

Genesee County Health Department Michelle Estell, RS, MSA, Health Officer

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Remember....

Children who go to school while sick endanger the health of others. A sick child does not learn well at school. Children need to stay at home when they begin to show signs of illness. Staying home to rest at the first sign of illness will help to shorten the length of illness. With the first sign of illness:

Step 1. Keep your child home.

- Step 2. Notify the school that your child is sick.
- Step 3. Check with your healthcare provider for specific medical advice, diagnosis and treatment.

Guidelines of signs and symptoms to WATCH FOR and REPORT to the school		
Fever Flushed face	Skin rash Runny nose	Chills Cough
Vomiting/Diarrhea	Sore throat	Headache

The law requires the school to send home children who are showing any signs and symptoms of illness as listed above.

When to return to school?

In an effort to avoid your child contracting another illness, we request that your child not return to school until the following criteria are met.

✓ Temperature below 100° F <u>without</u> medication for 24 hours

- ✓ No diarrhea or vomiting for 24 hours
- ✓ No significant cough, nasal congestion or stomachache
- ✓ When cleared by your child's doctor (if applicable)