

PARKS, RECREATION AND CULTURE GUIDE

September - December 2023







City of Northglenn's Department of Parks, Recreation & Culture

1 E. Memorial Parkway Northglenn, Colorado 80233 303.450.8800

Recreation Center Hours

Monday - Friday: 5am-9pm*
Saturday: 7am-8pm*
Sunday: 8am-6pm*
*Guests must exit the facility within 15 minutes after closing.

Closures

Annual Facility Maintenance*
Labor Day
September 4
Thanksgiving Day
November 23
Christmas Day
December 25
New Year's Day
January 1

Special Hours

Christmas Eve December 24: 8am - 3pm New Year's Eve December 31: 8am - 3pm

Phone Numbers

 Guest Services
 303.450.8800

 Senior Center
 303.450.8801

 Theatre Box Office
 303.450.8888

This guide is a publication of the City of Northglenn. Programs are subject to change. Please check our website www.northglenn.org for the most up-to-date information.

*Northglenn Arts classes and rehersals will still be held.





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Northglenn Parks, Recreation & Culture Staff

ADMINISTRATION

Amanda Peterson Christie Chambers Jesse Mestrovic Justin Perdue Michael Stricker

ACTIVE RECREATION

Tim Hiney
Cara Hockaday
Deb Lawson
Brian Magnett
Justin Maillet
Roman Ortega
Kassy Riggle
Sarah Schwallier
Rachel Saccardi

NORTHGLENN ARTS

Patrick Berger Kimberly Jongejan Candice Marchese Terra Mueller Daniel Mori

PARKS

Doug Kegerreis Chuck Mason Jr. David True Rob Webber

SENIOR CENTER

Kate Fisher

Director of Parks, Recreation & Culture Administrative Assistant Parks & Recreation Project Manager Active Recreation Manager Arts, Culture & Community Manager

Facility Coordinator Children's Coordinator Recreation Supervisor Recreation Supervisor Facility Coordinator Sports Coordinator Youth & Teen Coordinator Fitness Coordinator Marketing Assistant

Theatre Production Supervisor Cultural Programs Coordinator Patron Experience Coordinator Marketing Coordinator Technical Director

Parks Supervisor Parks Coordinator Parks Coordinator Operations Manager

Senior Center Coordinator

Northglenn City Council

Mayor Meredith Leighty
Council Member Megan Burns, Ward 1
Council Member Nicholas Walker, Ward 1
Council Member Becky Brown, Ward 2
Council Member Jay Jaramillo, Ward 2
Council Member Katherine Goff, Ward 3
Council Member Richard Kondo, Ward 3
Council Member Tim Long, Ward 4
Mayor Pro Tem Shannon Lukeman-Hiromasa, Ward 4

Northglenn Parks & Recreation Advisory Board

President Andy Hall, Ward 1 Board Member Morell Madrid, Ward 2 Secretary Mary Peery, Ward 3 Board Member Mary Mondragon, Ward 4 Vice President Chris Unger, At-Large

To apply for the advisory board, go to northglenn.org/boardapplication. For more information, go to northglenn.org/parksboard or email Christie Chambers at cchambers@northglenn.org.





Neighborhood Beautification

Do you have an eye for a beautiful yard? Each summer, volunteers search the community for particularly spectacular front yards.

Park and Trail Partners

Even if your thumb is less than green, help is still needed to plant and care for flowerbeds or keep a park or stretch of trail free from trash and debris.

Snow Stormers

Many city residents physically cannot clear their sidewalks when it snows.

If you could shovel their snow - whether in the evening or morning - it would make a huge difference.



Neighborhood Watch

Learn how to keep your streets safer from crime and how to be a better neighbor. Northglenn already has a number of Neighborhood Watch programs — join one or start a watch up in your area.



Northglenn Bike Program

Do you have an unused, old or broken bike lying around, collecting dust? We'll fix it up before giving it to a local family.

Holiday Bike Giveaway

Sat., Dec. 2, 9-11 a.m., Stonehocker Farmhouse, 10950 Fox Run Parkway



Volunteer Projects

Have a volunteer project in mind, or need to volunteer to fulfill school or other requirements? Give us a call to see how we can help.



Community Events

City events vary in size and theme, but we can always use a smiling face and ready hand to assist with set up and event day activities. Events include Derby Day, July 4th Festival, Pirate Fest, Noel Northglenn and more! If you have high energy and excel in organized chaos, this is for you!



Youth Recreation

It takes a lot of effort to put a game together - but your time and commitment pay off. We especially need volunteers for coaching basketball and going on trips.

Senior Center

Support your peers by helping at the information desk, planning parties or providing a friendly face. Your wisdom, experience and joy are welcomed.



Theatre & Cultural Arts

Northglenn Arts needs volunteers (ages 14+) for its Northglenn Youth Theatre (NYT) productions and its Presents series on the night of performances to help with greeting, ushering, ticket taking and concessions. If you want to get more involved behind the scenes of NYT, we also need adult volunteers (ages 18+) to help with costuming and set painting and construction.

For more details contact Jenni Murphy at 303.450.8904 or jmurphy@northglenn.org or visit www.northglenn.org/volunteer.

"We make a living by what we get. We make a life by what we give." - Winston Churchill

REGISTRATION INFORMATION

HOW TO REGISTER FOR PROGRAMS:



northglenn.org/playnorthglenn

IN-PERSON

Recreation Center

NorthglennARTS NYT Academy

Registration Type	Resident	Non-Resident
Online	Begins Monday	Begins Monday
Registration	August 14 at 5am	August 21 at 5am
Walk-in	Begins Monday	Begins Monday
Registration	August 14 at 8am	August 21 at 8am
Walk-in & Online	Begins Monday	Begins Monday
Registration	July 17 at 8am	July 24 at 8am

Do I have to create an account to use the online registration system?

Yes. Please create a new account at northglenn.org/playnorthglenn. The registration link is located at the top of the page. Create a username and password, and add your household members to your account.

What can I do with online registration?

You can use the registration website to register for classes, make a payment, look up your transaction history and check your account balance.

Is your system secure?

We have taken many steps to ensure the security of your transaction. Our online registration employs 128-bit encryption along with other industry standards.

Are there programs that are not available through online registration?

Yes. In these cases, in-person registration is required. However, you will still be able to view the details online. In this guide, the classes with a class code indicate online registration availability. Please call 303.450.8800 for further information.

I am a non-resident. Can I use online registration?

Yes. The registration process is the same for both residents and non-residents. However, non-resident fees and registration times may be different from resident fees and registration times.

I don't feel comfortable using a credit card over the internet. Can I still register online?

Yes. If you already have a credit on your account, that credit can be used toward payment for registration. The credit must be large enough to cover the full amount of the class. Otherwise, a credit card will need to be used to pay the difference. You may add credit to your account by going into the Recreation Center. Our online registration system uses a variety of security measures to maintain the safety of your personal information.



Registration



Rec Center Information

Residency

Residents are required to show proof of residency to get resident rates on memberships and program registration.

Proof of residency includes:

Photo ID with your current Northglenn address.

Photo ID with one of the following documents:

- Utility bill
- Car registration
- Rental contract
- Voter registration card
- Statement from major creditor
- Adams County tax notice

Membership Information

Annual and 6-month memberships can be paid in monthly installments. Family memberships include a parent or guardian and children (17 years & younger) claimed as dependent on your federal tax return and living at the same residence.

A \$25 administration fee is assessed for cancellation of 6-month and annual memberships. A \$15 fee is assessed for cancellation of 3-month memberships.

Financial Assistance

The City is able to provide limited financial assistance for Northglenn residents to participate in recreation programs. Eligibility is based on income. For more information, contact Christie Chambers at 303.280.7821 or cchambers@northglenn.org.

Lockers

Guests are asked to provide their own locks for lockers. Locks are available for purchase at the Recreation Center guest services desk.

Americans With Disabilities Act (ADA)

Northglenn Parks, Recreation and Culture welcomes and encourages persons with special challenges and needs to participate in any of our programs. Potential participants are invited to contact us to discuss any special accommodations or adaptations that may be necessary for participation in our programs and services. Assistance requests need to be made at least two weeks prior to the activity. Contact the Recreation Center at 303.450.8800 or 303.450.8717 V/TDD for information.

REGISTRATION INFORMATION

DAILY ADMISSION & MEMBERSHIP FEES

Daily Admission	Fee
Child (3 - 17 years)	\$2.50R / \$3.25NR
Adult (18 - 61 years)	\$4.50R / \$5.75NR
Senior (62+)	\$3R / \$3.75NR
Groups (10+)	\$1 discount per person
Military/Veteran	20% discount



Memberships	20-Punch	1-Month	3-Month	6-Month	Annual
Child (3 - 17 years)	\$40R / \$50NR	\$20R / \$25NR	\$56R / \$70NR	\$108R / \$135NR	\$180R / \$225NR
Adult (18 - 61 years)	\$72R / \$90NR	\$35R / \$44NR	\$102R / \$128NR	\$195R / \$245NR	\$325R / \$406NR
Senior (62+)	\$48R / \$60NR	\$24R / \$30NR	\$69R / \$86NR	\$132R / \$165NR	\$220R / \$275NR
Family (up to 4 in household)		\$54R / \$68NR	\$156R / \$195NR	\$300R / \$375NR	\$500R / \$625NR
Additional Family Member		\$13.50R / \$17NR	\$39R / \$49NR	\$75R / \$94NR	\$125R / \$150NR
Military/Veteran	20% discount	20% discount	20% discount	20% discount	20% discount



Open Gym

Call 303.450.8800 or visit northglenn.org/recreation center for open gymavailability. Gymschedule subject to change.

Adult Drop-In Basketball

Pickup basketball at its finest! Come during designated times for pickup style games where fitness and fun are emphasized. Games are typically 5 vs. 5 or 4 vs. 4 utilizing our regulation high school court. Open to all adults (18+).

Monday, Wednesday, Friday 12pm - 1:30pm Tuesdays & Fridays 6:30am - 8:30am

Regular drop-in fees apply. We also accept punch passes, memberships, SilverSneakers, and Renew Active.

Drop-In Pickleball

Pickleball is a fun paddle sport that incorporates elements of badminton and tennis for two to four players, who use small wooden paddles to hit a perforated plastic ball over a net. It's an easy-to-learn game that is played on a court like a tennis court but half the size. Pickleball is fun for players of all ages and level of activity and can start slow for beginners or pick up the pace for advanced players. These low impact workouts promote adult and kids' health. See guest services staff for detailed pickleball guidelines.

Monday, Wednesday, Friday 8:30am - 11:30am (4 courts) Tuesday, Thursday 8:30am - 11:30am (2 courts)

Regular drop-in fees apply. We also accept punch passes, memberships, SilverSneakers, and Renew Active.

Corporate Memberships

The City of Northglenn offers local businesses discounted options to utilize the Recreation Center. For more information, please contact Justin Maillet at 303.450.8913 or jmaillet@northglenn.org.

HAPPY BIRTHDAY!

THE RECREATION CENTER IS 2 YEARS OLD!

Celebrate with us by taking advantage of discounted rates on six- and twelve-month memberships from October 1 - 15.

Offer includes a 10% discount for any six- or twelve-month membership paid in full up front. This promotion is available for all age categories as well as to both residents and non-residents.





RENTAL INFORMATION

The Northglenn Recreation Center, Senior Center, and Theatre offer a variety of rental spaces for multiple occasions. From small business meetings to large receptions, our reasonably priced spaces are available for rent throughout the year. For more information, call 303.450.8800.

Community Rooms Combined

This 4093-square-foot space is great for large gatherings such as a graduation or business conference. The attached catering kitchen is perfect for a caterer to serve your event. The large community room has access to three wall-mounted TVs and a projector and screen. It can accommodate up to 250 people.

Fee \$190 per hour Resident \$228 per hour Non-Resident

Community Room 1

This space can accommodate up to 80 people and is attached to the catering kitchen. Space also has a wall-mounted TV.

Fee \$70 per hour Resident \$84 per hour Non-Resident

Community Room 2

This is the middle room out of all the community room spaces. It can accommodate up to 80 people. Space has a wall-mounted TV.

Fee \$60 per hour Resident \$72 per hour Non-Resident

Community Room 3

This space is on the far end of the community rooms. It can accommodate up to 70 people. It also has a projector and screen great for presentations and a wall-mounted TV.

