personal protective equipment.
- Ensure tools, equipment, and machinery being used in the workplace are in proper working condition.
- Ensure that proper personal protective equipment is available and utilized by employees when necessary or required.
- Always set a good example in safety, such as wearing the proper personal protective equipment and following policies and procedures.
- Consistently enforce the requirements of the organization's safety program and any associated rules or policies.
- Ensure that all employees have access to a copy of the organization's safety program.
- Encourage safety suggestions from employees under your supervision.
- Obtain prompt first aid for injured employees.
- Participate in accident or incident investigations involving your employees.
- Conduct audits of all work areas and facilities on a regular basis in an effort to improve housekeeping, eliminate unsafe conditions and encourage safe work practices.

EMPLOYEE SAFETY RESPONSIBILITIES

Employees bear a certain amount of responsibility in any safety program. You must be aware that your actions, knowledge, mental state, physical condition, and attitude directly affect the safety of yourself and your fellow employees. All employees will:

- Know your job, follow instructions, and think before you act
- Use appropriate personal protective equipment (PPE) as dictated by the job and by policy.
- Work according to written safety practices as trained, posted, instructed, or discussed.
- Refrain from any unsafe act that might endanger yourself or your fellow workers.
- Never take short-cuts and use all safety devices provided for your protection.
- Report any unsafe situation or act to your supervisor immediately.
- Assume responsibility for thoughtless or deliberate acts that may cause injury to yourself or your fellow workers.
- Never operate equipment that you are unfamiliar with or not trained to use. Also, equipment that is defective or in need of repair shall not be used and must be reported to your supervisor.
- Report all accidents/incidents to your supervisor as soon as they occur
- Abide by the policies, procedures, rules, etc. associated with the City of Edinburg's Safety & Accident Prevention Plan

ACCIDENT / INCIDENT INVESTIGATION PROCEDURES

It is the policy of the City of Edinburg to investigate all work-related accidents, incidents, or 'near misses' that result in or could potentially have resulted in injury or property damage. As nearly all accidents and incidents have their own unique characteristics, only general rules and procedures can be outlined within this policy.

An *accident* is defined as "an undesirable or unfortunate happening that occurs unintentionally and usually results in harm, injury, damage, or loss". Examples of accidents include on-the-job injuries (regardless of severity) or vehicle collisions.

An *incident* is defined as "an occurrence of seemingly minor importance". Examples of incidents include 'near misses' or events where injuries other accidents 'almost' occurred.

ROLES AND RESPONSIBILITIES

- Employees must immediately report to their supervisor any on-the-job injury or illness they sustain, or suspect they have sustained, no matter how minor. They must also report any incidents that had the potential for injury to employees or third parties and any instances where property damage occurred.
- Supervisors shall first respond to the immediate medical needs of any injured persons. Following any necessary medical attention, they should begin reporting and investigate activities as described in this policy.
- Witnesses to the event that resulted in the accident or incident will provide statements about what they observed. Witnesses may also be asked to participate in the initial and/or final investigations.
- The Risk Manager is responsible for receiving the initial reports of injury or property damage and forwarding them to the appropriate workers' compensation provider representatives in a timely manner.
- The Risk Manager is also responsible for reviewing the initial accident/incident report and coordinating a final investigation, if necessary.

INVESTIGATION PROCEDURES

The following procedures will be followed for any accident or incident as defined above:

1. INITIAL NOTIFICATION

Employees are responsible for reporting all injuries, illnesses, or incidents as described earlier in this policy. Failure to report any injury or incident may be cause for disciplinary action. In the event of a serious or disabling injury, fellow employees must assume this reporting responsibility.

2. INITIAL TREATMENT

Any injury should be treated by the supervisor or other available personnel in accordance with the individual abilities of the employee and the severity of the injury. During normal working hours, the City of Edinburg's preferred list of physicians shall be distributed to injured employees. After normal working hours if there is no night clinic available, the nearest hospital is preferred.

Medical attention may be mandatory for any of the following:

- Severe chest pains
- Traumatic injuries
- Loss of consciousness or severe dizziness

The first responders to any incident scene will be responsible for securing the area to prevent further damage or injury and also protecting the integrity of the incident scene until an investigation can be initiated.

Any incident involving possible exposures to blood-borne pathogens, communicable diseases, or any other contagious substance shall be handled in accordance with those specific procedures regarding that particular incident.

Depending on the severity of the injury, injured employees are to be transported for medical treatment either by ambulance or another person. Injured employees should never be allowed to transport themselves for initial medical treatment if deemed unsafe by the supervisor.

If an employee refuses medical treatment for an on-the-job injury, the report should be completed and the employee's signature used to document the employee's refusal.

3. FURTHER NOTIFICATION

The Risk Manager must be contacted following the occurrence of an accident or incident to ensure an initial report is completed and forwarded to the appropriate insurance provider representative.

4. DRUG/ALCOHOL POLICY

Refer to the Human Resources Policies and Procedures Handbook - SUBSTANCE ABUSE & TESTING.

5. TESTING OF EMPLOYEES

Employees will be tested for alcohol and/or illegal and unauthorized drugs after a workplace injury or accident or "near miss," when reasonable suspicion exists, when directed by Human Resources, or in connection with any required treatment or rehabilitation.

Post- accident testing of employees must be administered for accidents involving injury to a person (other than self), damage to city-owned, leased vehicles, or equipment, and/or property damage caused by the use of a heavy/medium equipment or city-owned vehicle. Post-accident testing must be completed within 2 hours of accident or incident and no later than 24 hours.

6. REPORTING AND INVESTIGATING

The supervisor shall immediately protect all other persons from the hazards that caused the initial problem and also preserve the area where the incident occurred for investigation. After the injured persons have been attended to and the site is secure, the supervisor should begin the initial report and investigation. The report may include:

- Memo Report of Incident/ Injury & Supervisors Report
- Memo from Supervisor explaining of event and statement from employee
- Driver Report of Vehicular Accident, Vehicle Accident Information
- Body Diagram for injury
- Employees first report of injury (Department of Workers Compensation forms)
- Photographs of area, if deemed necessary
- Police report (if applicable)
- Repair estimates (if applicable)
- Corrective action forms or personnel action form of employee (if applicable)

The Memo Report of Incident/Injury & Supervisors investigation Report will be completed for all incidents within twenty-four (24) hours of occurrence. The supervisor of the employee will complete the initial investigation and report as soon as possible after the occurrence.

The report will be submitted to the department director during normal work hours and manager on duty during all other times. The department director will take responsibility for reviewing all accident/incident reports.

Copies of the report should be supplied to; Human Resources/ Risk Manager and Department Director.

SAFETY EDUCATION & TRAINING

MEETINGS & TRAININGS

Safety meetings are an effective way to encourage, educate, and train employees on safe work practices and will be held on a regular basis, based upon the specific department or operation. The Director or supervisor will provide information to be used in the meetings and will attend and participate in the meetings when possible. Safety meetings will normally be conducted by a director or supervisor. Discussions of safety rules, possible hazards to be encountered in future job duties, or changes in procedures or equipment are some topics that should be covered on a regular basis. Topics discussed during safety meetings should pertain to the specific hazards associated with the employee's assigned job or task as well as general hazards associated with the employee's assigned job or task as well as general hazards. All employee safety meetings and training will be documented according to the recordkeeping policy.

Employees who do not attend regularly scheduled safety meetings or training will be identified and scheduled to attend makeup training at the director's discretion. Documentation of makeup training will be made as well.

SPECIAL TRAINING

Additional or specialized safety training will be conducted for the following areas as the need arises:

- New equipment purchases
- New/changes in operations
- Identified areas of increased accidents
- Newly identified areas of exposure

NEW EMPLOYEE SAFETY ORIENTATION

The director or supervisor will provide an orientation to all new employees to address the hazards associated with their position and will include a review of all safety rules, policies/procedures, and equipment that are applicable to the employee's area of assignment.

New employees will be given an opportunity to ask relevant questions that may pertain to their assigned duties and safety. Any documentation of the new employee safety orientation shall be signed by the employee and forwarded to HR/ Risk Management Division and maintained in accordance with recordkeeping policy.

New employees' work activities will be limited to shadowing until the safety orientation is completed.

DOCUMENTATION OF SAFETY MEETINGS & TRAININGS

All department safety meetings will be documented as to the date, time, location, topic(s) discussed, who conducted the meeting and an attendance sheet (signatures in each employee's own handwriting). The City of Edinburg's form will be used to document the safety meeting. Copies of all monthly meetings conducted be the department/division should be forward to the HR/ Risk Management Division. The documentation associated with safety meetings and training will be kept in accordance with the recordkeeping policy.

SAFETY AUDIT & INSPECTION

In an effort to detect unsafe acts or unsafe conditions and initiate necessary corrective actions as soon as possible, regularly scheduled, documented inspections will be conducted for all city facilities, vehicles, and equipment. Risk Management will coordinate random work site inspections with the appropriate departmental personnel. Employees may be requested or required to assist in conducting the inspections.

Each department/division is responsible to conduct and document quarterly self-inspections for all their responsible work sites in an effort to detect unsafe acts or unsafe conditions and initiate corrective action(s) as soon as possible. The department/ division may designate an employee to assist in conducting the inspections. A copy of the General Quarterly Safety Inspection form will be completed for each work site and shall be forwarded to the Risk Management Division.

Employees are responsible to continually inspect their work areas, vehicles, and equipment for possible hazards. Potential hazards should be immediately reported to supervisory personnel and may also be documented using the *Employee Report of Unsafe Act or Condition Form*. Required corrective actions should be documented on the forms for any identified deficiencies. Follow-up after corrective actions have been taken should also be documented on the inspection forms.

The appropriate city inspection forms will be completed for each facility, vehicle, or piece of equipment. Employees assigned to drive the City vehicles and/or machinery and equipment will conduct inspections and complete the applicable forms daily, prior to using the vehicle or equipment.

City vehicle inspection records should be maintained for at least one year in accordance with recordkeeping policy. In addition, all maintenance records should be kept with department files for the life of the vehicle.

VIOLATIONS OF SAFETY RULES

GROUNDS FOR DISCIPLINE

Refer to the Human Resources Policies and Procedures Handbook - EMPLOYEE CONDUCT/ DISCIPLINE

The city retains the right to administer discipline to address performance and conduct issues and concerns that arise with respect to particular situations. Grounds for discipline include violations against Employees not following safety rules.

The city endorses a policy of progressive discipline in which it attempts to provide employees with notice of deficiencies to provide corrective action. The types of progressive discipline include, but are not limited to the following procedures and protocols:

DOCUMENTATION

A documented extension of probation no longer than the current probation period in force.

VERBAL WARNING

This includes a meeting with the employee to discuss the matter, inform the employee of the nature of the problem and the action necessary to correct it.

WRITTEN WARNING

A written reprimand to the employee describing the deficiency or infraction and the action necessary to correct it, warning the employee that a subsequent incident will results in more severe disciplinary action.

- Repeated minor violations of safety rules or procedures
- Single serious violations of a rule or procedure that could have potentially resulted in injury to themselves or another employee or could have caused property damage
- Activities that could potentially result in injury or property damage

SUSPENSION

Suspension, with or without pay, including the issuance of a written reprimand and Notice of Suspension describing the deficiency or infraction and the action necessary to correct it, warning the employee that a subsequent incident will result in more severe disciplinary action up to and including termination.

- A single serious violation of a rule or procedure that results in injury to an employee or property damage.
- Repeated violations or non-conformance to safety rules or procedures.

DEMOTION

Demotion in salary, position or both, including the issuance of a demotion notice describing the reasons for such action.

DISMISSAL

Dismissal including the issuance of a notice setting forth the grounds for and date of dismissal.

This Safety and Accident Prevention Plan serves as a guidance only and does not create any contractual duties or obligations on the part of the City. For additional information, please refer to the Human Resources Policies and Procedures Handbook.

AUTOMOBILE SAFETY

The operation of automobiles is required in many aspects of employment. How each automobile is handled and maintained directly affects the effectiveness and efficiency of City of Edinburg services.

The city is dedicated to eliminating conditions that adversely affect the well-being of employees and otherwise threaten financial stability through accidental losses. The Department Director shall be responsible for coordinating and implementing the City Automobile Safety program and loss control programs, in cooperation with the Risk Management Division. Selecting of employees who will be required to drive full or part-time shall be done with care.

Risk Management Division shall maintain an Automobile Schedule which contains all city owned vehicles with employee driver(s) assigned to them. Department directors should maintain up to date information with Risk Management with driver's information and license status.

PURPOSE

The purpose for Automobile Safety procedures is to insure that acceptable standards of proficiency and safety are maintained by employees who operate a city owned automobile on city business. All employees authorized to operate the city vehicles and motorized equipment, or who operate personal vehicles on city-related business, shall be subject to these standards, including:

- Employees driving the city owned, leased, rental units or motorized equipment.
- Employees receiving a monthly car allowance for the use of personal vehicles for city related business.
- Applicants for positions that require the operation of the city vehicles or equipment.

DRIVER REQUIREMENTS

In order to operate any city vehicle or any other motor vehicle in the course of city business, employees must:

- 1. Have a valid Texas Driver License for the vehicle operated.
- 2. Have the appropriate license type, as established on the employee official job description.
- 3. Obey all laws, policies, regulations and procedures of the city and State. Any traffic citations shall be the responsibility of the driver.
- 4. Any employee using personal vehicle on agency business or a director receiving a car allowance, shall be required to maintain auto liability insurance of at least the following State of Texas imposed limits of liability. *Texas limits of liability: Bodily Injury: \$30,000 per person/ \$60,000 per occurrence. Property Damage: \$25,000.*
- 5. Any employee performing work, which requires the operation of a city vehicle, must notify his/her immediate supervisor in those cases where his/her license expires, suspended, cancelled or revoked, and/or is unable to obtain a driver license from the Texas Department of Public Safety. If an employee fails to report such an instance, he/she is subject to disciplinary action, including demotion or termination.
- 6. Drivers covered by Department of Transportation regulations must comply with them at all times.

DRIVER RESPONSIBILITIES

Employees who drive the city vehicles or operate any other motor vehicle or equipment in the course and scope of their employment shall operate all vehicles and equipment in a safe and economical manner. In order to accomplish this, an employee must adhere to the following guidelines:

- 1. Safety belts will be worn at all times while either operating or riding as a passenger in the vehicle.
- 2. No unauthorized passengers or drivers will be allowed to either operate or ride in a city vehicle. Transporting family members in agency vehicles shall be allowed only when the family member is accompanying an employee to a business meeting or official function.
- 3. City staff shall not transport youth program participants in personal vehicles.

- 4. City staff shall not transport youth in city vehicles except for transportation to a city related function, program or activity. Only authorized programs, activity or events should receive approval from transportation by a department director. Youth participants are required to have a parental authorization form prior to being transported in a city vehicle.
- 5. All vehicle incidents or property damage caused by a vehicle or motorized equipment will be reported and investigated as per policy.
- 6. City vehicles shall be used for official use only.
- 7. City vehicles shall not be taken home overnight, except in the following:
 - When attendance to an out of city meeting that takes place late at night after normal working hours or early in the morning prior to normal working hours.
 - Employees designated by the department head to be "on 24-hour call" for department emergencies.
 - Or when specifically authorized by the City Manager in writing.
- 8. City vehicles may be used for travel to lunch when an employee is on business, or when an employee is in a location where driving to obtain his/her personal vehicle would result in an extra and unnecessary expenditure of time and money.
- 9. Vehicles will be operated only when they are in safe operating condition. Each employee driving a vehicle on business shall inspect the vehicle to assure that the vehicle is in good operating condition. Maintenance and use records for City vehicles must be completed as directed by the employee's supervisor.
- 10. Be responsible for the proper care and use of vehicles or motorized equipment. This includes maintaining the vehicle/equipment interiors and exteriors, regularly servicing these items. Report any broken, missing, or worn parts, tires, etc. or any needed maintenance of city vehicles to the appropriate supervisor immediately.
- 11. At no time shall an employee ingest alcohol or illegal drugs while operating a city vehicle or a personal vehicle while conducting city business.
- 12. At no time shall an employee be under the influence of alcohol or illegal drugs while operating a city vehicle or a personal vehicle while conducting city business. For purposes of this policy, "under the influence" means having any detectable amount of alcohol or illegal drugs. The City observes and enforces a zero tolerance policy.

SAFETY PROCEDURES

The following procedures shall be observed under this policy:

- 1. Employees operating the city vehicles or motorized equipment must report to their supervisors any accident involving said vehicles as soon as possible and no later than twenty-four (24) hours of the occurrence.
- 2. Employees who are in jobs that require the driving/operating of the city vehicles or motorized equipment shall report any driver's license suspensions to their immediate supervisor within twenty-four (24) hours of the suspension. Failure to report license suspensions, failure to maintain the required driver's license, or failure to meet minimum driving record criteria will be sufficient grounds for removal from driving privileges and may subject the employee to disciplinary action, up to and including termination.
- 3. The city may, at any time, check the driving record of a city employee who operates a vehicle as part of his/her job duties to determine that he/she maintains the necessary qualifications as a city driver. Employees agree that they will cooperate in providing the city whatever authorization is required for this purpose.
- 4. Annually, all city departments will compile a list of all personnel who have driving or motorized equipment operation responsibilities and will be used to conduct checks on driving records through a motor vehicle record check. The motor vehicle record reflects the past three years of a driving record. The appropriate department head will be notified of any employee whose driving record fails the criteria set forth in this policy.
- 5. Employees who have been ruled ineligible to drive the city vehicles or equipment due to their driving record may, at the city sole discretion, be:
 - Assigned non-driving responsibilities within their current department, if available; or

- Transferred to another department and assigned non-driving responsibilities, if available; or
- Dismissed, if neither of the above alternatives can be achieved within two (2) working weeks. All nondriving responsibilities must have prior approval of the department director.
- 6. Employees who receive a car allowance and become ineligible for driving privileges shall have their car allowance revoked and shall not be permitted to drive on City related business. Mileage reimbursement recipients who become ineligible for driving privileges shall be forbidden to drive any vehicle for City related business.

DOT - SAFETY-SENSITIVE EMPLOYEES

Safety-sensitive employees that meet federal US Department of Transportation and City criteria, are subject to USDOT rules relating to drug and/or alcohol Post-Accident testing. For USDOT covered employees who test positive will be removed from safety sensitive positions and positive results will be reported as required under USDOT/FTA regulations.

Post-accident testing of employees under DOT regulations define a qualifying accident as follows:

- Who was performing safety sensitive functions with respect to the vehicle, if the accident involved the loss of human life; or
- Who receives a citation under the State or local law for moving traffic violation arising from the accident, if the accident involved:
 - Bodily injury to any person who as a result of the injury, immediately received medical treatment away from the scene of the accident; or
 - One or more motor vehicles incurring disabling damage as a result of the accident, requiring the motor vehicle to be transported away from the scene by a tow truck or other motor vehicle.

Type of Accident Involved	Citation Issued to the CMV Driver	Test Must Be Performed by Employer
Human Fatality	Yes	Yes
Human Fatality	No	Yes
Bodily Injury With Immediate Medical Treatment Away From the Scene	Yes	Yes
Bodily Injury With Immediate Medical Treatment Away From the Scene	No	No
Disabling Damage to Any Motor Vehicle Requiring Tow Away	Yes	Yes
Disabling Damage to Any Motor Vehicle Requiring Tow Away	No	No

HAZARD COMMUNICATION PROGRAM

The Texas Hazard Communication Act (THCA), codified as Chapter 502 of the Texas Health and Safety Code (HSC), requires all public employers in Texas to provide their employees with information regarding hazardous chemicals to which employees may be exposed in their workplace. In order to comply with Section 502.009(b) of the THCA and Section 295.7(a) of the THCA Rules (Title 25 of the Texas Administrative Code (TAC), Section 295.1-295.12), the following written Hazard Communication Program has been established for the City.

The master copy of the written hazard communication program will be maintained in the City of Edinburg - Human Resource Department, located at 415 W. University Dr. Copies of the written program will be modified as needed for each separate workplace where hazardous chemicals are used or stored and a copy maintained at each workplace. The written program will be available to all employees and their representatives upon request.

To facilitate administration of and compliance with this Program, the following levels of responsibility have been established:

- The department director will have overall responsibility for administering and maintaining this program and ensuring that it meets all requirements of the THCA.
- Department supervisors will be responsible for training employees and reviewing and updating the Hazard Communication Program.
- Individual employees will be responsible for (learning and following the Hazard Communication Program)

NOTE: This policy was developed using the Model Written Hazard Communication program prepared by the Hazard Communication Branch of the Texas Department of State Health Services. For additional guidance, please contact the Hazard Communication Branch at 800-452-2791 (toll free) or 512-834-6603. The branch may also be reached through its web site at <u>www.dshs.state.tx.us</u>

EXEMPTIONS

The following chemicals are exempt from the requirements of the THCA and are outside the scope of this written program:

- 1. Hazardous waste that is subject to regulation by the Texas Commission on Environmental Quality and/or the U.S. Environmental Protection Agency.
- 2. A chemical in a laboratory under the direct supervision or guidance of a "technically qualified individual" if:
 - Labels on incoming containers of chemicals are not removed or defaced
 - This employer complies with Sections 502.006 and 502.009 of the THCA with respect to laboratory employees; and
 - The laboratory is not used primarily to produce hazardous chemicals in bulk for commercial purpose.
- 3. Tobacco or tobacco products.
- 4. Wood or wood products.
- 5. Articles formed to a specific shape or design during manufacture and that do not release or otherwise result in exposure to a hazardous chemical under normal conditions of use.
- 6. Food, drugs, cosmetics or alcoholic beverages.
- 7. Consumer products or hazardous substances used in the workplace in the same manner as normal consumer use and the use duration and frequency is not greater than exposures experienced by a consumer.
- 8. Radioactive waste.

