NOW HIRING LIFEGUARDS

WHERE AGE IS JUST A NUMBER

Anyone can become a lifeguard and we want YOU!

$16.56/hr start
Open to ages 15+
Training is provided
www.northglenn.org/jobs
City of Northglenn’s
Department of Parks, Recreation & Culture
1 E. Memorial Parkway
Northglenn, Colorado 80233
303.450.8800

Recreation Center Hours
Monday - Friday: 5am-9pm*
Saturday: 7am-8pm*
Sunday: 8am-6pm*
*Guests must exit the facility within 15 minutes after closing.

Closures
Annual Facility Maintenance* August 28 - September 4
Labor Day September 4
Thanksgiving Day November 23
Christmas Day December 25
New Year’s Day January 1

Special Hours
Christmas Eve December 24: 8am - 3pm
New Year’s Eve December 31: 8am - 3pm

Phone Numbers
Guest Services 303.450.8800
Senior Center 303.450.8801
Theatre Box Office 303.450.8888

This guide is a publication of the City of Northglenn. Programs are subject to change. Please check our website www.northglenn.org for the most up-to-date information.

*Northglenn Arts classes and rehearsals will still be held.
Northglenn City Council

Mayor Meredith Leighty
Council Member Megan Burns, Ward 1
Council Member Nicholas Walker, Ward 1
Council Member Becky Brown, Ward 2
Council Member Jay Jaramillo, Ward 2
Council Member Katherine Goff, Ward 3
Council Member Richard Kondo, Ward 3
Council Member Tim Long, Ward 4
Mayor Pro Tem Shannon Lukeman-Hiromasa, Ward 4

Northglenn Parks & Recreation Advisory Board

President Andy Hall, Ward 1
Board Member Morell Madrid, Ward 2
Secretary Mary Peery, Ward 3
Board Member Mary Mondragon, Ward 4
Vice President Chris Unger, At-Large

To apply for the advisory board, go to northglenn.org/boardapplication. For more information, go to northglenn.org/parksboard or email Christie Chambers at cchambers@northglenn.org.

Northglenn Parks, Recreation & Culture Staff

ADMINISTRATION
Amanda Peterson Director of Parks, Recreation & Culture
Christie Chambers Administrative Assistant
Jesse Mestrovic Parks & Recreation Project Manager
Justin Perdue Active Recreation Manager
Michael Stricker Arts, Culture & Community Manager

ACTIVE RECREATION
Tim Hiney Facility Coordinator
Cara Hockaday Children's Coordinator
Deb Lawson Recreation Supervisor
Brian Magnett Recreation Supervisor
Justin Maillot Facility Coordinator
Roman Ortega Sports Coordinator
Kassy Riggle Youth & Teen Coordinator
Sarah Schwaller Fitness Coordinator
Rachel Saccardi Marketing Assistant

NORTHGLENN ARTS
Patrick Berger Theatre Production Supervisor
Kimberly Jongejan Cultural Programs Coordinator
Candice Marchese Patron Experience Coordinator
Terra Mueller Marketing Coordinator
Daniel Mori Technical Director

PARKS
Doug Kegerreis Parks Supervisor
Chuck Mason Jr. Parks Coordinator
David True Parks Coordinator
Rob Webber Operations Manager

SENIOR CENTER
Kate Fisher Senior Center Coordinator
Neighborhood Beautification
Do you have an eye for a beautiful yard? Each summer, volunteers search the community for particularly spectacular front yards.

Park and Trail Partners
Even if your thumb is less than green, help is still needed to plant and care for flowerbeds or keep a park or stretch of trail free from trash and debris.

Snow Stormers
Many city residents physically cannot clear their sidewalks when it snows. If you could shovel their snow - whether in the evening or morning - it would make a huge difference.

Neighborhood Watch
Learn how to keep your streets safer from crime and how to be a better neighbor. Northglenn already has a number of Neighborhood Watch programs — join one or start a watch up in your area.

Northglenn Bike Program
Do you have an unused, old or broken bike lying around, collecting dust? We'll fix it up before giving it to a local family.

Holiday Bike Giveaway
Sat., Dec. 2, 9-11 a.m., Stonehocker Farmhouse, 10950 Fox Run Parkway

Volunteer Projects
Have a volunteer project in mind, or need to volunteer to fulfill school or other requirements? Give us a call to see how we can help.

Community Events
City events vary in size and theme, but we can always use a smiling face and ready hand to assist with set up and event day activities. Events include Derby Day, July 4th Festival, Pirate Fest, Noel Northglenn and more! If you have high energy and excel in organized chaos, this is for you!

Youth Recreation
It takes a lot of effort to put a game together - but your time and commitment pay off. We especially need volunteers for coaching basketball and going on trips.

Senior Center
Support your peers by helping at the information desk, planning parties or providing a friendly face. Your wisdom, experience and joy are welcomed.

Theatre & Cultural Arts
Northglenn Arts needs volunteers (ages 14+) for its Northglenn Youth Theatre (NYT) productions and its Presents series on the night of performances to help with greeting, ushering, ticket taking and concessions. If you want to get more involved behind the scenes of NYT, we also need adult volunteers (ages 18+) to help with costuming and set painting and construction.

For more details contact Jenni Murphy at 303.450.8904 or jmurphy@northglenn.org or visit www.northglenn.org/volunteer.

“We make a living by what we get. We make a life by what we give.” - Winston Churchill
**HOW TO REGISTER FOR PROGRAMS:**

<table>
<thead>
<tr>
<th>Registration Type</th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Online Registration</strong></td>
<td>Begins Monday</td>
<td>Begins Monday</td>
</tr>
<tr>
<td></td>
<td>August 14 at 5am</td>
<td>August 21 at 5am</td>
</tr>
<tr>
<td><strong>Walk-in Registration</strong></td>
<td>Begins Monday</td>
<td>Begins Monday</td>
</tr>
<tr>
<td></td>
<td>August 14 at 8am</td>
<td>August 21 at 8am</td>
</tr>
<tr>
<td><strong>Walk-in &amp; Online</strong></td>
<td>Begins Monday</td>
<td>Begins Monday</td>
</tr>
<tr>
<td>Registration</td>
<td>July 17 at 8am</td>
<td>July 24 at 8am</td>
</tr>
</tbody>
</table>

**ONLINE**
northglenn.org/playnorthglenn

**IN-PERSON**
Recreation Center
NorthglennARTS
NYT Academy

---

Do I have to create an account to use the online registration system? Yes. Please create a new account at northglenn.org/playnorthglenn. The registration link is located at the top of the page. Create a username and password, and add your household members to your account.

What can I do with online registration? You can use the registration website to register for classes, make a payment, look up your transaction history and check your account balance.

Is your system secure? We have taken many steps to ensure the security of your transaction. Our online registration employs 128-bit encryption along with other industry standards.

Are there programs that are not available through online registration? Yes. In these cases, in-person registration is required. However, you will still be able to view the details online. In this guide, the classes with a class code indicate online registration availability.

I am a non-resident. Can I use online registration? Yes. The registration process is the same for both residents and non-residents. However, non-resident fees and registration times may be different from resident fees and registration times.

I don’t feel comfortable using a credit card over the internet. Can I still register online? Yes. If you already have a credit on your account, that credit can be used toward payment for registration. The credit must be large enough to cover the full amount of the class. Otherwise, a credit card will need to be used to pay the difference. You may add credit to your account by going into the Recreation Center. Our online registration system uses a variety of security measures to maintain the safety of your personal information.

Residency
Residents are required to show proof of residency to get resident rates on memberships and program registration.

Proof of residency includes:
- Photo ID with your current Northglenn address.

Photo ID with one of the following documents:
- Utility bill
- Car registration
- Rental contract
- Voter registration card
- Statement from major creditor
- Adams County tax notice

Membership Information
Annual and 6-month memberships can be paid in monthly installments. Family memberships include a parent or guardian and children (17 years & younger) claimed as dependent on your federal tax return and living at the same residence.

A $25 administration fee is assessed for cancellation of 6-month and annual memberships. A $15 fee is assessed for cancellation of 3-month memberships.

Financial Assistance
The City is able to provide limited financial assistance for Northglenn residents to participate in recreation programs. Eligibility is based on income. For more information, contact Christie Chambers at 303.280.7821 or cchambers@northglenn.org.

Lockers
Guests are asked to provide their own locks for lockers. Locks are available for purchase at the Recreation Center guest services desk.

Americans With Disabilities Act (ADA)
Northglenn Parks, Recreation and Culture welcomes and encourages persons with special challenges and needs to participate in any of our programs. Potential participants are invited to contact us to discuss any special accommodations or adaptations that may be necessary for participation in our programs and services. Assistance requests need to be made at least two weeks prior to the activity. Contact the Recreation Center at 303.450.8800 or 303.450.8717 V/TDD for information.
### Daily Admission & Membership Fees

<table>
<thead>
<tr>
<th>Daily Admission</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child (3 - 17 years)</td>
<td>$2.50R / $3.25NR</td>
</tr>
<tr>
<td>Adult (18 - 61 years)</td>
<td>$4.50R / $5.75NR</td>
</tr>
<tr>
<td>Senior (62+)</td>
<td>$3R / $3.75NR</td>
</tr>
<tr>
<td>Groups (10+)</td>
<td>$1 discount per person</td>
</tr>
<tr>
<td>Military/Veteran</td>
<td>20% discount</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Memberships</th>
<th>20-Punch</th>
<th>1-Month</th>
<th>3-Month</th>
<th>6-Month</th>
<th>Annual</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child (3 - 17 years)</td>
<td>$40R / $50NR</td>
<td>$20R / $25NR</td>
<td>$56R / $70NR</td>
<td>$108R / $135NR</td>
<td>$180R / $225NR</td>
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<tr>
<td>Adult (18 - 61 years)</td>
<td>$72R / $90NR</td>
<td>$35R / $44NR</td>
<td>$102R / $128NR</td>
<td>$195R / $245NR</td>
<td>$325R / $406NR</td>
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<tr>
<td>Senior (62+)</td>
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<td>$69R / $86NR</td>
<td>$132R / $165NR</td>
<td>$220R / $275NR</td>
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<tr>
<td>Family (up to 4 in household)</td>
<td>---</td>
<td>$54R / $68NR</td>
<td>$156R / $195NR</td>
<td>$300R / $375NR</td>
<td>$500R / $625NR</td>
</tr>
<tr>
<td>Additional Family Member</td>
<td>---</td>
<td>$13.50R / $17NR</td>
<td>$39R / $49NR</td>
<td>$75R / $94NR</td>
<td>$125R / $150NR</td>
</tr>
</tbody>
</table>

#### Open Gym
Call 303.450.8800 or visit northglenn.org/recreation center for open gym availability. Gym schedule subject to change.

#### Adult Drop-In Basketball
Pickup basketball at its finest! Come during designated times for pickup style games where fitness and fun are emphasized. Games are typically 5 vs. 5 or 4 vs. 4 utilizing our regulation high school court. Open to all adults (18+).

- **Monday, Wednesday, Friday**: 12pm - 1:30pm
- **Tuesdays & Fridays**: 6:30am - 8:30am

Regular drop-in fees apply. We also accept punch passes, memberships, SilverSneakers, and Renew Active.

#### Drop-In Pickleball
Pickleball is a fun paddle sport that incorporates elements of badminton and tennis for two to four players, who use small wooden paddles to hit a perforated plastic ball over a net. It’s an easy-to-learn game that is played on a court like a tennis court but half the size. Pickleball is fun for players of all ages and level of activity and can start slow for beginners or pick up the pace for advanced players. These low impact workouts promote adult and kids’ health. See guest services staff for detailed pickleball guidelines.