Fee \$70 per hour Resident \$84 per hour Non-Resident



Classrooms

This space is located next to the guest services desk at the Recreation Center entrance. It can be used as one space for up to 35 people or separated in half for 15 people. Each room has a mounted TV, sink and refrigerator. Available Monday-Friday during normal operating hours.

Fee \$30 per hour Resident Single Room

\$40 per hour Non-Resident Single Room

\$60 per hour Resident Double Room

\$80 per hour Non-Resident Double Room

Pool Party Packgages

Guests can reserve the Pool Party Room for one hour and choose to go swimming before or after the time in the room. Multiple time blocks can be reserved, if available. The price for the room and time block includes up to 20 admissions to the pool and one free admission for the birthday guest. Rentals are available on Saturdays and Sundays during the following times:

11am - 12pm (Sunday Only)

12:30pm - 1:30 pm

2pm - 3pm

3pm - 4pm

5pm - 6pm (Sunday Only)

Fee \$185 Resident

\$222 Non-Resident

Senior Activity Room

This 1097-square-foot room can accommodate up to 70 people. Space has a small projector and screen, great for presentations or slideshows. It also has a connected outdoor patio area.

Fee \$65 per hour Resident

\$78 per hour Non-Resident





AQUATICS





Preschool Aquatics Program

Our preschool swimming program focuses on safety and developmental needs of young children. As your child moves from class to class, they will review and build on skills they learned, increasing their ability and comfort in the water. All preschool classes take place in the Recreation Center Activity Pool.

GUPPIES CLASSES PARENTS & TOTS

Ages 6 months-3 years

Help your infant or toddler become more comfortable in the water. Please note that your child will not learn to swim or survive in the water in this class. The children must have a swim diaper or plastic pants under their swimsuits. Only one parent per child is allowed in the water.

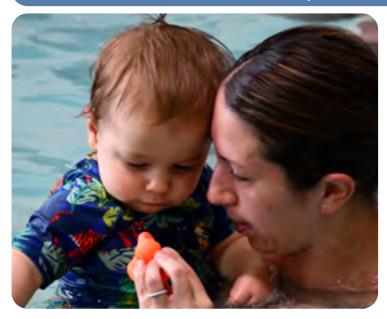
September, Mon 30101001-02	day/Wednesday Sep 6-27	10:30-11:00a	\$28/\$33.25
September, Frid 30101001-04	ay Sep 8-29	10:30-11:00a	\$16/\$19
September, Satu	ı rday Sep 9-30	10:30-11:00a	\$16/\$19
October, Monda 30101001-06		10:30-11:00a	\$32/\$38
October, Friday	33.2.23	10.00	
30101001-07 October, Saturd	Oct 6-27	10:30-11:00a	\$16/\$19
30101001-08	Oct 7-28	10:30-11:00a	\$16/\$19
November, Mon 30101001-09	day/Wednesday Oct 30-Nov 22	10:30-11:00a	\$32/\$38
November, Frida 30101001-10	ay Nov 3-24	10:30-11:00a	\$16/\$19
November, Satu 30101001-11	rday Nov 4-25	10:30-11:00a	\$16/\$19
December, Mone 30101001-12	day/Wednesday Nov 27-Dec 13	10:30-11:00a	\$24/\$28.50
December, Frida 30101001-13	Dec 1-15	10:30-11:00a	\$12/\$14.25
December, Satu 30101001-14	rday Dec 2-16	10:30-11:00a	\$12/\$14.25

STARFISH CLASSES AGES 3-5

Your young child will learn to be more comfortable and how to move in the water. They will be introduced to holding their breath and submerging under water.

September, Mon 30101011-01	day/Wednesday Sep 6-27	11:00-11:30a	\$28/\$33.25
September, Tues 30101011-04 30101011-05	sday/Thursday Sep 5-28 Sep 5-28	11:00-11:30a 5:00-5:30p	\$32/\$38 \$32/\$38
September, Satu 30101011-06 30101011-07	Irday Sep 9-30 Sep 9-30	10:30-11:00a 11:00-11:30a	\$16/\$19 \$16/\$19
October, Monda 30101011-09	y/Wednesday Oct 2-25	11:00-11:30a	\$32/\$38
October, Tuesda 30101011-10 30101011-21	oy/Thursday Oct 3-26 Oct 3-26	11:00-11:30a 5:00-5:30p	\$32/\$38 \$32/\$38
October, Saturd 30101011-11 30101011-12	ay Oct 7-28 Oct 7-28	10:30-11:00a 11:00-11:30a	\$16/\$19 \$16/\$19
November, Mon 30101011-13	day/Wednesday Oct 30-Nov 22	11:00-11:30a	\$32/\$38
November, Tues 30101011-14 30101011-22	oct 31-Nov 21 Oct 31-Nov 21	11:00-11:30a 5:00-5:30p	\$28/\$33.25 \$28/\$33.25
November, Satu 30101011-15 30101011-16	rday Nov 4-25 Nov 4-25	10:30-11:00a 11:00-11:30a	\$16/\$19 \$16/\$19
December, Mon 30101011-17	day/Wednesday Nov 27-Dec 13	11:00-11:30a	\$24/\$28.50
		11.00 11.000	φ 2-1 /φ 2 0.00
December, Tues 30101011-18 30101011-23	day/Thursday Nov 28-Dec 14 Nov 28-Dec 14	11:00-11:30a 5:00-5:30p	\$24/\$28.50 \$24/\$28.50





JELLYFISH CLASSES AGES 3-5

Your child will become more comfortable with going under water and pushing off the wall independently for a short distance.

September, Tu 30101021-01 30101021-19	esday/Thursday Sep 5-28 Sep 5-28	10:30-11:00a 5:00-5:30p	\$32/\$38 \$32/\$38
September, Fr 30101021-02	iday Sep 8-29	11:30a-12:00p	\$16/\$19
September, Sa 30101021-05 30101021-06	sturday Sep 9-30 Sep 9-30	10:00-10:30a 11:30a-12:00p	\$16/\$19 \$16/\$19
October, Tues	day/Thursday		
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November, Fri 30101021-12	day Nov 3-24	11:30a-12:00p	\$16/\$19
November, Sa	•	40:00 40:00-	Φ4.C/Φ4.C
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December, Tud 30101021-15	esday/Thursday Nov 28-Dec 21	10:30-11:00a	\$32/\$38
December, Fri 30101021-16	day Dec 1-15	11:30a-12:00p	\$12/\$14.25
December, Sa			
30101021-17 30101021-18	Dec 2-16 Dec 2-16	10:00-10:30a 11:30a-12:00p	\$12/\$14.25 \$12/\$14.25

ANGELFISH CLASSES AGES 3-5

In the final class of the preschool program, your child will start to swim independently for longer distances using a semi-developed stroke.

September, Mo 30101031-01	nday/Wednesday Sep 6-27	11:30a-12:00p	\$28/\$33.25
September, Fri 30101031-02	day Sep 8-29	11:00-11:30a	\$16/\$19
September, Sat 30101031-03 30101031-04	turday Sep 9-30 Sep 9-30	10:00-10:30a 11:00-11:30a	\$16/\$19 \$16/\$19
October, Monda 30101031-05	ay/Wednesday Oct 2-25	11:30a-12:00p	\$32/\$38
October, Friday 30101031-06	Oct 6-27	11:00-11:30a	\$16/\$19
October, Sature 30101031-07 30101031-08	day Oct 7-28 Oct 7-28	10:00-10:30a 11:00-11:30a	\$16/\$19 \$16/\$19
November, Mor 30101031-09	Oct 30-Nov 22	11:30a-12:00p	\$32/\$38
November, Tue 30101031-17	sday/Thursday Oct 31-Nov 21	5:00-5:30p	\$28/\$33.25
November, Frid 30101031-10	lay Nov 3-24	11:00-11:30a	\$16/\$19
November, Sate 30101031-11 30101031-12	urday Nov 4-25 Nov 4-25	10:00-10:30a 11:00-11:30a	\$16/\$19 \$16/\$19
December, Mor 30101031-13	nday/Wednesday Nov 27-Dec 13	11:30a-12:00p	\$24/\$28.50
December, Tue 30101031-18	sday/Thursday Nov 28-Dec 21	5:00-5:30p	\$32/\$38
December, Frid 30101031-14	ay Dec 1-15	11:00-11:30a	\$12/\$14.25
December, Satu			
30101031-15 30101031-16	urday Dec 2-16 Dec 2-16	10:00-10:30a 11:00-11:30a	\$12/\$14.25 \$12/\$14.25



More information and to register call 303.450.8800 or visit www.northglenn.org/aquatics.



AQUATICS



Youth Learn-to-Swim Program

The Recreation Center uses the American Red Cross Learn-to-Swim program, a progressive, multi-level instructional approach that maximizes success and includes the most current biomechanics and stroke descriptions. By completing the entire program, your child will be exposed to the front crawl, elementary backstroke, breaststroke, back crawl, side stroke, butterfly, starts, turns and diving.

LEVEL 1 CLASSES AGES 6-12

This level introduces basic swimming skills and strokes like submerging independently, unsupported kicks, streamline front/back and basic front crawl while blowing bubbles.

September, Tues	sday/Thursday			
30101041-01	Sep 5-28	11:30a-12:00p	\$32/\$38	
30101041-13	Sep 5-28	5:30-6:00p	\$32/\$38	
September, Satu	ırdav			
30101041-02	Sep 9-30	10:30-11:00a	\$16/\$19	
30101041-03	Sep 9-30	11:30a-12:00p	\$16/\$19	
Ostalasa Tasasala	···/Th			
October, Tuesda		11.20- 12.00-	# 20/#20	
30101041-04 30101041-14	Oct 3-26 Oct 3-26	11:30a-12:00p 5:30-6:00p	\$32/\$38 \$32/\$38	
30101041-14	OCI 3-20	5.30-6.00p	φ32/φ30	
October, Saturd	ay			
30101041-05	Oct 7-28	10:30-11:00a	\$16/\$19	
30101041-06	Oct 7-28	11:30a-12:00p	\$16/\$19	
Neverber Treeder/Thursday				
November, Tues	dav/Thursdav			
30101041-07	day/Thursday Oct 31-Nov 21	11:30a-12:00p	\$28/\$33.25	
		11:30a-12:00p 5:30-6:00p	\$28/\$33.25 \$28/\$33.25	
30101041-07 30101041-15	Oct 31-Nov 21 Oct 31-Nov 21			
30101041-07 30101041-15 November, Satu	Oct 31-Nov 21 Oct 31-Nov 21 rday Session 1	5:30-6:00p	\$28/\$33.25	
30101041-07 30101041-15 November, Satu 30101041-08	Oct 31-Nov 21 Oct 31-Nov 21 rday Session 1 Nov 4-25	5:30-6:00p 10:30a-11:00a	\$28/\$33.25 \$16/\$19	
30101041-07 30101041-15 November, Satu	Oct 31-Nov 21 Oct 31-Nov 21 rday Session 1	5:30-6:00p	\$28/\$33.25	
30101041-07 30101041-15 November, Satu 30101041-08 30101041-09 December, Tues	Oct 31-Nov 21 Oct 31-Nov 21 rday Session 1 Nov 4-25 Nov 4-25 day/Thursday	5:30-6:00p 10:30a-11:00a	\$28/\$33.25 \$16/\$19 \$16/\$19	
30101041-07 30101041-15 November, Satu 30101041-08 30101041-09	Oct 31-Nov 21 Oct 31-Nov 21 rday Session 1 Nov 4-25 Nov 4-25 day/Thursday Nov 28-Dec 14	5:30-6:00p 10:30a-11:00a 11:30a-12:00p	\$28/\$33.25 \$16/\$19	
30101041-07 30101041-15 November, Satu 30101041-08 30101041-09 December, Tues	Oct 31-Nov 21 Oct 31-Nov 21 rday Session 1 Nov 4-25 Nov 4-25 day/Thursday	5:30-6:00p 10:30a-11:00a 11:30a-12:00p	\$28/\$33.25 \$16/\$19 \$16/\$19	
30101041-07 30101041-15 November, Satu 30101041-08 30101041-09 December, Tues 30101041-10 30101041-16	Oct 31-Nov 21 Oct 31-Nov 21 rday Session 1 Nov 4-25 Nov 4-25 day/Thursday Nov 28-Dec 14 Nov 28-Dec 21	5:30-6:00p 10:30a-11:00a 11:30a-12:00p	\$28/\$33.25 \$16/\$19 \$16/\$19 \$32/\$38	
30101041-07 30101041-15 November, Satu 30101041-08 30101041-09 December, Tues 30101041-10 30101041-16 December, Satu	Oct 31-Nov 21 Oct 31-Nov 21 rday Session 1 Nov 4-25 Nov 4-25 day/Thursday Nov 28-Dec 14 Nov 28-Dec 21 rday	5:30-6:00p 10:30a-11:00a 11:30a-12:00p 11:30a-12:00p 5:30-6:00p	\$28/\$33.25 \$16/\$19 \$16/\$19 \$32/\$38 \$32/\$38	
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LEVEL 2 CLASSES AGES 6-12

Your child will build on the skills learned in Level 1. They will strive for longer distances using the front crawl and improve their bubbles-breathers techniques.