WORKPLACE CHEMICAL LIST

City will develop and maintain a list of hazardous chemicals normally present in the workplace in excess of 55 gallons or 500 pounds. This Workplace Chemical List will be developed for each workplace where such quantities of hazardous chemicals are used or stored and will be available for review by employees and their designated representatives.

- The department director or supervisor will be responsible for reviewing and updating the Workplace Chemical List for the worksite as necessary, but at least by December 31 of each year.
- The Workplace Chemical List will be maintained for at least 30 years.
- Further information on each noted chemical can be obtained by reviewing Safety Data Sheets (SDSs) located in each workplace where these hazardous chemicals are used or stored.

SAFETY DATA SHEETS (Globally Harmonized System: Safety Data Sheets)

The City of Edinburg, Public Works Service Center, Waster Plant 1 and 2, Waste Water, Los Lagos, Aquatics and Solid Waste will maintain a current and appropriate Safety Data Sheet (SDS) for each hazardous chemical purchased. The department director or supervisor will be responsible for the SDS system for the worksite and will ensure that:

- 1. Incoming SDSs are reviewed for new and significant health/safety information and that any new information is passed on to the affected employees.
- 2. Hazardous chemicals received without an SDS are withheld from use until a current SDS is obtained.
- 3. Missing SDSs are requested from an appropriate source (e.g., chemical manufacturer, distributor, or electronic database) within 30 days from receipt of the hazardous chemical.
- 4. Affected employees are provided a description of any alternative system (such as electronic databases) being used in lieu of actual SDSs.
- 5. Emergency responders are provided SDSs as soon as practical upon request.
- 6. SDS files for (the specific worksite) will be kept in the worksite facility.
 - Water Plant 1 1752 South Mon Mack
 - Water Plant 2 500 E. Mahl
 - Waste Water 1202 N. M. Rd.
 - Public Works Service Center 1201 N. Doolittle Rd
 - Aquatics 315 E. Palm Dr.
 - Los Lagos 1720 S. Raul Longoria Rd
 - Solid Waste 8601 N. Jasman Rd.
- 7. SDSs will be readily available for review by employees or their designated representatives upon request.

CHEMICAL CONTAINER LABELS

All containers of hazardous chemicals used or stored by (member and/or specific workplace) will be appropriately labeled. The department director or supervisor will be responsible for the hazardous chemical labeling system and will verify that:

- 1. All **primary** containers of hazardous chemicals are clearly labeled to include:
 - The identity of the chemical as it appears on the SDS.
 - The appropriate hazard warnings.
 - The name and address of the manufacturer.
- 2. All secondary containers of hazardous chemicals are clearly labeled to include:
 - The identity of the chemical as it appears on the SDS.
 - The appropriate hazard warnings.
- 3. A description of alternative labeling systems, if used, is provided to employees. Examples of alternative labeling systems are the National Fire Association (NFPA) 704m Standard and the Hazardous Materials Information Systems (HMIS) Standard.
- 4. Every effort will be made to label pipes that carry materials that could be hazardous. Labeling can be specific markings identifying the contents of the pipes. If hazardous chemicals run through the pipes, the potential hazards and necessary safety precautions relative to the chemicals must be obtained and given to the employees in the area.
- 5. Any empty container being considered for re-use must be fully cleaned and all labels removed prior to its use.

6. The City of Edinburg will rely on the chemical manufacturers or distributors to provide labels which meet the above requirements for primary containers of all hazardous chemicals purchased, and will re-label containers only when the label is illegible or otherwise does not meet the above requirements.

EMPLOYEE TRAINING PROGRAM

The City of Edinburg will provide an education and training program to all employees who routinely use or handle hazardous chemicals in their workplace. The department director or supervisor will be responsible for the employee training program and will ensure that:

- 1. Appropriate training is provided to all covered employees and includes:
 - The use of information provided on SDSs and chemical container labels.
 - The location of hazardous chemicals present in the employees' work areas.
 - The physical and health effects of exposure.
 - Proper use of personal protective equipment.
 - Safe handling of hazardous chemicals.
 - First aid treatment for exposure to hazardous chemicals.
 - Safety instructions on clean up and disposal of hazardous chemicals.
- 2. Required training records are maintained and include:
 - The date of the training session.
 - A legible list of all employees attending the training session.
 - The subjects covered.
 - The name of the instructors.
- 3. All covered employees are identified and incorporated into the training program.
- 4. Employees are provided information concerning the hazardous chemicals to which they may be exposed during the performance of non-routine tasks.
- 5. New employees are trained prior to their being required to use or handle a hazardous chemical.
- 6. The need and frequency for periodic/refresher training is assessed. Employees subject to these training requirements will sign an attendance roster for each training session attended, verifying that they received and understood the information.

REPORTING EMPLOYEE DEATHS AND INJURY PROCESS

- 1. The City of Edinburg will notify the Texas Department of State Health Services, Hazard Communication branch, of any employee accident that involves a hazardous chemical exposure or asphyxiation, and that is fatal to one or more employees or results in the hospitalization of five or more employees.
- 2. The department director will be responsible for reporting all such accidents to the Texas Department of State Health Services, Hazard Communication Branch, within 48 hours after their occurrence. Notifications will be made either orally or in writing.
- 3. Employees will be responsible for reporting all accidents involving a hazardous chemical to their supervisor.
- 4. Supervisors will be responsible for reporting all accidents involving a hazardous chemical to the department director and the Risk Manager.

POSTING EMPLOYEE NOTICE

- 1. The City of Edinburg will post and maintain in all workplaces where hazardous chemicals are used or stored the most current version of the TDSHS Notice to Employees, informing employees of their rights under the THCA.
- 2. The Notice shall be clearly posted and unobstructed at all locations in the workplace where notices are normally posted, and with at least one location in each workplace.
- 3. Where necessary, a copy of the Notice, printed in Spanish, will be posted together with the English version of the Notice.

4. Additional copies of the Notice, both in English and Spanish, are available from the Hazard Communication Branch of the TDSHS.

PERSONAL PROTECTIVE EQUIPMENT

The City of Edinburg will provide appropriate personal protective equipment (PPE) to all employees who use or handle hazardous chemicals. The department director or supervisor will assume overall responsibility for the PPE program and will ensure that appropriate equipment and training are provided, to include:

- 1. Proper selection of PPE based on:
 - Routes of entry.
 - Permeability of PPE material.
 - Duties being performed by the employee.
 - Hazardous chemicals present.
- 2. Proper fit and functionality of PPE as described by the manufacturer's specifications.
- 3. Appropriate maintenance and storage of PPE.

MAINTAINING EMPLOYEE RIGHTS

The City of Edinburg shall not discipline, harass, or discriminate against any employee for filing complaints, assisting inspectors of the Texas Department of State Health Services, participating in proceedings related to the Texas Hazard Communication Act, or exercising any rights under the Act.

Employees cannot waive their rights under the Texas Hazard Communication Act. A request or requirement for such a waiver by an employer violates the Act.

GENERAL SAFETY RULES

SAFETY RULES

- 1. Each employee shall be required to comprehend and abide by the contents of this safety program.
- 2. All accidents, regardless of severity, shall be immediately reported to your supervisor.
- 3. All hazardous conditions, actions, and/or practices shall be reported to your supervisor.
- 4. Work areas, including the inside and outside of vehicles and buildings, shall be kept clean and orderly at all times.
- 5. Employees shall only operate equipment/tools that they are trained and authorized to operate.
- 6. Smoking shall be prohibited in areas where there is a danger to equipment, materials, co-workers, city buildings, or any city vehicle/equipment or where 'No Smoking' signs are posted.
- 7. Employees shall use all safety devices and personal protective equipment provided for their protection.
- 8. Employees shall wear clothing and shoes suitable for the particular work they are doing.
- 9. Employees shall use assisted lifting devices or obtain assistance from a coworker when lifting heavy objects.
- 10. Guards shall never be removed except when authorized to make repairs or adjustments. Replace guard immediately upon completion of work.
- 11. Before starting work on any machine or equipment that is out of service, employees shall render the equipment or machine inoperative and attach a lockout device to the equipment control.
- 12. Any employee taking prescription drugs or over-the-counter drugs that could impair assigned work shall report this fact to the supervisor as soon as possible.
- 13. Employees shall not engage in practical jokes or horseplay.
- 14. Any employee involved in a vehicular accident shall submit to a drug & alcohol test within 2 hours of the accident and no later than 24 hours.
- 15. Injured employees shall contact their immediate supervisor on a daily basis and notify them of their condition until submitting a written attending physician statement. Thereafter, each time an employee sees a doctor for consultation or treatment, a progress report (DWC73) must be submitted to the Department of Human Resources/ Risk Management division.
- 16. The use of drugs and alcohol during working hours is prohibited. Any employee reporting to work under the influence of alcohol or controlled substances shall be subject to disciplinary action up to termination. The supervisor with "reasonable suspicion" shall refer the employee to a drug & alcohol test to the designated testing facility.

CELL PHONES & WIRELESS COMMUNICATION DEVICES

Cell phones and other wireless communication devices can be a distraction to workers in many areas. Communication devices should never create a safety issue for any employee. The following rules have been established to assist in maintaining a safe working environment:

- 1. During working hours, personal cell phone should only be used for high-priority (i.e., family issues, emergencies, etc.) personal communication and not for mere casual use.
- 2. If a phone or other device is to be used for work/business purposes and must be used from a vehicle or piece of equipment, the employee should immediately exit and park in a proper parking space first. Stopping on the side of the road is not acceptable. The only exception is for genuine emergencies such as an accident or vehicle breakdown or use by police/fire personnel for job-related public safety tasks.
- 3. Hands-free telephones or Bluetooth devices may make brief phone calls while driving but must park when road conditions are poor, traffic is heavy or a conversation is involved. The vehicle should be safely stopped, preferably off the road, and placed in park prior to receiving or placing a call.

- 4. If a call must be placed or received from the field, the worker should stop the work and must ensure that the area and personnel in the work area are safe prior to phone usage.
- 5. Telephone ringers should be placed to minimum volume or vibrate mode to ensure that others will not be startled by the ring.

For additional information, please refer to HR Policies and Procedures Handbook for Cellphone/Telephone/ Pager use in the Workplace.

CYBER SECURITY AWARENESS

All employees are responsible to remain cyber aware and practice cyber safety. Contact the Information Technology (IT) department regarding any malware or suspicious activity.

DEVICE SECURITY:

- 1. Ensure that anti-virus and anti-malware is downloaded on device(s) before use
- 2. City devices should never be left unlocked and unattended; if needing to step away from your device, enable auto lock so that the device requires a password to use it
- 3. Always connect to a secure WIFI

SECURE PASSWORDS:

- 1. Choose a password that's long enough. Include numbers, symbols, capital letters and lower-case and random words that you can remember.
- 2. Change default passwords as soon as possible.
- 3. Change your password frequently
- 4. Create a unique password for every online account
- 5. Avoid storing in plain text or on paper
- 6. Do not share your passwords.

EMAIL AWARENESS:

- 1. Always check for "from" field to make sure the sender is legitimate
- 2. Hover over the link to verify you are being directed to the intended URL
- 3. Never download or open attachments from unknown source and contact IT department if you are suspicious of an email or an attachment
- 4. Emails with personal information must be sent secure
- 5. Do not use a personal email address for city purposes

ELECTRICAL SAFETY

- 1. Keep electrical cables and cords clean and free from kinks. Never carry equipment by its cords. Keep cords out of walkways to prevent damage and trip and fall hazards.
- 2. All electrical tools, equipment, extension cords, etc. shall be inspected on a regular basis. All faulty equipment shall be reported immediately to your supervisor. Lockout or tag the equipment so that others are aware the equipment is damaged. The tool, equipment, or cord shall not be used if it has any defects, such as bad insulation, missing grounds, loose prongs, etc.
- 3. All electrical equipment shall be properly grounded.

- 4. Extension cords should not be used in wet or damp areas. For adequate protection, a Ground Fault Circuit Interrupter (GFCI) should be used to protect employees in wet or damp locations.
- 5. All circuit breakers shall be identified as to use. Maintain clear access to electrical panels and main power sources at all times. Electrical panels and boxes should be securely fastened.
- 6. All electrical panel boards, boxes, disconnects, switch gears, etc. shall be covered or isolated to prevent accidental contact with energized parts and to protect equipment and wiring from potential contamination.
- 7. Before work begins at a jobsite, the location of electrical lines (underground and above) shall be determined and precautions taken to prevent accidental contact.
- 8. Electrical Lockout/Tagout procedures shall be used when circuits or electrical equipment are being worked on. See *Lockout/Tagout Safety* in this manual.
- 9. Electrical cables passing through work areas shall be covered or elevated to protect them from damage, which could create a shock hazard.
- 10. Metal ladders shall not be used when working near electrical circuits.
- 11. Exposed light bulbs or fluorescent tubes shall be guarded or recessed in reflectors to prevent accidental breakage.
- 12. To aid in the prevention of electrical shock, 120 volt, single phase, temporary receptacles used at work sites should be used with a GFCI. If a GFCI is not available, an assured equipment grounding conductor program may be used for added protection. Another option in protection from electrical shock involves the use of double insulated equipment.
- 13. Employees involved in activities around hazardous energy levels should know cardiopulmonary resuscitation (CPR) and rescue procedures.

JOB, TASK, & PROJECT BRIEFINGS

The department director or supervisor(s) in charge of each individual work group is responsible for conducting a job/task/project briefing to all affected employees prior to work commencing. The briefing should address the following subjects, at a minimum:

- 1. Brief overview of the job to be completed
- 2. Hazards associated with the job
- 3. Work procedures involved in completing the job
- 4. Special necessary precautions
- 5. Energy source controls
- 6. Personal protective equipment requirements

If the work or operations to be performed during the work day are repetitive and similar, at least one job briefing shall be conducted before the start of the first job each day. Additional job briefings are required if significant changes, which might affect the safety of employees, occur throughout the course of the work.

A brief discussion is satisfactory if the work involved is routine and if all employees, by virtue of training and experience, can reasonably be expected to recognize, avoid, and protect themselves against the hazards involved with the job. A more extensive discussion should be held if the work is complicated or extremely hazardous, or if employees cannot be expected to recognize, avoid, and protect against the hazards.

An employee working alone need not conduct a job briefing. However, the department director or supervisor(s) should ensure that the tasks to be performed are planned as if a briefing were required.

PERSONAL PROTECTIVE EQUIPMENT - GENERAL REQUIREMENTS

- 1. All employees shall wear clothing suitable for their particular type of work. Loose clothing shall not be worn while working around or near moving machinery or equipment.
- 2. All department-approved special protective clothing or protective devices shall be used by employees when required by policy and/or department supervisors.
- 3. Clothing that is soiled by oil or chemicals should be avoided to prevent skin irritations.
- 4. When work is performed in the vicinity of exposed energized parts of equipment, employees shall remove all exposed conductive articles, such as key or watch chains, rings, wristwatches, or bands, if such articles increase the hazards associated with inadvertent contact with the energized parts.
- 5. Rings or jewelry shall not be worn while climbing on or off structures or vehicles while performing any task where the ring might get caught under or snagged by a projecting item. In addition, rings and wristwatches with metal case and watchbands shall not be worn while working on or near energized equipment or lines.
- 6. Department approved gloves shall be provided to and worn by all employees when work site operations could cause injury to the hands.
- 7. Gloves and long sleeves shall be worn to protect hands and arms when handling cement, brush, sharp objects, hot materials, acids and other chemicals, or when there is a possible exposure to poison ivy.
- 8. Department approved head protection shall be provided to and worn by employees when working in areas where possible danger or head injury exists from impact, falling or flying objects, or from electrical shock and burns.
- 9. Employees shall wear department approved eye and face protection where injury exists from flying objects, glare, liquid splashes, use of line trimmers, edger's, chemicals, grinding, sandblasting, and welding. Eye protection shall be kept in a sanitary and usable condition and shall be replaced when it becomes warped, scratched, or pitted.
- 10. Department approved hearing conservation devices shall be provided to and worn by all employees working in areas where a danger of noise exposure exceeds acceptable levels.

WORKING ALONE

While it is not necessarily hazardous to work alone, work exposures combined with the fact that the employee is alone require preparation by the entity, supervisor, and employee. Whether a situation is high or low risk will depend upon the type of work, location, interaction with the public, or consequences of an accident, injury or emergency.

High risk activities include working from heights, confined spaces, electrically charged devices, hazardous materials or chemicals, power equipment, high-pressure devices, and potentially violent people. Such exposures may require additional employees or significant preparation so that the employees are knowledgeable about hazards and a determination by supervisors that lone workers have demonstrated the capability to work safely and independently.

To help ensure the safety of a person working alone, consider the following actions:

- 1. Assess potential workplace hazards.
- 2. Talk with employees about the assigned tasks, discussing exposures and solutions.
- 3. Avoid having to work alone during high risk jobs.
- 4. Take corrective action to prevent or minimize the risks of working alone.
- 5. Provide appropriate safety training and education.
- 6. Establish a check-in procedure for staff.
- 7. Schedule high risk tasks during normal business hours or when another worker capable of helping is present.
- 8. Report all unsafe situations, incidents, and near misses, particularly if working alone would have increased or did increase the severity of the situation.

WORKPLACE VIOLENCE AWARENESS

RECOGNITION - Recognize signs that may precede violence in your co-workers or customers and report them to your supervisor. Be cautious when you deal with a person who:

- 1. Makes verbal threats on the job about getting "even" with co-workers or with your employer for disciplinary action or dismissal.
- 2. Regularly threatens or intimidates others.
- 3. Claims people are out to get him or her.
- 4. Talks a lot about weapons.
- 5. Holds grudges.
- 6. Blames others for problems or setbacks.
- 7. Gets angry very easily and often.
- 8. Is defensive when criticized.

REPORTING - Report the following situations, events, or behaviors to your supervisor:

- 1. A customer that becomes unusually angry with you because of perceived slow service, perceived poor conduct quality or lack of information.
- 2. A customer who talks abusively when making a telephone complaint.
- 3. A customer who threatens you or co-workers.

RESPOND - Respond effectively to a threatening or violent situation:

- 1. Take all threats seriously.
- 2. Stay calm and be polite, look the person in the eye and do not argue or threaten.
- 3. Address each customer with a friendly greeting when you are on the phone or meeting the customer in person.
- 4. Be courteous at all times.
- 5. Notify the police if you are frightened-or use a warning signal to alert co-workers.
- 6. Ask your employer for training to help you deal with the public.

PROTECT - Protect yourself and co-workers on the job:

- 1. Keep security and police department numbers near your phone.
- 2. Know how to use an alarm or alert staff to possible danger.
- 3. Develop a danger signal you can use to alert others to possible danger.
- 4. Meet visitors in the lobby and escort them to your work area.
- 5. Report any unusual packages to appropriate personnel, do not open suspicious packages.
- 6. Lock purses and personal belongings in a desk or locker.
- 7. Report signs of a break-in and missing items immediately.

SECURITY - Follow security policies and procedures:

- 1. Keep locked door locked, do not prop them open.
- 2. Wear name tags or badges when required.
- 3. Do not share access cards or entry codes.
- 4. Do not allow non-employees (including ex-employees) to avoid sign-in and other visitor entry procedures.
- 5. Do not engage in fistfights or other aggressive behavior at work.
- 6. Do not bring a weapon to work or leave one in your car.
- 7. Do not drink, use or work under the influence.
- 8. Report all threats and security violations.

AFTER-HOUR WORK - Take special precautions when working late or alone.

1. Inform someone that you are working late.

- 2. If possible, relocate your vehicle closer to the building.
- 3. Advise the Police Department that you are working late and request a close patrol or escort when you leave.
- 4. Lock the door to your work area if you are alone.
- 5. Work near a phone.
- 6. Work with lights on.
- 7. Avoid using dark stairways or halls.
- 8. If working with others, try to leave and walk to transportation together.
- 9. Have your car keys ready as you leave the building.
- 10. Check under and inside your car before unlocking it.
- 11. Lock your car as soon as you are seated in it.
- 12. Walk confidently and quickly to show that you know where you are going and what you are doing.
- 13. Try to run away from an attacker if possible.
- 14. Yell if you are being attacked to alert others.
- 15. Give an attacker money or jewelry on demand.

