

SPRING 2021

GOOD CHOICES

MCHA Resident Services Newsletter



Resident Services Are Back!

Spring has sprung & so has Resident Services! After a hiatus due to COVID-19, we are pleased to announce the return of in-person events! Residents will still need to use precautions such as wearing a mask, maintaining social distancing, and hand sanitizing. Check the attached flyers for more details. Call Resident Services at 724-854-2176 to register for events!



Emergency Rental Assistance Program

The ERA Program Could Help with Back Due Rent

Pennsylvania received approximately \$569 million to administer assistance to renters, landlords, and utility providers who have been affected by the pandemic and economic insecurity. People who have been affected, are past due on rent, and are at 80% of the area median income are encouraged to apply. ERA Program is now taking applications; the program itself will be opening soon.

To apply:

- Go to compass.state.pa.us
- Click "Get Started: under ERA Program"
- Select "Mercer County"
- APPLY TODAY!



Did You Know?

You can provide your email and have some documents signed via DocuSign! Contact your property manager for more details.

Contact Resident Services

724-854-2176

102 Wallis Ave.
Farrell, PA 16142

m.burke@mchousing.net

OFFICE HOURS
M-F 8AM - 3:30PM

Quit Smoking This Spring!

Free Online Class- Plus a Gift Card for Completing the Sessions

Nicotine Free NWPA is offering free online cessation classes this spring. These classes are designed to help you quit cigarettes, vaping, or chew. Classes begin April 1, 2021, and will occur for 6 Thursdays in a row from 12-1 pm.



Participants will need internet & a device to connect to Zoom. Quit Kits and books will be mailed. Gift cards will be awarded to attendees who complete 5 sessions of the program. Safe & proven-to-work quit aides are also available.

MUST REGISTER to attend. Register at tobaccofreenwpa.sunstrata.com/register
For more information call 724-662-1550 x147



"Happiness held
is the seed;
Happiness
shared is the
flower."

JOHN HARRIGAN

Community Food Warehouse Senior Food Boxes

Community Food Warehouse offers a Senior Food Box Program where participants receive a food box once a month at the warehouse. If you don't have a car, an assigned proxy can go in your place. Program requirements are being 60 and over & income eligible (1 person monthly gross income- \$1,396 or 2 person monthly gross income- \$1,888).

They also have immediate openings in their drop-off box program. Contact your manager to see if the program delivers to your site.

To sign up for either program, contact Terry at the Food Warehouse at 724-981-0353 ext. 105.

Spring Events

Painting Class

The very popular painting class is back! In April, we will be painting a bicycle full of flowers for spring. No experience is required! PRE-REGISTRATION REQUIRED.

Rent Rebates

Rep. Longetti's office will be coming on-site to help with Rent Rebates. Residents will need to bring income & a driver's license. PRE-REGISTRATION REQUIRED.





Healthcare Scholarship

The PHN Charitable Foundation is now accepting applications for their 2021 healthcare scholarships! Each year, they award a total of \$30,000 in scholarships to those pursuing a career in healthcare or allied health. Applications are being accepted through March 31, 2021 Apply today! Visit: <https://phnfoundation.net/healthcare-scholarships.aspx>

EducationPlanner.org

EducationPlanner is your one-stop career and college planning website. EducationPlanner provides practical and easy-to-understand advice to help prepare students for the important decisions they will face in the future.

Find scholarships and grants, learn about student aid, and ways to pay for college. This is a great resource for anyone pursuing higher education. Check it out!

Spring Cleaning Tips & Tricks



Organize and Clear the Clutter

When clearing out clutter, sort items into 4 categories: trash, give away, store, or put away. Also remember the advice of organizing queen, Marie Kondo, if it doesn't bring you joy or serve a purpose- get rid of it!

Get Everyone Involved

Even young children can be excellent helpers. Assign age-appropriate chores, so everyone feels included. Try throwing on some music as you all clean or establishing a household reward as an incentive to get the work done.

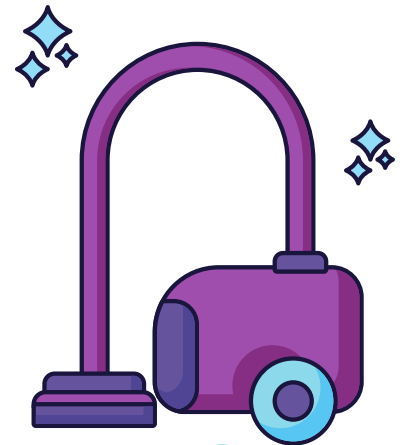


Spotless Windows

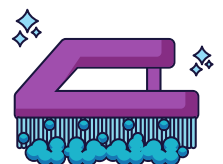
Wait for an overcast day and start on the shady side of the house, as the direct sun can lead to streaks. Raise blinds or shades and wash windows with glass cleaner and a microfiber cloth. Then lower the blinds and vinyl shades and dust with a duster and finish by vacuuming the fabric shades and drapes.

Free Flowing Shower Drains

To freshen drains (not unclog them) and help keep them free-flowing, mix 1/2 cup baking soda with 1/4 cup table salt. Pour the mixture down the drain, followed by 1 cup heated vinegar. It will foam and bubble. Let it stand for 15 minutes tops. Follow by running hot tap water for at least 15 to 30 seconds.



A clean home can improve your immune system!





Winter Highlights!



Residents enjoyed
cookie decorating
sponsored by
United Healthcare



Residents
were
competitive
during Wheel
of Fortune!