September, Tud 30101051-09	esday/Thursday Sep 5-28	5:30-6:00p	\$32/\$38
September, Sat 30101051-01 30101051-02	turday Sep 9-30 Sep 9-30	10:00-10:30a 11:00-11:30a	\$16/\$19 \$16/\$19
October, Tueso 30101051-10		5:30-6:00p	\$32/\$38
October, Sature 30101051-03 30101051-04		10:00-10:30a 11:00-11:30a	\$16/\$19 \$16/\$19
November, Tue 30101051-11	sday/Thursday Oct 31-Nov 21	5:30-6:00p	\$28/\$33.25
November, Sat 30101051-05 30101051-06	Nov 4-25	10:00-10:30a 11:00-11:30a	\$16/\$19 \$16/\$19
December, Tue 30101051-12	sday/Thursday Nov 28-Dec 21	5:30-6:00p	\$32/\$38
December, Sate 30101051-07 30101051-08	Dec 2-16	10:00-10:30a 11:00-11:30a	\$12/\$14.25 \$12/\$14.25

LEVEL 3 CLASSES AGES 6-12

The backstroke and sidestroke will be introduced as your child continues to work on the front crawl. They will try treading water and even be introduced to diving!

and even be introduced to diving:				
September, Tue 30101061-09	esday/Thursday Sep 5-28	4:30-5:00p	\$32/\$38	
September, Sat 30101061-01 30101061-02	surday Sep 9-30 Sep 9-30	10:30-11:00a 11:30a-12:00p	\$16/\$19 \$16/\$19	
October, Tuesd 30101061-10	ay/Thursday Oct 3-26	4:30-5:00p	\$32/\$38	
October, Saturo 30101061-03 30101061-04	day Oct 7-28 Oct 7-28	10:30-11:00a 11:30a-12:00p	\$16/\$19 \$16/\$19	
November, Tue 30101061-11	sday/Thursday Oct 31-Nov 21	4:30-5:00p	\$28/\$33.25	
November, Satu	urday			
30101061-05 30101061-06	Nov 4-25 Nov 4-25	10:30-11:00a 11:30a-12:00p	\$16/\$19 \$16/\$19	
December, Tuesday/Thursday				
30101061-12	Nov 28-Dec 21	4:30-5:00p	\$32/\$38	
December, Satu	urdav			
30101061-07		10:30-11:00a	\$12/\$14.25	
30101061-08	Dec 2-16	11:30a-12:00p	\$12/\$14.25	



LEVEL 5 CLASSES AGES 6-12

Your child's swimming arsenal will grow with the breaststroke as they increase their endurance on the strokes they have learned. They will also get to jump off the block with streamline and learn about open turns, treading water and counting yards.

September, Sa 30101081-01	turday Sep 9-30	11:00-11:30a	\$16/\$19
October, Satur 30101081-02	day Oct 7-28	11:00-11:30a	\$16/\$19
November, Sat 30101081-03	urday Nov 4-25	11:00-11:30a	\$16/\$19
December, Sat 30101081-04	urday Dec 2-16	11:00-11:30a	\$12/\$14.25



LEVEL 6 CLASSES AGES 6-12

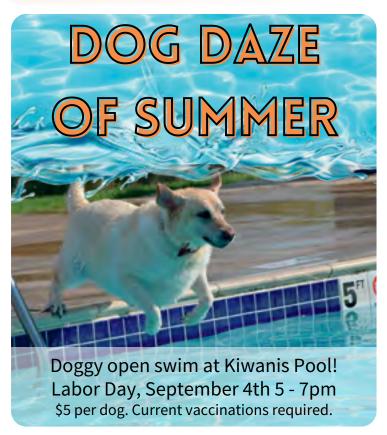
Time to refine all the strokes and skills they have learned so far. Your child will swim with more ease, efficiency, power, and smoothness. On the diving block, they will be introduced to the shallow dive, jump tuck dive and pike dive.

September, Sa 30101091-01	turday Sep 9-30	10:00-10:30a	\$16/\$19
October, Satur 30101091-02	day Oct 7-28	10:00-10:30a	\$16/\$19
November, Sat 30101091-03	Nov 4-25	10:00-10:30a	\$16/\$19
December, Sat 30101091-04	urday Dec 2-16	10:00-10:30a	\$12/\$14.25

LEVEL 4 CLASSES AGES 6-12

Your child tries out the deep water surface dive, diving off the block and swimming from the deck. When not diving, they will focus on the sidestroke and increasing their endurance in the water.

September, Tue : 30101071-05	sday/Thursday Sep 5-28	4:30-5:00p	\$32/\$38
September, Satu 30101071-01	urday Sep 9-30	11:30a-12:00p	\$16/\$19
October, Tuesda 30101071-06	ay/Thursday Oct 3-26	4:30-5:00p	\$32/\$38
October, Saturd 30101071-02	ay Oct 7-28	11:30a-12:00p	\$16/\$19
November, Tues 30101071-07	day/Thursday Oct 31-Nov 21	4:30-5:00p	\$28/\$33.25
November, Satu 30101071-03	rday Nov 4-25	11:30a-12:00p	\$16/\$19
December, Tues 30101071-08	,	4:30-5:00p	\$32/\$38
December, Satu 30101071-04	rday Dec 2-16	11:30a-12:00p	\$12/\$14.25



WATER FITNESS



RIVER WALKING FITNESS

Low cardio, low intensity

Strengthen muscles with low-impact water walking techniques in this one-hour class. Walk at your own pace and work with or against the lazy river current. Take advantage of the natural resistance of water to improve cardio, strength and balance. All fitness levels are welcome. Pool depth 3.5 - 4.5 feet.

MOBILITY FITNESS

Low cardio, low intensity

Do out-of-water fitness classes seem like too much for your joints and body? Then this class is perfect. This one-hour in-water training class is designed to work on general stretching of the body and also includes joint and body mobility. This class will make you feel like you can conquer the day with less tightness and more range. Pool depth 3.5 - 4.5 feet.

LOW IMPACT WATER FITNESS

Low cardio, low intensity

This class allows you to exercise without putting excess strain on your joints and muscles. The gentle activities will help you gain strength and flexibility. The 55-minute class may include walking, gentle stretching, flexing, extension and range-of-motion. Pool depth 3.5 - 4.5 feet.

FUSED WATER FITNESS

Low cardio, medium intensity

This class will utilize the entire activity pool space with stations and different in-water and out-of-water fitness activities to keep you working. Each station is designed to work specific muscle groups and increase your overall fitness. Pool depth 3.5 - 4.5 feet.

SPLASH

Low cardio, medium intensity

Activate your aqua exercise urge for variety! This water class offers fun and shallow moves to improve agility, flexibility and cardiovascular endurance. No swimming ability is required and water fitness equipment is used to develop strength, balance and coordination. Pool depth 3.5 - 4.5 feet.

HYPER WALK FITNESS

High cardio, high intensity

Strengthen muscles with a low-impact, high intensity water walking class. This one-hour class is designed to work on interval training in the water. Participants will use weights and move with and against the current to keep their heart rate up until a recovery segment. It is highly suggested that you take the River Walking class a few times before jumping into this class. Pool depth 3.5 - 4.5 feet.

INTENSE SHALLOW WATER

High cardio, high intensity

This intermediate/advanced class is for the participant looking to up their workout goals. We use a combination of aerobic and strength training with many different types of equipment to keep you challenged and successful.

For the most up-to-date schedules, more information and to register visit www.northglenn.org/aquatics.



Fall Aquatic Fitness Schedule

Recreation Center Lap Pool

Recreation Center Activity Pool

	Monday	Tuesday	Wednesday	Thursday	Friday	
8:00am	Hyper Walk Fitness 8am-9am	Intense Shallow Water 8:10am-9:10am	Hyper Walk Fitness 8am-9am	Intense Shallow Water 8:10am-9:10am	Hyper Walk Fitness 8am-9am	
9:00am	Splash 9:10am-10:10am	Fused Water Fitness 9:20am-10:20am	Splash 9:10am-10:10am	Fused Water Fitness 9:20am-10:20am	Splash 9:10am-10:10am	
10:00am	River Walking 10:20am-11:20am	Low Impact Water Fitness 10:30am-11:15am	River Walking 10:20am-11:20am	Low Impact Water Fitness 10:30am-11:15am	River Walking 10:20am-11:20am	
11:00am		Mobility Fitness 11:20am-12:15pm		Mobility Fitness 11:20am-12:15pm		
12:00pm						
6:00pm	Fused Water Fitness 6pm-7pm		Fused Water Fitness 6pm-7pm			

Northglenn FUSES Swim club



The City of Northglenn is proud to offer a wide variety of aquatic programs for all ages and abilities. After a swimmer has progressed through the Learn-to-Swim program, they can move on to the Northglenn Fusion Swim Club.



Ages 6-18

Swimmers train 3-6 water sessions and 2-3 land sessions per week depending on group placement. Local and statewide meets occur at least once a month. Training times are Monday-Friday, 5-9pm and Saturday mornings. Space is limited, priority will be given to swimmers registering for the full season. For questions, tryout information and to register contact Head Coach Marc Rios: mrios@northglenn.org

Check us out on the web! Instagram @northglennfusion https://www.gomotionapp.com/team/confsc/page/home







14 4-7 PM

HALLOWEEN FUN FOR ALL AGES!

JOIN US FOR A FESTIVAL-STYLE STRANGER THINGS/80S THEME FAMILY EVENT THIS YEAR! CANDY STOPS BY NORTHGLENN HS STUDENT GROUPS, SPOOKY INFLATABLES, MUSIC, TRUNK-OR-TREAT BY BUSINESSES AND MORE.

CANDY DONATIONS DROPPED AT CITY HALL AND THE JUSTICE CENTER APPRECIATED

NORTHGLENN.ORG/SSH

CENTENNIAL PARK, KENNEDY DRIVE & MALLEY DRIVE





WANT MORE EXPOSURE IN NORTHGLENN?

Become an event sponsor!

Visit www.northglenn.org/sponsorships or call Ashley at 303.450.8935 to get involved.









browse affordable baked goods, and the kids can take photos with Santa. Gently used and affordable gifts for sale.

WWW.NORTHGLENN.ORG/OLDEFASHIONCHRISTMAS

The Northglenn Bike Program will be giving away free bicycles on Saturday from 9 to 11 a.m. Call 303.450.8904 with questions.



Santa and Mrs. Claus, carriage rides, bake sale, kids crafts and so much more! FRIDAY DEC 1

New winter festivities, food and activities.

Northglenn Recreation Center 1 East Memorial Parkway

NORTHGLENN.ORG/NOEL



PATH TO PRESCHOOL

Ages 2 - 3 | 9am - 10:30am | Tue/Thur

Want to engage your young child in preschool activities but aren't quite ready to leave their side yet? Our Path to Preschool program is perfect for you! Guardians and children join together inside the Recreation Center to learn how to engage with other children and trusted teachers. Children and guardians will explore literacy, math, science, social skills, and more in this fun and engaging class. Path to Preschool classes are run by the Northglenn Preschool program staff so your kiddo can get comfortable with them before they come to our preschool!

30206002- 01	Sept 12 - 28	\$30/\$36
30206002-02	Oct 3 - Oct 26	\$40/\$48
30206002-03	Oct 31 - Nov 30	\$40/\$48
30206002- 04	Dec 5 - Dec 21	\$30/\$36

BLOCK ON! BUILDERS

Preschool Age | 2:30pm - 3:30pm | Wed School Age | 3:45pm - 5:00pm | Wed

Come get your Block On starting September 13! Kids engage with many kinds of STREAM building opportunities including Lego challenges, Imagination Playground Blocks, Rigamajig builders and more! Children can explore their creative side while working in groups on challenges with the blocks. This class mixes gross and fine motor experiences with logic and reasoning to complete the block challenges that are presented. The program will take place in the Recreation Center Community Rooms. Drop-in cost is \$2.50.