AUTOMOBILE AND MOTOR EQUIPMENT

AUTOMOBILE AND MOTOR OPERATION RULES

- 1. The certificate of insurance coverage and other required documents, along with accident forms should be carried in all the city owned vehicles.
- 2. All drivers of the city vehicles must be familiar with and abide by all applicable state, federal, and local traffic regulations.
- 3. All drivers/operators shall be responsible for the proper care and use of vehicles and motorized equipment. This includes maintaining the city vehicle/motorized equipment interiors and exterior, regularly servicing these items and reporting maintenance needs to the supervisor.
- 4. A driver/operator shall not permit any unauthorized persons to drive, operate or ride in or on a city vehicle.
- 5. Riders shall not be allowed on running boards, tailgates, fenders, bumpers, atop cabs, on tow bars, or towed equipment. (Exceptions may include operator trainees and mechanics sharing operator positions.)
- 6. Every accident involving personal injury or property damage shall be reported to your supervisor immediately.
- 7. Where seat belts are provided, they shall be worn by all occupants. The size or operation of the vehicle or equipment does not excuse the operator from the seat belt requirement.
- 8. Equipment on all the city motor vehicles must conform to state, federal, and Department of Transportation (DOT) regulations.
- 9. Unsafe and discourteous driving practices such as 'road-hogging', disregarding the rights of pedestrians, violating traffic regulations, and deliberate recklessness of any kind are prohibited.
- 10. Getting in or out of a vehicle/mobile equipment while it is in motion is prohibited, as is riding anywhere on the vehicle/mobile equipment not designed for passengers. Do not get out of a vehicle/mobile equipment and leave the motor running, or driver/operate with a door ajar.
- 11. Personnel should maintain three points of contact with mobile equipment when entering and exiting to help in maintaining balance if a slip occurs. Many injuries occur as a result of slips and using three points of contact will help control this exposure. In addition, the condition of the handrails, steps, etc. should be inspected regularly.
- 12. Smoking is prohibited in any areas where fueling is being performed.
- 13. Except in emergencies, gasoline must not be carried inside passenger cars or the cabs of trucks. Gasoline shall be transported in approved safety containers and sealed tight to prevent the leakage of gasoline or gasoline vapors.
- 14. Garage doors must be opened for ventilation whenever a motor vehicle engine is running to help prevent the accumulation of carbon monoxide gas.
- 15. Keys shall be removed from unattended vehicles and equipment. Doors should be locked for security purposes.
- 16. Driving a vehicle under the influence of alcohol or any controlled substance will not be tolerated. Never attempt to perform work or drive a vehicle when you are impaired by alcohol, medication, or drugs, including over-the-counter or prescription medications.
- 17. Picking up hitchhikers is dangerous and prohibited.
- 18. Before starting out in your vehicle in the morning, clear all windows of any frost, ice, or dew. Cleaning only a small place on the windshield does not allow for proper visibility.
- 19. Driving is a full time job. Drivers should not engage in other activities, such as dialing a telephone, while operating a vehicle. The vehicle should be pulled off the road and stopped before performing these types of activities.
- 20. Driving at the maximum posted speed limit can be too fast for safety in some situations. The drivers of all vehicles must use good judgment and proceed at a pace suitable to conditions of the vehicle, road, traffic, and weather.

21. All vehicle cabs should be kept clean to reduce distractions to drivers and interference with the operation of the vehicle or equipment.

BACKING UP

- 1. When possible, park so that backing is not required.
- 2. Extreme caution shall be exercised when backing any vehicle. If another employee is present, he/she shall act as a spotter to assist the driver in backing safely. Drivers shall stop immediately if they lose sight of the spotter.
- 3. Backup alarms are a useful warning device and should be used when possible, especially on larger vehicles and equipment that may severely restrict your view to the rear of the vehicle. If an alarm is not present, the operator should honk his horn to warn others of the moving vehicle.

STOPPING ON ROADWAYS

- 1. When it is necessary to stop on the roadway, extreme caution shall be used.
- 2. A rotating beacon light shall be used, if so equipped.
- 3. Tail lights/emergency flashers shall be used.
- 4. If work is in progress, traffic control devices shall be used in accordance with the Texas Manual on Uniform Traffic Control Devices. Please see additional information in the *Work Zone Traffic Control Safety* section of this manual.

INSPECTION OF VEHICLES AND EQUIPMENT

- 1. Drivers/operator shall utilize equipment checklists to inspect vehicles and equipment to determine if they are in good operating condition *prior* to operating the vehicle.
- 2. The driver/operator shall determine that brakes are in good operating condition before using the vehicle or equipment. If brakes are not working properly, they must be corrected before use.
- 3. The driver/operator shall report all defects promptly. Items that affect safety shall be repaired prior to continued use.

POWERED- CARTS AND LOW SPEED VEHICLES

Powered carts and other low-speed vehicles (LSV) such as golf carts, 'Mules', 'Gators', etc. should be driven with special care. This classification of vehicle includes those which are electric-, gasoline-, or diesel-powered (LSV) and may or may not be licensed to operate on public roadways. Vehicles not licensed (registered) by the Texas Department of Public Safety as an on-road vehicle should not be driven on public roadways. The following operating rules apply to powered carts & low-speed vehicles (LSV):

- 1. Only drivers authorized by the city and trained in the safe operation of powered carts and LSV shall be permitted to operate such vehicles.
- 2. All prospective cart or LSV operators must receive training before being allowed to operate a powered cart or LSV.
- 3. Seatbelts must be worn by all vehicle occupants at all times. The maximum number of passengers is equal to the number of seatbelts in the vehicle. All passengers must be in a seat while the cart is moving no exceptions. Drivers violating this safety rule may have their driving privileges suspended or revoked.
- 4. Operators and passengers shall keep arms and legs inside the cart or LSV at all times and shall not jump on or off of moving vehicles.
- 5. Powered carts or LSV shall be driven on facility vehicle traffic areas whenever possible. If a sidewalk must be used, the cart speed should not exceed that of the pedestrian traffic.
- 6. Carts or LSV which are capable of reaching 25 mph or higher must remain in facility vehicle traffic areas and should not be driven on the sidewalks or "pedestrian only" areas.
- 7. Operators shall be familiar with, and observe all established traffic laws.
- 8. Materials and equipment shall be properly secured so that they will not shift or fall off of moving carts or LSV.

- 9. Powered carts and LSV shall not be operated at night without properly working head and taillights.
- 10. Be extremely cautious while making turns and while driving on uneven surfaces to avoid tipping in carts.
- 11. Parking a powered cart or LSV should follow the same rules as a motor vehicle and is prohibited in the following areas:
 - Fire lanes
 - Designated no parking areas
 - Adjacent to building entrances or exits.

BACKHOE & LOADER SAFETY

- 1. Operators shall be adequately trained and qualified to operate the equipment. The operators shall become thoroughly familiar with the equipment before using it and they must understand the contents of the operator's manual.
- 2. The operator is responsible for inspecting the equipment before it is used. The brakes and controls shall also be tested by the operator prior to use. (Needed repairs shall be reported immediately). Observe proper maintenance and repair of all pivot pins, hydraulic cylinders, hoses, snap rings and main attachment bolts daily.
- 3. Seat belts shall be worn on all equipment with rollover protection.
- 4. Operators should maintain three points of contact with the equipment when entering or exiting. This will allow the operator to regain their balance if a slip occurs.
- 5. Back-up alarms are a useful warning device and should be used when possible, especially on larger vehicles and equipment that may severely restrict your view to the rear of the vehicle. If an alarm is not present, the operator should honk his horn to warn others of the moving vehicle. Back-up alarms should be operable at all times.
- 6. Only the operator shall be allowed on the equipment during operation, unless a seat is provided for another occupant.
- 7. Employees shall never be allowed to ride in the bucket or use the bucket for an elevated platform.
- 8. Walk around the equipment to observe for children and others before starting up. Consider the use of a spotter when backing the equipment.
- 9. Keep bystanders in the clear while operating the equipment. No one is allowed in a ditch while a backhoe is excavating.
- 10. Locate underground utility lines and overhead power lines before starting to dig. (Always contact utility companies to physically locate any underground lines). Do not operate a backhoe within 10 feet of an overhead electrical line. Hand-dig in the vicinity of all known underground utility lines and pipelines.
- 11. Never attempt to lift loads in excess of the equipment capacity.
- 12. Never allow anyone to get under the equipment or reach through the lift arms while the bucket is raised.
- 13. Relieve the pressure in any hydraulic lines before disconnecting them to make repairs. Any hydraulic implements that are not relieved, shall be physically blocked to protect against mashing injuries during maintenance or repair activities. Physical blocks may include safety stands, timbers, cinder blocks, etc. that can withstand the force.
- 14. Use care at all times to maintain proper stability. Drive at safe speeds over rough ground, on slopes, when crossing ditches and when turning corners.
- 15. To prevent upsets when operating on a slope, avoid using the full reach and swinging a loaded bucket to the downhill side.
- 16. Always center and raise the boom before moving to a new location.
- 17. Do not attempt to exit the equipment while it is still in motion. Apply the parking brake and shut down the engine before leaving equipment.

- 18. Lubrication activities or mechanical adjustments shall not be attempted while the equipment is running if there is a possibility of contacting a pulley, belt, shaft, etc. that is in motion.
- 19. Park the equipment on level ground when possible. As a minimum, the bucket should be lowered, the brakes set, the transmission engaged and engine killed when parking.
- 20. Use care in attaching towing lines to the equipment. Pulling from the tractor rear axle or any point above the axle may cause an accident.
- 21. Slow moving placards and other warning devices should be used to help other motorists in spotting the slowmoving vehicle from a safe distance.
- 22. Never use the bucket of the Backhoe or Loader to lift a person(s) or use as a lift.

BUCKET TRUCK SAFETY

Bucket trucks are complex and require specialized training to operate. In order to ensure your safety, and the safety of others, it is important that you be properly trained and recertified annually. To be properly trained you must read and understand all users manuals, maintenance manuals.

PREREQUISITES:

- 1. A driver's license or CDL license if required
- 2. Basic automotive mechanic skills, even if you do not maintain the vehicle
- 3. Understanding of control systems
- 4. Familiarization with electrical equipment
- 5. Familiarization with hydraulic system

COMMON EXPOSURES:

- 1. Injuries common while using a bucket truck, or even a ladder
- 2. Strains and injuries caused by improper lifting and climbing
- 3. Falls from as little as five feet, which can result in broken bones
- 4. Tip-overs and collapses, endanger personnel in the bucket and on the ground
- 5. Being struck by falling objects (mostly endangers workers on the ground)
- 6. Getting caught between equipment and fixed structures (especially fingers)
- 7. Being knocked out of a bucket when the truck is struck by another vehicle
- 8. Electrocution or physical injury due to electric shock

DAMAGE TO EQUIPMENT OR PERSONNEL OCCURS WHEN:

- 1. Inspections are not performed according to the manufacturer's recommendations
- 2. The truck is not properly positioned and secured for use
- 3. The operator is not fully aware of objects around, above and below the bucket
- 4. Tools and parts are not secured in their proper place
- 5. The manufacturer's limits are exceeded

DRIVING AND LOCATING THE TRUCK

A bucket truck is one of the most complex forms of aerial lift device. Driving a bucket truck to the site and positioning it correctly requires special skill and knowledge. Even a small truck weighs four tons and cannot stop on a dime. A three ton lift places the center of gravity of the truck very high; observe tip-over signs on curves and exit ramps. Bucket trucks have poor rear visibility and should not be backed up unless you find it absolutely necessary and have a spotter. You want a backup-alarm to warn anyone in the vicinity that a dangerous operation is being performed. Placing the truck in the ideal location takes knowledge of the azimuth stops and reach of the boom, manufacturer's limits regarding boom operation, surface condition and slope of the ground and use of outriggers and wheel chocks.

SPECIAL CONDITIONS TO CONSIDER WHILE WORKING

Complacency occurs when we have become familiar with our equipment, or when we perform the same task over and over. It only takes one unexpected thing to catch us unaware - a soft tire that causes a tip-over for example. Stress is always present on or off the job. You are responsible for everyone that you employ or lend equipment to. Weather can compromise safety, especially in winter. Low temperatures, moisture and high winds can create dangerous conditions for working outside. Hydraulic systems may have sluggish operation in very cold weather and generators may not start, or run badly. Fall restraint safety belt system or full body harness fall arrest system that are damaged or missing.

PRE-USE SAFETY CHECK:

Maintenance records should be kept up to date, or your knowledge of same, record checks include but not limited to the following:

- 1. Wheels and tires, check tire pressure
- 2. Fuel, engine oil levels and hydraulic fluid level
- 3. Hydraulic fluid, oil, fuel and cooling system leaks; listen for air leaks
- 4. Look for loose or missing parts, rust and deteriorating welds
- 5. Test ground level controls first, then all bucket controls before you go up
- 6. Safety devices such as railings, bucket door catches and redundant catches
- 7. Personal protection equipment: snaps that don't stick, age of your hard hat, etc.
- 8. Any other items specified by the manufacturer

PERSONAL PROTECTIVE EQUIPMENT (PPE)

Bucket truck workers should wear the following personal protective equipment:

- 1. Hard hat that is less than ten years old or whichever the manufacturer specifies
- 2. Eye protection that provides good visibility
- 3. Gloves appropriate for the work being done
- 4. Fall restraint safety belt system or full body harness fall arrest system

Follow the manufacturer's recommendations when using the truck, generator and boom. Use a body harness or positioning device with a lanyard properly attached to anchor points on the boom or basket intended for that purpose by the manufacturer. Never belt off to an adjacent pole, structure or other equipment, except in an emergency.

CHECK THE WORK AREA

- 1. Never work on a slope that exceeds the limits specified by the manufacturer
- 2. Check the area for soft spots, holes, drop-offs, bumps, and debris
- 3. Check for overhead power lines, trees, building overhangs, etc.
- 4. Before moving the truck, make sure that the boom is cradled and tied down and that all other equipment is secure

OPERATING A BUCKET TRUCK

Set outriggers, brakes, and use wheel chocks, even if you are working on a level slope. Automatic transmissions should be placed in park; manual transmissions in low gear. Note: Do not place automatic transmissions in park or manual transmissions in low gear if you are performing winch recovery operations.

- 1. If working near traffic set up work zone warnings with cones, ropes and signs.
- 2. Close and latch the bucket or platform door and attach the safety chain.
- 3. Stand on the floor of the bucket or lift platform. Never climb on anything inside the bucket to extend your reach.
- 4. Do not climb on tool brackets in the bucket or lean over the railing.

- 5. Never exceed the manufacturer's load capacity limit. This includes the combined weight of the worker(s), tools and material.
- 6. Never override hydraulic, mechanical or electrical safety devices.
- 7. Establish and clearly mark a danger zone around the bucket truck.
- 8. Never move the truck with workers in the elevated platform unless the equipment has been specifically designed and certified for this type of operation.
- 9. Use particular care when positioning the basket between overhead hazards, such as joists or under an overhang. If the basket moves, the worker in the bucket could become crushed between the rails and the fixed structure.

CARRYING CARGO

The various weight capacities of your vehicle will be listed on a decal on the driver's side door jamb or nearby when attached by the manufacturer who equipped the bucket truck. The following ratings are important:

- 1. GVWR Total (gross) weight of your truck, lift, fuel, you and your equipment.
- 2. GAWR Maximum (gross) axle weight permissible on each axle.

MODIFICATIONS

The purpose of a bucket truck is to elevate an operator above the ground. Modifying the truck for other uses apart from those for which it was designed requires written approval from the manufacturer or an equally-accredited authority. Trucks without outriggers must have tires identical to those specified by the manufacturer, mounted on the specified rims and inflated to the pressure specified on the manufacturer's decal. The weight capacity of the bucket is calculated based on the designed center of gravity, with the size tires specified, and a huge anti-sway bar on the rear axle. Any deviations can result in a tip-over. Changing the weight distribution of the truck, such as that which would occur by carrying a substantial load that shifts the center of gravity may result in instability while driving. Avoid placing substantial loads near the rear of the truck. Secure your cargo as any commercial truck driver would.

BUCKET TRUCKS SAFETY FEATURES

All bucket trucks are different. It is essential that you be familiar with the specific bucket truck that you are using.

- 1. Buckets are always at least 39 inches deep so that for most workers the lip of the bucket is above waist level; always stand on the floor of the bucket.
- 2. Buckets all have redundant latches or restraints to keep the bucket door from opening unexpectedly; make sure they are easy to use and are working properly.
- 3. Bucket trucks have additional safety features such as guards, outrigger interlock and ground fault interrupter circuits. These features must not be modified, removed or bypassed, if they fail and prevent normal operation for example.
- 4. Warning labels should be present and legible; they remind you to be safe.

EMERGENCY ESCAPE

Commercial operators with a fleet of bucket trucks can extract a stranded worker by dispatching another truck when the manufacturer's provided backup systems fail. You may be concerned with escaping from a bucket when working alone and the aerial lift fails. There are several methods used when stranded in the bucket.

- 1. Auxiliary Power or Backup Pump
- 2. Emergency Lowering Valve or Holding Valve Bleeding
- 3. Escape Ladder or a Controlled Decent Rope
- 4. Lower Controls (with and without an incapacitated worker)

DUMP TRUCK SAFETY

- 1. Employees or other individuals shall not be carried in the bed for transportation purposes.
- 2. Employees shall not remain in the cab when the bed is being loaded unless the cab is protected against impact.
- 3. Check overhead clearances before raising the bed. Be aware of overhead electrical lines.
- 4. Be sure hoist is not engaged before moving the truck.
- 5. Loose material shall be covered to prevent blowing debris and spillage.
- 6. Close windows during loading/unloading to control dust accumulation inside the cab.
- 7. Operators of dump trucks must possess a valid Commercial Driver's License.
- 8. Operators are responsible for cleaning debris, mud, rocks, etc. from the bed, fenders and other body parts that may become dislodged during travel.
- 9. Back-up alarms are a useful warning device and should be used when possible, especially on larger vehicles and equipment that may severely restrict your view to the rear of the vehicle. If an alarm is not present, the operator should honk the horn to warn others of the moving vehicle. Back-up alarms should be operable at all times.
- 10. All mirrors should be maintained in clean, good working condition and adjusted to assist the operator in viewing obstructions or other vehicles.
- 11. Operators should maintain "three point of contact" with the equipment when entering or exiting the cab. This will allow the operators to regain their balance if a slip occurs.

FORKLIFT SAFETY

- 1. Forklifts shall only be operated by authorized persons who have been properly trained in their use. This training should be documented and consistently used with all authorized operators and trainees.
- 2. The operator is responsible for inspecting the equipment before it is used. The brakes and controls shall also be tested by the operator prior to use. (Needed repairs shall be reported immediately.)
- 3. Equipment shall be operated at a safe speed for existing conditions. Go slowly around corners. Avoid holes, loose material etc.
- 4. Seat belts shall be worn when operating a forklift with rollover protection.
- 5. Clearances shall be checked in all directions, particularly overhead clearances.
- 6. Forklifts shall not be fueled while the engine is running.
- Forks shall be placed under the load as far as possible. Loads should not be raised or lowered while traveling. Loaded or empty, forks should be carried as low as possible, but high enough to clear uneven surfaces. (Usually about 6-12 inches on level surfaces.)
- 8. Operators shall always face the direction of travel and also keep their arms and legs inside operator's compartment.
- 9. Load limits as specified by the manufacturer shall not be exceeded.
- 10. Do not travel with the load raised as this causes the center of gravity to rise, which may affect the tipping potential.
- 11. Only the operator shall be allowed on the equipment during operation, unless a seat is provided for another occupant.
- 12. A secured platform specifically designed for that purpose must be used when lifting personnel.
- 13. Unattended forklifts (operator 25 feet away or forklift not in his view) shall have the load fully lowered, controls neutralized, power shut off and brakes set.
- 14. Equipment with internal combustion engines shall not be operated in enclosed areas for long periods of time so as not to exceed the allowable levels of carbon monoxide.

TRACTOR & SHREDDER SAFETY

- 1. The operator shall wear a securely fastened seat belt if the tractor/shredder is equipped with rollover protection.
- 2. Guards around chains, shafts, pulleys, gears, etc. shall always remain in place while the equipment is in operation.
- 3. Use caution when operating near slopes, cuts, depressions, drop-offs, soft shoulders, ditches, etc. Operators shall constantly watch for hidden objects and uneven ground. Hazardous areas shall be pre-cleaned and special hazards removed prior to mowing.
- 4. Use care when entering traffic areas, crossing railroad tracks, etc.
- 5. Operators should maintain three point of contact with the equipment when entering or exiting. This will allow the operator to regain his/her balance if a slip occurs.
- 6. Back-up alarms are a useful warning device and should be used when possible, especially on larger vehicles and equipment that may severely restrict your view to the rear of the vehicle. If an alarm is not present, the operator should honk his horn to warn others of the moving vehicle. Back-up alarms should be operable at all times.
- 7. Only the operator shall be allowed on the equipment during operation, unless a seat is provided for another occupant.
- 8. Lubrication activities or mechanical adjustments shall not be attempted while the equipment is running if there is a possibility of contacting a pulley, belt, shaft, etc. that is in motion.
- 9. Take sharp turns at low speed.
- 10. Proper personal protective equipment shall be worn at all times. On a tractor with an uncovered cab, the operator should as a minimum wear safety glasses and hearing protection. Other personal protective equipment such as gloves, face shields, sleeves, boots, etc. should be evaluated for individual jobs. Sunscreen should also be used in areas where the operator may be exposed to sunlight for long periods of time.
- 11. Slow-moving placards and other warning devices should be used to help other motorists in spotting the slowmoving vehicle from a safe distance.