- **Monday, Wednesday, Friday**: 8:30am - 11:30am (4 courts)
- **Tuesday, Thursday**: 8:30am - 11:30am (2 courts)

Regular drop-in fees apply. We also accept punch passes, memberships, SilverSneakers, and Renew Active.

#### Corporate Memberships
The City of Northglenn offers local businesses discounted options to utilize the Recreation Center. For more information, please contact Justin Maillet at 303.450.8913 or jmaillet@northglenn.org.
HAPPY BIRTHDAY!
THE RECREATION CENTER IS 2 YEARS OLD!

Celebrate with us by taking advantage of discounted rates on six- and twelve-month memberships from October 1 - 15.

Offer includes a 10% discount for any six- or twelve-month membership paid in full up front. This promotion is available for all age categories as well as to both residents and non-residents.

SNOW WAY! DON'T MISS THIS UN-BRR-LIEVEABLE DEAL!

When it gets cold out, warm up at the Recreation Center! We are offering 10% off all punch passes purchased in December.

This promotion is available for all age categories as well as to both residents and non-residents. This promotion is good for punch card renewals, too.
The Northglenn Recreation Center, Senior Center, and Theatre offer a variety of rental spaces for multiple occasions. From small business meetings to large receptions, our reasonably priced spaces are available for rent throughout the year. For more information, call 303.450.8800.

**Community Rooms Combined**
This 4093-square-foot space is great for large gatherings such as a graduation or business conference. The attached catering kitchen is perfect for a caterer to serve your event. The large community room has access to three wall-mounted TVs and a projector and screen. It can accommodate up to 250 people.

<table>
<thead>
<tr>
<th>Fee</th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>$190 per hour</td>
<td>$228</td>
<td></td>
</tr>
</tbody>
</table>

**Community Room 1**
This space can accommodate up to 80 people and is attached to the catering kitchen. Space also has a wall-mounted TV.

<table>
<thead>
<tr>
<th>Fee</th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>$70 per hour</td>
<td>$84</td>
<td></td>
</tr>
</tbody>
</table>

**Community Room 2**
This is the middle room out of all the community room spaces. It can accommodate up to 80 people. Space has a wall-mounted TV.

<table>
<thead>
<tr>
<th>Fee</th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>$60 per hour</td>
<td>$72</td>
<td></td>
</tr>
</tbody>
</table>

**Community Room 3**
This space is on the far end of the community rooms. It can accommodate up to 70 people. It also has a projector and screen great for presentations and a wall-mounted TV.

<table>
<thead>
<tr>
<th>Fee</th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>$70 per hour</td>
<td>$84</td>
<td></td>
</tr>
</tbody>
</table>

**Classrooms**
This space is located next to the guest services desk at the Recreation Center entrance. It can be used as one space for up to 35 people or separated in half for 15 people. Each room has a mounted TV, sink and refrigerator. Available Monday-Friday during normal operating hours.

<table>
<thead>
<tr>
<th>Fee</th>
<th>Single Room</th>
<th>Double Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>$30 per hour</td>
<td>$40 Resident</td>
<td>$60 Resident</td>
</tr>
<tr>
<td>$60 per hour</td>
<td>$80 Non-Resident</td>
<td>$80 Non-Resident</td>
</tr>
</tbody>
</table>

**Pool Party Packages**
Guests can reserve the Pool Party Room for one hour and choose to go swimming before or after the time in the room. Multiple time blocks can be reserved, if available. The price for the room and time block includes up to 20 admissions to the pool and one free admission for the birthday guest. Rentals are available on Saturdays and Sundays during the following times:
- 11am - 12pm (Sunday Only)
- 12:30pm - 1:30 pm
- 2pm - 3pm
- 3pm - 4pm
- 5pm - 6pm (Sunday Only)

<table>
<thead>
<tr>
<th>Fee</th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>$185</td>
<td>$222</td>
<td></td>
</tr>
</tbody>
</table>

**Senior Activity Room**
This 1097-square-foot room can accommodate up to 70 people. Space has a small projector and screen, great for presentations or slideshows. It also has a connected outdoor patio area.

<table>
<thead>
<tr>
<th>Fee</th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>$65 per hour</td>
<td>$78</td>
<td></td>
</tr>
</tbody>
</table>
Preschool Aquatics Program
Our preschool swimming program focuses on safety and developmental needs of young children. As your child moves from class to class, they will review and build on skills they learned, increasing their ability and comfort in the water. All preschool classes take place in the Recreation Center Activity Pool.

GUPPIES CLASSES PARENTS & TOTS
Ages 6 months-3 years
Help your infant or toddler become more comfortable in the water. Please note that your child will not learn to swim or survive in the water in this class. The children must have a swim diaper or plastic pants under their swimsuits. Only one parent per child is allowed in the water.

September, Monday/Wednesday
30101001-02 Sep 6-27 10:30-11:00a $28/$33.25

September, Friday
30101001-04 Sep 8-29 10:30-11:00a $16/$19

September, Saturday
30101001-05 Sep 9-30 10:30-11:00a $16/$19

October, Monday/Wednesday
30101001-06 Oct 2-25 10:30-11:00a $32/$38

October, Friday
30101001-07 Oct 6-27 10:30-11:00a $16/$19

October, Saturday
30101001-08 Oct 7-28 10:30-11:00a $16/$19

November, Monday/Wednesday
30101001-09 Oct 30-Nov 22 10:30-11:00a $32/$38

November, Friday
30101001-10 Nov 3-24 10:30-11:00a $16/$19

November, Saturday
30101001-11 Nov 4-25 10:30-11:00a $16/$19

December, Monday/Wednesday
30101001-12 Nov 27-Dec 13 10:30-11:00a $24/$28.50

December, Friday
30101001-13 Dec 1-15 10:30-11:00a $12/$14.25

December, Saturday
30101001-14 Dec 2-16 10:30-11:00a $12/$14.25

STARFISH CLASSES AGES 3-5
Your young child will learn to be more comfortable and how to move in the water. They will be introduced to holding their breath and submerging under water.

September, Monday/Wednesday
30101011-01 Sep 6-27 11:00-11:30a $28/$33.25

September, Tuesday/Thursday
30101011-04 Sep 5-28 11:00-11:30a $32/$38
30101011-05 Sep 5-28 5:00-5:30p $32/$38

September, Saturday
30101011-06 Sep 9-30 10:30-11:00a $16/$19
30101011-07 Sep 9-30 11:00-11:30a $16/$19

October, Monday/Wednesday
30101011-09 Oct 2-25 11:00-11:30a $32/$38

October, Tuesday/Thursday
30101011-10 Oct 3-26 11:00-11:30a $32/$38
30101011-21 Oct 3-26 5:00-5:30p $32/$38

October, Saturday
30101011-11 Oct 7-28 10:30-11:00a $16/$19
30101011-12 Oct 7-28 11:00-11:30a $16/$19

November, Monday/Wednesday
30101011-13 Oct 30-Nov 22 11:00-11:30a $32/$38

November, Tuesday/Thursday
30101011-14 Oct 31-Nov 21 11:00-11:30a $28/$33.25
30101011-22 Oct 31-Nov 21 5:00-5:30p $28/$33.25

November, Saturday
30101011-15 Nov 4-25 10:30-11:00a $16/$19
30101011-16 Nov 4-25 11:00-11:30a $16/$19

December, Monday/Wednesday
30101011-17 Nov 27-Dec 13 11:00-11:30a $24/$28.50

December, Tuesday/Thursday
30101011-18 Nov 28-Dec 14 11:00-11:30a $24/$28.50
30101011-23 Nov 28-Dec 14 5:00-5:30p $24/$28.50

December, Saturday
30101011-19 Dec 2-16 10:30-11:00a $12/$14.25
30101011-20 Dec 2-16 11:00-11:30a $12/$14.25
# AQUATICS

## JELLYFISH CLASSES AGES 3-5

Your child will become more comfortable with going under water and pushing off the wall independently for a short distance.

<table>
<thead>
<tr>
<th>Class Name</th>
<th>Dates</th>
<th>Time</th>
<th>Price</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>September, Tuesday/Thursday</td>
<td>30101021-01</td>
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<tr>
<td></td>
<td>30101021-19</td>
<td>Sep 5-28</td>
<td>5:00-5:30p</td>
<td>$32/$38</td>
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<tr>
<td>September, Friday</td>
<td>30101021-02</td>
<td>Sep 8-29</td>
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<tr>
<td>September, Saturday</td>
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<td>30101021-06</td>
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<tr>
<td>October, Tuesday/Thursday</td>
<td>30101021-07</td>
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<td>30101021-20</td>
<td>Oct 3-26</td>
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<td>$32/$38</td>
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<tr>
<td>October, Friday</td>
<td>30101021-08</td>
<td>Oct 6-27</td>
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<td>October, Saturday</td>
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<td>Oct 7-28</td>
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<td>30101021-10</td>
<td>Oct 7-28</td>
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<tr>
<td>November, Tuesday/Thursday</td>
<td>30101021-11</td>
<td>Oct 31-Nov 21</td>
<td>10:30-11:00a</td>
<td>$28/$33.25</td>
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<tr>
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<td>Nov 3-24</td>
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<td>$16/$19</td>
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<tr>
<td>November, Saturday</td>
<td>30101021-13</td>
<td>Nov 4-25</td>
<td>10:00-10:30a</td>
<td>$16/$19</td>
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<td>30101021-14</td>
<td>Nov 4-25</td>
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<td>December, Tuesday/Thursday</td>
<td>30101021-15</td>
<td>Nov 28-Dec 21</td>
<td>10:30-11:00a</td>
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<td>30101021-18</td>
<td>Dec 2-16</td>
<td>11:30a-12:00p</td>
<td>$12/$14.25</td>
</tr>
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</table>

## ANGELFISH CLASSES AGES 3-5

In the final class of the preschool program, your child will start to swim independently for longer distances using a semi-developed stroke.

<table>
<thead>
<tr>
<th>Class Name</th>
<th>Dates</th>
<th>Time</th>
<th>Price</th>
<th>Price</th>
</tr>
</thead>
<tbody>
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<td>$28/$33.25</td>
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<tr>
<td>September, Friday</td>
<td>30101031-02</td>
<td>Sep 8-29</td>
<td>11:00-11:30a</td>
<td>$16/$19</td>
</tr>
<tr>
<td>September, Saturday</td>
<td>30101031-03</td>
<td>Sep 9-30</td>
<td>10:00-10:30a</td>
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<td>30101031-04</td>
<td>Sep 9-30</td>
<td>11:00-11:30a</td>
<td>$16/$19</td>
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<tr>
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<td>Oct 2-25</td>
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<td>Dec 2-16</td>
<td>11:00-11:30a</td>
<td>$12/$14.25</td>
</tr>
</tbody>
</table>

More information and to register call 303.450.8800 or visit www.northglenn.org/aquatics.
AQUATICS

LEVEL 1 CLASSES AGES 6-12
This level introduces basic swimming skills and strokes like submerging independently, unsupported kicks, streamline front/back and basic front crawl while blowing bubbles.