PRESCHOOL

Our preschool received a Colorado Shines Level 5 rating!

What does that mean? Colorado Shines rating is a symbol of quality. It is a guarantee to families that our program is licensed, in good standing and meets basic health and safety standards. A level five score distinguishes us as one of the best programs in the state!

Ages 3 - 5 8:30am - 12pm | M/W/F, T/TH or M - F

Preschool education plays an essential role in early childhood development. Our state licensed preschool program is the perfect place for your child to develop socially, emotionally, physically, and cognitively. Children explore an environment in which they learn through play and engagement with staff and peers. Staff utilize the Second Step® curriculum for social emotional learning and plan activities that align with Colorado Early Learning Development Guidelines.

Children aged 4 in their year before kindergarten may qualify for free universal preschool. Applications must be submitted through the state portal at https://upk.colorado.gov/. Once matched to our program by the state, we will reach out to set up registration into our preschool program.

Families with children ages 3 - 5 can self-pay for our preschool program. Payment plans are available and secure your child's spot through the remainder of the year. Payment plans can be set up over the phone or in person at the Recreation Center. Month-to-month payment without a payment plan does not guarantee your spot for the next month.

M/W/F

30201001-01	Sept 6 - 29	\$231/\$269.50				
30201001-03	Oct 2 - 27	\$252/\$294				
30201001-05	Oct 30 - Dec 1	\$252/\$294				
30201001-07	Dec 4 - 22	\$189/\$220.50				
10201001-01	Jan 8 - Feb 2	\$252/\$294				
10201001-03	Feb 5 - Mar 1	\$252/\$294				
10201001-05	Mar 4 - 29	\$252/\$294				
10201001-07	Apr 8 - May 3	\$252/\$294				
10201001-09	May 7 - 23	\$189/\$220.50				
T/TH						
30201001-02	Sept 5 - 28	\$168/\$196				
30201001-04	Oct 3 - 26	\$196/\$168				
30201001-06	Oct 30 - Dec 1*	\$168/\$196				
*Thanksgiving Break						
30201001-08	Dec 5 - Dec 21	\$126/\$147				
10201001-02	Jan 9 - Feb 1	\$168/\$196				
10201001-04	Feb 6 - 29	\$168/\$196				
10201001-06	Mar 5 - Mar 28	\$168/\$196				
10201001-08	Apr 9 - May 2	\$168/\$196				
10201001-10	May 7 - 23	\$126/\$147				

Day Camp registration begins in December 2023 for summer 2024. To register visit www.northglenn.org/children

Coming Soon... Check online in August for School Break Activities! Registration is required at least one week before each event.

ADULT'S NIGHT OUT

Ages 3 - 10 | 5:30pm - 8pm

Kids night at the rec! Need a night out to get some shopping done, have a nice dinner, run errands, or just get some quiet time? Bring your kiddos to the Recreation Center while you enjoy some time to yourself! Children can utilize the indoor playground, and poolside classrooms for fun, games, crafts, pizza and playing! Children must be potty trained. Cost is \$18R/\$25NR with a second child discout of \$13R/\$19NR.

30206003-02 Oct 5 30206003-03 Nov 9 30206003-04 Dec 21

FAMILY-FRIENDLY NEW YEAR'S PARTY

Ages 0 - 10 | 11am - 12:30pm

Bring the family to ring in the New Year and still get to bed on time! Join us in the Recreation Center pool classroom for games, treats, dancing, noon-year countdown, and more! Please register each family member who will be attending.

30206002-09 Dec 31 \$5/\$6 per person

GRAND & ME TEA PARTY

Ages 2 - 6, 55+ | 1pm - 3pm

Bring the grand person in your life for a cup of tea! Have fun together in the Recreation Center community rooms while participating in crafts, snacks and tea!

30531001-01 Sep 22 \$10 per pair

30531001-02 Sep 22 \$5 per additional person



LOOKING FOR MORE?

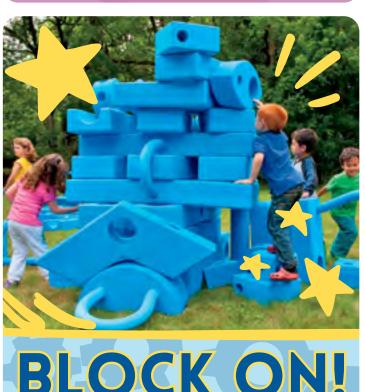
Youth & Teen Arts Programs - Page 35 Theatre, art, dance and more.

Youth Sports - Page 46 Learn or join a seasonal sport.

Youth and Teens - Page 23
Programs for youth to volunteer,
have fun and explore!









Every Wednesday starting September 13!

TEEN PROGRAMS

Northglenn's youth and teen programs offer a variety of activities, events and trips for youth and teens ages 10-17. **All programs are open to both residents and non-residents.**



RESOURCES FOR TEENS

The Northglenn Youth Commission compiles a variety of resources for teens struggling with homelessness, mental health and drug addition issues. Resources can be found online at northglenn.org/nyc.

LEADERS IN TRAINING

Ages 13-17

Connect with your community and volunteer! Teen volunteers develop leadership, job training and mentorship skills through active service learning on a team. Volunteers will explore communication and conflict resolution techniques and develop personal goals. School-required volunteer hours are applicable for special events volunteers. This program is not available for teens requiring court-ordered community service. Due to limited space availability, this program is selective. Interested volunteers will need to complete a Leaders in Training volunteer application, available at northglenn.org/teens.

Programs & Fees

Junior Lifeguard (Year-Round) Free Youth Commission Event Volunteer (Year-Round) Free



YOUTH AFTER SCHOOL EXPERIENCE

Grades 6 - 8 | August - December

Youth have a fun, safe space to go after school at the Northglenn Recreation Center! Participants will get supervised time for homework help and take part in exclusive club activities. This licensed program takes place in conjunction with the Adams 12 school calendar and will not be held during Adams 12 holidays and breaks. Program hours are 3:30pm - 6pm.

Transportation is offered to the Northglenn Recreation Center from Hulstrom K - 8, STEM Lab and Northglenn Middle School. You are not required to attend any of the above schools in order to participate in the program.

30924001-01	8/14 - 8/18	\$90
30924001-02	8/21 - 8/25	\$90
30924001-04	9/6 - 9/8*	\$54
30924001-05	9/11 - 9/15	\$90
30924001-06	9/18 - 9/22	\$90
30924001-07	9/25 - 9/29	\$90
30924001-08	10/2 - 10/5*	\$72
30924001-09	10/9 - 10/13	\$90
30924001-10	10/23 -10/27	\$90
30924001-11	10/30 -11/3	\$90
30924001-12	11/6 - 11/9*	\$72
30924001-13	11/13 -11/17	\$90
30924001-14	11/27 -12/1	\$90
30924001-15	12/5 - 12/8*	\$72
30924001-16	12/11 -12/15	\$90
30924001-17	12/18 -12/21*	\$72

Full payment is required upon registration; a payment plan is available. *Denotes that the week is not a full 5 days, and fees have been adjusted to reflect the number of days not held.

TEEN ADVENTURES

Ages 12 - 17

Celebrate a day off from school by going on an adventure!
Outings depart from and return to the Northglenn Recreation
Center. Cost includes admission, transportation, and supervision.
Bring a sack lunch, water bottle, and cold weather clothing. Scan
the QR code (page 24) for the most current list of trip locations
Registration required one week in advance of each trip date.

Fall Trips

30924012-01	9/5 9am-3 pm	\$45/\$50 Amusement Trip
30924012-02	10/6 9am-3 pm	\$45/\$50 Amusement Trip
30924012-03	10/16 9am-3 pm	\$45/\$50 Aquatic Trip
30924012-04	10/17 9am-3 pm	\$45/\$50 Amusement Trip
30924012-05	10/18 9am-3 pm	\$45/\$50 Adventure Trip
30924012-06	10/19 9am-3 pm	\$45/\$50 Adventure Trip
30924012-07	10/20 9am-3 pm	\$45/\$50 Amusement Trip
Winter Trips		
30924012-08	1/1 9am-3 pm	\$45/\$50 Amusement Trip
30924012-09	1/2 9am-3 pm	\$45/\$50 Amusement Trip
30924012-10	1/3 9am-3 pm	\$45/\$50 Adventure Trip
30924012-11	1/4 9am-3 pm	\$45/\$50 Go Northglenn Day
30924012-12	1/5 9am-3 pm	\$45/\$50 Adventure Trip

YOUTH & FAMILY EVENTS

Youth and family events take place at the Recration Center. Registration is required at least one week before each event.

Video Game Days | Ages 10 - 17

Compete in local pick-up competitive games! Gaming laptops, PS5, xBox S and Nintendo Switch consoles. Snacks and drinks provided. Having your own account to log in to systems is encouraged, but not required. Players can win great prizes!

30921001-01	8/26	1pm - 6 pm	\$5
30921001-02	9/23	1pm - 6 pm	\$5
30921001-03	10/14	1pm - 6 pm	\$5
30921001-04	11/18	1pm - 6 pm	\$5
30921001-05	12/16	1pm - 6 pm	\$5

Mystery at the Rec | Ages 10 - 17

Do you have what it takes to solve a mystery at the Rec? Detectives complete tasks, mini-games, and riddles to uncover the great mystery hidden in the Recreation Center. Rules and guidelines are located at www.northglenn.org/teens.

30921003-01 10/6 3pm - 6 pm \$5

Gingerbread House Competition | Ages 10 - 17

Can you build the best, most creative, or most unique gingerbread house? Participants will be provided supplies and are welcome to bring their own to help make their gingerbread home. While competing, enjoy a winter-themed movie, music, snacks, and hot drinks. Contest rules and guidelines are located at www.northglenn.org/teens.

30921003-02 12/9 3pm - 6 pm \$5



YOUTH & TEEN DROP-IN ACTIVITIES

A Recreation Center membership or daily drop-in fee gets youth and teens access to a variety of non-structured activities every day of the week. Ages 11 and under must be supervised by a parent/guardian at least 16 years of age. Ages 12 and older may participate without a parent/guardian present.

Ages 12+ | Open Gym, Pool, Track Ages 14+ | Open Gym, Pool, Track, Weight and Cardio Room

LOOKING FOR MORE?

Youth & Teen Arts Programs - Page 35 Theatre, art, dance and more.

Youth & Teen Fitness Programs - Page 43
Have a place to safely use fitness
equipment, practice yoga and more.



Youth & Teen Sports Programs - Page 45
Learn or join a seasonal sport.

JOIN THE NORTHGLENN YOUTH COMMISSION!

The Northglenn Youth Commission makes recommendations to City Council and staff about issues affecting youth and teens in the community. Members stay active in the community by organizing and assisting with events and community service projects.

The commission meets in the Northglenn Recreation Center on the first and third Tuesday of the month from 7 to 9 p.m.

Meetings are open to any teens interested in joining or sharing their ideas with the commission.

Visit northglenn.org/nyc for more information.

Make your voice heard in local government!

Follow us on our socials!



@northglennyouth



@northglennyouthcommission

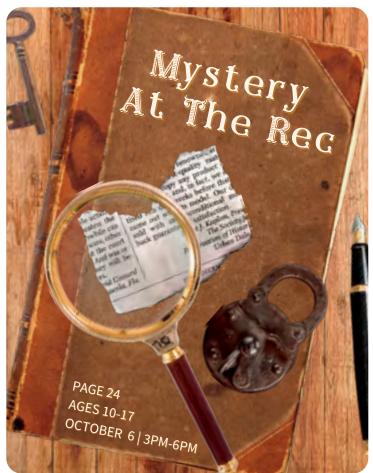


@northglennyouth









Vote!





People's Choice Winner By Vanny Channal

2023/2024 People's Choice Award Ballot



The Northglenn Arts & **Humanities Foundation** is pleased to present the 2023/24 Northglenn Art on Parade program. Sculptures are on display at EB Rains Jr. Memorial Park through May of 2024.

Voting for the "People's Choice" award began June 12. Please visit the park, view the sculptures and cast your vote. Voting will close November 3, 2023.

The winning artist will be awarded a \$1,000 prize. and their work will be purchased and permanently displayed in Northglenn.

Sculptures are also available for purchase. If you are interested in learning more about our program or in purchasing a sculpture, please contact Michael Stricker, Cultural Programs Manager for the City of Northglenn at 303.450.8727.



