

P.O. Box 157 10407 Merrill Rd. Hamburg, MI 48139 810-222-1140 Hours: Monday-Friday 9:00am –4pm

Julie Eddings Senior Program Director

Senior Center Newsletter October 2022



Hello Everyone!! Happy October!!

I hope you are all doing well and settling into the new rhythms of fall. I am always sad to see summer go but I do

love the fall. The colors are beautiful, the days are still warm, and the nights are cool. Perfect for bonfires and perfect for sleeping!!

I know it's hard to believe but the Holiday Bazaar will be here before we know it!! It is always a great fundraiser for us and I know this year won't be any different. If you would be interested in helping us this year, there is a whole page of information in the newsletter. :)

Some great enhancements are coming to the Senior Center!! Starting with the addition of one more pickleball court!!!! Construction is now underway. Also at the pickleball courts will be a new gazebo. This is the same as the gazebos we are hoping to add to the patio for more shade!!

We have also ordered some more rolling tables. This time we ordered round tables with wheels! We love our current tables to much we decided to try them in a different shape!! :) They will make our inside entertaining much easier!!

We have a lot of good things happening at the center this month. We have fun lunches planned on October 7 (Oktoberfest!) and our Halloween lunch on October 28 (Linda, Carol, and I already have our costumes! Do you have yours??? :))

We have some great crafting opportunities this month! Basket weaving is on October 6, card making with Sharon on October 11, and Christmas card making with Cathy on October 13. Acrylic painting with Steve is on October 14, make a beautiful fall leaf bowl with Barb and Sharon on October 20, and Brookdale will be here for another craft on October 27!!

We have two great presentations this month. A free preplanning seminar with lunch and prizes sponsored by area business leaders on October 12 and an AARP Smart Tek Driving class on October 19.

Our Widow's Friendship Group will meet this month on October 7. We are going to try again to show the new Top Gun Maverick movie on October 21 (Be good weather!) and Karaoke will be back on October 28!!

The Senior Center Bus will be taking us to Hartland Senior Center for a fun Variety Comedy show on October 19 and to Sunrise Diner for Lunch Bunch on October 26!!

I'm out of room!! :) Have a great month!!

Carol Kolad Linda Bauby

The Team:

Travel Host: Christine Hoskins

Senior Center Bus: Kelly Collins

Monthly Doings:

Drive Through Birthday Celebration Wednesday, October 5 at 12 pm

<u>Line Dancing Class</u> Wednesday, October 5 at 1 pm

Athletico Balance Exercise Class Every Wednesday, at 10 am (5,12,19,26)

Basket Weaving Class Thursday, October 6 at 10 am

Patio BBQ-Octoberfest Friday, October 7 at 11:30 am

<u>Flying Solo</u> Friday, October 7 at 12:30 pm

<u>Sharon's Card Making Class</u> Tuesday, October 11 at 9 am & 12:30 pm

Preplanning Financial Preso & Lunch Wednesday, October 12 at 12 pm

Cathy's Christmas Card Making Class Thursday, October 13 at 1 pm

<u>Flu Shot Vacine Clinic</u> Friday, October 14 from 9 am-2 pm

Steve's Acrylic Paint Class Friday, October 14 at 1 pm

Hartland "Rewind the 70's" Wednesday, October 19 at 12 pm

AARP Smart Driver Tek Workshop Wednesday, October 19 at 1 pm

Fall Leaf Bowl Thursday, October 20 at 11 am

Book Club Thursday, October 20 at 1 pm

Movie-"Top Gun Maverick" Friday, October 21 at 1 pm

Lunch Bunch Wednesday, October 26 at 12 pm

Brookdale Craft Thursday, October 27 at 11 am

Patio Halloween Lunch Friday, October 28 at 11:30 am

<u>Karaoke</u> Friday, October 28 at 1 pm



Love, Julie





Senior Center News & Information



For the safety of all of us, please do not come to the center if you are not feeling well. If you have a fever, cough, shortness of breath, muscle pain, sore throat, new loss of taste or smell, or new vomiting or diarrhea, please stay home and contact your health care provider.