MACHINE AND TOOLS

CHAIN SAW SAFETY

- 1. Employees operating powered trimming equipment shall, as a minimum, wear safety glass and/or face shields and hearing protection. Other personal protective equipment such as chaps, gloves, fall protection, etc. should also be evaluated to gauge its need.
- 2. When starting a chain saw, it shall be placed on or against a solid support.
- 3. The operator shall grip the chain saw with both hands during the entire cutting operation.
- 4. The saw bumper shall be against the tree or limb before starting a cut.
- 5. Chain saw operators shall regularly clear the immediate area around their work to make certain that brush/limbs will not interfere with the chain saw or operator.
- 6. Chain saws shall not be modified in such a way to allow locking of controls in the "on" position.
- 7. The chain saw engine or motor shall be stopped when working on any part of the chain or cutting bar, being moved from one location to another or the unit is unattended.
- 8. Gasoline driven chain saw engines shall be stopped when being refueled. If gasoline is spilled on the chain saw during refueling, it shall be wiped off before the engine is started.
- 9. A gasoline driven chain saw shall not be used above shoulder level. Employees shall not approach the chain saw operator within the reach of the saw blade while it is in operation.
- 10. Ropes, pulleys, etc. should be used as necessary to lower larger limbs that may endanger persons and property if allowed to "free-fall".

LADDER SAFETY

- 1. Wooden ladders shall not be painted so as to obscure a defect in the wood; only a clear nonconductive finish shall be used.
- 2. All ladders shall be inspected regularly. Ladders with weakened, broken or missing steps, broken side rails, or other defects shall be tagged and removed from service.
- 3. Ladders shall be sufficiently strong for their intended use. All ladders shall be capable of supporting at least 2.5 times the maximum intended load without failure.
- 4. Ladders shall not be placed in front of doors opening toward the ladder unless the door is open, locked, or guarded.
- 5. When ascending or descending ladders, employees shall have both hands free and shall face the ladder.
- 6. Only city supplied ladders shall be used by employees.
- 7. Ladders shall not be used as scaffold platforms unless specifically designed for that purpose.
- 8. Boxes, chairs, etc. shall not be used as ladders.
- 9. Portable metal ladders and other portable conductive ladders may not be used near exposed energized lines or equipment except in very specialized situations.
- 10. The use of stepladders above 20 feet is prohibited and the use of extension ladders above 24 feet is prohibited.
- 11. All ladders used in fire service activities shall be NFPA approved.
- 12. The proper use of fall protection and/or ladders should be reviewed with all employees prior to working from a position other than ground level.

STRAIGHT LADDERS

1. Portable straight ladders shall be equipped with nonskid bases or shoes.

- 2. The ladder shall be placed so that the distance between the bottom of the ladder and the supporting point is approximately one-fourth of the ladder length between the foot of the ladder and the upper support.
- 3. Straight ladders shall not be climbed beyond the third step from the top.
- 4. When working from a portable ladder, the ladder must be securely placed, held, tied, or otherwise made secure to prevent slipping or falling.
- 5. When dismounting from a ladder at an elevated position (such as a roof) the employee shall ensure that the ladder side rails extend at least 3 feet above the dismount position, or that grab bars are present.
- 6. Employees shall belt off to a ladder whenever both hands must be used for the job or a possibility of the employee falling from an elevated position exists.
- 7. Ladders shall not be spliced together to form a longer ladder, unless specifically designed to be used as a section ladder.
- 8. A ladder shall not be placed against an unsafe support.

STEP LADDERS

- 1. The top step shall not be used, except for platform ladders.
- 2. Stepladder legs shall be fully spread and the spreading bars locked in place.
- 3. Stepladders shall not be used as straight ladders.
- 4. When an employee is working on a stepladder more than 10 feet high (except a platform ladder), another person shall hold the ladder or it should be tied to a support to prevent it from falling.

LOCKOUT / TAGOUT SAFETY PROCEDURES

Lockout and tagout are methods of preventing equipment from being set in motion unexpectedly, which in turn may endanger workers.

LOCKOUT is the placement of a lockout device on an energy isolating device to ensure that the energy isolating device and the equipment being controlled cannot be operated until the lockout device is removed.

LOCKOUT DEVICE is a device that utilizes a positive means such as a lock, either key or combination type, to hold an energy isolating device in the safe position thus preventing the energization of a machine or equipment.

TAGOUT is the placement of a prominent warning device, such as a tag, on an energy isolating device to indicate that the energy isolating device and the equipment being controlled may not be operated until the tagout device is removed. Does not offer the physical protection of lockout.

ENERGY ISOLATING DEVICE is a mechanical device that physically prevents the transmission of release of energy. These devices can include, but are not limited to, electrical circuit breakers, disconnect switches, block valves, slip blinds, slide gates, etc.

ENERGY SOURCE refers to any courses of electrical, mechanical, hydraulic, pneumatic, chemical, thermal, or any other energy.

AFFECTED EMPLOYEE is an employee whose job requires him/her to operate or use a machine or equipment on which servicing or maintenance is being performed under lockout or tagout, or whose job requires him/her to work in an area in which such servicing or maintenance is being performed.

AUTHORIZED EMPLOYEE is a person who uses locks and/or tags on machines or equipment while performing service or maintenance activities. An authorized employee and an affected employee may be the same person when

the affected employee's duties also include performing maintenance or service on a machine or equipment which must be locked and/or tagged.

EMPLOYEE RESPONSIBILITIES

All equipment should be locked out or tagged out to protect against accidental or inadvertent operation when such operation could cause injury to personnel. Employees should never attempt to operate any switch, valve, or other energy isolating device that is locked or tagged out. Employees should be trained on the importance of lockout / tagout procedures. Only authorized employees who have been trained in the procedures should be allowed to apply lockout or tagout.

PREPARATION FOR LOCKOUT/ TAGOUT

Obtain the lockout / tagout procedures for the equipment. After a review of the procedure, determine if changes may be necessary in the procedure.

- 1. Identify all affected employees that may be impacted by the impending lockout / tagout.
- 2. Obtain necessary supplies, such as locks, tags, etc. that may be needed during the lockout or tagout.

IMPLEMENTATION OF LOCKOUT/ TAGOUT

Notify all affected employees that servicing or maintenance is required on a machine or equipment and that the machine or equipment must be shut down and locked out to perform the servicing or maintenance.

- 1. The authorized employee should refer to the city written procedures to identify the type and magnitude of the energy that the machine or equipment utilizes. After identifying the type of energy source, the authorized employee should assure that he/she understands the hazards of the energy source and knows the methods to control the energy source.
- 2. If the machine or equipment is operating, shut it down by the normal stopping procedures (depress stop button, open switch, close valve, etc.).
- 3. Deactivate the energy isolating device(s) so that the machine or equipment is isolated from the energy source(s).
- 4. Use lock(s) and/or tag(s) as necessary to prevent the accidental or inadvertent operation of the energy isolating device(s).
- 5. Any stored or residual energy (such as that in capacitors, springs, elevated machine members, rotating flywheels, hydraulic systems, air pressure, steam pressure, gas pressure, etc.) must be dissipated or restrained by methods such as grounding, repositioning, blocking, bleeding down, etc.
- 6. To ensure that the equipment is disconnected from the energy source(s), the authorized employee should follow these listed steps:
 - Check to make sure that no personnel are exposed to possible hazards
 - Verify the isolation of the equipment by operating the push button or other normal operating control(s) or test to make certain the equipment will not operate
 - Return the operating control(s) to the neutral or off position after verifying the isolation of the equipment.
- 7. The equipment or machine should now be locked out.

RESTORE MACHINE OR EQUIPMENT TO NORMAL OPERATIONS

Check the machine or equipment and the immediate area around the machine or equipment to ensure that nonessential items have been removed and that the machine or equipment components are operationally intact.

- 1. Check the work area to ensure that all employees have been safely positioned or removed from the area.
- 2. Verify that the controls are in the neutral position.
- 3. Remove the lockout and/or tagout devices and re-energize the machine or equipment.
- 4. Notify affected employees that the servicing or maintenance is completed and the machine or equipment is ready for use.
- 5. Return or file used lockout and/or tagout devices.

TRAINING REQUIREMENTS

- 1. The department supervisor shall provide training to ensure that the purpose and function of the energy control program are understood by employees and that the knowledge and skills required for the safe application, usage and removal of the energy controls are acquired by the employees.
- 2. Each authorized employee should receive training in the recognition of applicable hazardous energy sources, the type and magnitude of the energy sources, and the methods and means necessary energy isolation and control.
- 3. Each affected employee should be instructed in the purpose and use of the energy control procedure.
- 4. All other employees whose work areas may or may not be in an area where energy control procedures may be utilized should be instructed about the procedure and about the prohibition relating to attempts to restart or re-energize machines or equipment which are locked out or tagged out.

MACHINE GUARDING SAFETY

GUARDING REQUIREMENTS

- 1. Guards shall be affixed and secured to any machine, where possible.
- 2. A guard shall not offer an accident hazard in itself.
- 3. The point-of-operation of machines where the operation presents a hazard to employees shall be guarded.
- 4. Revolving drums, barrels, and containers shall be guarded by an enclosure that is interlocked with the drive mechanism.
- 5. When periphery fan blades, such as those found on ventilation fans, are located less than seven feet above the floor or working level, the blades shall be guarded with a protective covering with openings no larger than one-half inch.
- 6. Machines designed for a fixed location, such as a drill press or bench grinder, shall be securely anchored to prevent walking or moving of the machine during operation.

MACHINE GUARD PROCEDURES

- 1. Guards must prevent hands, arms, fingers, feet, or any other part of the employee's body from making contact with moving parts. A good safeguarding system eliminates the possibility of the operator or other employees from placing parts of their bodies near hazardous moving or energized parts.
- 2. Employees should not be able to easily remove or tamper with guards. Guards and other safety devices should be made of durable material that will withstand the conditions of normal use and must be firmly secured to the machine.
- 3. Guards should ensure that no objects can fall into moving parts.
- 4. Guard edges should be rolled or bolted in such a way to eliminate sharp or jagged edges.
- 5. Guards should not create interference which would hamper employees from performing their assigned tasks.
- 6. Lubrication points and feeds should be placed outside the guarded area to eliminate the need for guard removal.

TOOL SAFETY

- 1. All tools shall be of an approved type and maintained in good condition.
- 2. All tools shall be examined prior to use to ensure adequate working condition.
- 3. Defective tools shall be tagged to prevent their use and removed from the jobsite.
- 4. Employees shall be trained on the correct use, hazards, and limitations of tools used in the workplace.
- 5. Gloves should be worn when they provide protection to the employee without increasing the chances of the employee becoming entangled at the point of operation.
- 6. Tools shall not be left unsecured in elevated places. Tethering is recommended in areas where tools may fall to a lower level.
- 7. Impact tools, such as chisels, hammers and punches that become mushroomed or cracked shall be replaced.
- 8. Chisels and punches shall be held with a safe holding device, such as vice grips or pliers to avoid injury to employee's hand.
- 9. Wrenches with sprung or damaged jaws shall not be used.
- 10. Wooden handles that are loose, cracked or splintered shall be replaced, not taped or lashed.
- 11. Power tools shall be disconnected from any power source while repairs or adjustments are being made.

TOOL CARRYING AND STORAGE

- 1. Never carry sharp tools in your pockets unless the edges are protected.
- 2. Do not carry tools in your hands while climbing a ladder. Hoist them with a rope or use an approved utility belt.
- 3. Protect your tools from falling when working from a scaffold, ladder or other elevated work areas.
- 4. Do not leave your tools lying around where they may cause a trip/fall hazard. Tools no longer needed for the job shall be returned to their proper location.

WELDING & CUTTING SAFETY

- 1. Welding and cutting shall only be performed by experienced and properly trained personnel.
- 2. The work area shall be inspected for potential fire hazards before any cutting or welding is performed.
- 3. When welding or cutting in elevated positions, precautions shall be taken to prevent sparks and hot metal from falling onto people or material below.
- 4. Suitable fire extinguishing equipment shall be immediately available at all locations where welding and cutting equipment is used.
- 5. Proper strikers shall be used in lighting torches. Matches and cigarette lighters shall not be used.
- 6. A fire watch shall be maintained whenever welding or cutting is performed in locations where combustible materials present a potential fire hazard. A fire check should be made of the entire area after completion of welding or cutting activities.
- 7. Machinery, tanks, equipment, shafts or pipes that could contain explosive or flammable materials shall be thoroughly cleared and decontaminated prior to the application of heat.
- 8. In dusty or gaseous spaces where there is a possibility of an explosion, welding or cutting equipment shall not be used until the space is adequately ventilated.
- 9. Adequate ventilation or approved respiratory equipment shall be used while welding in confined spaces or while cutting, brazing or welding zinc, brass, bronze, stainless steel, galvanized or lead coated materials.
- 10. Welders shall wear clothing made of fire resistant fabrics, gloves, appropriate footwear, sleeves and a buttoned collar. All protective clothes and equipment should be worn in a manner that provides the most efficient protection from slag or other hot material.
- 11. When using an arc welder, use No. 10 or No. 12 shade lenses. When using acetylene torches for welding or cutting, use No. 5 or No. 6 shade lenses.
- 12. Regular shaded safety glasses do not provide adequate protection for welding or cutting operations.
- 13. Proper eye protection in the form of safety glasses and a face shield should be worn during any portable grinding activities. Safety glasses should also be worn during any slag chipping activities.

GAS WELDING

- 1. Suitable eye protection, protective gloves and clothing shall be worn during welding or cutting operations or while cleaning scale from welds. Helpers or attendants shall wear proper eye protection. Other employees shall not observe welding operations unless they use approved eye protection.
- 2. Matches shall not be used to light a torch. A torch shall not be lit on hot work.
- 3. When gas-welding equipment is not in use, the cylinder valves shall be closed and the pressure in the hose released.
- 4. Gas hoses shall not be positioned so they create tripping/slipping hazards.
- 5. Always inspect oxygen or fuel gas hoses for leaks, burn spots, worn places, or other defects before pressurizing.

ELECTRIC WELDING

- 1. No electric welding machine, either AC or DC, shall be operated until the frame or case of the machine is electrically grounded for protection from potential shock hazards.
- 2. All ground and electrode lead cables will be inspected before use for bad or damaged connectors. Only connectors designed for joining or connecting will be used for that purpose.
- 3. Welders shall wear an approved welding helmet, proper protective gloves and fire-resistant clothing during welding activities. Proper eye protection in the form of safety glasses and/or a face shield should be worn by the welder and any helpers in the area when chipping slag, grinding, etc. Other employees shall not observe electric welding operations unless they use approved eye protection.
- 4. Welders shall wear proper eye protection to guard against flying particles when the helmet is raised.
- 5. Welding screens shall be used whenever practical to help control potential ultraviolet light exposures to other personnel in the area.
- 6. Welding machines will be placed at least 4 feet apart.
- 7. Fire extinguishers should be placed in the immediate area and a fire watch used as necessary to control any fire potential.

LANDSCAPING AND OUTDOOR

LANDSCAPING & GROUNDS MAINTENANCE SAFETY

POWER LAWN MOWERS -PUSH, RIDING, AND LOWER TURN RADIUS

- 1. Review the instruction/owner's manual, especially if you are unfamiliar with a particular piece of equipment.
- 2. Ensure that all mowers are equipped with adequate and appropriate guards, which shall remain in place while the mower is in use, including rear shields, grass chute/deflector, and 'dead-man' controls.
- 3. Any adjustments, inspections, or repairs, should be completed while the mower is at a complete stop. A spark plug wire shall be removed if necessary to prevent accidental starting.
- 4. Fill the fuel tank outdoors. No smoking allowed while fueling.
- 5. Walk the area to be mowed, carefully removing any debris including rocks, limbs, logs, or anything else the mower blades could throw while cutting.

MOWER OPERATION

- 1. Proper personal protective equipment shall be worn for the task being performed. Necessary personal protective equipment includes protective eyewear, face-shields, hearing protection, gloves, and work boots.
- 2. Avoid directing the discharge opening toward other individuals or vehicles in the vicinity.
- 3. When mowing on a slope or incline, it is safer to mow up and down the hill rather than across the face of the slope. Do not operate mowers on a slope greater than 15 degrees.
- 4. Avoid wet slopes to prevent losing traction and tipping over.
- 5. Keep the mower's movement steady and slow enough to adequately maintain control.
- 6. Maintain a safe distance from drop-offs, water, and other hazards.
- 7. Do not make rapid corrections or turns.

CHIPPERS

- 1. Proper protective eyewear and hearing protection shall be worn by all employees near the chipper and other personal protective equipment may be necessary depending on the activity. In addition, workers must be aware of entanglement hazards involving loose fitting clothes, gloves, etc.
- 2. Chippers shall never be parked directly under the tree being trimmed.
- 3. If the chipper is parked on or near the roadway, advance warning signs, flaggers, cones, etc. shall be used to identify and protect the work area.
- 4. Spectators shall never be allowed to stand near the machine while brush is fed into the chipper.
- 5. Employees shall never place hands or other parts of the body into the brush chipper while the chipper is in operation.
- 6. The battery cables shall be disconnected prior to performing any task that my potentially put you in contact with the cutting blades.
- 7. Tools or other metallic objects shall not be used to push brush into the chipper.
- 8. The ignition key shall be removed when the chipper is left unattended.
- 9. Employees shall be familiar with emergency shut-off procedures and ensure that the emergency shut-off is operational prior to use.

LINE TRIMMERS & EDGERS

- 1. Proper protective eyewear and hearing protection shall be worn by all employees near the chipper and other personal protective equipment may be necessary depending on the activity.
- 2. Never install a blade on a trimmer or edger that was not specifically designed for that machine.
- 3. Carefully trim around vehicles, doorways, parking lots, and other areas where others may be as flying debris may cause injury.

4. Allow machines to properly cool down prior to re-fueling. Hot engine parts and mufflers may cause a fire should fuels be spilled on or in them.

PESTICIDE & HERBICIDE SAFETY

- 1. When applicable, all employees who apply pesticides or herbicides shall be licensed.
- 2. Before using any pesticide or herbicide, employees shall read the label carefully and follow the directions and precautions.
- 3. Pesticides shall be stored in a properly labeled, tightly sealed container and under lock and key at all times. The building, or structure shall be clearly marked with pesticide warnings.
- 4. Before handling any pesticides/herbicide, the user should review the material safety data sheet and label to identify any personal protective equipment that will be needed to prevent a possible exposure.
- 5. Mix the pesticides/herbicides in a well-ventilated, well-lit area. Mix only a recommended rates and apply only at specified dosages.
- 6. Check application equipment for leaking hoses or connections, plugged or worn nozzles, and examine the filter to ascertain that it is free of debris.
- 7. Employees shall avoid contact with skin or inhalation of mists or spray.
- 8. Safety data sheets (SDS) shall be maintained and kept near material and storage locations.
- 9. Spray equipment shall be cleaned daily when using oil-based solutions.
- 10. Pesticides/herbicides shall not be stored or disposed of where they could contaminate people, property or waterways.
- 11. Empty containers shall be disposed of in a safe manner.
- 12. Pesticides/herbicides should only be applied under favorable time and weather conditions.
- 13. Do not eat, drink or use tobacco products while handling pesticides/herbicides.
- 14. Employees shall wear footwear suitable to the type of work being performed. Safety boots or shoes shall be worn when required. Wearing of sandals, tennis shoes, loafers or similar footwear shall not be acceptable during working hours for employees serving in labor, maintenance, construction, or inspection positions.
- 15. Department approved life jackets or buoyant work vests shall be worn by all employees when working over or near water where the danger of drowning exists.
- 16. Department approved respiratory protection shall be worn in areas where dangerous air contamination, chlorine, gasses, vapors, fumes, dust, or other hazardous contaminants exist. Additional information regarding respiratory protection can be found in the *Respiratory Protection Program*.
- 17. Employees required to work in or near the roadway shall wear high visibility clothing, garments, and/or reflective vests.
- 18. Department approved fall protection devices, such as harnesses, lanyards, etc., shall be used by all employees when working in an overhead position which may require use of both hands and when there is a danger of falling.
- 19. Protective clothing and equipment shall be used and maintained in accordance with manufacturer's recommendations.

POISONOUS PLANT AWARENESS

Poison Ivy, Oak, and Sumac are classified as Toxicodendron as the substances found in the sap are collectively known as urushiol. Other related plants and/or plant products (fruits, leaves, etc.) also contain similar oils.

POISON IVY usually has three broad, spoon-shaped leafs or leaflets, but can have more. It may grow as a climbing vine, a creeping vine, or as a bush or shrub, depending upon the surrounding terrain and locale. Leaves are generally 1.5 to 4.5 inches long and 1.5. to 4.5 inches wide and can be shallowly lobed or almost entirely serrated. Poison Ivy is very common throughout Texas, often found along river or creek beds, fencerows, roadsides, and edges of open fields.

