

# 2024 Senior Center Class Schedule

- ◆ Please note there may be a time that your scheduled time/room is not available due to a need for the room you currently use. Please, do not go in another room without checking with Samantha at (856)234-0001 ext. 1241. There are many classes that are scheduled daily and you may be using another room that is schedule for another group.
- ◆ We ask that everyone is respectful to all other clubs and classes; any discrepancies, please let Samantha know.
- ◆ All classes will be held at the Laurel House—564 Walton Ave.

**\*\*Classes require no experience\*\***

## Dates the Laurel House will be closed:

January 1, 2024—New Year's Day  
January 15, 2024—Martin Luther King Day  
February 19, 2024—President's Day  
March 29, 2024—Good Friday  
May 27, 2024—Memorial Day  
June 4, 2024—Primary Election  
June 24, 2024—Juneteenth  
July 4, 2024—Fourth of July  
September 2, 2024— Labor Day  
October 14, 2024—Columbus Day  
November 5, 2024—Election Day  
November 11, 2024—Veteran's Day  
November 28, 2024 & November 29, 2024—Thanksgiving  
December 24, 2024 & December 25, 2024—Christmas  
December 31, 2024—New Year's Eve

\*\* This is subject to change due to events at the Laurel House

There may be times that the room will not be available for your class to be held. Your make up class will be added to the end of the 8 week session. Those dates that classes will be cancelled will be made up at the end of each session.

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Resident Fee - \$25.00

Non-Resident Fee - \$50.00

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**\$5.00 Discount for Veterans**

# Yoga Schedule

Yoga is held every Monday and Friday in  
The Laurel House at 564 Walton Ave from 9:00 AM to 10:00 AM

**Instructor: Geoff**

Session 1— January 8, 2024—March 1, 2024

\*Please submit payment on or before January 8, 2024

Session 2—March 18, 2024—May 10, 2024

\* Please submit payment on or before March 18, 2024

Session 3—May 27, 2024—July 19, 2024

\*Please submit payment on or before May 27, 2024

Session 4—August 5, 2024—September 27, 2024

\*Please submit payment on or before August 5, 2024

Session 5—October 14, 2024—December 6, 2024

\*Please submit payment on or before October 14, 2024

# Zumba/Zumba Gold

## Schedule

Zumba/Zumba Gold is held every Tuesday and Thursday in The Laurel House at 564 Walton Ave from 10:00 AM to 11:00 AM

Instructor: Barbara

Session 1— February 13, 2024—April 4, 2024

\*Please submit payment on or before February 13, 2024

Session 2—April 16, 2024—June 6, 2024

\* Please submit payment on or before April 16, 2024

Session 3—June 18, 2024—August 8, 2024

\*Please submit payment on or before June 18, 2024

Session 4—August 20, 2024—October 10, 2024

\*Please submit payment on or before August 20, 2024

Session 5—October 22, 2024—December 12, 2024

\*Please submit payment on or before October 22, 2024

# Low Impact Aerobics Schedule

Low Impact Aerobics is held every Wednesday in The  
Laurel House at 564 Walton Ave from 11:00 AM to 12:00 PM

**Instructor: Patty**

Session 1— February 14, 2024—April 3, 2024

\*Please submit payment on or before February 14, 2024

Session 2—April 17, 2024—June 5, 2024

\* Please submit payment on or before April 17, 2024

Session 3—June 19, 2024—August 7, 2024

\*Please submit payment on or before June 19, 2024

Session 4—August 21, 2024—October 9, 2024

\*Please submit payment on or before August 21, 2024

Session 5—October 23, 2024—December 11, 2024

\*Please submit payment on or before October 23, 2024