Northglenn Arts is the cultural services division for the City of Northglenn







PLEASE SELECT ONE OF THE FOLLOWING SIX SCULPTURES:







Metamorphosis



Top Cat



Growing



The Family Tree



Bug Vision

Indicate your favorite sculpture then mail, email, visit us online or scan the QR code above to quickly cast your vote at northglennarts.org. Voting ends November 3, 2023.

Name:				
Address:				
City	_Zip_			
Would you like to be added to the Northglenn Arts email?		Yes	□No	
Email:				

Northglenn's Art on Parade | 1 E. Memorial Parkway, Northglenn, CO 80233 | Email: mstricker@northglenn.org



The Colorado Jazz Repertory Orchestra along with vocalist Marion Powers will present an evening of music with fresh arrangements from the iconic band The Bronx Horns along with music from Brazil, Cuba and more.



Experience the internationally acclaimed all-vocal rock band from Boulder, Colorado who have been captivating audiences for over two decades with their infectious energy punctuated by an endearing love of performance.

Northglenn Arts PRESENTS



Rogue Gestures/Foreign Bodies uses bharatanatyam and experimental movement to examine the labor of South Asian immigrant women who came to the US after the 1965 Immigration and Nationality Act. Through community interviews, historical texts, and poetry, Rogue Gestures/Foreign Bodies negotiates these questions and examines what it means to belong in America.

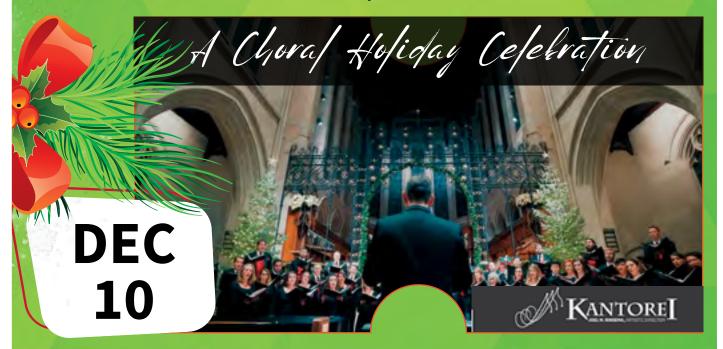


The Latin Grammy® Award-winning music duo of 123 Andrés gets the whole family singing, dancing and learning in English and Spanish. Deemed "a rockstar for little language learners" by Billboard, this energetic group blends humor, dance moves and catchy bilingual tunes to explore the culture of Latin America.

Northglenn Arts PRESENTS HOLIDAY SHOWS



Santa and the Slay, from the creator of MOTONES & JERSEYS, is a holiday-themed variety show that combines amazing music, hilarious comedy, and a cast of talented performers - it's the perfect way to get into the holiday spirit and celebrate the most wonderful time of the year!



Kantorei returns to the Parsons Theatre with another celebration of holiday chorale music from around the world. Denver's premier choral ensemble is comprised of volunteer singers under the direction of Artistic Director Joel M. Rinsema with a mission to elevate the human experience through choral excellence.



DEC 17

This family-friendly performance features lively instrumental tunes on fiddle, flute, uilleann pipes and harp, along with thrilling Irish dancing. Take a memorable glimpse into the enchanting spirit of Christmas, as the finest traditional artists from Ireland, bring you on a fun-filled start to the holiday season of 2023.

Northglenn Arts PRESENTS SPRING 2024



Northglenn Arts 2023 - 24 PRESENTS

PRESENTS SEASON **SUBSCRIBER** \$150

- Don't miss a moment of our **13** upcoming season productions!
- The most savings of any package over 50% off single ticket prices!
 The most seating options score the best available seats before the general public
- Special box office perks!

8 SHOW FLEX \$125

- Power to choose 8 of our 15 upcoming season productions
- Save up to 37% off single ticket prices

4 SHOW FLEX

- Power to choose **4** of our 15 upcoming season productions Save up to 25% off single ticket prices

SEP

CJRO: SONGS OF BRAZIL AND THE MUSIC OF THE BRONX HORNS

PACKAGE OPTIONS

SEP 13&14

FACE VOCAL BAND

FEB O 0 9

CJRO: ELLA FITZGERALD & LOUIS ARMSTRONG -JAZZ MUSIC'S PERFECT **PARTNERSHIP**

OCT 7

NAVA DANCE: ROGUE GESTURES FOREIGN BODIES

presented in collaboration with Colorado Fine Arts Association

FEB 9

SGT. PEPPERS LONELY **BLUEGRASS BAND**

乳的

OCT 28

123 ANDRES

FEB

MAKIN' CAKE

////

DEC

SANTA & THE SLAY

CLEO PARKER ROBINSON DANCE

DEC 10

KANTOREI: HOLIDAY CHORAL CONCERT

MAR 9

TREKKING MEXICO

DEC 0 15

JARABE MEXICANO: A BORDENO SOUL CHRISTMAS

MAR 23 through APR 8

PHAMALY THEATRE CO.

DEC **17**

IRISH CHRISTMAS IN AMERICA

MAY

HEART OF AFGHANISTAN

Northglenn Arts

2023-24 FAMILY PACKAGES













6 SHOW FAMILY SERIES PACKAGE \$70

PACKAGE \$50

- Create special family moments and experience all **6** kid friendly productions
- Save up to \$40 off regular ticket prices!

 The most seating options score the best available seats before the general public
- **4 SHOW FLEX**
- Power to choose 4 of our upcoming family series productions
- Save up to \$30 off regular ticket prices!

ravel Film Series PACKAGES

ALL THREE FILMS ONLY - \$18 ALL THREE FILMS WITH CATERED LUNCH - \$54







NYT AUDITIONS

Auditions are by appointment only. For more information and to sign up, visit NorthglennArts.org/Auditions



→ Northglenn You+A Theatre JR.



AUDITIONS FOR YOUTH ACTORS AGE 8-12

FEE: \$200, payable only if cast (Scholarships available)



AUDITIONS AUG 22-24

CALL BACKS AUG 26

SIGN-UP START JUL 11

PERFORMANCES SEP 29-OCT 1



AUDITIONS DEC 5-7

CALL BACKS DEC9

SIGN-UP START OCT 24

PERFORMANCES FEB 2-4



Northglenn You



AUDITIONS FOR YOUTH ACTORS AGE 12-18 (previous acting experience encouraged, but not required)

FEE: \$250, payable only if cast (Scholarships available)



AUDITIONS SEP 5-7

CALL BACKS SEP 9

SIGN-UP START

PERFORMANCES NOV 10-19



AUDITIONS FEB 6-8

CALL BACKS **FEB 10**

SIGN-UP START **DEC 19**

PERFORMANCES APR 26-MAY 5

NYT UPCOMING PRODUCTIONS



A NYT Jr. Production

SEP 29 - OCT 1

Take a journey out of the zoo and onto the stage with your favorite crack-a-lackin friends from the blockbuster DreamWorks film.



A NYT Production

NOV 10 - NO

Based on the real-life Newsboy Strike of 1899, this Disney musical tells the story of Jack Kelly, a rebellious newsboy who dreams of a life as an artist away from the big city.





HELPING TO DEVELOP YOUR ACTOR'S TOOLBOX

Whether you are wanting to try something new, taking your first steps onto the stage, or ready to take your performance to the next level, NYT Academy has a class for you! Let us help you discover, develop, and craft your own inherent talents and build your actor's toolbox.



BEGINNING

Budding young performers can find their place in the spotlight with these classes designed to introduce kids ages 3-9 to the world of theatre.

BEGINNING CLASSES



PAGE TO STAGE - AGES 5-7

This class is about bringing a written story to life. Each week we'll read a storybook and act it out with costumes and props. Thursday - 5:00-6:00pm \$28/\$34

30313059_02 Sep 7-28 30313059 03 Oct 12-Nov 2

PAGE TO STAGE - AGES 7-9



This acting class is the next step in bringing a written story to life. Similar to the class for younger students but with a bit more, each week the class will turn a storybook into a performance with costumes and props.

Thursday - 6:00-7:00pm \$28/\$34 30313059_04 Sep 7-28

Oct 12-Nov 2

INTRO TO ACTING - AGES 6-8

30313059_05



This class is a great way to give acting a try! Students will be introduced to the world of acting through warm-up exercises and short skits with basic costume pieces. For the final class, there will be an informal presentation for family and friends. Tuesday - 5:30-6:30pm \$42/\$50

30313004_05 Sep 5-Oct 10

BEGINNING CLASSES



BROADWAY BOUND DANCE - AGES 6-8

This dance class is a great introduction to musical theatre for young inspiring performers! We work on selections from popular musicals - throw in some jazz hands, ball-change kicks, and jazz squares; dancing to the tunes of some of Broadway's best!

Monday - 4:30-5:30pm \$84/\$101 30313013_01 Sep 11-Oct 2 Musical: Newsies 30313013 02 Oct 16-Nov 6 Musical: Aladdin 30313013_03 Nov 27-Dec 18 Musical: Madagascar



TWINKLE TOES DANCE



Your little one learns coordination, listening skills, balance, music interpretation, creative movement, and motor development in this introduction to dance. Please come dressed in comfortable clothing and dance or ballet shoes.

Ages 3-4

Monday - 4:30-5:15pm \$36/\$43 30315002_04 Sep 11-Oct 2 30315002_05 Oct 16-Nov 6 30315002 06 Nov 27-Dec 18

Ages 5-6

Monday - 5:30-6:15pm \$36/\$43 30315002_07 Sep 11-Oct 2 30315002_08 Oct 16-Nov 6 30315002_09 Nov 27-Dec 18





BASICS

Students learn the basic tools of the actor through drama activities, scenes, songs and visual arts, all designed to develop a love of theatre and have fun too!

BASICS CLASSES



📦 INTRO TO ACTING

This class is a great way to give acting a try! Students will develop the acting tool through warm-up exercises, drama games, and short skits. The final class, families and friends will be invited to a class showcase.

Ages 9-11

<u>Tuesday - 6:45-7:45pm</u> \$42/\$50 30313004_07 Sep 5-Oct 10



INTRO TO ACTING

This class gives extra time and support for the older inspiring actor. Students will develop acting tools through warm-up exercises, drama games, and short skits. In the final class, families and friends will be invited to a class showcase.

Ages 12-18

<u>Monday - 6:00-7:30pm</u> \$63/\$76 30313004_09 Sep 18-Oct 23



JUST OFF CENTER - COMEDY/IMPROV 1

Improvisation is a key tool for any actor and this class makes learning this skill lots of fun! Centered around improv games, exercises and dramatic play, students are encouraged to push their creativity and imagination.

Ages 8-11

<u>Wednesday - 5:30-6:30pm</u> \$42/\$50 30313016_01 Sep 6-Oct 11

30313016_09 Oct 25-Dec 6 (no class Nov 23)

Ages 12-18

<u>Wednesday - 6:30-8:00pm</u> \$63/\$76 30313016_02 Sep 6-Oct 11

30313016_08 Oct 25-Dec 6 (no class Nov 23)



INTRO TO MONOLOGUES

This class is designed to help young actors work on a monologue – memorization, character development, projection, poise and other tips.

Ages 8-11

<u>Thursday - 5:45-6:45pm</u> \$42/\$50

30313072_02 Oct 12-Nov 16 (no class Oct 31)

Ages 12-18

<u>Thursday - 7:15-8:15pm</u> \$42/\$50

30313072_01 Oct 12-Nov 16 (no class Oct 31)



DABBLING IN DESIGN

This class is for the creative kid who wants to learn more about the design and production areas in the theater world - costumes/make-up/lighting/set/sound. A guest per discipline will guide students. All materials included.

Ages 11-16

<u>Wednesday - 7:00-8:30pm</u> \$84/\$101 30313068_01 Sept 11 - Oct 30



GROUP VOICE

Working in a small group setting, this class will focus on a variety of techniques and exercises for the young vocalist. Each student will work on a selection of pieces for variety and vocal development.

Ages 8-11

<u>Wednesday - 4:30-5:30pm</u> \$84/\$101

30313007_01 Sep 6-Nov 1

Ages 12-18

<u>Wednesday - 5:45-6:45pm</u> \$84/\$101 30313007_05 Sep 6-Nov 1

BASICS CAMPS



FALL BREAK: PLAY-IN-A-DAY CAMP

This class taps into the creative mind and introduces actors to devised theatre and collaborative creation. Beginning with adaptation, we'll take well know stories and use our creative minds to create a new script through guided steps and improvisation.