September, Tuesday/Thursday
30101041-01 Sep 5-28 11:30a-12:00p $32/$38
30101041-13 Sep 5-28 5:30-6:00p $32/$38

September, Saturday
30101041-02 Sep 9-30 10:30-11:00a $16/$19
30101041-03 Sep 9-30 11:30a-12:00p $16/$19

October, Tuesday/Thursday
30101051-01 Oct 3-26 11:30a-12:00p $32/$38
30101051-13 Oct 3-26 5:30-6:00p $32/$38

October, Saturday
30101051-02 Oct 7-28 10:30-11:00a $16/$19
30101051-04 Oct 7-28 11:30a-12:00p $16/$19

November, Tuesday/Thursday
30101061-01 Nov 28-Dec 21 11:30a-12:00p $32/$38
30101061-13 Nov 28-Dec 21 5:30-6:00p $32/$38

November, Saturday
30101061-02 Nov 4-25 10:30-11:00a $16/$19
30101061-04 Nov 4-25 11:30a-12:00p $16/$19

December, Tuesday/Thursday
30101071-01 Dec 2-16 10:30-11:00a $12/$14.25
30101071-03 Dec 2-16 11:30a-12:00p $12/$14.25

December, Saturday
30101071-02 Dec 2-16 10:30-11:00a $12/$14.25
30101071-04 Dec 2-16 11:30a-12:00p $12/$14.25

LEVEL 2 CLASSES AGES 6-12
Your child will build on the skills learned in Level 1. They will strive for longer distances using the front crawl and improve their bubbles-breathers techniques.

September, Tuesday/Thursday
30101051-09 Sep 5-28 5:30-6:00p $32/$38
30101051-01 Sep 9-30 10:00-10:30a $16/$19
30101051-02 Sep 9-30 11:00-11:30a $16/$19

October, Tuesday/Thursday
30101051-10 Oct 3-26 5:30-6:00p $32/$38
30101051-03 Oct 7-28 10:00-10:30a $16/$19
30101051-04 Oct 7-28 11:00-11:30a $16/$19

November, Tuesday/Thursday
30101051-11 Oct 31-Nov 21 5:30-6:00p $28/$33.25
30101051-05 Nov 4-25 10:00-10:30a $16/$19
30101051-06 Nov 4-25 11:00-11:30a $16/$19

December, Tuesday/Thursday
30101051-12 Nov 28-Dec 21 5:30-6:00p $32/$38
30101051-07 Dec 2-16 10:00-10:30a $12/$14.25
30101051-08 Dec 2-16 11:00-11:30a $12/$14.25

LEVEL 3 CLASSES AGES 6-12
The backstroke and sidestroke will be introduced as your child continues to work on the front crawl. They will try treading water and even be introduced to diving!

September, Tuesday/Thursday
30101061-09 Sep 5-28 4:30-5:00p $32/$38
30101061-01 Sep 9-30 10:30-11:00a $16/$19
30101061-02 Sep 9-30 11:30a-12:00p $16/$19

October, Tuesday/Thursday
30101061-10 Oct 3-26 4:30-5:00p $32/$38
30101061-03 Oct 7-28 10:30-11:00a $16/$19
30101061-04 Oct 7-28 11:30a-12:00p $16/$19

November, Tuesday/Thursday
30101061-11 Oct 31-Nov 21 4:30-5:00p $28/$33.25
30101061-05 Nov 4-25 10:30-11:00a $16/$19
30101061-06 Nov 4-25 11:30a-12:00p $16/$19

December, Tuesday/Thursday
30101061-12 Nov 28-Dec 21 4:30-5:00p $32/$38
30101061-07 Dec 2-16 10:30-11:00a $12/$14.25
30101061-08 Dec 2-16 11:30a-12:00p $12/$14.25

Youth Learn-to-Swim Program
The Recreation Center uses the American Red Cross Learn-to-Swim program, a progressive, multi-level instructional approach that maximizes success and includes the most current biomechanics and stroke descriptions. By completing the entire program, your child will be exposed to the front crawl, elementary backstroke, breaststroke, back crawl, sidestroke, butterfly, starts, turns and diving.

City of Northglenn’s Parks, Recreation and Culture Department September - December 2023
LEVEL 4 CLASSES AGES 6-12
Your child tries out the deep water surface dive, diving off the block and swimming from the deck. When not diving, they will focus on the sidestroke and increasing their endurance in the water.

September, Tuesday/Thursday
30101071-05  Sep 5-28  4:30-5:00p  $32/$38

September, Saturday
30101071-01  Sep 9-30  11:30a-12:00p  $16/$19

October, Tuesday/Thursday
30101071-06  Oct 3-26  4:30-5:00p  $32/$38

October, Saturday
30101071-02  Oct 7-28  11:30a-12:00p  $16/$19

November, Tuesday/Thursday
30101071-07  Oct 31-Nov 21  4:30-5:00p  $28/$33.25

November, Saturday
30101071-03  Nov 4-25  11:30a-12:00p  $16/$19

December, Tuesday/Thursday
30101071-08  Nov 28-Dec 21  4:30-5:00p  $32/$38

December, Saturday
30101071-04  Dec 2-16  11:30a-12:00p  $12/$14.25

LEVEL 5 CLASSES AGES 6-12
Your child’s swimming arsenal will grow with the breaststroke as they increase their endurance on the strokes they have learned. They will also get to jump off the block with streamline and learn about open turns, treading water and counting yards.

September, Saturday
30101081-01  Sep 9-30  11:00-11:30a  $16/$19

October, Saturday
30101081-02  Oct 7-28  11:00-11:30a  $16/$19

November, Saturday
30101081-03  Nov 4-25  11:00-11:30a  $16/$19

December, Saturday
30101081-04  Dec 2-16  11:00-11:30a  $12/$14.25

LEVEL 6 CLASSES AGES 6-12
Time to refine all the strokes and skills they have learned so far. Your child will swim with more ease, efficiency, power, and smoothness. On the diving block, they will be introduced to the shallow dive, jump tuck dive and pike dive.

September, Saturday
30101091-01  Sep 9-30  10:00-10:30a  $16/$19

October, Saturday
30101091-02  Oct 7-28  10:00-10:30a  $16/$19

November, Saturday
30101091-03  Nov 4-25  10:00-10:30a  $16/$19

December, Saturday
30101091-04  Dec 2-16  10:00-10:30a  $12/$14.25

DOG DAZE OF SUMMER
Dog Daze of summer

Doggy open swim at Kiwanis Pool!
Labor Day, September 4th 5 - 7pm
$5 per dog. Current vaccinations required.
**WATER FITNESS**

**RIVER WALKING FITNESS**
**Low cardio, low intensity**
Strengthen muscles with low-impact water walking techniques in this one-hour class. Walk at your own pace and work with or against the lazy river current. Take advantage of the natural resistance of water to improve cardio, strength and balance. All fitness levels are welcome. Pool depth 3.5 - 4.5 feet.

**MOBILITY FITNESS**
**Low cardio, low intensity**
Do out-of-water fitness classes seem like too much for your joints and body? Then this class is perfect. This one-hour in-water training class is designed to work on general stretching of the body and also includes joint and body mobility. This class will make you feel like you can conquer the day with less tightness and more range. Pool depth 3.5 - 4.5 feet.

**LOW IMPACT WATER FITNESS**
**Low cardio, low intensity**
This class allows you to exercise without putting excess strain on your joints and muscles. The gentle activities will help you gain strength and flexibility. The 55-minute class may include walking, gentle stretching, flexing, extension and range-of-motion. Pool depth 3.5 - 4.5 feet.

**FUSED WATER FITNESS**
**Low cardio, medium intensity**
This class will utilize the entire activity pool space with stations and different in-water and out-of-water fitness activities to keep you working. Each station is designed to work specific muscle groups and increase your overall fitness. Pool depth 3.5 - 4.5 feet.

**SPLASH**
**Low cardio, medium intensity**
Strengthen muscles with a low-impact, high intensity water walking class. This one-hour class is designed to work on interval training in the water. Participants will use weights and move with and against the current to keep their heart rate up until a recovery segment. It is highly suggested that you take the River Walking class a few times before jumping into this class. Pool depth 3.5 - 4.5 feet.

**HYPER WALK FITNESS**
**High cardio, high intensity**
This intermediate/advanced class is for the participant looking to up their workout goals. We use a combination of aerobic and strength training with many different types of equipment to keep you challenged and successful.

**INTENSE SHALLOW WATER**
**High cardio, high intensity**
Strengthen muscles with a low-impact, high intensity water walking class. This one-hour class is designed to work on interval training in the water. Participants will use weights and move with and against the current to keep their heart rate up until a recovery segment. It is highly suggested that you take the River Walking class a few times before jumping into this class. Pool depth 3.5 - 4.5 feet.

For the most up-to-date schedules, more information and to register visit [www.northglenn.org/aquatics](http://www.northglenn.org/aquatics).
The City of Northglenn is proud to offer a wide variety of aquatic programs for all ages and abilities. After a swimmer has progressed through the Learn-to-Swim program, they can move on to the Northglenn Fusion Swim Club.

Ages 6-18
Swimmers train 3-6 water sessions and 2-3 land sessions per week depending on group placement. Local and statewide meets occur at least once a month. Training times are Monday-Friday, 5-9pm and Saturday mornings. Space is limited, priority will be given to swimmers registering for the full season. For questions, tryout information and to register contact Head Coach Marc Rios: mrios@northglenn.org

Check us out on the web! Instagram @northglennfusion
https://www.gomotionapp.com/team/confsc/page/home
NORTHGLENN EVENTS

NORTHGLENN PIRATE FESTIVAL 2023

SEPT 15th

Pirate Night
5:00 PM-10:00 PM
ADULTS ONLY
Costumes encouraged!
Purchase dinner and drinks on-site.
Debauchery expected!

THEPIRATEFEST.COM
SE CORNER OF 120TH & I-25  |  EB RAINS PARK

FREE ENTRY

Register online at northglenn.org/playnorthglenn or call 303.450.8800
Sept 16th | Pirate Festival

11AM - 6:00 PM
FOR PIRATES OF ALL AGES

FESTIVAL INCLUDES:
Walk Around Entertainment
Food Vendors
Beer, Mead, Rum and Specialty Drinks
Crafts and Activities for the Kids
Kids Costume Contest
Mermaids

Cardboard Boat Regatta

Races start at 2:00pm.
Registration for each boat $20

Build a boat of cardboard, duct tape, and paint
and sail it across Webster Lake for fame, fortune
and bragging rights!

*REGISTER AND FIND RULES ONLINE

THEPIRATEFEST.COM
SE CORNER OF 120TH & I-25 | EB RAINS PARK
NORTHGLENN POLICE DEPT

SAFE STREET HALLOWEEN

SATURDAY
OCT 14
4-7 PM

HALLOWEEN FUN FOR ALL AGES!

JOIN US FOR A FESTIVAL-STYLE STRANGER THINGS/80S THEME FAMILY EVENT THIS YEAR! CANDY STOPS BY NORTHGLENN HS STUDENT GROUPS, SPOOKY INFLATABLES, MUSIC, TRUNK-OR-TREAT BY BUSINESSES AND MORE.

CANDY DONATIONS DROPPED AT CITY HALL AND THE JUSTICE CENTER APPRECIATED

NORTHGLENN.ORG/SSH
CENTENNIAL PARK, KENNEDY DRIVE & MALLEY DRIVE

Register online at northglenn.org/playnorthglenn or call 303.450.8800
THANK YOU!

TO OUR 2023 SPONSORS

WANT MORE EXPOSURE IN NORTHLGLEN?

Become an event sponsor!

Visit www.northglenn.org/sponsorships or call Ashley at 303.450.8935 to get involved.
STONEHOCKER

OLDE FASHION

CHRISTMAS

SAT., DEC. 2 AND SUN. DEC. 3, 10 A.M.- 4 P.M.
10950 Fox Run Parkway

Have an Olde Fashion Christmas at the beautiful, historic Stonehocker Farmhouse. Enjoy holiday music, browse affordable baked goods, and the kids can take photos with Santa. Gently used and affordable gifts for sale.