Senior Nutrition Program

Please call 24 hours in advance to reserve your lunch.

Curbside and Dine In!!

Monday through Friday 11:30 am to 12:00 pm

Cost: \$3 Hot Lunch

\$2 Sack Sandwich Lunch

Menus are available at the Senior Center or on the website.



Thank you to these businesses for their continued support!!

- Kroger
- Alpine Florist & Gifts
- WellBridge of Pinckney
- Independence Village of Brighton
- Riverside Pizza
- Brookdale Brighton
- Unilock Michigan
- Cambrian Senior Living
- Fresh Take Home Cooking
- Advanced Water Treatment
- Scream's Ice Cream



Senior Center Bus with Kelly

The Senior Center bus is available 5 days a week by appointment . You must schedule a

ride by noon on Wednesday for the following week.

Any scheduling done after Wednesday cannot be guaranteed and can be scheduled only if availability permits. Call the office or Kelly at **517-295-9183**.

<u>Please no texting. Leave a message and she will</u> <u>return your call.</u>

Senior Center Bus Scheduling Tiers:

As approved by the Senior Advisory Council on January 12, 2022 Tier 1:

• All essential transportation including rides to medical appointments, essential shopping, and banking.

<u>Tier 2:</u>

 Rides to Hamburg Senior Center for programs and activities. Rides to activities scheduled by Hamburg Senior Center (i.e., lunch bunch, group shopping, and movies.)

<u> Tier 3:</u>

- All non-essential trips within Hamburg Township borders including pick up and drop off.
- All non-essential trips outside of Hamburg Township borders including pick up and drop off.

Paper shredding!!

Paper Shredding from Iron Mountain Shredding is available to our members. Please call the office to check on bin availability if you have a large amount of shredding.



Pool Table Hours: Medicare Open Enrollment October 15—December 7 Tuesday: 9 am to 4 pm You can make changes to your Medicare Part D drug plan or pick a new Medicare Advantage Plan October 15— December 7. To set up an appointment with Linda Bauby, a MMAP Specialist, please call the Senior Center Office at 810-222-1140 newsletter or call the office for availability. **Donation Items needed: LCCC Christmas Blessings** Northfield Human Services Pantry is putting Livingston County Catholic Charities is together Personal Essentials Hygiene Bags. They are looking for donations of:

~Soap ~Toothpaste ~Shampoo ~ Deodorant

~Disposable Razors ~ Toothbrushes ~ Dental Floss

A donation bucket is located at the Senior Center.

Monday: 9 am to 12 pm

Wednesday: 9 am to 12 pm

Thursday: 9 am to 12 pm

Friday: 9 am to 4 pm

Pool tables may be closed at other times. Please check the

starting to collect items for their Christmas Blessings Boxes. They have asked our center to collect canned soups. We will have a donation box in the lobby!!



Would you like to have a name badge??

Debbie Kooperman has volunteered to make specialty Senior Center Name Badges for us. Please stop in to pick up an order form and choose what your FREE name badge will look like and say!

Senior Advisory Board Meeting Recap

Old Business: A) BUILDING UPDATES: Tables are ordered with a lead time of 50-70 days. Patio Cover will be constructed at the pickle ball courts. Once constructed, the number of structures can be determined for the Senior Center. DOORS & FLOORS: We are waiting on a third quote for the doors. Flooring may be delayed as the township gathers more information on the ARPA funds. B) VOLUNTEER HANDBOOK: Parks & Rec has a volunteer waiver that will be adopted by the Senior Center. A training manual is being drafted for the front desk volunteers. C) BY-LAWS COMMITTEE: We have 3 members and 2 Advisory Board members to draft the By-Laws. Julie will set up work time with the group. D) CAMPAIGN POLICY: Will be written into Senior Center By-Laws.