Monday - Friday 9:00-12:00pm \$100/\$120

Ages 8-11

30313017_02 Oct 16-20

Monday - Friday 1:00-4:00pm \$100/\$120

Ages 12-16

30313017_03 Oct 16-20



WINTER BREAK: DRAMA MINI-CAMP

Looking to get onstage during the winter break? This minicamp is an excellent way to keep young actors developing their acting skills! This camp will focus on play scripts (nonmusicals), all skill levels are welcome. Final class will include a "shareformance" of the work!

<u>Tuesday - Friday 9:00-12:00pm</u> \$84/\$101

Ages 8-11

30313028_01 Dec 26-29

Tuesday - Friday 1:00-4:00pm \$84/\$101

Ages 12-18

30313028_02 Dec 26-29

BASICS WORKSHOPS



AUDITIONING 101

This workshop walks through all the details that are involved in an audition - for NYT and more. Items covered include resume, headshot, poise, projection, memorization, prepping music and presenting your best self!

Ages 8-11

Sunday - 1:00-3:00pm \$28/\$34

30313064_01 Nov 5

Ages 12-18

<u>Sunday - 1:00-3:00pm</u> \$28/\$34

30313064_02 Aug 27

For more information and to register visit www.NorthglennARTS.org/education



NORTHGLENN YOUTH THEATRE



TECH OPPORTUNITIES



INTRODUCTION TO TECH CLASS

This class is a look into the world of technical theatre. We will explore lights, sound, set, costume, props, stage management and run crew.

Ages 11-15

Monday - 6:30-8:00pm \$84/\$101 30313068_01 Sep 11-Oct 30



TECH INTENSIVE WORKSHOPS

Each session will dive into one aspect of tech: lights, sound, construction, rigging & stage management.

Ages 11-15

 Monday - 5:30-8:30pm
 \$28/\$34

 30313068_02
 Aug 7
 Sound

 30313068_03
 Nov 27
 Lighting

30313068_04 Dec 4 Construction/Rigging



BUILDING

Ready to take your tools to the next level? Building classes & camps are for students who have taken a few beginner and basic classes and are ready to hone their skills and fill their toolbox!

BUILDING CLASSES



JUST OFF CENTER - COMEDY/IMPROV 2

This class will hone in on anticipation, creativity, teamwork and timing. Participants will need to have had at least two sessions of previous comedy classes.

Ages 8-11

<u>Tuesday - 5:30-7:00pm</u> \$63/\$76 30313016_10 Sep 12-Oct 17

Ages 12-18

<u>Thursday - 7:00-8:30pm</u> \$63/\$76 30313016_11 Sep 12-Oct 17



ACTING 2 - SCENE STUDY

This class builds on the skills learned in "Intro to Acting" and continues to focus on translating a script to the stage through movement, memorization and character development for a specific scene.

Ages 8-12

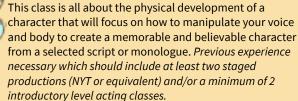
<u>Thursday - 6:30-8:00pm</u> \$63/\$76 30313067_02 Sep 7-Oct 12 30313067_03 Oct 26-Dec 7

Ages 13-18

<u>Monday - 6:30-8:00pm</u> \$84/\$101 30313067_01 Sep 11-Oct 30



HEAD TO TOE - PHYSICAL ACTING



Ages 10-16

<u>Wednesday - 6:30-8:00pm</u> \$63/\$76 30313003_01 Sep 6-Oct 25



DANCE FOR THE ACTOR - TAP FOR THE STAGE

This class will focus on the basic steps and combinations that are frequently used in musical theatre. Tap shoes required. *NOTE - this class is a great companion for the NYT fall production of Newsies!

Ages 8-12

<u>Sunday - 1:00-2:30pm</u> \$56/\$67 30313009_10 Oct 8-Nov 5

Ages 13-18

<u>Sunday - 2:45-4:15pm</u> \$56/\$67 30313009_11 Oct 8-Nov 5



MUSICAL THEATRE INTENSIVE

This class will center around a musical - focusing on a few selections with dance and vocals. Bring a water bottle and appropriate theatrical footwear (jazz or character shoes). Previous classes, stage or training experience required.



Ages 8-12

<u>Monday - 6:45-7:45pm</u> \$56/\$67 30313008_05 Sep 11-Oct 30

Ages 13-18

<u>Thursday - 7:00-8:30pm</u> \$84/\$101 30313008_06 Sep 14-Nov 2



SHAKESPEARE BUFFET

This class will center on performance techniques and Shakespearean text - from understanding to living these iconic characters. Bring a water bottle. *Previous classes, stage or training experience required.*



Ages 13-18

<u>Thursday - 7:00-8:30pm</u> \$84/\$101 30313071_01 Sep 28-Nov 16



PERFECTIING MONOLOGUES

Designed to help young actors work on taking a monologue to the next level - character development, projection, poise, purpose and other techniques to prepare an audition piece.

Ages 8-11

<u>Tuesday - 5:45-6:45pm</u> \$42/\$50 30313052_01 Oct 3-Nov 14 (no class Oct 31)

Ages 12-18

<u>Tuesday - 7:00-8:30pm</u> \$63/\$76 30313052_02 Oct 3-Nov 14 (no class Oct 31)

For more information and to register visit www.NorthglennARTS.org/education



BUILDING CAMPS & WORKSHOPS



DIVING INTO CHARACTER CAMP

In this camp we will focus on how to develop and embody memorable characters. Focus will include: voice, physical movement and crafting motivations.

Ages 12-18

<u>Monday - Friday 4:30-6:00pm</u> \$56/\$67 30313070_01 Oct 16-20



AUDITIONING - THEATRE SCHOOL PREP

This class walks through all the details that are involved with an audition – with a special focus on preparing for a theatre school audition. It will cover resumes, headshots, performance, poise, projection, memorization, and music.

Ages 11-16

<u>Saturday - 3:15-5:15pm</u> \$28/\$34 30313064_12 Aug 27



BEYOND

In Beyond classes, students take a deeper dive into specific topics. A great fit for the dedicated performer interested in exploring more advanced techniques and tools. Previous classes and productions are required to participate.

BEYOND WORKSHOPS



AUDITIONING - COLLEGE PREP

This class walks through all the details that are involved with an audition – with a special focus on preparing for a college audition. It will cover resumes, headshots, performance, poise, projection, memorization, and music.

Ages 17-21

<u>Sunday - 3:15-5:15pm</u> \$28/\$34 30313064_11 Aug 27





CHILDREN'S

August 12 3pm & 7pm

Deep in the salty waters of the Sassafras Sea, there lived a Little Mermaid. In a new version of the age-old tale, lots of music, plot surprises and humor await the audience.

To purchase tickets please visit NorthglennARTS.org.

BELLY DANCE - WEDNESDAYS - AGES 16+

Join renowned instructor and performer Phoenix, in this energetic class designed to explore the beauty and art of belly dancing. Dancers ages 16 and up are encouraged to attend.

Drop In/Try It! SEP 6 - 7:30-8:30pm

BEGINNERS/RETURNING

Beginners learn the basic technique and returning students are continually challenged. Choreography included.

Wednesday - 7:00-8:00pm

30315005_03 Sep 13-Nov 1 \$76/\$91 30315005_09 Nov 8-Dec 20. \$57/\$68

INTERMEDIATE*

*This level requires approval to join. Please contact Phoenix at Phoenix_dancing@hotmail.com if you are not currently in class.

Includes advanced technique and continued challenges for experienced dancers. Choreography is included along with advanced prop and zill work.

Wednesday - 8:00-9:00pm

30315005_04 Sep 13-Nov 1. \$76/\$91 30315005_10 Nov 8-Dec 20. \$57/\$68

For Twinkle Toes dance classes see page 35.



LINE DANCE - THURSDAYS - AGES 18+

Line dancing involves people dancing in lines to music and are choreographed with a repeating series of steps. No partners or experience necessary. Wear comfortable clothes and shoes - bring a water bottle labeled with your name.

Drop In/Try It! AUG 24 - 11-12pm

BEGINNER

<u>Thursday - 11:00-12:00pm</u> \$28/\$34 30315006_01 Sep 7-28

30315006_03 Oct 5-26

30315006_05 Nov 2-30 (no class Nov 23)

CONTINUING

<u>Thursday - 12:15-1:15pm</u> \$28/\$34

30315006_02 Sep 8-28

30315006_04 Oct 5-26

30315006_06 Nov 2-30 (no class Nov 23)

39 SENIORS



There's always a pot of coffee on so stop by and visit a while! 303.450.8801 | Monday – Friday, 8 am – 4 pm

Closures:

Maintenance Week Aug 28 - Sep 4, Nov 23 - 24, Dec 25 - 26.

General Info

The Northglenn Senior Center offers a variety of activities, events, and resources that are social, inclusive, and accesible to residents age 55+. The center is located on the south side of the Recreation Center at the theatre entrance.

Information and Referral

Need assistance locating an agency or service in the area? Either call us at 303.450.8801 or the Senior Hub at 303.426.4408. The Senior Hub aids Adams County residents with information and referrals for:

- Housing
- Legal services
- · Home repair needs
- Respite care
- · Meals on Wheels

Transportation: A-LIFT Call 303.447.9636

A-LIFT offers free transportation to Adams County residents who are age 60+ or who are mobility impaired regardless of age. Rides are available to the Senior Center and the following locations:

- · Medical and dental appointments
- Adult day and respite programs
- Grocery stores
- · Congregate meal sites
- Trips within five miles of residence

Donations are accepted to defray costs. To schedule a trip, call 303.447.9636 weekdays 8am-4pm or visit their website at adcogov. org/community-transit-program-lift for more information.

RTD FlexRide Call 303,299,6000

FlexRide is a personalized bus service that travels within select RTD service areas. One phone call can connect you to bus routes, Park-n-Rides, rail stations or to work, school and appointments. Make your reservation and we'll provide an estimated pickup time. When the bus arrives, pay your exact cash fare. It's that simple.

NORTHGLENN SENIOR ORGANIZATION

The Northglenn Senior Organization (NSO) provides support for the Senior Center. Membership is open to anyone 55+, both resident and non-resident, and offers the opportunity to participate in sponsored functions. The NSO holds monthly board meetings and one business luncheon per brochure cycle. Membership is \$8 per year or \$15 for two years and includes participation in NSO events and activities.

NSO Meetings

Meetings are open and all NSO members are encouraged to attend. They are held in the Senior Center at 11am. Refreshments are served and door prizes awarded.

Sep 18 - Oct 23 - Nov 20 - Dec 18

NSO Business Luncheon

30529001-01 Oct 27 12pm \$16 Catered by Wishbone

Birthday Party

The NSO sponsors and organizes monthly birthday parties at 1pm. The parties feature entertainment, cake and ice cream. Reservations are requested only for birthday "celebrants" – all other partygoers are invited to join in the fun.

Sep 8 - Oct 13 - Nov 10 - Dec 8

NSO Social Lunch Meetup

Socialize with other NSO members while having lunch at a local restaurant. Reservations are requested in advance. Payment is on your own at the restaurant.

30529002-01	Sen 14	11:30am	Saigon Basil
	•		•
30529002-02	Oct 12	11:30am	Delectable Egg
30529002-03	Nov 9	11:30am	Bad Daddy's Burger
30529002-04	Dec 14	11:30am	Panera

Noel Northalenn Night of Lights

Noel Northglenn Night of Lights is December 1 (see page 20 for details). Once again this will include the NSO Bake Sale. Baked goods can be dropped off any time on Friday Dec 1 from 8am-3pm that day. Call the Senior Center for more information.

Multi-Day Trips

The NSO sponsors two multi-day motorcoach trips each year. The spring trip for 2024 is an 11-day trip to Savannah, Georgia. Pick up a flyer at the Senior Center.



WEEKLY ACTIVITIES

T'ai Chi Club - Mon/Wed/Fri 9:30am

Known as the gentlest of the martial arts, T'ai Chi is an ancient practice that helps keep the body healthy and strong. Most anyone can do the flowing movements.

Technology Lab - Mon 10am - 12pm

Need help figuring out how to use your laptop, tablet, or cell phone? Staff can help walk you through what you want to learn. Activity is drop-in and first-come, first-serve.