WWW.NORTHGLENN.ORG/OLDEFASHIONCHRISTMAS

The Northglenn Bike Program will be giving away free bicycles on Saturday from 9 to 11 a.m. Call 303.450.8904 with questions.

Register online at northglenn.org/playnorthglenn or call 303.450.8800
Santa and Mrs. Claus, carriage rides, bake sale, kids crafts and so much more!

FRI DAY
 DEC 1
 5-8 PM

New winter festivities, food and activities.

Northglenn Recreation Center
1 East Memorial Parkway

NORTHGLENN.ORG/NOEL
**PATH TO PRESCHOOL**

**Ages 2 - 3 | 9am - 10:30am | Tue/Thur**

Want to engage your young child in preschool activities but aren’t quite ready to leave their side yet? Our Path to Preschool program is perfect for you! Guardians and children join together inside the Recreation Center to learn how to engage with other children and trusted teachers. Children and guardians will explore literacy, math, science, social skills, and more in this fun and engaging class. Path to Preschool classes are run by the Northglenn Preschool program staff so your kiddo can get comfortable with them before they come to our preschool!

- **30206002-01**  Sept 12 - 28  $30/$36
- **30206002-02**  Oct 3 - Oct 26  $40/$48
- **30206002-03**  Oct 31 - Nov 30  $40/$48
- **30206002-04**  Dec 5 - Dec 21  $30/$36

**BLOCK ON! BUILDERS**

**Preschool Age | 2:30pm - 3:30pm | Wed**

**School Age | 3:45pm - 5:00pm | Wed**

Come get your Block On starting September 13! Kids engage with many kinds of STREAM building opportunities including Lego challenges, Imagination Playground Blocks, Rigamajig builders and more! Children can explore their creative side while working in groups on challenges with the blocks. This class mixes gross and fine motor experiences with logic and reasoning to complete the block challenges that are presented. The program will take place in the Recreation Center Community Rooms. Drop-in cost is $2.50.

**Our preschool received a Colorado Shines Level 5 rating!**

What does that mean? Colorado Shines rating is a symbol of quality. It is a guarantee to families that our program is licensed, in good standing and meets basic health and safety standards. A level five score distinguishes us as one of the best programs in the state!

**Ages 3 - 5 | 8:30am - 12pm | M/W/F, T/TH or M - F**

Preschool education plays an essential role in early childhood development. Our state licensed preschool program is the perfect place for your child to develop socially, emotionally, physically, and cognitively. Children explore an environment in which they learn through play and engagement with staff and peers. Staff utilize the Second Step® curriculum for social emotional learning and plan activities that align with Colorado Early Learning Development Guidelines.

Children aged 4 in their year before kindergarten may qualify for free universal preschool. Applications must be submitted through the state portal at https://upk.colorado.gov/. Once matched to our program by the state, we will reach out to set up registration into our preschool program.

Families with children ages 3 - 5 can self-pay for our preschool program. Payment plans are available and secure your child’s spot through the remainder of the year. Payment plans can be set up over the phone or in person at the Recreation Center. Month-to-month payment without a payment plan does not guarantee your spot for the next month.

- **M/W/F**
  - **30201001-01**  Sept 6 - 29  $231/$269.50
  - **30201001-03**  Oct 2 - 27  $252/$294
  - **30201001-05**  Oct 30 - Dec 1  $252/$294
  - **30201001-07**  Dec 4 - 22  $189/$220.50
  - **10201001-01**  Jan 8 - Feb 2  $252/$294
  - **10201001-03**  Feb 5 - Mar 1  $252/$294
  - **10201001-05**  Mar 4 - 29  $252/$294
  - **10201001-07**  Apr 8 - May 3  $252/$294
  - **10201001-09**  May 7 - 23  $189/$220.50

- **T/TH**
  - **30201001-02**  Sept 5 - 28  $168/$196
  - **30201001-04**  Oct 3 - 26  $196/$168
  - **30201001-06**  Oct 30 - Dec 1*  $168/$196
  - **30201001-08**  Dec 5 - Dec 21  $126/$147
  - **10201001-02**  Jan 9 - Feb 1  $168/$196
  - **10201001-04**  Feb 6 - 29  $168/$196
  - **10201001-06**  Mar 5 - Mar 28  $168/$196
  - **10201001-08**  Apr 9 - May 2  $168/$196
  - **10201001-10**  May 7 - 23  $126/$147

**Day Camp registration begins in December 2023 for summer 2024.**

To register visit www.northglenn.org/children

**Coming Soon...**

Check online in August for School Break Activities!
Registration is required at least one week before each event.

ADULT’S NIGHT OUT
Ages 3 - 10 | 5:30pm - 8pm
Kids night at the rec! Need a night out to get some shopping done, have a nice dinner, run errands, or just get some quiet time? Bring your kiddos to the Recreation Center while you enjoy some time to yourself! Children can utilize the indoor playground, and poolside classrooms for fun, games, crafts, pizza and playing! Children must be potty trained. Cost is $18R/$25NR with a second child discount of $13R/$19NR.
30206003-02 Oct 5
30206003-03 Nov 9
30206003-04 Dec 21

FAMILY-FRIENDLY NEW YEAR’S PARTY
Ages 0 - 10 | 11am - 12:30pm
Bring the family to ring in the New Year and still get to bed on time! Join us in the Recreation Center pool classroom for games, treats, dancing, noon-year countdown, and more! Please register each family member who will be attending.
30206002-09 Dec 31 $5/$6 per person

GRAND & ME TEA PARTY
Ages 2 - 6, 55+ | 1pm - 3pm
Bring the grand person in your life for a cup of tea! Have fun together in the Recreation Center community rooms while participating in crafts, snacks and tea!
30531001-01 Sep 22 $10 per pair
30531001-02 Sep 22 $5 per additional person

LOOKING FOR MORE?
Youth & Teen Arts Programs - Page 35
Theatre, art, dance and more.

Youth Sports - Page 46
Learn or join a seasonal sport.

Youth and Teens - Page 23
Programs for youth to volunteer, have fun and explore!
Northglenn’s youth and teen programs offer a variety of activities, events and trips for youth and teens ages 10-17. All programs are open to both residents and non-residents.

**YOUTH AFTER SCHOOL EXPERIENCE**

**Grades 6 - 8 | August - December**

Youth have a fun, safe space to go after school at the Northglenn Recreation Center! Participants will get supervised time for homework help and take part in exclusive club activities. This licensed program takes place in conjunction with the Adams 12 school calendar and will not be held during Adams 12 holidays and breaks. Program hours are 3:30pm - 6pm.

Transportation is offered to the Northglenn Recreation Center from Hulstrom K - 8, STEM Lab and Northglenn Middle School. You are not required to attend any of the above schools in order to participate in the program.

<table>
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<tr>
<th>Program Code</th>
<th>Dates</th>
<th>Cost</th>
</tr>
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<tbody>
<tr>
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<td>8/14 - 8/18</td>
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</tr>
<tr>
<td>30924001-17</td>
<td>12/18 -12/21*</td>
<td>$72</td>
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</table>

Full payment is required upon registration; a payment plan is available. *Denotes that the week is not a full 5 days, and fees have been adjusted to reflect the number of days not held.

**LEADERS IN TRAINING**

**Ages 13-17**

Connect with your community and volunteer! Teen volunteers develop leadership, job training and mentorship skills through active service learning on a team. Volunteers will explore communication and conflict resolution techniques and develop personal goals. School-required volunteer hours are applicable for special events volunteers. This program is not available for teens requiring court-ordered community service. Due to limited space availability, this program is selective. Interested volunteers will need to complete a Leaders in Training volunteer application, available at northglenn.org/teens.

**Programs & Fees**

<table>
<thead>
<tr>
<th>Program</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Junior Lifeguard (Year-Round)</td>
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</tr>
<tr>
<td>Youth Commission Event Volunteer (Year-Round)</td>
<td>Free</td>
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</table>

**TEEN ADVENTURES**

**Ages 12 - 17**

Celebrate a day off from school by going on an adventure! Outings depart from and return to the Northglenn Recreation Center. Cost includes admission, transportation, and supervision. Bring a sack lunch, water bottle, and cold weather clothing. Scan the QR code (page 24) for the most current list of trip locations.

Registration required one week in advance of each trip date.

**Fall Trips**

<table>
<thead>
<tr>
<th>Program Code</th>
<th>Date</th>
<th>Start Time</th>
<th>End Time</th>
<th>Cost</th>
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<td>30924012-02</td>
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<td>10/6</td>
<td>9am-3 pm</td>
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<td>9am-3 pm</td>
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<tr>
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**Winter Trips**

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**RESOURCES FOR TEENS**

The Northglenn Youth Commission compiles a variety of resources for teens struggling with homelessness, mental health and drug addition issues. Resources can be found online at northglenn.org/nyc.

City of Northglenn’s Parks, Recreation and Culture Department September - December 2023
The Northglenn Youth Commission makes recommendations to City Council and staff about issues affecting youth and teens in the community. Members stay active in the community by organizing and assisting with events and community service projects.

The commission meets in the Northglenn Recreation Center on the first and third Tuesday of the month from 7 to 9 p.m.

Meetings are open to any teens interested in joining or sharing their ideas with the commission.

Visit northglenn.org/nyc for more information.

Make your voice heard in local government!

Follow us on our socials!
@northglennyouth
@northglennyouthcommission
@northglennyouth
NORTHGLENN RECREATION CENTER

8/26 | 9/23 | 10/14 | 11/18 | 12/16
1PM-6PM AGES 10-17

PAGE 24

VIDEO GAME DAYS
NORTHGLENN RECREATION CENTER
8/26 | 9/23 | 10/14 | 11/18 | 12/16
1PM-6PM AGES 10-17

PAGE 24

YOUTH AFTER SCHOOL EXPERIENCE
State-licensed program for middle school students

WEEKDAYS
3:30PM-6PM
STARTING
AUGUST 14

PAGE 23

Page 24
AGES 10-17
OCTOBER 6 | 3PM-6PM

Mystery At The Rec

PAGE 24

TEEN ADVENTURES
GOT A DAY OFF SCHOOL?
SPEND A DAY ON AN ADVENTURE!

OUTINGS FROM THE NORTHGLENN RECREATION CENTER TO PARKS, POOLS AND AMUSEMENT CENTERS!

AGES 12-17 | 9AM-3PM
FALL AND WINTER TRIPS
PAGE 23

City of Northglenn’s Parks, Recreation and Culture Department  September - December 2023
Vote for your favorite online at NorthglennARTS.org/public-art/art-on-parade
The Colorado Jazz Repertory Orchestra along with vocalist Marion Powers will present an evening of music with fresh arrangements from the iconic band The Bronx Horns along with music from Brazil, Cuba and more.

Experience the internationally acclaimed all-vocal rock band from Boulder, Colorado who have been captivating audiences for over two decades with their infectious energy punctuated by an endearing love of performance.
Rogue Gestures/Foreign Bodies uses bharatanatyam and experimental movement to examine the labor of South Asian immigrant women who came to the US after the 1965 Immigration and Nationality Act. Through community interviews, historical texts, and poetry, Rogue Gestures/Foreign Bodies negotiates these questions and examines what it means to belong in America.

The Latin Grammy® Award-winning music duo of 123 Andrés gets the whole family singing, dancing and learning in English and Spanish. Deemed “a rockstar for little language learners” by Billboard, this energetic group blends humor, dance moves and catchy bilingual tunes to explore the culture of Latin America.
Santa and the Slay, from the creator of MOTONES & JERSEYS, is a holiday-themed variety show that combines amazing music, hilarious comedy, and a cast of talented performers - it's the perfect way to get into the holiday spirit and celebrate the most wonderful time of the year!