POISON OAK has leaves that look generally like oak leaves with usually three, but sometimes up to seven leaflets per group can be anywhere from one to six feet tall. As with Poison Ivy, Poison Oak grows as both a vine and shrub; however, Poison Oak vines generally do not climb. Poison Oak is generally found in more arid, sunny locations.

POISON SUMAC has seven to thirteen paired leaflets per leaf stem and the leaves have smooth edge and pointed tips. It is generally found in wooded, swampy areas such as creeks and wetland areas. It is also important to remember that these plants may take on different characteristics during the various seasons and in different locations throughout the country.

- 1. Sensitivity to these plants can vary and some people who do not appear sensitive may develop a sensitivity on later exposures.
- 2. Exposures to poison ivy, poison oak or sumac are greatest in the spring and summer months when the oil (urushiol) is most abundant.
- 3. Onset of the rash is from a few hours to several days after exposure. The skin becomes red, blisters appear, usually accompanied by itching. As symptoms progress, swelling and fever may develop.
- 4. If you are going to be in areas where you know poison oak or ivy is likely to grow, wear long pants and long sleeves, and if practical, gloves and boots. Your best protection is to identify the plant and avoid contact. Barrier creams can provide even greater protection and should be used prior to work in affected areas.
- 5. Be aware that the plant's oily resin sticks to almost all surfaces and can even be carried in the wind (on particles of dust) when there is a fire burning.
- 6. If you think you have contacted poison ivy, follow these simple procedures:
 - Wash all exposed areas with cold running water as soon as you can. If this is done within five minutes, the water should neutralize or deactivate the urushiol in the plant's oil before it can bond with your skin and create a rash. Soap is not necessary and may even spread the oil.
 - If possible, change clothes. Wash all clothing outside with a water hose before taking it into the work area or home to prevent the oil from being transferred to furniture or rugs. Resinous oils can last on tools and clothing for months unless properly cleaned or laundered.
 - Mild rashes can be treated with lotions and by soaking in an oatmeal bath or covering the rash with wet compresses. Contact a physician for treatment of severe cases or if the irritation is not cleared up in three or four days.

TREE CUTTING & TRIMMING SAFETY

Before attempting to trim, cut, or remove any tree, carefully consider its characteristics. Items to be considered include:

- Tree lean
- Tree size
- Wind conditions
- Nearby structures
- Nearby utilities
- Other trees or brush in the vicinity

Before cutting, clear the ground around the tree(s) where the work will be performed, carefully, removing any underbrush or other obstructions. This will provide clear vision, unrestricted movement, and an unhampered escape route when the tree or limb begins to fall.

In advance of the cutting, plan an escape route to the side or rear, depending upon the situation and likely direction of tree and limb fall. As the tree or large limb begins to fall, stop the saw and lay it in a safe place that will allow unrestricted escape.

TRIMMING AND CUTTING PROCEDURES

- 1. Hold the saw firmly with both hands.
- 2. If cutting entire tree, make a cut close to the base of the tree but high enough to conveniently avoid running the saw near the soil.
- 3. Cut through trees up to 8-inches in diameter with one cut.
- 4. On larger trees, notch (undercut) at least one-third of the trunk diameter on the fall side of the tree. Then, make a lower cut of the 45-degree notch first to prevent pinching or binding of the chain by wedge cut, if used.
- 5. Make the cut to initiate the fall on the opposite side of the trunk about 2-inches above and parallel to the horizontal notch. Leave wood fibers intact to act as a hinge to keep the tree from twisting and falling in the wrong direction or kicking back on the stump.
- 6. Guide the saw into the tree, do not force it.
- 7. Remove the saw from the tree and shut down before the tree falls.

PREVENTING SAW KICKBACKS

- 1. Hold the saw firmly with both hands.
- 2. Grip the top handle of the saw by wrapping hand and thumb firmly around handle.
- 3. Use a saw equipped with chain brake or kickback guard.
- 4. Watch for twigs or other impediments that could snag the chain.
- 5. Don't pinch the chain bar while cutting.
- 6. Saw with the lower part of the bar close to the bumper, not on the top near the nose.
- 7. Maintain high saw speed when entering or leaving a cut in the wood.
- 8. Keep the chain sharp.

OFFICE SAFETY

ERGONOMICS

WORK STATIONS, DESKS AND COUNTERTOPS

- 1. Chairs should be easily adjustable and provide good lumbar support. If feet cannot rest firmly on the ground, a footrest may be provided. Chairs with a five-point base are recommended due to the stability that is provided.
- 2. Sufficient leg room must be allowed for seated operators.
- 3. Position the monitor directly in front of the operator. The operator's eyes should be level with the top of the screen. Viewing distance between the user's eyes and the screen should be approximately 16 to 22 inches.
- 4. The equipment or sources of light should be positioned so that glare or bright reflections on the display screen are minimized.
- 5. Adjust the height of the chair and/or keyboard so that the shoulder-elbow-arm angle is approximately 70-90 degrees.
- 6. Keyboard heights and placement should be adjustable. Use a cushioned palm rest if needed to keep user's hands and fingers in the same plane as the forearm and avoid resting wrists and forearms on sharp table edges.
- 7. Work surface heights should range from 23 to 28 inches for seated work stations. In addition, your work area should be well organized with routine operations within easy reach and easily accessible.
- 8. Document holders should be placed adjacent to and at the same height as the display screen.
- 9. Operators should adjust positions frequently and get up and move around to help avoid fatigue.

LIGHTING, NOISE AND HEAT

- 1. Adequate but not excessive heat should be provided during cooler weather.
- 2. Windows should be equipped with adjustable blinds.
- 3. Use task lighting where extra illumination is required.
- 4. Noise above 85 to 90 decibels (DBA) may be harmful to workers. When exposed to high noise levels, employees shall utilize hearing protection equipment to ensure proper working conditions.
- 5. Whenever possible, isolate noisy machines and equipment in a remote location.
- 6. Tailor work practices to prevent heat/cold-related disorders. Employees exposed to hot environments must know the appropriate medical steps to counteract life threatening situations such as hypothermia, heat stroke, heat exhaustion, and heat cramps.

OFFICE SAFETY

GENERAL OFFICE HAZARDS

- 1. Employees shall walk cautiously up and down stairs and use handrails whenever possible.
- 2. Caution shall be exercised when walking around blind corners.
- 3. Desk drawers and file cabinets shall be kept closed when not in use.
- 4. Only one drawer of a file cabinet shall be pulled out at a time.
- 5. Boxes, chairs, buckets, etc. shall not be used in place of ladders.
- 6. The floor shall be kept clear of tripping hazards such as telephone cords, electrical extension cords, paper cartons, etc.
- 7. Employees mopping or waxing floors shall place warning signs to alert co-workers of the potential for slippery floors. In addition, all liquid spills shall be cleaned up immediately and signs put in place until the hazard is alleviated.

- 8. Material shall be stored on shelves in a manner to prevent falling; heavy objects shall be placed on lower shelves.
- 9. Hallways and aisles shall be kept clear of obstructions.
- 10. All emergency exits, electrical panels, fire extinguishers, and emergency equipment shall be kept clear of all obstructions.
- 11. Solvents or other toxic substances shall be used only with adequate personal protection or in well-ventilated areas. Safety Data Sheets (SDS) should be accessible to all employees who are using these substances.
- 12. Employees shall not attempt to clean, oil or adjust any machine that is running. If the machine is not equipped with a starting switch that can be locked in the "off" position, it shall be disconnected from the power source.
- 13. Unsafe electrical cords, faulty equipment, or any other hazardous condition shall be reported and taken out of service until the repairs are completed.
- 14. Broken glass and other sharp objects shall not be placed in wastepaper containers.

ANIMAL AND INSECT SAFETY

AGGRESSIVE ANIMAL AWARENESS

- 1. Any employees who are likely to encounter an aggressive animal during the performance of their normal duties, such as police officers, firefighters, meter readers, utility workers, public works workers, etc. should be provided basic instructions to protect themselves.
- 2. Call Animal Control immediately if you contact an aggressive animal.
- 3. Clear the area of other people while waiting for animal control warden. Crowds may scare the animal and cause it to attack.
- 4. Call for the animal's owner or handler.
- 5. Do not run away unless you are certain of quickly reaching a place of safety.
- 6. Back away slowly while continuing to speak in a firm, calm voice.
- 7. Back against any available object to prevent an attack from the rear if more than one animal is present.
- 8. If attacked, use a baton, billy club or stick to strike the animal rather than throwing anything at it. Sprays may also be useful as a deterrent if available, but should only be used if you are not downwind and have been made familiar with its use.
- 9. Do not back an animal into a corner, as this may cause it to attack.

BEES AND STINGING INSECT SAFETY

Bees and other stinging insects are usually not interested in attacking anyone unless they have been startled, <u>so never</u> <u>swat at them or wave your arms</u>. Let them fly away on their own. If you must walk, do so slowly. The only exception is if you have disturbed the nest and you hear lots of buzzing. In that case, cover your face with your hands and run.

HIVES AND NEST ARE OFTEN FOUND:

- Inside hollow trees, walls and attics (Entrance is usually a very small hole.)
- Inside pipes or under shingles
- In shrubs and hedges
- In abandoned tires and crates
- Under logs and piles of rocks
- Inside holes in the ground

REDUCE YOUR LIKELIHOOD OF GETTING STUNG:

- 1. Refrain from using scented deodorant, cologne or perfume. (Fragrances attract insects.)
- 2. Wear light-colored clothing. (Bright colors and patterns attract insects.)
- 3. Wear long-sleeve shirts and pants.
- 4. Tie back long hair to keep stinging insects from getting entangled.
- 5. If you must work near bees and other stinging insects, consider wearing a bee-keepers style hat with netting to cover your head, neck and shoulders.
- 6. If an insect is inside your vehicle, stop slowly and open all the windows
- 7. Never attempt to remove a hive or nest. Call your supervisor and stay away from the hive or nest until further instructions

IF YOU KNOW YOU ARE ALLERGIC:

1. Alert your supervisor/co-workers of your bee or stinging insect allergy

- 2. Carry an epinephrine auto injector at all times
- 3. Wear medical ID jewelry stating your allergy

IF YOU ARE STUNG:

- 1. Wash the area with soap and water
- 2. Remove the stinger using gauze wiped over the area or by scraping a fingernail over the area. (Bees leave stingers. Wasps and hornets do not and can sting repeatedly.)
- 3. Apply a cool compress to reduce swelling
- 4. Apply cream or gel with Lidocaine to help control pain and calamine lotion to help with itching

SHOP AND STORAGE SAFETY

CHEMICAL HANDLING & STORAGE

GENERAL HANDLING AND STORAGE GUIDELINES

The risks associated with handling and storage of chemicals can be considerably reduced by following the actions listed below.

- 1. A comprehensive chemical list should be maintained at each worksite or facility and include all chemicals or products at that site.
- 2. A safety data sheet (SDS) should be maintained for each chemical or product on-hand at a particular worksite. See *Hazard Communication Policy* for additional details.
- 3. Chemical storage should be minimized to only those chemicals which will be actively used.
- 4. Employees should not use chemicals that they are unfamiliar with or have not been trained to use.
- 5. Chemicals should be stored in proper containers designed for such use.
- 6. Chemicals should be stored such that they will not react with other chemicals, substances, or materials.
- 7. All chemical containers should be labeled as to the contents, reactivity, flammability, special hazards, and any other health hazard using the appropriate chemical label.

ACIDS

- 1. Store large bottles of acids on lower shelves or on trays in acid cabinets or a cabinet marked "Corrosive".
- 2. Segregate oxidizing acids from organic acids, flammables, and combustible materials.
- 3. Segregate acids from bases, active metals (sodium, potassium, and magnesium) and other incompatible materials.
- 4. Use bottle carriers or a cart to transport acid bottles.
- 5. Have spill control materials or acid neutralizers available in the event of a spill. Do not use bases to neutralize an acid spill.

BASES

- 1. Store large bottles of liquid bases on trays in cabinets marked as "Bases" or "Corrosives".
- 2. Segregate bases from acids and other incompatible materials.
- 3. Store solutions of inorganic hydroxides in polyethylene containers.
- 4. Have spill control materials or caustic neutralizers for caustic spills. Do not use acids to neutralize base (caustic) spills

FLAMMABLES

- 1. Only store flammable liquids in specially designed 'flammable-safe' cabinets.
- 2. Keep flammables away from sources of heat or ignition.
- 3. Keep fire extinguishing and spill control equipment readily available.

OXIDISERS

- 1. Store oxidizers in a cool, dry location and away from flammable or combustible materials, such as paper or wood products.
- 2. Store oxidizers away from petroleum-based products.

COMPRESSED GASES

- 1. Compressed gas cylinders should be stored in an upright position and secured to prevent accidental tipping or falling.
- 2. Cylinders should be stored with the protective cap in place.

- 3. All cylinders should be labeled as "Full", "In-Use", or "Empty".
- 4. Cylinder should not be carried or rolled but should be transported using a cylinder cart.
- 5. For additional details on compressed gases, see the Compressed Gas Safety section in this manual.

COMPRESSED GAS CHLORINE SAFETY

The following procedures are designed to explain proper safety precautions and rules regarding the safe handling of compressed gas chlorine.

CHANGING CHLORINE CYLINDERS (NON-EMERGENCY)

This procedure should be followed for any and all compressed gas cylinders (150 pound and/or 1 ton). A minimum of two, properly trained, and competent personnel should perform this task.

- 1. Turn on the light, if equipped, and visually ensure that the room is safe to enter as there may be visual signs of danger or damage.
- 2. Don appropriate personal protective equipment including protective gloves, eye protection, face shield, and self-contained breathing apparatus (SCBA). An escape respirator should not be used for this function.
- 3. Turn on the exhaust ventilation fan prior to entering the area.
- 4. Close the main chlorine container valve.
- 5. Allow the system to purge itself of chlorine gas. Ensure the float drops to the bottom of the feed-rate indicator (rotameter). Verify the vacuum and that the scales, if equipped, read 'zero', indicating an empty cylinder.
- 6. Loosen the chlorinator (auxiliary valve or vacuum regulator) and remove it from the empty cylinder.
- 7. Replace the protective cylinder cap on the empty cylinder and remove the cylinder to the appropriate storage area. Be sure the cylinder is secured and properly labeled as 'Empty'.
- 8. Secure the new cylinder into place, removing the protective cap after placement.
- 9. Ensure that there is no chlorine leaking from the packaging gland. Use ammonia vapor from the ammonia test solution bottle (25% ammonia).
- 10. Ensure the cylinder valve is closed. Do not open the valve yet.
- 11. Remove the cylinder outlet cap and check that the cylinder outlet face is clean and smooth.
- 12. Using a new washer, connect the vacuum regulator or the yoke assembly (whichever is used on the particular system) to the valve outlet using only the proper wrench.
- 13. Briefly open the chlorine cylinder valve and then quickly close it again. This will let enough chlorine into the lines to charge them. The valve should remain open with no more than a sharp rap from the heel of your hand. Never use a 'cheater' or 'helper' wrench or larger wrench than supplied. If the valve will not open, carefully and slightly loosen the packing gland.
- 14. Check that all connections are secure that there are no leaks. Use the vapor from the ammonia test solution bottle (25% ammonia). If a leak is indicated, activate the proper leak control procedure.
- 15. When no leaks are indicated, open the chlorine cylinder valve no more than one half turn and leave the cylinder wrench in place on the valve.
- 16. Open any additional system valves and test for leaks using the vapor ammonia test solution bottle as each stage is charged with chlorine.
- 17. Ensure that the alarm system, if equipped, is properly functioning.
- 18. Leave the chlorine room/area turning off the light and exhaust fan. Ensure that all employees have exited the room before turning off light and fan.
- 19. Once safely outside the chlorine room/area, remove personal protective equipment

COMPRESSED GAS CYLINDER SAFETY

- 1. Never attempt to lift compressed gas cylinders with an electromagnet. Where cylinders must be handled by a crane or derrick, as on work sites, the cylinders shall be lifted in a cradle or suitable platform, not by the valve protector cap. Do not lift with slings or chokers. Extreme care must be exercised to prevent dropping or bumping of the cylinders.
- 2. Cylinders, whether full or empty, shall be stored in a rack, chained or otherwise secured to prevent them from falling.
- 3. Do not use cylinders as rollers, supports or for any other use other than its designed purpose.
- 4. Cylinders shall have their contents properly identified. Empty cylinders shall be plainly marked "Empty" or "MT", and the valves shall be closed.
- 5. Oxygen cylinders in storage shall not be stored near flammable or highly combustible materials, such as oil, grease, fuel, other fuel gas cylinders, etc. In addition, no cylinders shall be stored in areas where there is an exposure to direct sunlight.
- 6. Welding or cutting of any pipeline, tank, empty container or piece of equipment shall not be performed until it is assured that the object is free from flammable materials or an explosive mixture of gases. Before welding or cutting begins, the hazardous materials shall be removed or it shall be vented to the atmosphere to prevent a possible explosion from the expansion of trapped gases.
- 7. Cylinders shall not be place where they might become part of an electric current or within five feet of an electrical outlet. Cylinders shall not be allowed to come in contact with energized conductors, ground wires from electrical equipment or welding machines.
- 8. Valves of compressed gas cylinders shall be opened slowly and with the proper wrench.
- 9. Before the regulator is removed from a cylinder, the valve shall be closed and all pressure released from the regulator. Use regulators and pressure gauges only with gases for which they are designed and intended. Do not attempt to repair or alter cylinders, valves or attachments. Any changes in the cylinders shall only be performed by the supplier or manufacturer.
- 10. Leaking cylinders shall not be used. Such cylinders shall be taken away from sources of ignition and the supervisor notified. Leaking compressed gas cylinders shall be taken out of service immediately and handled as follows:
- 11. Close the valves and take the cylinder outdoors well away from any source of ignition.
- 12. Properly tag or mark the cylinder.
- 13. If the leak occurs at a fuse plug or other safety device, take the cylinder outdoors well away from any potential ignition source and open the cylinder valve slightly to allow the contents to escape slowly.
- 14. Tag the cylinder to warn others. (The environmental and health effects of the contents must be evaluated prior to allowing the cylinder to bleed-down.)
- 15. Post warnings against approaching with lit cigarettes or other potential ignition sources.
- 16. Promptly notify the supplier and follow instructions for handling/returning the cylinder.
- 17. Do not remove or change the marks and/or numbers stamped on compressed gas cylinders. In addition, any labels shall be left in place for identification purposes.
- 18. Cylinders that are heavy or difficult to carry by hand may be rolled on their bottom edge, but they should never be dragged.
- 19. Do not tamper with safety devices in valves or on cylinders.
- 20. Consult the supplier of the gas or the appropriate Safety Data Sheet (SDS) when there are doubts concerning the proper handling of a compressed gas cylinder or its contents.

TRANSPORTING CYLINDERS

- 1. Load to allow as little movement as possible.
- 2. Remove regulators and put valve protection caps in place.
- 3. Secure cylinders to prevent violent contact or falling.

MATERIAL STORAGE SAFETY

Material shall be stored in such a manner that it will be safe from damage. Special care must be taken to assure that stored material poses no hazard to anyone working around it. Only lightweight material should be stored on top shelves. Materials shall not be stored on the floor, in front of shelving.

HOUSEKEEPING

- 1. Work locations including vehicles, buildings, shops, yards, offices, cabs, etc. shall be kept clean and orderly at all times.
- 2. Combustible materials, such as oil-soaked rags, waste and shavings shall be kept in approved metal containers with metal lids. Containers shall be emptied as soon as practical.
- 3. Both clean rags and used rags shall be kept in metal or metal lined bins having metal covers.
- 4. Permanent floors and platforms shall be kept free of dangerous projections or obstructions and shall be maintained reasonably free from oil, grease, or water. Where the type of operation produces slippery conditions, mats, grates, cleats or other methods shall be used to reduce the hazard from slipping.
- 5. Stairways, aisles, permanent roadways, walkways and material storage areas in yards shall be kept reasonably clear and free from obstructions, depressions and debris.
- 6. Materials and supplies shall be stored in an orderly manner so as to prevent their falling or spreading and to eliminate tripping and stumbling hazards.
- 7. Rubbish and unused clothing shall not be allowed to accumulate in lockers.
- 8. Paper and other combustible materials shall not be allowed to accumulate, and weeds or other range vegetation shall not be permitted to grow in or around storage areas, shops, substations, pole yards, buildings, fuel tanks or other structures.
- 9. Batteries shall be stored in a well-ventilated area protected from sparks or open flames.
- 10. All personnel will practice good housekeeping. Scrap material will be disposed of properly, and the work area should be free of any loose material.

STACKING MATERIAL

- 1. When material is stacked, all possible precautions must be taken to assure that it will remain stable. The lower level must be blocked or tied to prevent slipping. The height of a stack of material should remain within reasonable limits.
- 2. When unloading and/or stacking poles or pipe, great care should be exercised to maintain a safe work environment. Do not stand on poles or pipe. Watch for pinch points, and stay out of the path of equipment during unloading. Avoid any contact with creosote, while unloading poles.
- 3. Materials shall not be stored on the floor, in front of shelving.

