## 4 HEALTH

### 4.1 Healthy and Supported Community

#### 4.1.1 Connect residents to available health resources

**ACTION STEPS:** Inventory the healthcare resources available in the neighborhood and ensure that all residents can access the resources they need; Work to make healthcare more accessible through diverse outreach strategies, including providing healthcare and family planning to sex workers

**Short (0 - 2 yrs)**

**Community:** Alief-Westwood NST

**City:** HHD

**Community Connectors:** The Landing, IORA Clinic, Texas Children's Hospital, Hope Health Clinic

**Metrics:** Advocate Assist Outreach, Assist

#### 4.1.2 Expand and connect residents to mental health care

**ACTION STEPS:** Build on the programs available at area schools and clinics to ensure that all residents are able to access mental health care; Focus particularly on connecting vulnerable populations such as youth, unhoused residents, and sex workers to the services they need

**Short (0 - 2 yrs)**

**Community:** Alief-Westwood NST

**City:** HHD

**Community Connectors:** The Landing, IORA Clinic, Texas Children's Hospital, Hope Health Clinic

**Advocate Assist Advocate, Advocate, Implement**

#### 4.1.3 Host regular health fairs and wellness events

**ACTION STEPS:** Address health disparities in the neighborhood, including health insurance enrollment, by advocating for regular health fairs and wellness events; Distribute information about events to the community across multiple platforms and languages

**Short (0 - 2 yrs)**

**Community:** Alief-Westwood NST

**City:** HHD

**Community Connectors:** Higher Dimension Church, The Landing, IORA Clinic, Texas Children's Hospital, Hope Health Clinic

**Outreach, Advocate Advocate, Outreach, Implement**

### 4.2 Clean and Healthy Environment

#### 4.2.1 Ensure safe drinking water

**ACTION STEPS:** Develop awareness of water quality challenges in the neighborhood and monitor water quality to guarantee safe drinking water for all residents; Conduct a study on the groundwater and potential cancer cluster in ZIP Code 77099

**Short (0 - 2 yrs)**

**Community:** Alief-Westwood NST

**City:** HHD

**Community Connectors:** TCEQ, EPA

**Advocate Assist Advocate, Implement**

#### 4.2.2 Remedi ate the Sugar Hill landfill site

**ACTION STEPS:** Establish a committee that includes representatives from the community, city, county, and federal agencies to develop an actionable plan for the remediation of the Sugar Hill landfill site, including identifying new uses for the site

**Long (5 + yrs)**

**Community:** Alief-Westwood NST

**City:** HHD, HCO

**Community Connectors:** TCEQ, Area Developers

**Advocate Advocate Advocate, Advocate, Implement**

**Metrics:** Comprehensive water quality testing is complete by 2025

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**PLAN Legend:**
- Complete Communities
- CoH CIP 2019-2023
- Houston Bike Plan (2017)
- HPARD Master Plan (2015)
- International District Plan
- AARP
- Southwest Mgmt District Plan
- Livable Centers Study
- Climate Action Plan

**Action Plan**: 33