Kantorei returns to the Parsons Theatre with another celebration of holiday chorale music from around the world. Denver's premier choral ensemble is comprised of volunteer singers under the direction of Artistic Director Joel M. Rinsema with a mission to elevate the human experience through choral excellence.

Holiday memories are made at the Parson's Theatre!
Presenting Holiday Shows

Make it a “Feliz Navidad” as Jarabe Mexicano brings their fun-loving exuberance to the stage! You’ll be entertained with bilingual songs and stories from both sides of the border and beyond! Enjoy Jarabe’s breathtaking Spanish rendition of Schubert’s Ave Maria in honor of Mexico’s Lady of Guadalupe and much more at this holiday concert.

This family-friendly performance features lively instrumental tunes on fiddle, flute, uilleann pipes and harp, along with thrilling Irish dancing. Take a memorable glimpse into the enchanting spirit of Christmas, as the finest traditional artists from Ireland, bring you on a fun-filled start to the holiday season of 2023.

Purchase online at NorthglennARTS.org or call 303.450.8888
Northglenn Arts PRESENTS SPRING 2024

FEB 9
Makin' Cake

FEB 15

FEB 24

FEB 29
MAR 1

MAR 9
Trekking Mexico

MAR 23 through APR 8

MAY 11

City of Northglenn’s Parks, Recreation and Culture Department  September - December 2023
## Northglenn Arts 2023 - 24 PRESENTS

<table>
<thead>
<tr>
<th>2023 - 24 PRESENTS</th>
<th>PRESENTS SEASON SUBSCRIBER $150</th>
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</table>
| 8 SHOW FLEX $125 | • Don’t miss a moment of our 13 upcoming season productions!  
• The most savings of any package — over 50% off single ticket prices!  
• The most seating options — score the best available seats before the general public  
• Special box office perks! |
| 4 SHOW FLEX $75 | • Power to choose 8 of our 15 upcoming season productions  
• Save up to 37% off single ticket prices |

### PACKAGE OPTIONS

**1. SEP 8**
- CJRO: SONGS OF BRAZIL AND THE MUSIC OF THE BRONX HORNS

**2. SEP 13&14**
- FACE VOCAL BAND

**3. OCT 7**
- NAVA DANCE: ROGUE GESTURES FOREIGN BODIES
  - presented in collaboration with Colorado Fine Arts Association

**4. OCT 28**
- 1 2 3 ANDRES

**5. DEC 8**
- SANTA & THE SLAY

**6. DEC 10**
- KANTOREI: HOLIDAY CHORAL CONCERT

**7. DEC 15**
- JARABE MEXICANO: A BORDENO SOUL CHRISTMAS

**8. FEB 9**
- CJRO: ELLA FITZGERALD & LOUIS ARMSTRONG - JAZZ MUSIC’S PERFECT PARTNERSHIP

**9. FEB 15**
- SGT. PEPPERS LONELY BLUEGRASS BAND

**10. FEB 24**
- MAKIN’ CAKE

**11. FEB 29**
- CLEO PARKER ROBINSON DANCE

**12. MAR 9**
- TREKKING MEXICO

**13. MAR 23**
- PHAMALY THEATRE CO.

**14. APR 8**
- HEART OF AFGHANISTAN

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Purchase packages online at NorthglennARTS.org or call 303.450.8888
Northglenn Arts

2023-24 FAMILY PACKAGES

- **THE LURE OF ALASKA**
  - Dale Johnson
  - SEP 12 - 10am

- **EGYPT: A Cruise Down the Nile**
  - Marlin Darrah
  - OCT 10 - 10am

- **THE PROMISED LAND**
  - Rick Ray
  - NOV 21 - 10am

- **ALL THREE FILMS ONLY - $18**
- **ALL THREE FILMS WITH CATERED LUNCH - $54**

**2023-24 FAMILY SERIES PACKAGE**

- $70
- Create special family moments and experience all 6 kid friendly productions
- Save up to $40 off regular ticket prices!
- The most seating options — score the best available seats before the general public

**4 SHOW FLEX PACKAGE**

- $50
- Power to choose 4 of our upcoming family series productions
- Save up to $30 off regular ticket prices!

Purchase packages online at NorthglennARTS.org or call 303.450.8888
**NYT AUDITIONS**

Auditions are by appointment only. For more information and to sign up, visit NorthglennArts.org/Auditions

**NYT UPenncoming Productions**

**A NYT Jr. Production**

**SEP 29 - OCT 1**

*Take a journey out of the zoo and onto the stage with your favorite crack-a-lackin friends from the blockbuster DreamWorks film.*

**A NYT Production**

**NOV 10 - NOV 19**

*Based on the real-life Newsboy Strike of 1899, this Disney musical tells the story of Jack Kelly, a rebellious newsboy who dreams of a life as an artist away from the big city.*

Purchase online at NorthglennARTS.org or call 303.450.8888
Budding young performers can find their place in the spotlight with these classes designed to introduce kids ages 3-9 to the world of theatre.

**BEGINNING CLASSES**

**PAGE TO STAGE - AGES 5-7**
This class is about bringing a written story to life. Each week we'll read a storybook and act it out with costumes and props.
- **Thursday - 5:00-6:00pm** $28/$34
  - 30313059_02  Sep 7-28
  - 30313059_03  Oct 12-Nov 2

**PAGE TO STAGE - AGES 7-9**
This acting class is the next step in bringing a written story to life. Similar to the class for younger students but with a bit more, each week the class will turn a storybook into a performance with costumes and props.
- **Thursday - 6:00-7:00pm** $28/$34
  - 30313059_04  Sep 7-28
  - 30313059_05  Oct 12-Nov 2

**INTRO TO ACTING - AGES 6-8**
This class is a great way to give acting a try! Students will be introduced to the world of acting through warm-up exercises and short skits with basic costume pieces. For the final class, there will be an informal presentation for family and friends.
- **Tuesday - 5:30-6:30pm** $42/$50
  - 30313004_05  Sep 5-Oct 10

**TWINKLE TOES DANCE**
Your little one learns coordination, listening skills, balance, music interpretation, creative movement, and motor development in this introduction to dance. Please come dressed in comfortable clothing and dance or ballet shoes.

**BEGINNING CLASSES**

**BROADWAY BOUND DANCE - AGES 6-8**
This dance class is a great introduction to musical theatre for young inspiring performers! We work on selections from popular musicals - throw in some jazz hands, ball-change kicks, and jazz squares; dancing to the tunes of some of Broadway’s best!
- **Monday - 4:30-5:30pm** $84/$101
  - 30313013_01  Sep 11-Oct 2  Musical: Newsies
  - 30313013_02  Oct 16-Nov 6  Musical: Aladdin
  - 30313013_03  Nov 27-Dec 18 Musical: Madagascar

**INTRO TO ACTING - AGES 6-8**
This class is a great way to give acting a try! Students will be introduced to the world of acting through warm-up exercises and short skits with basic costume pieces. For the final class, there will be an informal presentation for family and friends.
- **Tuesday - 5:30-6:30pm** $36/$43
  - 30315002_04  Sep 11-Oct 2
  - 30315002_05  Oct 16-Nov 6
  - 30315002_06  Nov 27-Dec 18

**INTRO TO ACTING - AGES 5-6**
This class is a great way to give acting a try! Students will be introduced to the world of acting through warm-up exercises and short skits with basic costume pieces. For the final class, there will be an informal presentation for family and friends.
- **Monday - 5:30-6:15pm** $36/$43
  - 30315002_07  Sep 11-Oct 2
  - 30315002_08  Oct 16-Nov 6
  - 30315002_09  Nov 27-Dec 18

Whether you are wanting to try something new, taking your first steps onto the stage, or ready to take your performance to the next level, NYT Academy has a class for you! Let us help you discover, develop, and craft your own inherent talents and build your actor's toolbox.
**INTRO TO MONOLOGUES**
This class is designed to help young actors work on a monologue – memorization, character development, projection, poise and other tips.

*Ages 8-11*
**Thursday - 5:45-6:45pm**  $42/$50
30313072_02  Oct 12-Nov 16 (no class Oct 31)

**Ages 12-18**
**Thursday - 7:15-8:15pm**  $42/$50
30313072_01  Oct 12-Nov 16 (no class Oct 31)

**BASICS WORKSHOPS**

**AUDITIONING 101**
This workshop walks through all the details that are involved in an audition - for NYT and more. Items covered include resume, headshot, poise, projection, memorization, prepping music and presenting your best self!

*Ages 8-11*
**Sunday - 1:00-3:00pm**  $28/$34
30313064_01  Nov 5

*Ages 12-18*
**Sunday - 1:00-3:00pm**  $28/$34
30313064_02  Aug 27

For more information and to register visit [www.NorthglennARTS.org/education](http://www.NorthglennARTS.org/education)
TECH OPPORTUNITIES

INTRODUCTION TO TECH CLASS
This class is a look into the world of technical theatre. We will explore lights, sound, set, costume, props, stage management and run crew.
Ages 11-15
Monday - 6:30-8:00pm $84/$101
30313068_01 Sep 11-Oct 30

TECH INTENSIVE WORKSHOPS
Each session will dive into one aspect of tech: lights, sound, construction, rigging & stage management.
Ages 11-15
Monday - 5:30-8:30pm $28/$34
30313068_02 Aug 7 Sound
30313068_03 Nov 27 Lighting
30313068_04 Dec 4 Construction/Rigging

BUILDING CLASSES

JUST OFF CENTER – COMEDY/IMPROV 2
This class will hone in on anticipation, creativity, teamwork and timing. Participants will need to have had at least two sessions of previous comedy classes.
Ages 8-11
Tuesday - 5:30-7:00pm $63/$76
30313016_10 Sep 12-Oct 17
Ages 12-18
Thursday - 7:00-8:30pm $63/$76
30313016_11 Sep 12-Oct 17

ACTING 2 - SCENE STUDY
This class builds on the skills learned in “Intro to Acting” and continues to focus on translating a script to the stage through movement, memorization and character development for a specific scene.
Ages 8-12
Thursday - 6:30-8:00pm $63/$76
30313067_02 Sep 7-Oct 12
30313067_03 Oct 26-Dec 7
Ages 13-18
Monday - 6:30-8:00pm $84/$101
30313067_01 Sep 11-Oct 30

PERFECTING MONOLOGUES
Designed to help young actors work on taking a monologue to the next level - character development, projection, poise, purpose and other techniques to prepare an audition piece.
Ages 8-11
Tuesday - 5:45-6:45pm $42/$50
30313052_01 Oct 3-Nov 14 (no class Oct 31)
Ages 12-18
Tuesday - 7:00-8:30pm $63/$76
30313052_02 Oct 3-Nov 14 (no class Oct 31)

For more information and to register visit www.NorthglennARTS.org/education
**AUDITIONING - COLLEGE PREP**

This class walks through all the details that are involved with an audition – with a special focus on preparing for a college audition. It will cover resumes, headshots, performance, poise, projection, memorization, and music.

**Ages 17-21**

**Sunday - 3:15-5:15pm**     $28/$34

30313064_11    Aug 27

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**AUDITIONING - THEATRE SCHOOL PREP**

This class walks through all the details that are involved with an audition – with a special focus on preparing for a theatre school audition. It will cover resumes, headshots, performance, poise, projection, memorization, and music.