FLAMMABLE MATERIAL

- 1. Under no circumstances shall flammable materials be stored in an area where heat or potential ignition sources may affect the stability of the material.
- 2. All flammable materials shall be stored in a location that will not endanger life or property. Containers will be clearly and appropriately marked, in accordance with fire safety standards. In addition, storage facilities shall have a sign identifying the materials as "flammable".
- 3. Storage of open containers of flammable materials is prohibited. Container covers must be promptly replaced. Smoking will not be permitted inside any warehouse facility or outside near flammable or combustible materials in the equipment yard.
- 4. Flammable liquids shall be used only for their designed purposes. Gasoline shall not be used for cleaning purposes or for starting or kindling fires.

- 5. All solvents should be kept in approved, properly labeled containers. Gasoline and other solvents of this class shall be handled and dispensed only in approved, properly labeled (yellow letters) red safety cans.
- 6. When pouring or pumping gasoline or other flammable liquids from one container to another, metallic contact shall be maintained between the pouring and receiving containers. Transferring of flammable liquids from one container to another shall be accomplished only in properly ventilated spaces free from ignition sources.
- 7. Strict adherence shall be paid to "No Smoking" and "Stop your Motor" signs at fuel dispensing locations.

SMOKING

Open flames shall not be permitted in areas where flammables or combustibles are present. The absence of "No Smoking" signs shall not be considered authorization for smoking in hazardous locations. Smoking is prohibited in the vicinity of co-workers, city buildings, or any city vehicle/equipment.

PAINTING SAFETY

- 1. Read and follow the manufacturer's directions carefully when applying any finishing materials, such as lacquer, enamel, paint, etc. if questions arise as to the hazards of the substance, refer to the applicable Safety Data Sheet (SDS).
- 2. Personal protective equipment, as recommended by the manufacturer, shall be used when applying the products.
- 3. Any spray painting must be done with an adequate amount of clearance from any potential sources of ignition. When possible, painting should be performed in isolated areas where ignition sources do not exist or are very minimal.
- 4. Proper ventilation and/or adequate respiratory protection must be addressed before any application begins.
- 5. Any flammable substances, such as paints, thinners, etc., must be stored in proper storage areas or in a UL listed metal storage cabinet.
- 6. Any flammable substances removed from their original containers shall be stored in UL listed storage containers, if the original container will not meet the requirements.
- 7. Bond metal containers when transferring flammable liquids, especially those that are known Class I flammable liquids. Refer to Material Safety Data Sheets for flammability information.
- 8. Use the proper type of respirator at all times when applying toxic paints. If questions arise as to the toxicity of the paint, refer to the applicable Safety Data Sheet (SDS).
- 9. Never have more than one day's supply of flammable substances outside of an approved storage area.
- 10. Clean up all spills promptly and in accordance with the requirements on the Safety Data Sheet (SDS).
- 11. Dispose of oily, paint or solvent-soaked rags in metal containers with tight fitting lids to prevent possible chemical reactions that may result in "spontaneous combustion."
- 12. Use properly designed and erected ladders, scaffolds, elevated mobile work platforms, etc., when painting above ground level. Do not work or place elevated equipment within 10 feet of power lines.
- 13. When using spray guns and compressed air:
 - Follow all rules concerning the safe handling of combustible and flammable materials.
 - Exercise caution in the handling of compressed air equipment.
 - Adjust and regulate the air pressure on the spray gun before starting work.
 - Clean the spray gun and other equipment thoroughly after each use.
- 14. If a spray booth is available, it should be used whenever possible. All employees should be trained on the use of the booth ventilation system and it should be in operation during every spraying operation.

SHOP SAFETY

Many safety-related hazards and exposures exist in workshops and maintenance garages. The following procedures were developed to serve as a reminder of some of the potential exposures that can be found in these areas. This is not an all-inclusive list and does not address all of the known or expected hazards. In many cases, references to alternative safety procedures contained within this manual are noted.

GENERAL SHOP SAFETY

- 1. Elevated storage platforms over four feet in height from floor level shall have standard handrails (includes a mid-rail and a top handrail) and toe boards. The handrails will be constructed of metal or wood sufficient to withstand 200 pounds of top rail pressure.
- 2. Proper signage, such as "No Smoking" signs, will be installed in all areas where flammable or easily combustible materials are stored.
- 3. Hooks used on hoisting equipment shall be equipped with a safety latch to help prevent dropping of any lifted load.
- 4. The hoisting capacity of any hoisting equipment shall be printed clearly on the frame in lettering that is large enough to be read from ground level. All cranes shall be inspected on at least a monthly basis to assure their proper operation and condition.
- 5. All shops shall have at least two accessible exits for emergency evacuations.
- 6. Any doors not designated as exits, but may be mistaken for exits should be clearly marked "Not an Exit".
- 7. All exits shall be identified by a clearly visible, illuminated, "Exit" sign.
- 8. Only approved containers are to be used for the storage of flammable and combustible materials. Approved containers can be identified by the presence of a label from a certifying organization, such as Underwriters Laboratories (UL).
- 9. Safety cans shall be painted red and clearly marked to identify the contents. Only approved pumps or selfclosing faucets are to be used for dispensing flammable or combustible liquids.
- No guard shall be removed from any machine or piece of equipment except to perform required maintenance. Guards removed to perform maintenance operations shall be replaced immediately after the completion of the work.

AIR-COMPRESSORS

- 1. Drain valves on air compressors should be opened frequently to prevent the accumulation of liquid.
- 2. Safety-relief valves will be installed on all compression tanks. These valves will be tested periodically to ensure their proper operation.
- 3. Never use compressed air to clean your hands or to blow dirt from clothing or your body.
- 4. When using compressed air for cleaning purposes, it must be kept at a level below 30 pounds per square inch (PSI).

GRINDERS

- 1. A face shield and safety glasses shall be worn while grinding. Any grinding equipment without proper safety features in not allowed in the work place. Abrasive wheels shall only be used on machines that have guards that cover the spindle end, nut and flange projections.
- 2. Grinder work rests must be designated to be adjustable to compensate for wheel wear. Work rest should be adjusted with a maximum clearance of 1/8-inch to help prevent work from jamming. Tongue guards must also be adjusted to within 1/8-inch.
- 3. When replacing abrasive wheels, follow the manufacturer's directions for proper installation and inspection. All grinding wheels must be inspected prior to installation to insure that the RPM rating of the wheel is correct for the grinder's RPM.

STORAGE & EQUIPMENT YARD SAFETY

- 1. All vehicles shall have the emergency brake set when parked on a slope or down grade. Consideration should also be given to the use of chocks in these situations.
- 2. All vehicles and equipment shall be parked in a position that does not require backing whenever possible. When backing a truck or machinery in the yard, use a spotter to assist you into position.
- 3. Proper personal protective equipment should be evaluated before performing any work in the yard. It is not possible to identify all personal protective equipment that may be required due to the various types of assignments in that area.
- 4. Miscellaneous tools, equipment and material should be stored on pallets instead of being placed on the ground. Pallets should be stacked in a way that ensures their stability. Stability may be influenced by many items such as the stability of the ground, the height of the stacked material, the configuration of the stacking, etc.
- 5. Always roll pipe from the ends or from behind to avoid placing your body in the pipe's path.
- 6. All pipe racks will be fitted with pipe stops to prevent pipe roll-off. Stripping should also be used at the ends of the pipe to act as spacers.
- 7. All aboveground fuel storage tanks should be protected on all four sides with heavy-duty guard posts and crash rails. Emergency cut-off switches shall also be installed near the pumping equipment and a fire extinguisher should be readily accessible.
- 8. A diking system capable of holding the volume of the above ground storage tank should be constructed to help control potential spills.

INJURY AND ILLNESS

BACK INJURY PREVENTION & MATERIAL HANDLING

Back injuries are prevalent and continue to be one of the leading causes of on-the-job injuries in the workplace. The following procedures are designed to prevent injury and disability to employees; decrease lost productivity due to accidents and injuries; and, decrease costs associated with these types of injuries.

COMMON CAUSES OF BACK INJURY

- Prolonged positions
- Poor posture
- Poor ergonomics
- Improper lifting/lifting too much
- Twisting while lifting
- Reaching while lifting
- Slips/trips and falls
- Vehicle and equipment entry and exit

SAFE LIFTING PRINCIPLES

The following steps should be taken prior to lifting, handling, or carrying materials:

- 1. Prior to beginning to lift or carry, check to ensure that the walkway is clear of all obstacles.
- 2. Carefully check the object's weight and center of gravity.
- 3. Face the object and get as close as you can with feet slightly apart and the head and neck facing forward. Grip the object firmly and hold it as close to your body as possible.
- 4. Bend at your knees, not at your waist.
- 5. Use your legs to bring you to a standing position, making the lift smoothly and under control.
- 6. Do not twist your body when lifting or lowering.
- 7. Material shall not be thrown from place-to-place or person-to-person.
- 8. If necessary, obtain assistance in lifting heavy objects by utilizing additional personnel, power equipment, or other types of assistive lifting devices such as:
 - When two or more persons carry a heavy object that is to be lowered or dropped, there shall be a prearranged signal for releasing the load.
 - When two or more persons are carrying an object, each employee, if possible, should face the direction in which the object is being carried. Crouch or squat with the feet close to the object to be lifted; secure good footing; take a firm grip; bend the knees; keep the back vertical; and lift by bending at the knees and using the leg and thigh muscles. Employees shall not attempt to lift beyond their capacity. Caution shall be taken when lifting or pulling in an awkward position.

BLOOD BORNE PATHOGEN SAFETY

- 1. Due to potential hazards associated with blood borne pathogens that cause diseases such as hepatitis and HIV/AIDS, care shall be taken to eliminate contact with blood and body fluids.
- 2. Universal precautions (treating all body fluids as potentially infectious) must be observed at all times.
- 3. Use of appropriate gloves, gowns, face-shields, masks, and eye protection may be necessary to prevent potentially infectious materials from passing through or reaching an employee's work clothes, street clothes,

undergarments, skin, eyes, mouth, or other mucous membranes. A specialized mask for administering CPR shall be used.

- 4. Employees shall wash hands and other contaminated body areas and remove all contaminated clothing immediately after administering the first aid.
- 5. Employees shall immediately report all exposures to blood and body fluids to their supervisor so postexposure care can be initiated.
- 6. Contaminated work surfaces shall be decontaminated with an appropriate disinfectant after completion of procedures or contact with blood or potentially infectious materials.
- 7. Infectious waste shall be placed in closable, leak-proof containers with proper labels and must be disposed of in a proper manner. Any used needles, syringes, etc. should be placed in an approved "sharps" container that will prevent accidental contact with the sharp edge.

FALL PREVENTION

Slips, trips, and falls constitute a large percentage of accidents and injuries in public entities. These procedures are designed to prevent hazardous conditions that could result in slips, trips, or falls.

ENGINEERED AND ADMINISTRATIVE HAZARD CONTROLS

- 1. Proper construction of elevated work surfaces.
- 2. Proper use of hand, knee, and toe rails, where required.
- 3. Proper design and use of fixed ladders and stairs.
- 4. Adequate lighting in all areas.
- 5. Training for all employees who work on elevated work surfaces.
- 6. Routine inspections of ladders, stairs, walking, and working surfaces.
- 7. Following housekeeping and cleaning requirements
- 8. Immediate addressing potential problem areas.

HOUSEKEEPING

- 1. All work areas, passageways, storerooms, and shop areas should be kept clean and orderly at all times.
- 2. The floor of every work area shall be maintained in a clean and dry condition as possible. Where wet operations are held, adequate drainage should be maintained, and non-slip mats or floor covering shall be provided.
- 3. Every floor, work area, and passageway shall be kept free of protruding nails, splinters, holes, debris, and stored items.

AISLES AND PASSAGEWAYS

- 1. Aisles and passageways shall be kept clear and in good repair with no obstructions across or in aisles that could cause a hazard.
- 2. Where mechanical equipment is used, aisles should be of adequate width as improper aisles coupled with poor housekeeping, vehicle and foot traffic, can cause injury to employees, damage to equipment and materials, and can limit egress in the event of an emergency.
- 3. Changes in elevation, such as steps, curbs, and ramps, should be marked or highlighted with a stripe of highlyvisible paint or other non-skid material to assist in the identification of the known trip and fall hazard.

GUARDING FLOOR AND WALL OPENINGS

Floor openings and holes, wall openings and holes, and the open sides of elevated work surfaces may create hazards as people may fall through the openings or over the side to the level below. Objects such as tools or parts, may also fall through holes and strike employees or damage machinery on lower levels.

- 1. Standard railings shall be provided on all exposed sides of a stairway opening, except at the stairway entrance.
- 2. Floor openings may be covered rather than guarded with rails. However, temporary guard rails shall be placed when the opening is uncovered.
- 3. A 'standard railing' consists of a top rail, mid rail, and posts, and shall have a vertical height of 42 inches from the upper surface of the rail to the walking surface. Nominal height of the mid rail shall be 21 inches.
- 4. A 'standard toe board' is 4 inches in vertical height, with not more than 1/4 inch clearance above floor level.

GURADING STAIRWAYS

Every flight of stairs, with four or more risers, shall have standard stair railings or standard hand railings.

FIXED INDUSTRIAL STAIRS

Fixed industrial stairs shall be provided for access to and from places of work where operations necessitate regular travel between levels. These stairs shall:

- 1. Be strong enough to carry five times the normal anticipated live load.
- 2. At the very minimum, be able to carry a moving concentrated load of 1000 pounds.
- 3. Have a minimum width of 22 inches.
- 4. Be installed at angles to the horizontal of between 30 and 50 degrees.
- 5. Have a vertical clearance to an overhead obstruction of at least 7 feet from the leading edge of the tread.

PORTABLE LADDERS

The primary hazard associated with the use of a ladder is falling. A poorly designed, maintained, or improperly used ladder may collapse under the load placed upon it and cause the employee to fall. For specific safety procedures for different types of ladders, see the section on *Ladder Safety* in this manual.

FIXED LADDERS

A fixed ladder is a ladder permanently installed or attached to a structure, building, or equipment. Fixed ladders with a length of more than 20 feet shall be equipped with a safety cage or ladder safety device. A 'cage' is a guard that is fastened to the side rails of the fixed ladder or to the structure designed to encircle the climbing space of the ladder for the safety of the person who must climb the ladder. Cages should extend a minimum of 42 inches above the top of the landing unless other acceptable fall protection is provided.

FALL ARREST SYSTEMS

Different types of personal fall arrest systems are available depending upon the nature of work and the specific conditions in the area where the work will take place.

TYPES OF FALL ARREST SYSTEMS:

- 1. Personal Fall Arrest Systems are used to stop a fall once it has begun and includes an anchorage and connector, full body harness, lanyard, locking snap hooks, lifeline, and may include a descent control device.
- 2. Positioning Device Systems prevent falls by supporting the employee in a working position and eliminate the chance for a fall to begin. These systems include a body belt, harness, connector, locking snap hook, and proper anchorage.
- 3. Personal Fall Protection for Climbing Activities protects the employee while climbing and anchors at a point that usually adjusts and moves with the climber.

ANCHORAGE

Anchorage is critical and the selection of the anchoring point shall be carefully chosen. Anchorage points must be permanent, fixed objects that are rated to hold forces several times the employee's weight, including the weight of the equipment that they have with them.

When tying off to anchorage points, it is important to do so in a location where there are no obstacles in the potential path of fall and shall allow no more than 6 feet of free-falling distance, although (2 to 4 feet of free falling distance is recommended). The employee should also understand and account for the additional deceleration distance of the fall arrest system being used.

BODY BELTS AND HARNESSES

Only approved full-body harnesses shall be used. All recommendations of the equipment manufacturer shall be met, including care, storage, testing, and replacement.

A harness may be attached to either the center of the back at shoulder level, or above the head. Employees must follow the procedure described below to don their full-body harness:

- 1. Inspect the harness before putting it on.
- 2. Hold the harness by the D-ring and shake the straps into place.
- 3. Release buckled straps and slip them over the shoulders with the D-ring in back.
- 4. Pull the leg strap between the legs and connect to the opposing end.
- 5. Waist strap should be tight but not binding.
- 6. Connect chest straps and position in the middle of the chest.
- 7. Ensure that the harness is snug but allows full movement

FIRST AID

- 1. All injuries, regardless of severity, shall be reported to your supervisor.
- 2. Preplanning for a potential emergency situation is most valuable. All employees shall be aware of the medical services available and how to obtain them. Emergency phone numbers shall be posted in all work areas.
- 3. Where first aid kits are supplied, employees shall be familiar with the location, contents, and the instructions given with the first aid kit. Each employee shall learn how to use this equipment so they can render treatment when needed.
- 4. The contents of the first aid kits shall be inspected each month and expended items replaced. Personal medication shall not be kept in first aid kits.
- 5. Where the eyes or body may be exposed to injurious corrosive materials, suitable facilities for quick drenching or flushing of the eyes and body shall be provided for emergency use.
- 6. Emergency eye wash and/or shower stations should be tested at least once per month to ensure proper working condition.

WEATHER-RELATED ILLNESS PREVENTION

COLD-RELATED ILLNESSES

Hypothermia is when the body's temperature drops below normal, causing uncontrollable shivering, weakness, drowsiness, disorientation, unconsciousness, and even death. Persons working outdoors during the winter months should follow the guidelines listed below:

- Dress in layers
- Keep dry
- Work with co-workers when possible

HEAT-RELATED ILLNESSES

- 1. Heat stroke, heat exhaustion, heat cramps and heat rash are health-related problems associated with working in hot environments. Heat-related illnesses can be caused by prolonged exposure to hot temperatures, limited fluid intake, or failure of temperature regulation mechanisms in the brain.
- 2. The most serious health disorder associated with working in a hot environment is heat stroke. Symptoms of heat stroke include hot dry skin, no sweating, high body temperature, rapid heartbeat, mental confusion, or a loss of consciousness. While medical help is being called, the victim should be moved to a cool area and his/her clothing soaked with cool water. Vigorous fanning of the body will increase cooling. Death can occur if prompt first aid and medical help is not given.
- 3. Heat exhaustion occurs as a result of excess fluid loss and failure to replace the minerals and fluid lost during sweating. Signs of heat exhaustion include extreme weakness or fatigue, giddiness, nausea, or headaches. The skin is clammy and moist and the body temperature is relatively normal. The best treatment for heat exhaustion involves resting in a cool place and drinking plenty of fluids.
- 4. Heat cramps are painful muscle spasms, which are caused by excessive fluid and salt loss. Such cramps can be treated by consuming fluid replacement beverages.
- 5. Heat rash is likely to occur in hot and humid environments where sweat cannot be easily evaporated from the skin surface. It can be prevented by resting in a cool place and allowing the skin to dry.
- 6. By following a few basic precautions, health problems associated with working in hot environments can be prevented:
 - Those unaccustomed to working in the heat should be given time to adjust to work in a hot environment.
 - Wear light, loose fitting clothing and protect yourself by wearing a hat. Sunscreen should also be used when prolonged exposures to sunlight may be possible.
 - Drink plenty of fluids to help prevent dehydration. Five to seven (5-7) ounces of fluid are recommended every fifteen to twenty (15-20) minutes when working in extremely hot or humid conditions. Beverages containing alcohol or caffeine should be avoided to prevent dehydration.
 - Alternate work and rest periods. Heavy work should be scheduled for the cooler parts of the day if possible.
 - Educate employees on the symptoms, treatments and preventive measures for heat- related problems.

WORK ZONE SAFETY

CONFINED SPACE SAFETY

- 1. All potential hazards shall be evaluated prior to entry into a confined space.
- 2. Only employees who have been properly trained on the hazards associated with confined space work shall be allowed to enter a confined space.
- 3. If work is to be performed in a confined space, a written permit system shall be followed. The entry supervisor shall complete the written permit prior to entry to ensure that all safety equipment is in place and acceptable entry conditions are present.
- 4. Before any entrance cover to a confined or enclosed space is removed, it shall be determined that there are no temperature or pressure differences or other hazardous conditions that may injure the employees removing the cover.
- 5. No smoking shall be permitted in a confined space or near the entrance/exit area.
- 6. When covers are removed from confined or enclosed spaces, the opening shall be guarded by a railing, temporary cover, or other temporary barrier.
- 7. Before an employee enters a confined space, the internal atmosphere shall be tested for oxygen content, flammable gases and vapors, and potential toxic air contaminants. Approved and calibrated testing equipment shall be used to measure the concentration of the various gases.
- 8. If an oxygen deficiency is found or if flammable or toxic gases or vapors are detected, the space shall be continuously tested and forced ventilation shall be used to maintain oxygen at a safe level and to prevent a hazardous concentration of flammable or toxic gases and vapors. If the confined space contains atmospheres that are immediately dangerous to life and health, a full face piece pressure demand self-contained breathing apparatus (SCBA) or combination full face piece pressure demand supplied air respirator (SAR) with auxiliary self-contained air supply will be used.
- 9. Electric welding, gas welding, cutting, or any other hot work shall not be performed on the interior, exterior, or near the openings of any confined or enclosed space that may contain flammable or explosive gases or vapors until the space has been properly cleared. Monitoring shall be continuous during any hot work activities.
- 10. If a hazard-increasing work activity is to take place in a confined or enclosed space (i.e., welding, painting, working with solvents and coating), the air in the space shall be continuously tested for the presence of flammable or toxic gases and vapors or insufficient oxygen. Forced ventilation shall be used as required.
- 11. Before employees are allowed to enter a confined space, all electrical and mechanical energy sources that could affect the employees working in the space shall be physically rendered inoperative, locked out, and tagged. If required, the space shall be drained, vented, and cleaned.
- 12. A properly trained attendant shall be stationed outside the confined space. The attendant shall maintain continuous communication with the employees authorized to be in the confined space. The attendant shall be able to recognize confined space hazards and changing conditions in the confined space that could affect employees in the space. In the event of an emergency, the attendant shall not enter the confined space but shall be able to summon emergency and rescue services.
- 13. All employees required to enter a confined or enclosed space shall be equipped with a full body harness and lifeline monitored by a properly trained attendant. Other personal protective equipment and rescue devices may also be required depending on the situation.
- 14. Compressed gas cylinders, other than breathing air, shall not be taken into a confined space.
- 15. While work is being performed in an enclosed space, a person with CPR and basic first aid training shall be immediately available to render emergency assistance if there is reason to believe that a hazard may exist in the space or if a hazard exists because of traffic patterns in the area of the opening used for entry.