New Business: A) COVID/FLU CLINICS: Genoa Healthcare will be supplying both COVID and Flu shots. Pharmacy licensing and liability was sent to Township Clerk. B) HOLIDAY BAZAAR: 23 of the 32 tables have been sold. Julie will put information in newsletter for volunteers.

Board Comments: Sue Pack commented that the ladies bathroom water has an egg smell. Pinckney Plumbing will be called to investigate the instant hot heater in the bathroom.

Member Information



October Birthdays Birthday Celebration on October 5. RSVP by Friday, Sept. 30

Carl Aldighieri Dorothy Babcock Nan Ball Terri Benedict **Norine Bibicoff** Mary Jane Blaisdell Sue Boike **Mary Anne Britton Roger Brosch** Albert Cavicchiolo Jean Chiado Marcie Choszczyk Janet Cook Virgina Craigmile **Pam Friedline** Claudia Garrett **Daniel Georgia Karen Gladney Roxie Glover** Sandra Gow Jo-Ann Gruber Jim Hall **Ralph Hatt Marlene Henry Bill Hess Colleen Hickey** Karen Hubbard Christine Iwanski Judy Johnson Sue Junge Alice Kapp **Bette Kelly**

Bruce Kubly Susan Lingris Janet Logghe Nona Lusby Joan Mahnken **Don Maneikis** Arlean March **Carole Marshall** Garv Matuszak Deanna McDowell **Chuck Menzies Dorothy Mickevucius** Wanda Miller **Robert Moenart James Morris Margie Pankow** Joe Patrell **Kay Pressey Kathy Redies** John Sanders **Billie Saunders** John Sautter Marvin Snyder **David Spielman** Jim Sternberg Jane Thompson Gino Venturi Fred Wark Scott Weinmann **Debi White** Valerie Zapinski **Rosalind Ziemba**



Ellen Babas **Brian Block** Susan Christensen Allison Coffey Frank and Pat Collins Lola Davis Barbara Garrison Corinne Gottman

Carl Kayden

Debbie Lovin

Doug & Barb McCabe

Deanna McDowell

John Maurer

Bill & Janet Mull

Shirley Osburn

Thomas & Valerie Parr

Steve Pepper

Maria Ponti

Evelyn Schlansker



Get Well Wishes

Please keep these members in your thoughts and prayers:

- Marcie Choszczyk **Kay Muller Ron Hingst** Mary Perdersen **Betty Hubrecht Deloris Stark**
- Pat Kolasinski **Doreen Steenberg Phyllis Lindblade Arlene Woltman Bud Mahnken**



Our Condolences

On a sadder note, we would like to share the loss of these members. Please extend your sympathy to the families of:

> **Charles Eggert Ray Bennett**

Activities and Programs



Line Dancing at the **Senior Center!**

Wednesday, October 5 at 1 pm

We are having so much fun that Shari will be back to teach us some more moves!!

Please sign up with the office.

Widow Friendship Group

Flying Solo

Friday, October 7 at 12:30 pm

A place to gather, talk, create friendships,



BRIDGE Wednesdays at 1 pm

We are now playing Bridge at the Senior Center on Wednesdays at 1 pm! Come and help us get a Bridge Group started at the center!!



Basket Weaving

Thursday, October 6

10 am - 2 pm Cost: \$38

Large Storage Basket

Do you need a big basket? This may be it. It is about 12 x12" x12" without the handle. So perfect for storing lots of projects. The basket has alternating dyed and natural colored spokes, which gives ooptins for designs on the sides of the basket. Several colors will be available. You will also have to concentrate on shaping the handle to fit the basket.

Please register with the office.



Card Making Class

With Sharon Wietecha Day: Tuesday, October 11 Times: 9:00 am & 12:30 pm Fee: \$10

(Optional \$2 for a card for our soldiers and center) Please bring scissors and adhesive with you to class. Please register with the office.



Lunch!! BBO!!

Please call the office to register.

Octoberfest: Friday,

October 7 at 11:30





Halloween Lunch: Friday, October 28, at 11:30



Fall Preplanning Financial Presentation by Senior Leaders Network of Livingston County

Includes: Lunch, Beverages and Prizes

Wednesday, October 12 from 12 pm-1:30pm

Please call the office to register.