**Ages 11-16**

**Saturday - 3:15-5:15pm**     $28/$34

30313064_12    Aug 27

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**DIVE INTO CHARACTER CAMP**

In this camp we will focus on how to develop and embody memorable characters. Focus will include: voice, physical movement and crafting motivations.

**Ages 12-18**

**Monday - Friday 4:30-6:00pm**     $56/$67

30313070_01    Oct 16-20

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**BELLY DANCE - WEDNESDAYS - AGES 16+**

Join renowned instructor and performer Phoenix, in this energetic class designed to explore the beauty and art of belly dancing. Dancers ages 16 and up are encouraged to attend.

**Drop In/Try It! SEP 6 - 7:30-8:30pm**

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**BEGINNERS/RETURNING**

Beginners learn the basic technique and returning students are continually challenged. Choreography included.

**Wednesday - 7:00-8:00pm**

30315005_03    Sep 13-Nov 1     $76/$91
30315005_09    Nov 8-Dec 20     $57/$68

**INTERMEDIATE**

*This level requires approval to join. Please contact Phoenix at Phoenix_dancing@hotmail.com if you are not currently in class.*

Includes advanced technique and continued challenges for experienced dancers. Choreography is included along with advanced prop and zill work.

**Wednesday - 8:00-9:00pm**

30315005_04    Sep 13-Nov 1     $76/$91
30315005_10    Nov 8-Dec 20     $57/$68

**For Twinkle Toes dance classes see page 35.**

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**LINE DANCE - THURSDAYS - AGES 18+**

Line dancing involves people dancing in lines to music and are choreographed with a repeating series of steps. No partners or experience necessary. Wear comfortable clothes and shoes - bring a water bottle labeled with your name.

**Drop In/Try It! AUG 24 - 11-12pm**

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**BEGINNER**

**Thursday - 11:00-12:00pm**     $28/$34

30315006_01    Sep 7-28
30315006_03    Oct 5-26
30315006_05    Nov 2-30 (no class Nov 23)

**CONTINUING**

**Thursday - 12:15-1:15pm**     $28/$34

30315006_02    Sep 8-28
30315006_04    Oct 5-26
30315006_06    Nov 2-30 (no class Nov 23)

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**In Beyond classes, students take a deeper dive into specific topics. A great fit for the dedicated performer interested in exploring more advanced techniques and tools. Previous classes and productions are required to participate.**

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**BEYOND WORKSHOPS**

**AUDITIONING - COLLEGE PREP**

This class walks through all the details that are involved with an audition – with a special focus on preparing for a college audition. It will cover resumes, headshots, performance, poise, projection, memorization, and music.

**Ages 17-21**

**Sunday - 3:15-5:15pm**     $28/$34

30313064_11    Aug 27

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**August 12**

3pm & 7pm

Deep in the salty waters of the Sassafras Sea, there lived a Little Mermaid. In a new version of the age-old tale, lots of music, plot surprises and humor await the audience.

To purchase tickets please visit NorthglennARTS.org.

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**DEEP IN THE SALTY WATERS OF THE SASSAFRAS SEA, THERE LIVED A LITTLE MERMAID. IN A NEW VERSION OF THE AGE-OLD TALE, LOTS OF MUSIC, PLOT SURPRISES AND HUMOR WAIT THE AUDIENCE.**

In Beyond classes, students take a deeper dive into specific topics. A great fit for the dedicated performer interested in exploring more advanced techniques and tools. Previous classes and productions are required to participate.

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**BEYOND WORKSHOPS**

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**Ages 17-21**

**Sunday - 3:15-5:15pm**     $28/$34

30313064_11    Aug 27

---

**Deep in the salty waters of the Sassafras Sea, there lived a Little Mermaid. In a new version of the age-old tale, lots of music, plot surprises and humor await the audience.**

To purchase tickets please visit NorthglennARTS.org.
There’s always a pot of coffee on so stop by and visit a while!
303.450.8801 | Monday – Friday, 8 am – 4 pm

Closures:

General Info
The Northglenn Senior Center offers a variety of activities, events, and resources that are social, inclusive, and accessible to residents age 55+. The center is located on the south side of the Recreation Center at the theatre entrance.

Information and Referral
Need assistance locating an agency or service in the area? Either call us at 303.450.8801 or the Senior Hub at 303.426.4408. The Senior Hub aids Adams County residents with information and referrals for:

- Housing
- Legal services
- Home repair needs
- Respite care
- Meals on Wheels

Transportation: A-LIFT  Call 303.447.9636
A-LIFT offers free transportation to Adams County residents who are age 60+ or who are mobility impaired regardless of age. Rides are available to the Senior Center and the following locations:

- Medical and dental appointments
- Adult day and respite programs
- Grocery stores
- Congregate meal sites
- Trips within five miles of residence

Donations are accepted to defray costs. To schedule a trip, call 303.447.9636 weekdays 8am-4pm or visit their website at adcgov.org/community-transit-program-lift for more information.

RTD FlexRide Call 303.299.6000
FlexRide is a personalized bus service that travels within select RTD service areas. One phone call can connect you to bus routes, Park-n-Rides, rail stations to work, school and appointments. Make your reservation and we’ll provide an estimated pickup time. When the bus arrives, pay your exact cash fare. It’s that simple.

The Northglenn Senior Organization (NSO) provides support for the Senior Center. Membership is open to anyone 55+, both resident and non-resident, and offers the opportunity to participate in sponsored functions. The NSO holds monthly board meetings and one business luncheon per brochure cycle. Membership is $8 per year or $15 for two years and includes participation in NSO events and activities.

NSO Meetings
Meetings are open and all NSO members are encouraged to attend. They are held in the Senior Center at 11am. Refreshments are served and door prizes awarded.
Sep 18 - Oct 23 - Nov 20 - Dec 18

NSO Business Luncheon
30529001-01  Oct 27  12pm  $16  Catered by Wishbone

Birthday Party
The NSO sponsors and organizes monthly birthday parties at 1pm. The parties feature entertainment, cake and ice cream. Reservations are requested only for birthday “celebrants” – all other partygoers are invited to join in the fun.
Sep 8 - Oct 13 - Nov 10 - Dec 8

NSO Social Lunch Meetup
Socialize with other NSO members while having lunch at a local restaurant. Reservations are requested in advance. Payment is on your own at the restaurant.
30529002-01  Sep 14  11:30am  Saigon Basil
30529002-02  Oct 12  11:30am  Delectable Egg
30529002-03  Nov 9  11:30am  Bad Daddy's Burger
30529002-04  Dec 14  11:30am  Panera

Noel Northglenn Night of Lights
Noel Northglenn Night of Lights is December 1 (see page 20 for details). Once again this will include the NSO Bake Sale. Baked goods can be dropped off any time on Friday Dec 1 from 8am-3pm that day. Call the Senior Center for more information.

Multi-Day Trips
The NSO sponsors two multi-day motorcoach trips each year. The spring trip for 2024 is an 11-day trip to Savannah, Georgia. Pick up a flyer at the Senior Center.
T’ai Chi Club - Mon/Wed/Fri 9:30am
Known as the gentlest of the martial arts, T’ai Chi is an ancient practice that helps keep the body healthy and strong. Most anyone can do the flowing movements.

Technology Lab - Mon 10am - 12pm
Need help figuring out how to use your laptop, tablet, or cell phone? Staff can help walk you through what you want to learn. Activity is drop-in and first-come, first-serve.

Coloring Plus - Mon 1pm
Relieve stress and anxiety, promote focus and concentration, improve mood, and provide a sense of accomplishment. We will have a variety of templates and coloring tools.

Weight Management Support Group - Mon 12pm
Group members support each other in our ongoing journey to healthier living. Talk about challenges and support each person as an individual; it is about feeling better about who we are. Participants are encouraged to bring a healthy snack.

Bingo - Tue 9:45am
Enjoy fun, fellowship, and refreshments in a not-so-serious morning of bingo. Maybe you’ll win a prize!

Cards - Wed 12:30pm-4pm
Take part in a friendly game of bridge or pinochle each week. No partners are needed. New attendees not familiar with the game are encouraged to arrive by 12:20pm to meet other players.

Who’s Got Game? - Thu 10am
Socialize with others and play a variety of games including mahjong, bunco, dominoes, crokinole or bring your own.

Genealogy Group - Thu 1:30pm-3:30pm
Climb up your family tree and find out what surprises may be hiding in your family history.

Senior Center Book Club
Discover books from a variety of genres that pique discussion. Every fourth Tuesday at 1pm.
Sep 26 The Curious Charms of Arthur Pepper - P. Patrick
Oct 24 The Rescue Artist - E. Dolnick
Nov 28 This Tender Land - W.K. Kruger
Dec 19 Find Me - A. Burke

Sip & Paint
Create paintings that celebrate the season with live, step-by-step instruction from Senior Center staff. Participants receive all painting supplies needed. Snacks provided. Please register at least one week in advance.
30532001-01  Sep 19  1pm  $20
30532001-02  Oct 17  1pm  $20
30532001-03  Nov 14  1pm  $20

Gaming with the Chief - 2nd Friday - 10:45am
Join Chief Jim May for Crokinole, a disk-flicking dexterity board game. Do you have the eye–hand coordination to best the Chief?
Sep 8 - Oct 13 - Nov 10 - Dec 8

Potluck!
BRING A SIDE DISH OR DESSERT...
WE’LL PROVIDE THE ENTERTAINMENT! ENJOY TIME SPENT TOGETHER WITH FRIENDS AS WE LISTEN, LAUGH AND EAT.

DEC 15 AT 12PM | FREE! | PAGE 42
SPECIAL EVENTS

Register 3 days in advance for all special events.

Halloween Sweet Spooktacular
Sweet Spooktacular – a gathering of all things sweet and spooky. Bring a baked good to share and join us for some Halloween fun and games. Costumes are encouraged.
30531004-01  Oct 31  1pm   Free

Veterans Day Ceremony and Lunch
Meet at the Northglenn Veterans Memorial to honor American service personnel before heading over to the Community Rooms for a free lunch.
30531002-01  Nov 11  11am   Free

Holiday Tea Party
Celebrate the holiday season in style with afternoon tea at the Senior Center, entertainment included.
30531003-01  Nov 17  1pm   $10

LIFELONG LEARNING

You Only Die Once: Estate Planning Documents
Do you want to keep your family out of court and save them thousands of dollars in legal fees after you pass? Learn from attorneys at Althaus Law how to avoid the probate process, protect your family, and get your hard-earned assets to the people you want to inherit them.
30527001-02  Sep 5  2pm   Free

Nutrition for Fitness
Join a fitness instructor and nutritionist for an informative class.
30527001-03  Oct 3  1pm   Free

Medicare Monday
Enrolling in Medicare and keeping up with the changing policies and guidelines can seem overwhelming. To learn more and receive guidance through the process, join the Colorado Gerontological Society at this informative workshop. The Medicare Monday program includes information on the changes, updates and requirements for Medicare Parts A, B, C, & D and how these changes may affect you and your health care in the coming year.
30527001-01  Oct 23  9am   Free

What the Heck Is Probate Anyway and How to Avoid It
Join the attorneys at Althaus Law as the guide you through information on how to avoid probate and plan properly to protect your family. Bring your questions. Register by Nov 5.
30527001-04  Nov 7  2pm   Free
FESTIVE FRIDAYS

Friday Flicks
Hang out at the Senior Center and enjoy a movie and popcorn on us. Titles will be announced the week of the event.
- 30530002-02  Oct 6  1pm  Free
- 30530002-03  Nov 3  1pm  Free
- 30530002-04  Dec 9  1pm  Free

Guac & Roll
If you love guacamole and music like we do, this is the event for you. Join us in celebrating National Guacamole Day. Register by Sep 13.
- 30530001-01  Sep 15  1pm  Free

Grand & Me Tea Party
Held at the Recreation Center. A fun event for kids ages 2-6 and their grandparents. Register by Sep 19. $15 per couple, $5 for additional attendees.
- 30531001-01  Sep 22  1pm  $15
- 30531001-02  Sep 22  1pm  $5

Pie Bake-Off
Enter a pie for the chance to be crowned King or Queen of Pies. Do you have what it takes to wear the crown? After the judging and awarding prizes, we'll all sample the entries. Cost is $3 if you aren't entering a pie. Register by Sep 27.
- 30530003-01  Sep 29  1pm  $3

Oktoberfest Potluck
A fall tradition at the Senior Center - the NSO will provide the brats and sauerkraut, you provide a side dish or dessert. Register by Oct 18.
- 30530004-01  Oct 20  12pm  Free

Holiday Potluck
A fun holiday lunch with friends. Bring a side dish or dessert and your singing voice - entertainment will be provided. Register by Dec 13.
- 30530005-01  Dec 15  12pm  Free

Holiday White Elephant Brunch
One last holiday celebration before the end of the year. Join us for brunch and a white elephant gift exchange. Bring a wrapped item of value to exchange after we eat. Please register by Dec 20.
- 30530006-01  Dec 22  9am  $10

SENIOR EXCURSIONS

Cost of meals and fees are on your own unless otherwise noted. Transportation provided. RSVP one week in advance.

