



We know that you are pumped to recycle, but there are some things that just can't go into your recycling bin. Pumps from lotion and soap bottles are some of "those things." Not only are pumps often made from a mix of plastics, but many also contain a metal spring, which is a contaminant for plastic recyclers. So rinse the bottle and toss it into your bin, but it is best to toss the pump in the trash.



[America Recycles Day \(ARD\)](#), held every year on November 15, is a national campaign to raise awareness about the benefits of recycling and buying products made with recycled materials. There are many great ways you can recycle more and better, and what better time to start than ARD?



If you can't reuse it, refuse it! Plastic utensils cannot be recycled, so if given the choice, refuse them. For other great ways to reduce waste, visit [Beyond Recycling: Reduce and Reuse](#).



This Thanksgiving, be thankful and grateful, but not wasteful! Remember to set up recycling and [composting](#) at your festivities, and use only durable tableware. It's also a good time of year to start [Reducing Wasted Food at Home](#), which helps both the planet and those in need.