16. Prior to entry, necessary rescue personnel and equipment shall be available in the event of an emergency. Safe access to the confined space shall be maintained at all times. If possible, all cords, hoses, leads, etc. shall be routed through an entrance other than the employee access into the confined space.

EXCAVATION AND TRENCHING SAFETY

- 1. Before opening an excavation, all interferences such as trees, sidewalks, and foundations shall be removed or supported as necessary to protect employees and the public.
- 2. The estimated location of utility and other underground installations that may be encountered during excavation work shall be determined before opening the excavation.
- 3. When excavation operations approach the estimated location of underground installations, the exact location of the installation shall be determined by safe and acceptable means.
- 4. While the excavation is open, underground installations shall be protected, supported, or removed to safeguard employees.
- 5. Employees exposed to vehicular traffic shall wear high visibility vests or clothing.
- 6. Refer to Work Zone/Traffic Control Safety procedures as described in this manual.
- 7. A stairway, ladder, ramp, or other safe means of egress shall be located in trench excavations that are four feet or more in depth so as to require no more than 25 feet of lateral travel for employees. Ladders must extend three feet above the surface and be tied off if necessary.
- 8. No employee shall be permitted underneath loads handled by lifting or digging equipment. Employees shall be required to stand away from any vehicle being loaded or unloaded to avoid being struck by any spillage or falling materials.
- 9. All mobile equipment (front end loaders, bulldozers, and dump trucks) shall be equipped with a warning device such as a backup alarm. When mobile equipment is operated adjacent to an excavation, a warning system shall be utilized such as barricades, hand or mechanical signals, or stop logs. If possible, the grade should be sloped away from the excavation.
- 10. In excavations deeper than four feet with the potential for a hazardous atmosphere or oxygen deficiency, air testing shall be conducted before employees can enter an excavation and as often as necessary to ensure the atmosphere remains safe. Ventilation or respiratory protection may be needed to protect employees from harmful atmospheres.
- 11. Daily inspections of the excavations and adjacent areas and protective systems shall be made by a competent person for evidence of situations that could result in a possible cave-in, failure of protective systems, hazardous atmospheres or other hazardous conditions. An inspection shall be conducted prior to the start of work, when there are changes in weather conditions, if the excavation has been left unattended for a period of time (such as lunch), and as needed.
- 12. Employees shall not work in excavations in which there is accumulated water or in an excavation in which water is accumulating unless adequate precautions have been taken to protect employees. The precautions necessary to protect employees adequately can include special support or shield systems, water removal, or the use of a body harness and lifeline.
- 13. Surface water shall be prevented from entering an excavation by utilizing diversion ditches, dikes, or other suitable means.
- 14. Excavations subject to run-off from heavy rains shall require an inspection by a competent person.
- 15. Excavated earth (spoil), materials, tools, and equipment shall be placed no closer than two feet from the edge of the excavation.
- 16. Where employees or equipment are required or permitted to cross over excavations, walkways or bridges with standard handrails and guardrails shall be provided.
- 17. When excavations are left open, warning devices, barricades, or guardrails shall be placed to adequately protect employees and the public.

- 18. At the end of the workday, as much of the excavation as practical shall be closed.
- 19. Mechanical excavating equipment that is parked or operating on streets or highways shall be protected by proper warning devices.
- 20. Each employee in an excavation shall be protected from cave-ins by an adequate protective system (sloping, benching, shoring, or shielding), unless excavations are made entirely in stable rock or are less than five feet deep and examination of the ground by a competent person provides no indication of a potential cave-in.
- 21. When choosing protective system, a competent person shall take into consideration soil type, vibration sources, previously disturbed soil, layered soil, presence of water, heavy equipment work adjacent to the excavation, limited work area, and other hazard increasing conditions.
- 22. Sloping, benching, shoring or shielding for excavations greater than 20 feet deep shall be designed by a registered professional engineer.
- 23. A "competent person" as used in this section shall mean one who is capable of identifying existing and predictable hazards in the surroundings or working conditions which are unsanitary, hazardous or dangerous to employees, and who has the authorization to take prompt corrective measures to eliminate them.

TRAFFIC CONTROL SAFETY

- 1. Work zone safety is the adequate safeguarding or protecting of pedestrians, motorists, utility workers and equipment by the use of adequate barriers, warning signs, lights, flags, traffic cones, high level standards, barricade rope, flaggers, etc. on approaches to work areas, excavations, open manholes, parked equipment, etc.
- 2. Work zone traffic control is accomplished by the use of informative and protective devices, keeping in mind that a safe installation requires the use of these devices in relation to the location of the workers and equipment involved. The use of these devices must be coupled with proper planning, design, installation, inspection, maintenance and the use of good common sense. It is of utmost importance that the work area be properly identified and that warning devices clearly convey the message to the traveling public well in advance of arrival at the work area.
- 3. The public must be warned in advance, then regulated and guided through or around the work area. Proper work area protection shall be planned to ensure the safety and protection of the public, the worker, and the equipment.
- 4. If street construction or repair work is to be done, preparations will be made to ensure vehicle and pedestrian safety before work is allowed to begin by use of a traffic control plan.
- 5. If traffic is affected by the operation, proper signs must be used in advance of the work area, and the traffic control signs in and around the affected area are to be correctly placed and maintained for the duration of the period when work is being performed and traffic obstructions exist.
- 6. When barricades and signs are used overnight, supervisors will examine the work area for proper placement at the end of the workday.
- 7. All employees working in or near the roadway will wear retro-reflective vests or suitable garments marked with or made of retro-reflective or high visibility material while at the work site. Garments worn at night must be made of retro-reflective material.
- 8. Lighted barricades will be used whenever possible for overnight protection.
- 9. Where traffic must be periodically stopped or obstructed by workers or equipment in a traveled portion of a roadway, a flagger wearing a reflective vest may be stationed. If lack of manpower exists, the roadway must be closed and the traffic detoured.
- 10. Flaggers will be used to slow or direct traffic where the approach to the work area does not provide adequate visibility to drivers. The use of sign paddles (stop/slow) is preferred and should be used if available. During night operations, the flagger area should be illuminated and retro-reflective signs used.
- 11. All plates used to cover holes in the street on a temporary basis are to be spiked in place.

- 12. In any case where streets are significantly obstructed or closed for any period of time, the police, fire and other relevant departments will be notified of the situation and told approximately how long the closure will be in effect.
- 13. When pedestrian traffic is impeded, barricades, restrictive tape, rope or other restraint will be used to keep the public from the work site.
- 14. Holes in the sidewalk or parkway that must be left open will have perimeter protection. Protection of these areas will be in the form of physical barriers and warning signs.

FIRE PREVENTION & LIFE SAFETY

These procedures address specific exposures and prevention methods related to fire prevention and the life safety of employees.

POTENTIAL HAZARDS

Fire and explosion hazards can exist in almost any work area. Potential hazards include, but are not limited to:

- 1. Improper operation or maintenance of gas-fired equipment
- 2. Improper storage of use of flammable liquids
- 3. Smoking in prohibited areas
- 4. Accumulation of trash and debris
- 5. Unauthorized 'hot work' operations

HAZARD PREVENTION AND CONTROL

All nonessential ignition sources must be eliminated where flammable liquids are used or stored. The following is a list of some of the more common ignition sources:

- 1. Open flames, such as cutting and welding torches, furnaces, matches, and heaters, should be kept away from flammable liquids. Cutting or welding on flammable liquids equipment should not be performed unless the equipment has been properly emptied and purged with a neutral gas, such as nitrogen.
- 2. Electrical sources of ignition, such as DC motors, switches, and circuit breakers should be eliminated where flammable liquids are used, handled, or stored. Only approved, explosion-proof devices should be used in these areas.
- 3. Mechanical sparks produced as a result of friction should not be used near flammable liquids.
- 4. Static sparks generated as a result of static electricity. Every effort should be made to eliminate the possibility of static sparks including proper bonding and grounding of tools and equipment.

REMOVAL OF INCOMPATIBLES

Materials that can contribute to a flammable liquid fire should not be stored with flammable liquids. Examples include oxidizers and fertilizers stored near petroleum-based products.

CONTROL OF FLAMMABLE GAS

Generally, flammable gases pose similar fire hazards as flammable liquids and their vapors and many of the same safeguards also apply. Other properties, such as toxicity, reactivity, and corrosively must also be taken into consideration as a flammable gas could produce toxic combustion products.

FIRE EXTINGUISHERS

A portable fire extinguisher is the "first aid" device and is very effective when used while a fire is small. The use of an extinguisher that corresponds to the class of fire, by a trained person, can save both lives and property. Portable fire extinguishers must be installed in all workplaces, regardless of other firefighting measures. The successful performance of an extinguisher in a fire situation largely depends on the proper selection, inspection, maintenance, and distribution.

CLASSIFICATION OF FIRE EXTINGUISHERS

Fires are classified into five general categories, depending upon the type of material or fuel involved. The type of fire determines the type of extinguisher to be used to extinguish it.

- 1. Class A- fires involve combustible materials such as wood, paper, and cloth, which produces glowing embers or char.
- 2. **Class B-** fires involve flammable gases, liquids, and greases, including gasoline and most hydrocarbon liquids, which must be vaporized for combustion to occur.
- 3. Class C- fires involve live electrical equipment or materials near electrically energized equipment.

- 4. Class D- fires involve combustible metals such as magnesium, zirconium, potassium, and sodium.
- 5. Class K- fires involve cooking fats and oils found in deep fat fryers or other cooking appliances such as solid fuel char-broilers.

In many cases, areas will be equipped with an 'ABC'-type extinguisher, which can be used for wide variety of common fires.

LOCATION OF EXTINGUISHERS

Extinguishers should be conspicuously located and readily accessible for immediate use in the event of a fire. Generally, extinguishers will be placed along normal paths of travel and egress. Wall recesses and/or flush-mounted cabinets should be used whenever possible.

Extinguishers should be clearly visible. In locations where visual obstruction cannot be completely avoided, directional arrows will be provided to indicate the location of extinguishers and the arrow will be marked with the extinguisher classification.

If extinguishers intended for different classes of fires are located together, they will be marked to ensure the proper class of extinguisher is selected. Classification markings will be located on the front of the shell above or below the extinguisher nameplate and should be legible from a distance of three feet.

CONDITION OF EXTINGUISHERS

Portable extinguishers will be maintained in a fully charged and operable condition and kept in their designated locations at all times when not being used. When extinguishers are removed for maintenance, inspection, or testing, a fully charged and operable replacement should be provided.

MOUNTING AND DISTRIBUTION OF EXTINGUISHERS

Extinguishers should be installed on hangers, brackets, in cabinets, or on shelves, no more than 42-inches above the floor.

Extinguishers should be distributed such that the amount of time required to travel to the extinguisher and back to the fire does not allow the fire to get out of control. Generally, the travel distance for Class A and Class D extinguishers should not exceed 75 feet; Class B extinguishers should not exceed 50 feet, due to the quick spread of flammable liquid fires; Class C extinguishers should simply be placed where they are likely needed, based upon the given hazards; and, Class K extinguishers are generally located within a proximate distance to the cooking areas in which they are designed to protect.

INSPECTION AND MAINTENANCE OF EXTINGUISHERS

All extinguishers should be visually inspected on a monthly basis and tested and certified by a qualified service provider on an annual basis.

USE OF FIRE EXTINGUISHERS

In most cases, recalling the PASS acronym will help remember the four steps of safe extinguisher use.

- **P P**ull the pin (from the handle)
- **A A**im the nozzle (at the base of the fire)
- **S S**queeze the handle (to actuate the extinguisher)
- S Sweep the nozzle (from side-to-side)

FIRE SAFETY INSPECTIONS

Supervisors and Safety Officers are responsible for conducting workplace fire inspections as a part of the normal workplace safety inspection. These surveys should include observations of housekeeping issues and should

specifically address proper storage of chemicals and supplies, unobstructed access to fire extinguishers and emergency exit or evacuation routes.

EMERGENCY EXITS

Every exit designated as an emergency exit should be clearly visible or the route to it conspicuously identified in such a manner that every occupant of the building will readily know the direction of escape from any point. At no time should exits or paths of egress be blocked.

Any doorway or passageway, which is not an exit or access to an exit, but which may be mistaken for an exit, should be identified by a sign reading "Not an Exit" or otherwise labeled as to the purpose (i.e., "Closet"). Exits and accesses to exits will be marked by a readily visible sign. Each exit sign (other than internally illuminated signs) should be illuminated by a reliable light source or phosphorescence.

EMERGENCY LIGHTING

Emergency lighting in buildings, if equipped, should be tested at least monthly to ensure proper operational conditions in the event of an emergency. These tests should be completed in conjunction with the fire extinguisher visual inspections.

EVACUATION ROUTES AND PLANS

Each facility shall design and post an emergency evacuation plan to allow employees and other to safely evacuate the building or affected area in the case of an emergency.

Should evacuation be necessary, proceed to the nearest exit or stairway and proceed to an area of refuge outside the building. Most stairways are fire resistant and are often equipped with barriers to smoke if doors remain closed.

Do not use elevators. Should a fire involve the control panel of the elevator or the electrical system of the building, power in the building may be lost and you could become trapped in the elevator, potentially between floors. Also, the elevator shaft can become a flue, lending itself to the passage and accumulation of hot gases and smoke generated by the fire.

FIRE EMERGENCY PROCEDURES

The following procedures should be followed in the event of a fire within a building:

- 1. Activate the nearest fire alarm, if equipped.
- 2. Notify your supervisor, co-workers, and other occupants.
- 3. Fight the fire only if:
 - The Fire Department has been notified of the fire, and
 - The fire is small and confined enough to its area of origin, and
 - You have a way out and can fight the fire with your back to the exit, and
 - You have the proper extinguisher, in good working condition, and know how to use it.
- 4. If you are unsure of your ability or the fire extinguisher's capacity to contain the fire, leave the area.
- 5. Leave the building and move away from exits, maintaining clear path for emergency operations.
- 6. Assemble in a designated area.
- 7. Report your safety to the appropriate supervisor or personnel.

SOLID WASTE, REFUSE, AND RECYCLING COLLECTION SAFETY

PERSONAL PROTECTIVE EQUIPMENT

- 1. Gloves shall be worn by all employees while handling cans, bags, boxes, carts, etc.
- 2. Protective eyewear shall be available and worn whenever items that could cause an eye injury are being handled.
- 3. Appropriate footwear with anti-slip soles shall be worn. Leather work boots with good ankle support are recommended.
- 4. High visibility clothing shall be worn by employees at all times when working in or around the roadway.
- 5. Rainwear should be provided for protection from the rain.

MATERIAL HANDLING

- 1. Size up the load and the weight to be lifted. This is done by holding the container at the top and rocking it back and forth. It if is too heavy, get help.
- 2. Get a firm grip on the handle or top edge of the container with one hand, tip the container, then grasp the bottom edge of the container with the other hand.
- 3. If the waste is in boxes, check the weight and condition of the box before lifting. Grasp the box with the fingers and palm of one hand around the top of one corner of the box; place the other hand at the bottom near the opposite corner.
- 4. When handling plastic bags, always grab bags by the neck. Sharp objects can protrude through the bag and puncture hands and arms.
- 5. If the container is in an area where there are potholes or the ground is uneven, request the assistance of a coworker and use extra caution before attempting to lift.
- 6. Tips for safe lifting:
 - Size up the load
 - Keep feet apart, establish a good base of support
 - Bend at the knees and hips, not at the waist
 - Get a good grip
 - Keep the load close
 - Lift with your legs
 - Pivot, do not twist your body

CONTROL OF FALLS

- 1. Jumping on or off a moving truck is prohibited. When exiting or entering the truck, three points of contact should be maintained at all times to provide adequate control.
- 2. To get off the platform (step) at the back of the truck, wait until the truck has come to a complete stop. Make sure you have good footing when you reach the ground. When exiting the vehicle, get a good grip on the hand holds and exit the cab or step backwards.
- 3. Step off onto wet grass or icy surfaces slowly and carefully.
- 4. Make sure your foot has made good contact with the platform or step before getting back into the truck. Signal the driver to move only when you are ready.
- 5. Always look in the direction that the truck is traveling. Watch out for low hanging tree limbs, brush, utility poles, etc. Do not ride the platform with your body leaning out beyond the body of the truck any farther than necessary.
- 6. Do not lie, sit, or squat on the platform while the truck is moving.
- 7. Never ride the platform while the truck is backing up, exceeding 10 miles per hour, or traveling more than 0.2 miles without stopping. Spotters shall be used anytime a truck is backing up.
- 8. Watch for oil or grease on platforms, streets, and sidewalks.

PACKER OPERATIONS

- 1. Never activate the packer while standing in front of it; always stand to the side with head and eyes turned away.
- 2. Never enter the packer container.
- 3. One crew member should be solely responsible for operating the packing mechanism.
- 4. The packer operator must be completely familiar with the location and operation of all controls and know how to stop the packer in an emergency.
- 5. Do not overload the hopper or stick hands in while the packer is operating.
- 6. The packing mechanism should be inspected and serviced according to the manufacturer's operating manual.

VEHICLE OPERATION AND CONDITIONS

- 1. A spotter shall always be used anytime a truck is backing up. Standard, agreed upon hand signals should be used. Anytime the spotter leaves the driver's view in the mirrors, the driver must stop immediately.
- 2. Trucks must be equipped with operational backup alarms.
- 3. The driver will use flashing lights whenever collections are being performed.
- 4. Know your vehicle's height and width clearances and be cautious near low hanging wires and tree limbs.
- 5. Keep your truck in good condition. A pre-trip inspection shall be conducted each day.
- 6. A fire extinguisher, first aid kit, and water shall be provided on the trucks.
- 7. Keep bottles, cans, boxes, and other debris off the floor of the cab.

WORKERS' COMPENSATION

NOTICE TO NEW EMPLOYEES

In compliance with Texas Department of Insurance Division of Workers' Compensation Rule 110.101

You may elect to retain your common law right of action if, no later than five days after you begin employment or within five days after receiving written notice from the employer that the employer has obtained workers' compensation insurance coverage, you notify your employer in writing that you wish to retain your common law right to recover damages for personal injury. If you elect to retain your common law right of action, you cannot obtain workers' compensation income or medical benefits if you are injured.

Usted puede optar por conservar su derecho común de acción de ley si, no más tardado de cinco días después que usted comienza su empleo o dentro de cinco días después de recibir aviso por escrito por parte del empleador donde se informa que el empleador ha obtenido una cobertura de seguro de compensación para trabajadores, usted le notifica a su empleador por escrito que desea conservar su derecho común de acción de ley para recuperarse de daños por lesiones personales. Si opta por conservar su derecho común de acción de ley, usted no puede obtener beneficios médicos o de ingresos de compensación para trabajadores si se ha lesionado.

WORKERS' COMPENSATION OVERVIEW

The City of Edinburg will ensure that all City employees who are injured in the course and scope of their employment be afforded the benefits as applicable under Workers' Compensation Laws of the State of Texas. Workers' Compensation (workers comp) is a form of accident insurance paid by the City of Edinburg. No payroll deductions are taken out of employees' salaries for this insurance. If an employee is injured on the job or acquire a work-related illness, workers' comp may pay medical expenses and it will also cover wage-loss compensation until employee is able to return to work. Employees who are on workers' comp leave shall continue to hold a budgeted position with the city.

The Risk Management Division of the Human Resources Department process all Workers' Compensation claims. The Risk Management Division is responsible for recording and transmitting all information related to claims, serves as liaison between departments, medical providers, employees and insurance carrier for the city. Risk Management will provide employees a list of available physicians within the network and during regular working hours (Monday-Friday between 8am-5pm), and will assign a physician if one is not chosen by employee.

In accordance with the Family and Medical Leave Act (FMLA), Workers' Compensation leave and Line of Duty Illness/Injury Leave of Absence will run concurrently when the injury is considered a 'serious health condition'.