Restaurant Roundup
Enjoy a variety of flavors as we explore a new or unique restaurant.
- 30528001-1  Sep 7  11am
- 30528001-2  Oct 5  11am
- 30528001-3  Nov 2  11am
- 30528001-4  Dec 7  11am

Excursions
Visit fun, local destinations as a group.
- 30528007-01  Sep 21  10am  Railroad Museum
- 30528007-02  Oct 26  9am  Top Golf
- 30528007-03  Nov 30  10am  TBD

Pins & Putts
Meet at Boondocks on the fourth Wednesday of the month. Prizes for the best score. RSVP at least two days prior.
- 30531005-01  Mini Golf  Sep 27  1pm
- 30531005-02  Bowling  Oct 25  1pm

For more information and to register call 303.450.8800 or visit www.northglenn.org/senior.
GROUP FITNESS CLASSES
We have a variety of drop-in group fitness classes: pilates, yoga, Fit For Life, cycling, barre, Essentrics, strength training, Zumba, Zumba Toning and Les Mills BODYPUMP. Fitness classes are subject to change.

WEIGHT ROOM ORIENTATION
Ages 14+
The weight room at the Northglenn Recreation Center offers many different pieces of workout equipment and resources. If you are new to the weight room and/or to the Recreation Center, we invite you to enroll in one of our FREE group weight room orientations. *Please register for all weight room orientations classes one week prior to the start date.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>Sep 8</td>
<td>Fri</td>
<td>10:30am - 11:30am</td>
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<td>Oct 6</td>
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<td>Nov 3</td>
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<td>Dec 1</td>
<td>Fri</td>
<td>10:30am - 11:30am</td>
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</table>

PERSONAL TRAINING
Work with one of our certified personal trainers, customize your workout routine, and achieve your fitness goals! We offer a variety of packages. Please contact Sarah Schwallier at 303.450.8911 or fitness@northglenn.org for more information.

<table>
<thead>
<tr>
<th>Sessions</th>
<th>Rates</th>
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<tbody>
<tr>
<td>Individual</td>
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<tr>
<td>1 one-hour</td>
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<tr>
<td>4 one-hour</td>
<td>$126R / $152NR</td>
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<tr>
<td>8 one-hour</td>
<td>$238R / $286NR</td>
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<tr>
<td>12 one-hour</td>
<td>$336R / $403NR</td>
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<tr>
<td>1 one-hour</td>
<td>$25R / $30NR</td>
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<tr>
<td>4 one-hour</td>
<td>$90R / $108NR</td>
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<tr>
<td>8 one-hour</td>
<td>$170R / $204NR</td>
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<tr>
<td>12 one-hour</td>
<td>$240R / $288NR</td>
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</table>

Cancellation Policy
A 24-hour cancellation notice is required for all appointments. Please contact your trainer directly if you are unable to attend your scheduled session. If a 24-hour cancellation is not received, you will be charged 50% of a one-hour session.
SilverSneakers® include:
• Free use of pool facilities, gymnasium, weight room, and participation in fitness classes and other educational programs.
• Senior-friendly SilverSneakers fitness classes that are easy on your joints and help improve balance, muscle strength, and coordination - whatever your fitness level.
• Senior Advisor: your contact for information and personalized, friendly service.
• Opportunities to meet people and participate in fun promotions and social activities!

FALL EQUINOX YOGA WORKSHOP
Ages 16+
Join us for a morning of balancing and intention-setting. We will start with reflective journaling and then go into a 90-minute Yin/Yang yoga practice. This will be half a gentle vinyasa flow and half Yin yoga practice. We will focus on rebalancing and restoring, reflecting, and refocusing. We will end with some intention and goal setting.
30423004-01 Sep 23 Sat 8:30am-10:30am $15/$20

SOUND BATH
Ages 16+
Join us for a full hour and a half of sound vibration immersion. Experience what vibration and sound can do for your physical body, thinking mind and energy field!
30423001-01 Sep 23 Sat 12pm - 1:30pm $20/$25
30423001-02 Oct 21 Sat 12pm - 1:30pm $20/$25
30423001-03 Nov 18 Sat 12pm - 1:30pm $20/$25
30423001-04 Dec 16 Sat 12pm - 1:30pm $20/$25

DRUM CIRCLE
Ages 16+
Drumming gives us an opportunity to be free to connect with ourselves and others in order to release, restore, and heal. It is a universal language where all people can be free from words and concepts, a space of self-discovery and expression. No experience in drumming is necessary to participate and you do not need to own a drum, though you can bring yours if you have one.
30423003-01 Oct 22 Sun 12pm - 1:30pm $20/$25

For more information, registration and fitness class schedules, call 303.450.8800 or visit www.northglenn.org/fitness.
The award-winning Northglenn Judo Club has been in existence since 1965 and is the longest continually operating judo club in Colorado. It is the fifth-largest judo club in the nation in terms of registered members. Northglenn Judo instructs students and participants of all ages and walks of life. Judo is an excellent platform for improving your physical and mental well-being, learning self-defense, training for athletic competition or recreational participation. For more information, visit www.northglennjudo.org.

**NORTHGLENN JUDO CLUB**

**Ages 6+ | 6:30pm - 8:30pm | Tues/Thu**

The Northglenn Recreation Center is offering this 6' and under 4 vs 4 adult basketball tournament. All players on the team must be 6 foot and under (72 in.) and the baskets will be set at 8.5 feet high. Dunking will be allowed. Teams consist of 4-8 players and teams must provide a white & black shirt/jersey. The tournament will be single elimination with a minimum of three games. The games will be played on the full court. There will be a maximum of 12 teams for the tournament. Players must be 18 & older.

**Fees**

- Drop In: $2.50
- 30 - Punch Pass: $60
- 75 - Punch Pass: $130

**ADULT BASKETBALL LEAGUE**

**Monday Adult Basketball Comp Fall League**

10 games per season. Participants must pay 50% of team fee at time of registration. Schedules and rules for the league are at www.teamsideline.com/northglenn.

- Monday Competitive League
  - 30746001-01 Sep 11-Nov 27 Mon 6pm-10pm $550
- **Wednesday Recreational League**
  - 30746001-02 Sep 13-Nov 29 Wed 6pm-10pm $550

**40 & OVER BASKETBALL LEAGUE**

To register, teams must pay 50% of the team fee. Participants can be 39 years old as long as they turn 40 in 2023. Age verification for players will be required at the start of the season. Schedules and league rules can be found at www.teamsideline.com/northglenn. Season consists of 7 games.

- 30749001-01 Oct 3-Nov 28 Tue 6pm-10pm $385

**6’ & UNDER TOURNAMENT**

The Northglenn Recreation Center is offering this 6’ and under 4 vs 4 adult basketball tournament. All players on the team must be 6 foot and under (72 in.) and the baskets will be set at 8.5 feet high. Dunking will be allowed. Teams consist of 4-8 players and teams must provide a white & black shirt/jersey. The tournament will be single elimination with a minimum of three games. The games will be played on the full court. There will be a maximum of 12 teams for the tournament. Players must be 18 & older.

- 30855001-01 Oct 7 Sat 9am-3pm $140/$140
**SPORTS**

**FLAG FOOTBALL**

**Ages 4-6**
The Flag Football program is geared towards beginners who are interested in being introduced to the game of football. Participants will practice for 20 to 30 minutes and games will be directly after drills. This program will be held on Wednesdays 6pm-7:15pm at Jaycee Park ballfield. Volunteer coaches receive a 50% discount at registration.

30858001-01 Aug 23-Sep 27 6pm- 7:15pm $70/$78

**LIL' DUNKSTERS**

**Ages 4-6**
Your little one will practice on Sundays for 40 minutes at the Recreation Center gymnasium, then play in a 20-minute game. Rims are set at 6 feet high and participants will use a 22-inch ball. Teams are determined the first week of the program and shirts are provided.

30855005-01 Oct 22-Dec 3 9:30am -10:30am $45/$54

**JR NUGGETS YOUTH BASKETBALL**

Leagues will be broken into 1-2, 3-4, 5-6 and 7-8 grades. Participants will choose one, one-hour practice Monday - Friday per week. Practices will be held at a school located in the Adams 12 School District. Practice begins the week of Oct 9. Games will be played on Saturdays between 8am - 5pm at the Northglenn Recreation Center starting Oct 21. Volunteer coaches receive a 50% discount on registration. For any other information, contact Roman Ortega 303.450.8928 or at rortega@northglenn.org

30855002  Oct 9-Dec 9 7:30am - 5:30pm $75/$90

**CARA CROSS COUNTRY**

**Ages 6-14**
Northglenn partners with the Colorado Association of Recreational Athletics (CARA) to offer fall Cross Country. Races will be 2k-5k (1.24 miles - 3.1 miles) depending on the age level. Practices begin on Aug 21st. Meets will be held Saturdays or Sundays at sites in the metro area starting the weekend of Sept 9th. Practices will be held on Monday/Tuesday/Thursday and will typically be located at Northwest Open Space with some practices at other locations in the city. The team will compete against other cities and agencies around the Denver metro area. Meet shirts will be supplied.

20856001-01 Aug 21-Oct 7 Mon,Tue,Thu 5:15-6:15p  $60/$72

**CARA VOLLEYBALL**

Northglenn partners with the Colorado Association of Recreational Athletics (CARA) to offer fall volleyball. Teams are divided up based on grade level: 2-4 grade, 5-6 and 7-8, and these teams compete against other recreation agencies. Participants practice twice a week, either on Mondays & Wednesdays or Tuesdays & Thursdays. Seasons have two to three tournaments that are held in the Denver metro area.