Coloring Plus - Mon 1pm

Relieve stress and anxiety, promote focus and concentration, improve mood, and provide a sense of accomplishment. We will have a variety of templates and coloring tools.

Weight Management Support Group - Mon 12pm

Group members support each other in our ongoing journey to healthier living. Talk about challenges and support each person as an individual; it is about feeling better about who we are. Participants are encouraged to bring a healthy snack.

Bingo - Tue 9:45am

Enjoy fun, fellowship, and refreshments in a not-so-serious morning of bingo. Maybe you'll win a prize!

Cards - Wed 12:30pm-4pm

Take part in a friendly game of bridge or pinochle each week. No partners are needed. New attendees not familiar with the game are encouraged to arrive by 12:20pm to meet other players.

Who's Got Game? - Thu 10am

Socialize with others and play a variety of games including mahjong, bunco, dominoes, crokinole or bring your own.

Genealogy Group - Thu 1:30pm-3:30pm

Climb up your family tree and find out what surprises may be hiding in your family history.



MONTHLY ACTIVITIES

Senior Center Book Club

Discover books from a variety of genres that pique discussion. Every fourth Tuesday at 1pm.

Sep 26 The Curious Charms of Arthur Pepper - P. Patrick

Oct 24 The Rescue Artist - E. Dolnick Nov 28 This Tender Land - W.K. Kruger

Dec 19 Find Me - A. Burke

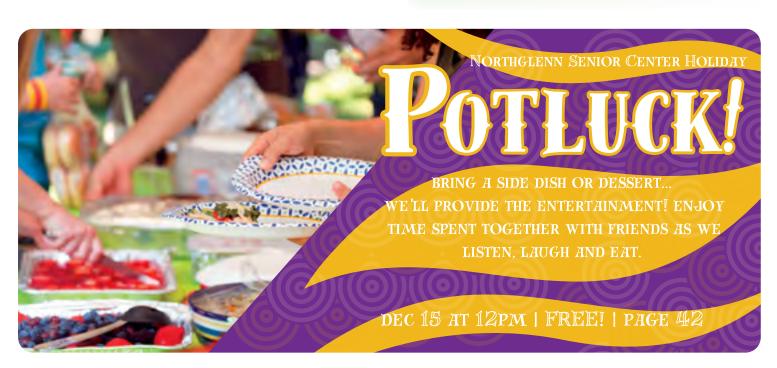
Sip & Paint

Create paintings that celebrate the season with live, step-by-step instruction from Senior Center staff. Participants receive all painting supplies needed. Snacks provided. Please register at least one week in advance.

30532001-01	Sep 19	1pm	\$20
30532001-02	Oct 17	1pm	\$20
30532001-03	Nov 14	1pm	\$20

Gaming with the Chief - 2nd Friday - 10:45am

Join Chief Jim May for Crokinole, a disk-flicking dexterity board game. Do you have the eye—hand coordination to best the Chief? Sep 8 - Oct 13 - Nov 10 - Dec 8



41 SENIORS





SPECIAL EVENTS

Register 3 days in advance for all special events.

Halloween Sweet Spooktacular

Sweet Spooktacular – a gathering of all things sweet and spooky. Bring a baked good to share and join us for some Halloween fun and games. Costumes are encouraged.

30531004-01 Oct 31

1pm

Free

Veterans Day Ceremony and Lunch

Meet at the Northglenn Veterans Memorial to honor American service personnel before heading over to the Community Rooms for a free lunch.

30531002-01

Nov 11

11am

Free

Holiday Tea Party

Celebrate the holiday season in style with afternoon tea at the Senior Center, entertainment included.

30531003-01

Nov 17

\$10



LIFELONG LEARNING

You Only Die Once: Estate Planning Documents

Do you want to keep your family out of court and save them thousands of dollars in legal fees after you pass? Learn from attorneys at Althaus Law how to avoid the probate process, protect your family, and get your hard-earned assets to the people you want to inherit them.

30527001-02

Sep 5

2pm

Free

Nutrition for Fitness

Join a fitness instructor and nutritionist for an informative class. 30527001-03 Oct 3 1pm Free

Medicare Monday

Enrolling in Medicare and keeping up with the changing policies and guidelines can seem overwhelming. To learn more and receive guidance through the process, join the Colorado Gerontological Society at this informative workshop. The Medicare Monday program includes information on the changes, updates and requirements for Medicare Parts A, B, C, & D and how these changes may affect you and your health care in the coming year. 30527001-01 Oct 23 9am Free

What the Heck Is Probate Anyway and How to Avoid It

Join the attorneys at Althaus Law as the guide you through information on how to avoid probate and plan properly to protect your family. Bring your questions. Register by Nov 5.

30527001-04

Nov 7

2pm

Free

FESTIVE FRIDAYS

Friday Flicks

Hang out at the Senior Center and enjoy a movie and popcorn on us. Titles will be announced the week of the event.

30530002-02	Oct 6	1pm	Free
30530002-03	Nov 3	1pm	Free
30530002-04	Dec 29	1pm	Free

Guac & Roll

If you love guacamole and music like we do, this is the event for you. Join us in celebrating National Guacamole Day. Register by Sep 13. 30530001-01 Sep 15 1pm Free

Grand & Me Tea Party

Held at the Recreation Center. A fun event for kids ages 2-6 and their grandpeople. Register by Sep 19. \$15 per couple, \$5 for additional attendees.

30531001-01	Sep 22	1pm	\$15
30531001-02	Sep 22	1pm	\$5

Pie Bake-Off

Enter a pie for the chance to be crowned King or Queen of Pies. Do you have what it takes to wear the crown? After the judging and awarding prizes, we'll all sample the entries. Cost is \$3 if you aren't entering a pie. Register by Sep 27.

30530003-01 Sep 29 1pm \$3

Oktoberfest Potluck

A fall tradition at the Senior Center - the NSO will provide the brats and sauerkraut, you provide a side dish or dessert. Register by Oct 18.

30530004-01 Oct 20 12pm Free

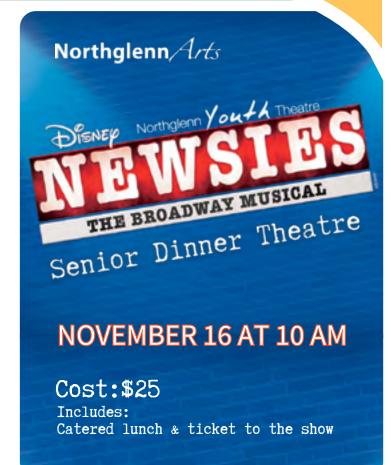
Holiday Potluck

A fun holiday lunch with friends. Bring a side dish or dessert and your singing voice - entertainment will be provided. Register by Dec 13. 30530005-01 Dec 15 12pm Free

Holiday White Elephant Brunch

One last holiday celebration before the end of the year. Join us for brunch and a white elephant gift exchange. Bring a wrapped item of value to exchange after we eat. Please register by Dec 20. 30530006-01 Dec 22 9am \$10





SENIOR EXCURSIONS

Cost of meals and fees are on your own unless otherwise noted. Transportation provided. RSVP one week in advance.

Restaurant Roundup

Enjoy a variety of flavors as we explore a new or unique restaurant.

30528001-1	Sep 7	11am
30528001-2	Oct 5	11am
30528001-3	Nov 2	11am
30528001-4	Dec 7	11am

Excursions

Visit fun, local destinations as a group.

30528007-01	Sep 21	10am	Railroad Museum
30528007-02	Oct 26	9am	Top Golf
30528007-03	Nov 30	10am	TBD

Pins & Putts

Meet at Boondocks on the fourth Wednesday of the month. Prizes for the best score. RSVP at least two days prior.

		, ,,,,	
30531005-01	Mini Golf	Sep 27	1pm
30531005-02	Bowling	Oct 25	1pm

For more information and to register call 303.450.8800 or visit www.northglenn.org/senior.



FITNESS & HEALTH



Check out Les Mills In-Club

VIRTUAL CLASSES

Anytime at the Northglenn Recreation Center Call 303.450.8911 for details

GROUP FITNESS CLASSES

We have a variety of drop-in group fitness classes: pilates, yoga, Fit For Life, cycling, barre, Essentrics, strength training, Zumba, Zumba Toning and Les Mills BODYPUMP. Fitness classes are subject to change.

WEIGHT ROOM ORIENTATION

Ages 14+

The weight room at the Northglenn Recreation Center offers many different pieces of workout equipment and resources. If you are new to the weight room and/or to the Recreation Center, we invite you to enroll in one of our FREE group weight room orientations. *Please register for all weight room orientations classes one week prior to the start date.

30425001-01	Sep 8	Fri	10:30am - 11:30am
30425001-02	Oct 6	Fri	10:30am - 11:30am
30425001-03	Nov 3	Fri	10:30am - 11:30am
30425001-04	Dec 1	Fri	10:30am - 11:30am

PERSONAL TRAINING

Work with one of our certified personal trainers, customize your workout routine, and achieve your fitness goals! We offer a variety of packages. Please contact Sarah Schwallier at 303.450.8911 or fitness@northglenn.org for more information.

Individual Sessions	Rates
1 one-hour session	\$35R / \$42NR
4 one-hour sessions	\$126R / \$152NR
8 one-hour sessions	\$238R / \$286NR
12 one-hour sessions	\$336R / \$403NR
Group Sessions	Rates
1 one-hour session	\$25R / \$30NR
4 one-hour sessions	\$90R / \$108NR
8 one-hour sessions	\$170R / \$204NR
12 one-hour sessions	\$240R / \$288NR

Cancellation Policy

A 24-hour cancellation notice is required for all appointments. Please contact your trainer directly if you are unable to attend your scheduled session. If a 24-hour cancellation is not received, you will be charged 50% of a one-hour session.





FALL EQUINOX YOGA WORKSHOP

Ages 16+

Join us for a morning of balancing and intention-setting. We will start with reflective journaling and then go into a 90-minute Yin/Yung yoga practice. This will be half a gentle vinyasa flow and half Yin yoga practice. We will focus on rebalancing and restoring, reflecting, and refocusing. We will end with some intention and goal setting.

30423004-01 Sep 23 Sat 8:30am-10:30am \$15/\$20

SOUND BATH

Ages 16+

Join us for a full hour and a half of sound vibration immersion. Experience what vibration and sound can do for your physical body, thinking mind and energy field!

30423001-01	Sep 23	Sat	12pm - 1:30pm	\$20/\$25
30423001-02	Oct 21	Sat	12pm - 1:30pm	\$20/\$25
30423001-03	Nov 18	Sat	12pm - 1:30pm	\$20/\$25
30423001-04	Dec 16	Sat	12pm - 1:30pm	\$20/\$25

DRUM CIRCLE

Ages 16+

Drumming gives us an opportunity to be free to connect with ourselves and others in order to release, restore, and heal. It is a universal language where all people can be free from words and concepts, a space of self-discovery and expression. No experience in drumming is necessary to participate and you do not need to own a drum, though you can bring yours if you have one.

30423003-01 Oct 22 Sun 12pm - 1:30pm \$20/\$25



SilverSneakers® include:

- Free use of pool facilities, gymnasium, weight room, and participation in fitness classes and other educational programs.
- Senior-friendly SilverSneakers fitness classes that are easy on your joints and help improve balance, muscle strength, and coordination - whatever your fitness level.
- Senior Advisor: your contact for information and personalized, friendly service.
- Opportunities to meet people and participate in fun promotions and social activities!

RenewActive" by UnitedHealthcare

The RenewActive™ program

provides eligible members access to this location at no cost. Eligible members will have access to all the services and privileges that are normally part of our standard membership.



For more information, registration and fitness class schedules, call 303.450.8800 or visit www.northglenn.org/fitness.





ADULT BASKETBALL LEAGUE

Monday Adult Basketball Comp Fall League

10 games per season. Participants must pay 50% of team fee at time of registration. Schedules and rules for the league are at www.teamsideline.com/northglenn.

Monday Competitive League

30746001-01 Sep 11-Nov 27 Mon 6pm- 10pm \$550

Wednesday Recreational League

30746001-02 Sep 13-Nov 29 Wed 6pm - 10pm \$550

40 & OVER BASKETBALL LEAGUE

To register, teams must pay 50% of the team fee. Participants can be 39 years old as long as they turn 40 in 2023. Age verification for players will be required at the start of the season. Schedules and league rules can be found at www.teamsideline.com/northglenn. Season consists of 7 games.