Christmas Card Making Class

With Cathy Crowley

Thursday, October 13 at 1pm Fee: \$10 for 3 cards

Choose between a traditional, Snow Globe or Slimline Christmas townhouse. Lots of stickers and embellishments.

Please register with the office.





Flu Shot Vaccine Clinic

With Genoa Healthcare

Friday, October 14

from 9 am-2 pm

Family and friends are welcome! Please bring a photo ID and your insurance card. Please register with the office.

Activities and Programs



Acrylic Painting Lessons with Steve Wood

Artist, Former TV Host, Author

Friday, October 14 1 pm-3 pm

\$20 per class

No experience or supplies necessary.



Fall Leaf Bowl

Thursday, October 20 at 11 am

Fee: \$10

Come and create a fall leaf bowl with Sharon and Barb! Using silk leaves, a balloon, and Modge Podge, you will create a beautiful fall leaf bowl.

Please register with the office.



Hamburg Senior Center Book Club

Come and discuss this month's book and find out what we are going to be reading next!!

Thursday, October 20 at 1 pm

Please register with the office.



Let's Try Again... **Top Gun Maverick** 2022 Friday, October 21 at 1 pm

Rated: PG-13 Running Time: 2h 11 m

After more than 30 years of service as one of the Navy's top aviators, Pete "Maverick" Mitchell is where he belongs, pushing the envelope as a courageous test pilot and dodging the advancement in rank that would ground him. Training a detachment of graduates for a special assignment, Maverick must confront the ghosts of his past and his deepest fears, culminating in a mission that demands the ultimate sacrifice from those who choose to fly it.



The Hartland Senior Activity Center Presents: "Rewind the 70's!"



A variety comedy show with lots of laughs, groovy music and nifty dancing!

> Wednesday, October 19 at 1 pm Bus leaves at 12 pm

Tickets \$10 (\$15 at the door)

There will also be a Bake Sale and Gift Shop, overflowing with local items and goods!

Please register with the office.

Whole Brain Exercise Class

Presented by Leigh Harter Speech Services

Every Wednesday from 11:30-12:00 **Cost: \$5**

Join this free class that integrates left and right sides of the brain and body with exercise, vision, rhythm, vestibular and auditory processing to improve...

Social Interaction ~ Memory ~ Sequencing ~ Attention ~



Verbal Reasoning ~ Quality of Life



Please register with the office.



AARP Free, 90-minute **Smart DriverTEK Workshop**

Wednesday, October 19 from 1 pm - 2:30 pm

This workshop covers important life-saving vehicle safety technology for mature drivers that are in the market for a new car or who have recently purchased a new vehicle. Topics covered include Automatic Emergency Braking, Blind Spot Warnings, Drowsy Driver Alerts, and more.

Please register with the office.

Space is limited, please register with the office.

Activities and Programs

Free Balance Class

Presented by Athletico

With Elizabeth Blanchard, PT, DPT

Class 10am Every Wednesday at Senior Center

Please call the office to register.

Brookdale Craft

Join Tisha from Brookdale for a FREE and unique craft, which will be revealed soon.

Thursday, October 27 at 11 am

Please call the office to register.



Lunch Bunch at Sunrise Diner

Wednesday, October 26 at 12noon

Please register with the office.



Chair Exercise with Shannon!! Thursdays at 10 am

Meet, Greet, and Snacks with Shannon on:

Thursday, October 13 at 10 am

Shannon is an Ace Certified Personal Trainer with a focus on Senior Strength Training.

Exercise

<u>Monday:</u>

• <u>Chair Exercise with Kathy at 10 am</u>

Meeting ID: 973 0593 4545 Password: 464104

- <u>Wednesday:</u>
 <u>Balance Class with Athletico</u> at 10 am
- <u>Whole Brain Exercise Class</u> at 11:30 am - Cost \$5

<u>Thursday:</u>

• <u>Exercise with Shannon at 10:00 am</u> Meeting ID: 915 8007 3272 Password: 212577

Karaoke Party!!