WORKERS' COMPENSATION BENEFITS

- 1. Employees, who sustain an injury at work, may be eligible to receive benefits prescribed by the Texas Workers' Compensation Act. These benefits can include: Medical Benefits as reasonably required to treat the effect of the injury or job related-diseases; Income Benefits; and/or Death Benefits.
- 2. An injured employee is entitled to medical and hospital service which are reasonably required at the time of the injury and as may be necessary to cure or relieve the effects resulting from the injury. All treating physician, hospital, prescriptions and associated bills are paid directly by the City of Edinburg through the third party administrator (TPA). An employee's initial choice of doctor is considered to be his or her treating physician and the city will accept work status report only by the treating physician. If an employee wants to later change treating physicians, approval must be obtained through the DWC.
- 3. State law provides that an employee will be eligible for weekly indemnity payments beginning on the eighth (8) calendar day of lost time following an injury. Weekly indemnity payments for compensable injuries are

referred to as Temporary Income Benefits (TIBs), which will continue until the doctor certifies that the employee has received Maximum Medical Improvement (MMI) or has returned back to work.

- Temporary Income Benefits (TIBs) are subject to a seven (7) calendar day waiting period. After fourteen (14) calendar days of lost time, the seven (7) day waiting period will be paid retroactively by Workers' Compensation as may be provided by law.
- Weekly indemnity payments for compensable injuries are made at seventy percent (70%) of the weekly wage, based on the previous thirteen (13) weeks. For employees who earn less than \$8.50 per hour, the rate of payment for the twenty-six (26) weeks of temporary benefits is seventy-five percent (75%) of the difference between the employee's average weekly wage before the injury and the employee's earning after the injury.
- 4. Civil Service employees on Line of Duty Illness or Injury Leave of Absence are entitled to leave as governed by the Texas Local Government Code, Chapter 143.073, as follows:
 - a. A municipality shall provide to a fire fighter or police officer a leave of absence for an illness or injury related to the person's line of duty. The leave is with full pay for a period commensurate with the nature of the line of duty illness or injury. If necessary the leave shall continue for at least one year.
 - b. At the end of the one-year period, the municipality's governing body may extend the line of duty illness or injury leave at full or reduced pay. If the fire fighter's or police officers leave is not extended or the person's salary is reduced below 60 percent of the person's regular monthly salary, and the person is a member of a pension fund, the person may retire on pension until able to return to duty.
 - c. If pension benefits are not available to a fire fighter or police officer who is temporarily disabled by a line of duty injury or illness and if the year at full pay and any extensions granted by the governing body have expired, the fire fighter or police officer may use accumulated sick leave, vacation time, and other accrued benefits before the person is placed on temporary leave.
- 5. Temporary, temporary part-time and seasonal employees are eligible for Workers' Compensation benefits except if employed through a Staffing Agency.

USE OF AVAILABLE PAID LEAVE

- Workers' Compensation does not provide any benefits for the first seven (7) calendar days. An employee who misses work due to an on the job injury, and whose injury will not require he/she miss more than seven (7) days of work, will be required to use his/her available paid leave, (sick leave, vacation leave, or compensatory time) in that order, for the hours he/she misses from work.
- 2. Time lost due to an injury or illness on and after the eighth day (8) of injury or illness will be reported on the employee timesheet as 70% or 28 hours Workers' Compensation leave and 30% or 12 hours of his/her available paid leave (sick leave, vacation leave, or compensatory time) in that order for non-civil service. An employee will not accrue vacation, sick leave, holiday pay and other benefits for a pay period that he/she was reported as being on workers' compensation only. No employee shall receive sick leave or use vacation time as a result of a job injury, illness or disease incurred while employed by another employer.
- 3. Employees on Workers' Compensation leave shall be allowed to receive wage continuation by utilization of accrued paid leave (sick leave, vacation leave, or compensatory time) in that order to receive 100% indemnity payments from the City of Edinburg. Limited to 180 days for non-civil service and 365 days for civil service. An employee who exhausts all paid time off benefits shall receive only those benefits provided under worker's compensation plan. Part-time, temporary and seasonal employees are not entitled to wage continuation.
- 4. While the employee's leave status is reported as Workers' Compensation only, the city will continue to provide the employee with health and dental insurance benefits in the same condition as if the employee was actively working. The employee must continue to pay applicable co-payments, deductibles, supplemental insurance premiums and other out-of pocket expenses during this time. If applicable, employees on Workers' Compensation leave may coordinate a payment plan with Human Resources department. If the employee does not return to work, the full amount will be deducted from the employee's last check or will be paid upon separation from the city.

5. An employee who is on Workers' Compensation leave for a period of one hundred eighty (180) calendar days (of combined limited duty and total absence) and who is unable during this period of time to return to work and perform the essential functions of their position, and cannot be reasonably accommodated as required by law, may be terminated from their position of employment as a non-disciplinary separation. The one hundred eighty (180) day period will not be treated as being broken if management determines that efforts to return to work were not in good faith or appear to be for the purpose of re-triggering or otherwise circumventing the time period contained in this provision. *Civil service employees are entitled to leave as governed by the Texas Local Government Code, Chapter 143.073.*

EMPLOYEE RESPONSIBILITIES

- 1. Any employee who sustains an on the job injury, however minor, and who is physically able, must report the injury within twenty-four (24) hours to his/her supervisor and receive such medical treatment as necessary.
- 2. Before reporting back to work, an employee must provide a Texas Workers' Compensation Work Status Report (DWC73) to his/ her supervisor from the attending physician. This release shall be submitted to HR/ Risk Management either by the employee of his/her supervisor prior to the employee returning to his/her duties. In addition, each time an employee sees a doctor for consultation or treatment, a Work Status Report (DWC73) must be submitted.
- 3. If an employee is treated at an emergency care facility as a result of the injury, the employee shall follow up with a primary care physician if ordered on the hospital discharge documentation.
- 4. Employees participating in wage continuation must endorse and submit all Temporary Income Benefit (TIBs) checks to HR/ Risk Management Division in exchange for 100 % salary continuation/ payroll check. Limited to 180 days for non-civil service and 365 days for civil service.
- 5. An employee who is receiving Workers' Compensation benefits may not work either part-time or full time and either for pay or as a volunteer, or otherwise, for or on behalf of himself or any other person, firm or corporation, or any other employer.

INELIGIBILITY OF BENEFITS

Under the Texas Worker's Compensation Act, a TPA may deem an employee ineligible of benefits or an employee may forfeit all rights to Workers' Compensation benefits if the employee:

- 1. Fails or refuses to comply with or follow or disregard or violate the treating physician's instructions regarding treatment and/or rehabilitation of their injury.
- 2. Refuses to accept a bona-fide offer of a modified duty position under the return to work program, and/or accommodations to perform a different job with the city when offered and which the treating physician has authorized and the employee is qualified for.
- 3. Falsifies or misrepresents their physical condition or capacity.
- 4. Refuses to return to duty on the workday they have been released by the treating physician.
- 5. Fails to notify their supervisor of HR/ Risk Management of their condition and/or if a significant change in his/her progress occurs. In addition, each time an employee sees a doctor for consultation or treatment, a Work Status Report (DWC73) must be submitted to the HR/ Risk Management.
- 6. Failing to report that while employee was receiving Workers' Compensation benefits, he/she was employed elsewhere, either part-time or full-time; which includes as a volunteer or otherwise, employed or on behalf of himself or any other person, firm or corporation, or any other employer.
- 7. Deceased.
- 8. Is injured as the result of the employee's violation of any Federal, State or local law, ordinance or statute.
- 9. Workers' Compensation indemnity payments terminate.
- 10. Fails to keep medical appointments or refuses to submit to an examination and treatment such as diagnostic test; x-rays; surgical procedures or other treatment as such physician or psychologist prescribes or recommends as medically or psychologically necessary to identify, diagnose, treat, or resolve the employee's injured condition that is job related and "consistent with business necessity."

- 11. Is injured while engaged in horseplay; while intoxicated by alcohol, controlled substances, dangerous drugs and aerosol paint or inhalant; in willful efforts by employee to injure him/herself; by an act of a third person to injure for personal reasons; or through voluntary participation in off-duty recreational and/or social activities.
- 12. Fails to report the injury to their immediate supervisor within reasonable time, or as prescribed by DWC law. Texas Department of Insurance states, you (employee) must report your injury to employer within 30 days from the date of the injury, or from the date you knew your injury or illness was related to your job. If you do not notify your employer within 30 days, your right to obtain benefits could be lost.

GROUNDS FOR DISCIPLINE

An employee may be subject to disciplinary actions stated in the HR Policies and Procedures handbook and for reasons such as the following:

- 1. Participating in unsafe practices, such as activates that would be injurious to recovery or failing to limit activities to those that will aid in healing.
- 2. Failing to follow prescribed treatment including medical appointments.
- 3. Refuses to return to duty on the workday they have been release by the treating physician.
- 4. Failing to report that while employee was receiving Workers' Compensation benefits, he/she was employed elsewhere, either part-time or full-time; which includes as a volunteer or otherwise, employed for or on behalf of himself or any other person, firm or corporation, or any other employer.
- 5. If employee is found to have committed fraud relating to his/her claim by the DWC.

TOTAL DISABILITY / RETIREMENT

A determination of total disability may be rendered at any time during the course of the disability or injury leave. Upon such a determination, the Human Resources Department, in consultation with City Management, will make the necessary arrangements for the employee's retirement under the occupational disability clause of the coverage provided by the city under the Texas Municipal Retirement System (TMRS). If a total disability determination is not made following the exhaustion of paid leave and FMLA leave, then the Human Resources Department, in consultation with City Management, may initiate disability retirement arrangement for the employee in accordance with TMRS guidelines and/or may terminate employment. Employees who qualify for disability through TMRS may apply for employment with the city or other employment.

SICK LEAVE / VACATION

An employee injured on the job and who qualified for Workers' Compensation who does not return to work, and city employment terminates for a reason other than misconduct, shall be paid for accrued vacation benefits up to a maximum of 160 hours at the rate of pay the employee was receiving at the time of separation. Only employees who have successfully completed their initial probationary period of employment with the city are entitled to this payout provision upon separation.

Employees hired before January 1, 2019 who are eligible to retire with 20 years or more of service to the city, retiring through our retirement plan (TMRS) are entitled to receive in a lump sum payment, the full amount of their salary for accumulated sick leave up to a maximum of 90 days of accrued sick leave. For an employee hire on or after January 1, 2019, employee must retire in good standing in order to receive the aforementioned benefit.

TERMINATION FOR CAUSE OR LAY-OFF, CHANGES IN POLICY

This program does not change or remove the at-will employment status of any employee. An employee terminated for misconduct associated with the on the job injury is not entitled to relief found in this policy that would otherwise be available. This policy does not preclude an employee from being terminated during an official reduction-in-force due to budget reductions or any policy from being eliminated or revised at any time with or without notice.

DEFINITIONS

- 1. BENEFIT Benefit is a medical benefit, an income benefit, a death benefit, or a burial benefit based on a compensable injury
- 2. DISABILITY Disability occurs when a work-related injury or illness causes you to lose the ability to earn your weekly wages. Disability refers to your ability to earn an income, not to a physical handicap.
- 3. DWC Division of Workers Compensation (DWC) is a state agency that regulates the delivery of workers' compensation benefits to injured employees and to eligible family members of employees killed on the job. The DWC does not pay benefits, benefits are paid by workers' compensation insurance companies, by employers certified by this agency to self-insure, or by self-insured governmental entities.
- 4. FMLA Family Medical Leave Act entitlement provides leave to eligible employees in accordance with the Family and Medical Leave Act. Under FMLA, eligible employees may take up to twelve (12) weeks of paid or unpaid work weeks of leave for specified family and medical reasons. To determine eligibility for leave, the city uses a rolling twelve (12) month period measured backward from the date of any FMLA leave. FMLA leave runs concurrently with other types of leave.
- 5. INCOME BENEFTIS Income Benefits is a payment made to an employee for a compensable injury as prescribed by the Division of Workers Compensation (DWC). The term does not include a medical benefit, death benefit or burial benefit.
- 6. INJURY Injury means an injury to the physical structure of the body or a part thereof including any subsequent aggravation or re-injury that occurs while the employee is acting in the course and scope of their employment and shall not include any illness, disease or infection except such illness, disease or infection as is proximately caused by the performance of their job.
- 7. MMI Maximum Medical Improvement (MMI) is the earlier of:
 - a. The point in time when your work-related injury or illness has improved as much as it is going to improve; or
 - b. 104 weeks from the date you become eligible to receive temporary income benefits. If you have had spinal surgery or have been approved for spinal surgery within 12 weeks for the expiration of the statutory MMI period, you may request an extension of MMI from the Texas Department of Insurance, Division of Workers' Compensation (TDI-DWC) in accordance with the 28 Texas Administrative Code 126.11.
- 8. TWCA Texas Workers' Compensation Act Texas statue designed to provide legal and practical guidance regarding employee and employer rights concerning issues related to on the job injuries and related illnesses.
- 9. TIBS Temporary Income Benefits (TIBs) is a compensation for lost wages due to the compensable injury during a period in which the employee has not reached maximum medical improvement.
- 10. TREATING PHYSICIAN Treating Physician is the physician primarily responsible for the employee's health care for an injury. This medical doctor is chosen by the employee in the event the employee does not choose a physician one will be chosen for you.
RETURN TO WORK PROGRAM

OVERVIEW

The City of Edinburg has implemented a Return to Work program for full-time employees who are injured on the job. When available and reasonable, on the job injured employees who have been released by the treating physician to return to work in a limited capacity will be placed into the Return to Work program. This program will attempt to provide the injured employee with appropriate medical attention and meet the injured employee's capabilities to return the employee to safe, productive work as soon as medically reasonable.

The ultimate goal is to return qualified employees to their original jobs. The support and participation of management and all employees are essential for the success of the City's Return to Work program.

Under the return to work program, an injured employee will receive temporary modification or available and reasonable accommodations of the employee's regular duties within the employee's department. "Available and Reasonable" means that the employee is medically qualified to perform the work, the work to be performed is productive and beneficial, and the employee does not possess a questionable employment history, and that FMLA obligations and restrictions do not apply.

The HR/ Risk Management Division will determine if an employee should be placed in the Return to Work program with the coordination of the department director and the treating physician.

RETURN TO WORK PROGRAM

- 1. Duties will be compatible with the employee's current physical capabilities as determined by the employee's treating physician.
- 2. Duties as provided by treating physician and approved by the employee's department, must fulfill a necessary job function or functions, the employee must be capable of performing the work and it should meet all the conditions and provide any assistance as far as the limited duty in compliance, with the American's With Disabilities Act (ADA) and the Family Medical Leave Act (FMLA) when applicable.
- 3. The maximum time an employee may remain on any combination of injury leave and/or limited duty (under Return to Work program) is 180 calendar days per injury. If after the 180 days the employee is unable to return to his/ her original work assignment and perform the essential functions of their positions and cannot be reasonably accommodated as required by law, the employee will be terminated from their position as a non-disciplinary separation.
- 4. When an employee has been on modified duty status for thirty (30) days, the HR/Risk Management division will review the employee's treating physician evaluations and assess whether the employee is able to continue on limited duty.
- 5. The tasks assigned to you under the Return to Work program will be consistent with the employees physical abilities, knowledge and skill and will provide training if necessary.
- 6. Return-to-duty testing shall be conducted when an employee has been absent for more than thirty (30) consecutive calendar days. Police and Fire Department employees are also subject to any applicable department rules and regulations regarding illegal and unauthorized drug and alcohol testing.

The HR/ Risk Management Division will coordinate and administer the Return to Work program and will continually review the Return to Work program and make such changes that enhance its effectiveness.

PROCEDURES

These procedures are developed to meet the Texas worker's compensation laws and rules, Americans with Disabilities Act, and Family Medical Leave Act that support and encourage return to work programs.

- 1. For injuries requiring time away from work, the HR/ Risk Management Division may provide the Return to Work program, the employee's current job description, and a list of alternative duty assignments to the treating physician,
- 2. If the physician indicates that the employee is not able to return to their regular duties, even with minor modifications, but is physically able to perform alternative assignments in their own or another department, the employee will be required to report to their assignments. The priority will be to return employees to their own departments unless modified duties are not available. An employee has no right to a specific work assignment.
- 3. Employees participating in Return to Work through either a modified, regular position or an alternative position may not work overtime hours or at any employment outside of the entity without approval from the department director, TPA and/or the Risk Manager, or until returned to their regular position.
- 4. Any employee unavailable for work (with combined limited and total absence) after one hundred eight (180) cumulative days and cannot be reasonably accommodated as required by law, will be terminated from their position of employment as a non-disciplinary separation.
- 5. Upon receipt of notification from the physician that the employee can return to either their job with modifications or another assignment, the HR/ Risk Management division will notify the employee in writing with a bona fide offer letter of employment. The offer should stipulate the pay to be received by the employee, shift/ schedule of the position and any other pertinent information. If the offer is made at a lower pay rate, the workers compensation carrier may contribute up to 70% of the difference of the employee's former pay. This document shall be sent by regular mail, certified mail, and/or hand delivered.
- 6. Employees are required to be available during normal working hours (8am-5pm) for immediate visits to physician offices, signatures, and/or other Workers' Compensation issues. Employees are not considered to be on vacation or utilizing their time as personal time.
- 7. Employees on the Return to Work program will be paid the same hourly rate they were receiving prior to the date of their injury/illness.
- 8. The injured employee will be in communication with the physician and HR/ Risk Management until:
 - The alternative assignment ends;
 - The physician temporarily prohibits the employee from performing the alternative assignment;
 - There is no longer any useful task available within the entity that the employee can perform;
 - The employee is able to return to his/her regular, pre-injury duties;
 - The employee is terminated.
- 9. An employee's Return to Work program will cease upon:
 - Returning to full duty; or
 - Exhausting 180 calendar days of combined limited duty and total absence; or
 - Being placed at Maximum Medical Improvement (MMI) by the physician, whichever occurs first.
- 10. An employee in the Return to Work program is expected to exhibit appropriate conduct in accordance with city policies and departmental procedures and can be subject to disciplinary actions.

EMPLOYEE RESPONSIBILITIES

- 1. All employees are responsible for working safely and following all safety rules.
- 2. Informing the physician about the Return to Work program for work-related illnesses or injuries, as necessary.
- 3. Obtain completed medical documentation from a health care provider (DWC73) and provide to your supervisor and HR/ Risk Management. Documentation should state the date/time of the visit discharge and date/time of the next medical visit. When employees are treated for physical therapy, they must request a Texas Workers' Compensation Work Status Report (DWC73).
- 4. While participating in the Return to Work program, you are required to adhere to the outlined restrictions listed on your Texas Workers' Compensation Work Status Report (DWC73) within 24 hours a day. You are

also required to provide the DWC73 to your supervisor after each physician's appointment upon your return to work.

- 5. If placed off work by their primary physician while on a Return to Work program, call the HR/ Risk Management and your supervisor to advise that you will not be returning to work.
- 6. Attend all scheduled medical appointments. Employees are required to advise their supervisor of any date/time changes to their scheduled medical appointments. Where possible, employees shall work with their health care provider to schedule medical appointments at the beginning or end of their scheduled shift to be the least disruptive to the business operations of the department.
- 7. If a Return to Work program is available and an employee accepts the bona fide offer, the employee must report to work at the date, time and location indicated in the offer, and perform the duties and tasks assigned in conformity with his/her health care provider's medical restrictions, and in in compliance with the rules and guidelines of DWC and all safety guidelines and standards of the department in which placed.

Employees and supervisors will work together to set guidelines for modified duty according to the doctor's restrictions. It is essential that communication be maintained to promote your return to work. We care about your health, wellbeing and future with the city. Failure to follow these procedures will result in disciplinary action according to the policies and procedures in the employee manual.

ADDENDUM

The Safety and Accident Prevention plan provides important information about the City of Edinburg's workplace safety policies and procedures. Employees are responsible for reading and understanding this handbook and to actively participate in training sessions/workshops, as conducted or hosted by the Risk Management Division and Department safety meetings. The policies and procedures in this program are guidelines and does not encumber any safety policies and procedures specific to one job or one department. Because the City of Edinburg cannot anticipate or address every situation that may arise, ask your immediate supervisor or contact the Risk Management division for guidelines if you encounter a situation that is not described or clarified here.

The City of Edinburg may change, delete, suspend or discontinue any part of the Safety and Accident Prevention plan at any time, as it deems necessary.

Only written policy changes which have been signed by the City Manager or Director of Human Resources will be valid.

If any provision this Safety and Accident Prevention plan is found to be unenforceable or invalid, the finding does not invalidate the entire Safety and Accident Prevention plan – only that particular provision. (All internal departmental safety policies and procedures shall be followed to adhere to federal, state, and local safety laws and regulations).

The Safety and Accident Prevention plan replaces all previous versions of the city's safety program and any polices or existing practices, which are inconsistent with the Safety and Accident Prevention plan.

Please contact the Human Resources, Risk Management Division should you have any questions or concerns related to the implementation of this Safety Policies and Procedure Manual.

Edinburg

Department of Human Resources Risk Management Division Phone: 956-388-1873 Fax: 956-292-2040