2-4 Grade Mon/Wed Practice
30860001-03 Aug 14-Oct 25 4:30pm - 5:30pm $85/$102

5&6 Grade Tue/Thu Practice
30860001-04 Aug 15-Oct 26 4:30pm - 5:45pm $85/$102

7&8 Grade Tue/Thu Practice
30860001-01 Aug 15-Oct 26 4:30pm - 5:45pm $85/$102

**EYG BASKETBALL CAMPS**

**Ages 7-14**
Scoring, Shooting, & Ballhandling Skills Camp
In this camp, players learn how to dribble the basketball against pressure, score in a variety of ways, and make shots that create play advantages. Players learn how to:
- Finish creatively in the paint
- Beat their defender off the catch and dribble to make plays
- Attack defensive close outs with playmaking confidence
- Get their shot off against taller, longer defenders
- Build unshakeable confidence
- Develop shooting accuracy
- Develop smooth footwork to stop on a dime
- Create separation from anywhere on the floor
- Receive nine hours of on-court skills work
- Daily competitive game play
- 1-on-1, 2-on-2, 3-on-3, 4-on-4, and 5-on-5 each day

Players return to their team with the ability to read the defense, score points, and make plays on any court. Fee is $100.

30855003-01 Oct 17-19 Tue-Thu 1:30pm - 3:30pm $68/$75
30855003-04 Jan 2-4 Tue-Thu 1:30pm - 4:30pm $70/$78

**Winter Season**
Practices begin Jan 8
Games on Saturdays beginning Jan 20
8-game season $80/$96
To register, visit www.northglenn.org/sports

City of Northglenn's Parks, Recreation and Culture Department  September - December 2023
COLORADO ASSOCIATION OF RECREATIONAL ATHLETICS PRESENTS:

CROSS COUNTRY

AUG 21 - OCT 7 | AGES 6 - 14 | PAGE 46

LIL DUNKSTERS
GET A LIL’ GAME ON
OCT 22 - DEC 3 | AGES 4 - 6 | PAGE 46

RELAX & RENEW WITH
SOUND BATH
NORTHGLENN RECREATION CENTER
9/23 | 10/21 | 11/18 | 12/16

FALL EQUINOX
20 23
NORTHGLENN RECREATION CENTER
08:30 AM | SEPTEMBER 23 | PAGE 44

YOGA WORKSHOP
NORTHGLENN RECREATION CENTER
10:30 AM

City of Northglenn’s Parks, Recreation and Culture Department September - December 2023
<table>
<thead>
<tr>
<th>Park/Facility</th>
<th>Location</th>
<th>Acres</th>
<th>Playground</th>
<th>Picnic Tables</th>
<th>Benches</th>
<th>Pavilions</th>
<th>Restroom</th>
<th>Sculpture</th>
<th>Greenway Trail</th>
<th>Trail</th>
<th>Sports</th>
<th>Water Features</th>
<th>Special Features</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alvin B. Thomas Park</td>
<td>Leroy Dr. &amp; Rosalie Dr.</td>
<td>2.72</td>
<td>✔️</td>
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<td>Winburn Ponds</td>
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<tr>
<td>Central Park (Fox Run)</td>
<td>Fox Run Pkwy. &amp; E. 108th Ave.</td>
<td>2.17</td>
<td>✔️</td>
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<td>Webster Lake, Pedal Boats</td>
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<tr>
<td>Charles C. Winburn Park</td>
<td>South of Huron St. &amp; W. 112th Ave.</td>
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<td>Don Anema Memorial Skate Park</td>
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<tr>
<td>E.B. Rains Jr. Memorial Park</td>
<td>East: E. 112th Ave. &amp; Lincoln St. West: 11800 Community Center Dr.</td>
<td>28</td>
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<td>Sculpture Garden</td>
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<tr>
<td>Eleanor M. Wyatt/ Centennial Park</td>
<td>Kennedy Dr. &amp; Melody Dr.</td>
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<td>Webser Lake, Pedal Boats</td>
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<td>Grant Park</td>
<td>E. 106th Ave. &amp; Grant Dr.</td>
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<td>Exercise equipment</td>
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<tr>
<td>Hugh Danahy Park</td>
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<td>Croke Reservoir Nature Area</td>
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<td>Reservoir, Fishing piers</td>
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<td>Huron Crossing Park</td>
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<td>Indoor pool</td>
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<tr>
<td>J.D. Cayton Park</td>
<td>W. 103rd Pl. &amp; Croke Dr.</td>
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<td>Indoor pool, Weight room</td>
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<td>Jaycee Park/ Bill Goodspeed</td>
<td>Leroy Dr. &amp; Irma Dr.</td>
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<td>Outdoor pool, water features</td>
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<td>Happy Tails Dog Park</td>
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<tr>
<td>Kiwanis Park and Pool</td>
<td>Garland Dr. &amp; Blue Jay Ln.</td>
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<td>Outdoor pool, water features</td>
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<td>Larson Glenn Park</td>
<td>E. 112th Ave. &amp; Larson Dr.</td>
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<td>Exercise equipment</td>
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<tr>
<td>North Park (Fox Run)</td>
<td>Fox Run Pkwy. &amp; Columbine St.</td>
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<td>Exercise equipment</td>
</tr>
<tr>
<td>Northwest Open Space/ Oscar</td>
<td>North: E. 112th Ave. &amp; Ranch Dr. South: North of Pecos St. &amp; Roseanna Dr.</td>
<td>83.84</td>
<td>✔️</td>
<td>✔️</td>
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<td>✔️</td>
<td>Exercise equipment</td>
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<tr>
<td>Arnold Nature Area</td>
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<td>Northglenn Recreation Center</td>
<td>11801 Community Center Dr.</td>
<td>20</td>
<td>✔️</td>
<td>✔️</td>
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<td>Indoor pool, Weight room</td>
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<tr>
<td>Rotary Park</td>
<td>Pecos St. &amp; Roseanna Dr.</td>
<td>2.7</td>
<td>✔️</td>
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<tr>
<td>Scout Park</td>
<td>Highline Drive &amp; E. 112th Pl.</td>
<td>3.6</td>
<td>✔️</td>
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<tr>
<td>South Park (Fox Run)</td>
<td>Fox Run Pkwy. &amp; Fox Run Circ.</td>
<td>1.5</td>
<td>✔️</td>
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<tr>
<td>Sperry Park</td>
<td>Sperry St. &amp; Utrillo Ln.</td>
<td>2.7</td>
<td>✔️</td>
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<td>Village Greens I</td>
<td>E. 116th Ave. &amp; Pennsylvania St.</td>
<td>1.08</td>
<td>✔️</td>
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<td>Village Greens II</td>
<td>E. 116th Ave. &amp; Sherman St.</td>
<td>1.1</td>
<td>✔️</td>
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<tr>
<td>Wyco Park</td>
<td>E. 117th Way &amp; Wyco Dr.</td>
<td>8.6</td>
<td>✔️</td>
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</tr>
</tbody>
</table>
Adams County Community Notification System

Be Informed, Be Prepared, and Be Safe.

Please take a moment to register for Adams County's Community Notification System, to receive important notifications regarding emergency situations or critical community alerts. Register by scanning the code below or visiting www.northglenn.org/codered.

In what types of situations will CodeRED be used?

Notifications will be based on information from your local Fire Departments, Law Enforcement, Public Safety, and Emergency Management Offices.

- Severe weather situations
- Substantial utility outage
- Evacuation notices
- Missing or lost persons
- Fires or floods
- Major roadway issues
- Significant criminal situations
- Chemical spills or gas leaks
- General neighborhood notifications

If you have additional questions about Adams County's Community Notification System CodeRED, please call 303.288.1535 or visit www.adcogov.org/codered.
FALL CALENDAR

Never miss an event! Sign up for our monthly e-newsletter at www.northglenn.org/signup.

2023 Event Calendar
★ = Free Event | www.northglenn.org/events

Sept.

4: Dog Daze of Summer
5 to 7 p.m. | Kiwanis Pool, 550 Garland Dr.
$5 per dog to swim in the pool before it’s closed for the season.

8: Northglenn Arts Presents: Colorado Jazz Repertory Orchestra
7:30 p.m. | Parsons Theatre
www.northglennarts.org

12: Travel Film: “Lure of Alaska”
10 a.m. | Parsons Theatre
www.northglennarts.org

13-14: Northglenn Arts Presents: FACE Vocal Band
7:30 p.m. | Parsons Theatre
www.northglennarts.org

15: Senior Guac & Roll ★
1 p.m. | Northglenn Senior Center

15: Pirate Night ★
5 to 10 p.m. | E.B. Rains Jr. Memorial Park
A good time will be had at this fun bash just fer the older among ye!

16: Pirate Day ★
11 a.m. to 6 p.m. | E.B. Rains Jr. Memorial Park
Fun pirate adventures for adults and kids alike!
www.thepiratefest.com

Oct.

6: Senior Oktoberfest Potluck
Noon | Senior Center
A fall tradition where we provide the brats and sauerkraut and you bring a side dish or dessert.

7: Free Landfill Day ★
7 a.m. to 2 p.m. | Tower Road Landfill
www.northglenn.org/freelandfillday

7: Northglenn Arts Presents: “Rogue Gestures/Foreign Bodies”
2 & 7:30 p.m. | Parsons Theatre
www.northglennarts.org

10: Travel Film: “Egypt”
10 a.m. | Parsons Theatre
www.northglennarts.org

14: Safe Street Halloween ★
4 to 7 p.m. | Centennial Park
Sponsored by the Northglenn Police Department.
www.northglenn.org/ssh

20: Senior Pie Bake-Off
1 p.m. | Senior Center

28: Northglenn Arts: “123 Andrés” (Bilingual Youth Show)
10 a.m. & 1 p.m. | Parsons Theatre
www.northglennarts.org

Nov.

3: Senior Holiday Tea Party
1 p.m. | Senior Center

10-19: Northglenn Youth Theatre: “Disney’s © Newsies: The Musical”
Multiple showings | Parsons Theatre
www.northglennarts.org

11: Veterans Day Ceremony ★
11 a.m. | Northglenn Veterans Memorial
An annual ceremony held to honor American service personnel

16: Northglenn Youth Theatre Dinner Theatre: “Disney’s © Newsies: The Musical”
10 a.m. | Parsons Theatre

21: Travel Film: “Promised Land”
10 a.m. | Parsons Theatre
www.northglennarts.org

Dec.

1: Noel Northglenn ★
5 to 8 p.m. | Recreation Center
www.northglenn.org/noel

2: Bike Giveaway
9 to 11 a.m. | Stonehocker Farmhouse, 10950 Fox Run Parkway

2-3: Olde Fashion Christmas
Stonehocker Farmhouse
Enjoy holiday music from a local artist and browse baked goods, gifts, stocking stuffers and more.

8: Northglenn Arts Presents: “SLAY”
7:30 p.m. | Parsons Theatre
www.northglennarts.org

9: Teen Activity: Gingerbread House Competition
3 to 6 p.m. | Recreation Center

10: Northglenn Arts Presents: Kantorei Holiday Show
2 p.m. | Parsons Theatre
www.northglennarts.org

15: Northglenn Arts Presents: Jarabe Mexicano Holiday Show
7:30 p.m. | Parsons Theatre
www.northglennarts.org

15: Senior Holiday Luncheon
Noon | Senior Center

17: Northglenn Arts Presents: “Irish Christmas in America”
2 p.m. | Parsons Theatre
www.northglennarts.org

22: Senior Holiday White Elephant Brunch
9 a.m. | Senior Center

31: Family Friendly New Years Party
11 a.m. to 12:30 p.m. | Recreation Center
Bring your little ones to celebrate the New Year with games, a noon-year countdown and more.
Registration begins August 14 for Residents and August 21 for Non-Residents
www.northglenn.org/playnorthglenn

Follow along with us on social media!
Facebook - @cityofnorthglenn.parksandrec
Instagram - @northglennrecreation

NORTHGLEN YOUTH BASKETBALL
PRACTICES BEGIN OCT 9
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