Friday, October 28 at 1 pm

Join Carl Marocco and sing (or just listen) to songs from: Frank Sinatra, Neil Diamond, Chubby Checkers, and more!!! Please call the office to register.



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Senior Center Bus Trips

*Hartland "Rewind the 70's"-October 19 at 1 pm *Lunch Bunch to Sunrise Diner-October 26 at 12 pm Please register with the office.

Yoga

<u>Tuesday:</u>

• <u>Floor Yoga with Lisa at 9:15 am</u> Meeting ID: 869 2818 6181 Password: 562558

• <u>Chair Yoga with Lisa 10:30 am</u> Meeting ID: 946 3441 1658 Password: 703324

Wednesday:

• Yoga with Lisa 10:00 am

Meeting ID: 959 8550 6087 Password: 268664

> Suggested Donation of \$5 to Lisa Weaver for the yoga classes. Thank you!!!

Charter Travel Opportunities

More information, a complete list of trips, and trip flyers are available at the center.

Bíanco Tours

<u>Firekeepers</u>

<u>Tuesday, October 18, 2022 9-5 pm \$40</u>

- \$20 slot credit
- \$5 for food, slot or gift shop



Please pay for all Bianco trips 30 days in advance.

<u>Shipshewana Christmas</u>

Wednesday, November 9, 2022 7:45-8:30 pm \$130

- Lunch at Blue Gate Restaurant
- "Our Christmas Dinner" Theatre Production

<u>Nite Lights at MIS</u> <u>Wednesday, December 7, 2022</u> 2:45-8:15 pm

- Dinner at Jerry's Pub
- Christmas Lights at MIS Speedway

VILLAGE TRAVELERS

Please sign up for all trips with Village Travelers

\$78

Upcoming travels with Village Travelers:

- Nov. 15-17 Authentic Amish Country with lodging at the spectacular Carlisle Inn in Sugarcreek, Ohio
- Dec. 6th Historic Holy Trinity with the World's Largest Hummel Display and more/luncheon
- Dec. 12-16 Spotlight on New York City Holiday with Collette Tours and Village Travelers
- May 6-16, 2023 Shades of Ireland with Collette Tours and Village Travelers
- June 2023 St. Lawrence River Cruise Kingston, Ontario

Check out our website at www.villagetravelers.net or email us at Lois@villagetravelers.net

Premíere World Travel



Hawaii

3 Island Adventure

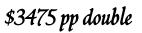
- 9 Days/8 Nights
- Oahu, Hawaii (the Big Island), & Maui
- Airfare Included
- February 21, 2023 *\$5445 pp double*

Please sign up for all trips with **Premiere World Travel**

Coastal Maine

Landscapes & Lighthouses

- 7 Days/6 Nights
- One night in Boston & 5 Nights in Ogunquit
- Airfare Included
- October 7, 2023



Holíday Bazaar 2022!

This year the Holiday Bazaar will be on Saturday, November 19 from 9 am -2 pm!!

Set up will take place on Friday, November 18 at 9 am. Interested in volunteering? We need...



Bakers!

Once again we will be having a bake sale! If you are willing to donate baked good items in individually wrapped portions please sign up at the front desk!!





Volunteers!

We need help with set up and take down. We also need help selling raffle tickets, delivering food to the vendors, and sitting at the bake sale and craft tables. Please sign up with the

front desk!!



Crafers!

We are looking for items to be donated for our Senior Craft Table! We appreciate any handmade crafts that you would be

willing to donate to the center! Please sign up

at the front desk!!



Kitchen Help!

Chili, Hot Dogs, Chips, Oh My!! If you'd like to help cook and serve in the kitchen, we'd love your help. Please sign up with the front desk!!



Have a great place for a yard sign? Signs will be available the first week of November!!

Please check out a sign with the office!!

