



Community Resources and Provider Links

Medford Food Resources

(See City of Medford Food Resource Link below)

<https://www.medfordma.org/food-resources-in-medford/>

The Commodity Supplemental Food Program (CSFP) – USDA nutrition program that serves low-income Medford Housing Authority Public Housing residents age 60 and over each month. The program is designed to meet the unique nutritional needs of participants, supplementing diets with a monthly package of healthy, nutritious food.

The food package is delivered once per month to a specified MHA location.

To learn more about this free food program please call Lisa Tonello at 781-396-7200 ext.130

Mystic Community Market

Located at Walnut Street Center

291 Mystic Avenue

Medford, MA 02155

Market phone number: (617) 629-5120

Market website: <https://ymcamalden.org/>

Housing Resources

Department of Transitional Assistance (DTA)

The Department serves people in the state with food and economic assistance and opportunities to find jobs and further their training.

<https://dtaconnect.eohhs.mass.gov/>

245 Commercial Street, Malden, MA 02148

Phone (781) 388-7300 Fax (617) 887-8765

ABCD

Housing and Homelessness Prevention - Mystic Valley

6 Pleasant Street, Suite 527

Malden, MA 02148

617.348.6347

housing@bostonabcd.org



Legal Services

Greater Boston Legal Services

Provides free civil (non-criminal) legal assistance to low-income people in Boston and thirty-one additional cities and towns.

197 Friend Street
Boston, MA 02114
617-371-1234

Disability Law Center

11 Beacon Street, Suite 925
Boston, MA 02108
617 723-8455 | 800 872-9992

MA Commission Against Discrimination

1 Ashburton Place, Suite 601
Boston, MA 02108
617-727-3990

Our mission is to eradicate discrimination in the Commonwealth by investigating and prosecuting Complaints of Discrimination that occur in Employment, Housing, Public Places, Access to Education, Lending, and Credit.

Housing Families, Inc.

919 Eastern Avenue
Malden, Massachusetts
(781) 322-9119
Keeping families housed; Emergency Shelter; and Legal Services

MassLegalHelp

Assists families in finding practical information about their legal rights.

Elder Law Project

Intake Line: 617-651-2357
The Elder Law Project's two-fold mission is to educate low-income seniors about the importance of having end-of-life documents such as wills, health care proxies, durable powers of attorney, and living wills — and to prepare these documents on a pro bono (free) basis.

MHLAC—Mental Health Legal Advisors Committee

Advancing the rights and opportunities of persons with mental health challenges.
24 School Street, Suite 804
Boston, MA 02108
617-338-2345



GLAD

18 Tremont, Suite 950
Boston, MA 02108
Phone: 617.426.1350
Fax: 617.426.3594
Email: gladlaw@glad.org
GLBTQ Legal Advocates & Defenders

Health and Wellness

Eliot Community Health (Emergency Services Provider)

Adult Children, Youth and Family Services

<https://www.eliotchs.org/services/>

SAMHSA's National Helpline – 1-800-662-HELP (4357)

A free, confidential, treatment referral and information service for individuals and families facing mental and/or substance use disorders.

Parenting Supports

Medford Family Network (MFN)

The MFN is a family support and parenting education program that is available to every child and caregiver who lives or works in Medford with at least one child prenatal through age seven.

Family Specialist Marie Cassidy

Medford High School

489 Winthrop Street

Medford, MA 02155

Telephone: 781-393-2106

Email: mcassidy@medford.k12.ma.us

Department of Children and Families (DCF)

DCF works in partnership with families and communities to keep children safe from abuse and neglect. In most cases, DCF can provide supports and services to keep children safe with parents or family members.

600 Washington St, 6th Floor, Boston, MA 02111

Telephone: (617) 748-2000

<https://www.mass.gov/orgs/massachusetts-department-of-children-familiesDCF>



Afterschool and Youth Programing

Medford Recreation

30 Forest Street

Medford, MA 02155

Email: medfordrecreation@medford-ma.gov

Willis Ave. Development Community Center (for MHA youth only)

148 Exchange Ave.

Medford, MA 02155

Email: ltonello@medfordhousing.org

Supportive Services for Elders and Persons with Disabilities

Mystic Valley Elder Services

info@mves.org

781-324-7705 TTY 781-321-8880

300 Commercial Street #19, Malden MA 02148

Medford Council on Aging

Medford Senior Center

101 Riverside Avenue

Medford, MA 02155

Pamela Kelly, Director of Elder Affairs

781-396-6010

pkelly@medford-ma.gov

West Medford Community Center

111 Arlington Street,

Medford, Massachusetts 02155

781) 483-3042

info@wmcc.us

The RIDE

Main Hotline: 617-222-3200

Toll Free: 800-392-6100

TTY: 617-222-5146

Door to Door SCM Transportation

167 Holland St,

Somerville MA 02144

617-625-1191 (press "0" for Reservations)



Immigrant Services

The Immigrant Learning Center, Inc.

442 Main Street
Malden, MA 02148-5117
Our E-mail
info@ilctr.org
Phones (781) 322-9777
TTY: (800) 439-2370
Fax: (781) 321-1963

MIRA (Massachusetts Immigrant and Refugee Advocacy Coalition)

<https://www.miracoalition.org/>

Catholic Charities Refugee and Immigrant Services

275 West Broadway
South Boston, MA 02127
Ph: (617) 464-8100
Catholic Charities
<https://ccab.org/ils>

Greater Boston Legal Services (Immigration Unit)

197 Friend Street
Boston, MA 02114
Ph: (617) 371-1234/ 800-323-3205
<https://www.gbls.org/our-work/immigration>

Irish International Immigrant Center

One State Street, Suite 800
Boston, MA 02109
Ph: (617) 542-7654
<https://www.riancenter.org/what/immigration-legal-services/>

Domestic Violence Services

RESPOND, INC.

PO Box 555
Somerville, MA 02143
info@respondinc.org
(617) 623-5900 Support Line (8AM-8PM, M-F)
(617) 625-5996 Admin