Monday	Tuesday	Wednesday	Thursday	Friday
3 Exercise with Kathy -10 am MOW Pick Up -11:30 am Euchre -12:30 pm Mahjongg -12:30 pm Ripple -12:30 pm	4 Floor Yoga -9:15 am Chair Yoga -10:30 am MOW Pick Up -11:30 am Bingo -1:00 pm	5 Birthday Lunch -12 pm Yoga with Lisa -10 am Balance Class -10 am Brain Works -11:30 am MOW Pick Up -11:30 a Art with Debbie -12 pm Line Dancing -1 pm	6 Exercise w/Shannon -10 am Basket Weaving -10 am MOW Pick Up -11:30 am Pinochle -12:30 pm Mahjongg -12:30 pm Ripple -12:30 pm	7 Quilt/Needle arts -9 am Kitchen Band -9:30 am Ukulele Group -11 am MOW Pick Up -11:30am Patio BBQ -11:30 am Flying Solo -12:30 pm
10 Exercise with Kathy -10 am MOW Pick Up -11:30 am Euchre -12:30 pm Mahjongg -12:30 pm Ripple -12:30 pm	11 Card Making at 9am & 12:30p Floor Yoga -9:15 am Chair Yoga -10:30 am MOW Pick Up -11:30 am Bingo -1:00-2:30	12 Yoga with Lisa -10 am Balance Class -10 am Brain Works -11:30 am MOW Pick Up -11:30 am Financial Preso w/lunch -12pm Art with Debbbie -12 pm	13 Exercise w/Shannon -10 am MOW Pick Up -11:30 am Pinochle -12:30 pm Mahjongg -12:30 pm Ripple -12:30 pm Christmas Card Making -1pm	14 Flu Shot -9am -2pm Quilt/Needle arts -9 am Kitchen Band -9:30 am Ukulele Group -11 am MOW PickUp -11:30 am Acrylic Paint Class -1 pm
17 Exercise with Kathy -10 am MOW Pick Up -11:30 am Euchre -12:30 pm Mahjongg -12:30 pm Ripple -12:30 pm	18 Floor Yoga -9:15 am Chair Yoga -10:30 am MOW Pick Up -11:30 am Bingo -1:00-2:30 pm	19 Yoga with Lisa -10 am Balance Class -10 am Brain Works -11:30 am MOW Pick Up -11:30 am Art with Debbie -12 pm Rewind the 70's -12 pm AARP Smnart Driver -1 pm	20 Exercise w/Shannon -10am Fall Leaf Bowl -11 am MOW Pick Up -11:30 am Pinochle -12:30 pm Mahjongg -12:30 pm Ripple -12:30 pm Book Club -1 pm	21 Quilt/Needle arts -9 am Kitchen Band -9:30 am Ukulele Group -11 am MOW PickUp-11:30am Movie Top Gun Mavrick 1pm
24 Exercise with Kathy -10 am MOW Pick Up -11:30 am Euchre -12:30 pm Mahjongg -12:30 pm Ripple -12:30 pm	25 Floor Yoga -9:15 am Chair Yoga -10:30 am MOW Pick Up -11:30 am Bingo -1:00-2:30 pm	26 Yoga with Lisa -10 am Balance Class -10 am MOW Pick Up -11:30 am Brain Works -11:30 am Art with Debbie -12 pm Lunch Bunch -12 pm	27 Exercise w/Shannon -10 am Brookdale Craft -11 am MOW Pick Up -11:30 am Pinochle -12:30 pm Mahjongg -12:30 pm Ripple -12:30 pm	28 Quilt/Needle arts -9 am Kitchen Band -9:30 am Ukulele Group -11 am MOW PickUp -11:30am Halloween Lunch -11:30am Karaoke -1 pm
31 Exercise with Kathy -10 am MOW Pick Up -11:30 am Euchre -12:30 pm Mahjongg -12:30 pm Ripple -12:30 pm	E C	PBC R	Hallowesn	Senior Center Hours Monday-Friday 9:00 am-4:00 pm