30749001-01 Oct 3-Nov 28 Tue 6pm - 10pm \$385

6' & UNDER TOURNAMENT

The Northglenn Recreation Center is offering this 6' and under 4 vs 4 adult basketball tournament. All players on the team must be 6 foot and under (72 in.) and the baskets will be set at 8.5 feet high. Dunking will be allowed. Teams consist of 4-8 players and teams must provide a white & black shirt/jersey. The tournament will be single elimination with a minimum of three games. The games will be played on the full court. There will be a maximum of 12 teams for the tournament. Players must be 18 & older.

30855001-01 Oct 7 Sat 9am - 3pm \$140/\$140



NORTHGLENN JUDO CLUB

Ages 6+ | 6:30pm - 8:30pm | Tues/Thu

The award-winning Northglenn Judo Club has been in existence since 1965 and is the longest continually operating judo club in Colorado. It is the fifth-largest judo club in the nation in terms of registered members. Northglenn Judo instructs students and participants of all ages and walks of life. Judo is an excellent platform for improving your physical and mental well-being, learning self defense, training for athletic competition or recreational participation. For more information, visit www.northglennjudo.org.

Fees

Drop In: \$2.50

30 - Punch Pass: \$60 75 - Punch Pass: \$130



SPORTS 4

FLAG FOOTBALL

Ages 4-6

The Flag Football program is geared towards beginners who are interested in being introduced to the game of football. Participants will practice for 20 to 30 minutes and games will be directly after drills. This program will be held on Wednesdays 6pm-7:15pm at Jaycee Park ballfield. Volunteer coaches receive a 50% discount at registration.

30858001-01 Aug 23-Sep 27 6pm- 7:15pm \$70/\$78



LIL' DUNKSTERS

Ages 4-6

Your little one will practice on Sundays for 40 minutes at the Recreation Center gymnasium, then play in a 20-minute game. Rims are set at 6 feet high and participants will use a 22-inch ball. Teams are determined the first week of the program and shirts are provided.

30855005-01 Oct 22-Dec 3 9:30am -10:30am \$45/\$54

JR NUGGETS YOUTH BASKETBALL

Leagues will be broken into 1-2, 3-4, 5-6 and 7-8 grades. Participants will choose one, one-hour practice Monday - Friday per week. Practices will be held at a school located in the Adams 12 School District. Practice begins the week of Oct 9. Games will be played on Saturdays between 8am - 5pm at the Northglenn Recreation Center starting Oct 21. Volunteer coaches receive a 50% discount on registration. For any other information, contact Roman Ortega 303.450.8928 or at rortega@northglenn.org

30855002 Oct 9-Dec 9 7:30am - 5:30pm \$75/\$90

CARA VOLLEYBALL

Northglenn partners with the Colorado Association of Recreational Athletics (CARA) to offer fall volleyball. Teams are divided up based on grade level: 2-4 grade, 5-6 and 7-8, and these teams compete against other recreation agencies. Participants practice twice a week, either on Mondays & Wednesdays or Tuesdays & Thursdays. Seasons have two to three tournaments that are held in the Denver metro area.

2-4 Grade Mon/Wed Practice 30860001-03 Aug 14-Oct 25 5&6 Grade Tue/Thu Practice 30860001-04 Aug 15-Oct 26 7&8 Grade Tue/Thu Practice

4:30pm - 5:30pm \$85/\$102

4:30pm - 5:45pm \$85/\$102

30860001-01 Aug 15-Oct 26 4:30pm - 5:45pm \$85/\$102

CARA CROSS COUNTRY

Ages 6-14

Northglenn partners with the Colorado Association of Recreational Athletics (CARA) to offer fall Cross Country. Races will be 2k-5k (1.24 miles - 3.1 miles) depending on the age level. Practices begin on Aug 21st. Meets will be held Saturdays or Sundays at sites in the metro area starting the weekend of Sept 9th. Practices will be held on Monday/Tuesday/Thursday and will typically be located at Northwest Open Space with some practices at other locations in the city. The team will compete against other cities and agencies around the Denver metro area. Meet shirts will be supplied.

20856001-01 Aug 21-Oct 7 Mon,Tue,Thu 5:15-6:15p \$60/\$72

EYG BASKETBALL CAMPS

Ages 7-14

Scoring, Shooting, & Ballhandling Skills Camp In this camp, players learn how to dribble the basketball against pressure, score in a variety of ways, and make shots that create play advantages. Players learn how to:

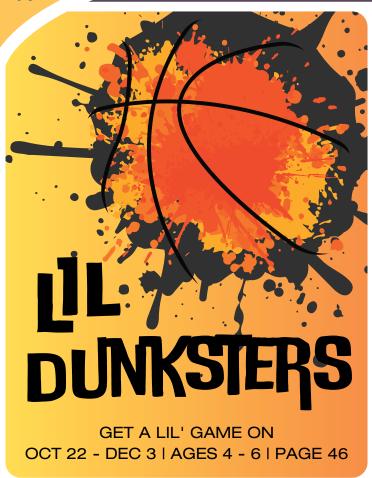
- Finish creatively in the paint
- · Beat their defender off the catch and dribble to make plays
- Attack defensive close outs with playmaking confidence
- · Get their shot off against taller, longer defenders
- Build unshakeable confidence
- Develop shooting accuracy
- · Develop smooth footwork to stop on a dime
- Create separation from anywhere on the floor
- Receive nine hours of on-court skills work
- Daily competitive game play
- 1-on-1, 2-on-2, 3-on-3, 4-on-4, and 5-on-5 each day Players return to their team with the ability to read the defense, score points, and make plays on any court. Fee is \$100.

30855003-01 Oct 17-19 Tue-Thu 1:30pm - 3:30pm \$68/\$75 30855003-04 Jan 2-4 Tue-Thu 1:30pm - 4:30pm \$70/\$78

Winter Season

Practices begin Jan 8
Games on Saturdays beginning Jan 20
8-game season \$80/\$96
To register, visit www.northglenn.org/sports





COLORADO ASSOCIATION OF RECREATIONAL ATHLETICS PRESENTS:

CROSS

COUNTRY

AUG 21 - OCT 7 | AGES 6 - 14 | PAGE 46

RELAX & RENEW WITH

SOUND BATH

NORTHGLENN
RECREATION CENTER

9/23 | 10/21 | 11/18 | 12/16

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Go to www.northglenn.org/parks for more information about parks in Northglenn.

 Basketball **G** Football

Multipurpose 60 Racquetball Field Soccer

Softball **∠** Tennis

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Park/Facility	Location	Acres	Playground	Picnic Tables	Benches	Pavilions	Restroom	Sculpture	Greenway Trail	Sports	Water Features	Special Features
Alvin B. Thomas Park	Leroy Dr. & Rosalie Dr.	2.72	~	~	~	✓				@ €		
Central Park (Fox Run)	Fox Run Pkwy. & E. 108th Ave.	2.17	~						~			
Charles C. Winburn Park	South of Huron St. & W. 112th Ave.	11.9		~	~				~		Winburn Ponds	
E.B. Rains Jr. Memorial Park	East: E. 112th Ave. & Lincoln St. West: 11800 Community Center Dr.	28	~	~	~	~	~	~	~	@ P	Webster Lake, Pedal Boats	Don Anema Memorial Skate Park
Eleanor M. Wyatt/ Centennial Park	Kennedy Dr. & Melody Dr.	2.66			~			Sculpture Garden				
Fox Run Open Space	Fox Run Pkwy, S. of E. 109th Ave.	39.76							~			
Grant Park	E. 106th Ave. & Grant Dr.	7							~	P		
Hugh Danahy Park	Roseanna Dr. & Livingston Dr.	4.87	~	~	~	~				@ <i>P</i>		
Croke Reservoir Nature Area	Huron St. & Naiad Dr.				~	~					Reservoir	Fishing piers
Huron Crossing Park	W. 117th Ave. & Melody Dr.	1.73	~	~	~	~				®		
J.D. Cayton Park	W. 103rd Pl. & Croke Dr.	2.8	School	~					~			
Jaycee Park/ Bill Goodspeed Happy Tails Dog Park	Leroy Dr. & Irma Dr.	10.29			~		~			0		
Kiwanis Park and Pool	Garland Dr. & Blue Jay Ln.	2.3		~	~	~	~				Outdoor pool, water features	
Larson Glenn Park	E. 112th Ave. & Larson Dr.	1.3		~	~	~				@		
Larson Park	E. 108th Ave. & Larson Dr.	2.7	~			~				®		Exercise equipment
Malley Park	Malley Dr. & Marion St.	3.7	School			~						
North Park (Fox Run)	Fox Run Pkwy. & Columbine St.	1.8	~	~	~					@		
Northwest Open Space/ Oscar Arnold Nature Area	North: E. 112th Ave. & Ranch Dr. South: North of Pecos St. & Roseanna Dr.	83.84	~		~		~		~			
Northglenn Recreation Center	11801 Community Center Dr.	20			~		~	~	~	⊕ 60 □	Indoor pool	Weight room
Rotary Park	Pecos St. & Roseanna Dr.	2.7								0		
Scout Park	Highline Drive & E. 112th Pl.	3.6							~	\$7		
South Park (Fox Run)	Fox Run Pkwy. & Fox Run Circ.	1.5	~							@		
Sperry Park	Sperry St. & Utrillo Ln.	2.7	~						~	®		
Village Greens I	E. 116th Ave. & Pennsylvania St.	1.08	~	~								
Village Greens II	E. 116th Ave. & Sherman St.	1.1	~	~								
Wyco Park	E. 117th Way & Wyco Dr.	8.6	~	~	~				~			





Be Informed, Be Prepared, and Be Safe.

Please take a moment to register for Adams County's Community Notification System, to receive important notifications regarding emergency situations or critical community alerts. Register by scanning the code below or visiting www.northglenn.org/codered.

In what types of situations will CodeRED be used?

Notifications will be based on information from your local Fire Departments, Law Enforcement, Public Safety, and Emergency Management Offices.

- Severe weather situations
- Substantial utility outage
- Evacuation notices
- Missing or lost persons
- · Fires or floods
- Major roadway issues
- Significant criminal situations
- · Chemical spills or gas leaks
- General neighborhood notifications

If you have additional questions about Adams County's Community Notification System CodeRED, please call 303.288.1535 or visit www.adcogov.org/codered.





★ = Free Event | www.northglenn.org/events

Never miss an event! Sign up for our monthly e-newsletter at www.northglenn.org/signup.

Sept.

4: Dog Daze of Summer 5 to 7 p.m. | Kiwanis Pool, 550 Garland Dr. \$5 per dog to swim in the pool before it's closed for the season.

8: Northglenn Arts Presents: **Colorado Jazz Repertory** Orchestra

7:30 p.m. | Parsons Theatre www.northglennarts.org

12: Travel Film: "Lure of Alaska" 10 a.m. | Parsons Theatre www.northglennarts.org

13-14: Northglenn Arts Presents: **FACE Vocal Band**

7:30 p.m. | Parsons Theatre www.northglennarts.org

15: Senior Guac & Roll 🚖 1 p.m. | Northglenn Senior Center

15: Pirate Night 🁚 5 to 10 p.m. | E.B. Rains Jr. Memorial Park A good time will be had at this fun bash just fer the older among ye!



16: Pirate Day 🁚 11 a.m. to 6 p.m. | E.B. Rains Jr. **Memorial Park** Fun pirate adventures for adults and kids alike! www.thepiratefest.com

22: Grand and Me Tea 1 p.m. | Senior Center

29-Oct. 1: Northglenn Youth Theatre Jr: "Madagascar - A **Musical Adventure Jr."** Multiple shows | Parsons Theatre

Oct.

6: Senior Oktobertfest Potluck Noon | Senior Center A fall tradition where we provide the brats and sauerkraut and you bring a side dish or dessert.

7: Free Landfill Day 🌟 7 a.m. to 2 p.m. | Tower Road Landfill www.northglenn.org/freelandfillday

7: Northglenn Arts Presents: "Rogue Gestures/Foreign Bodies" 2 & 7:30 p.m. | Parsons Theatre www.northglennarts.org

10: Travel Film: "Egypt" 10 a.m. | Parsons Theatre www.northglennarts.org



14: Safe Street Halloween 🛊 4 to 7 p.m. | Centennial Park Sponsored by the Northglenn Police Department. www.northglenn.org/ssh

20: Senior Pie Bake-Off 1 p.m. | Senior Center

28: Northglenn Arts: "123 Andrés" (Bilingual Youth Show) 10 a.m. & 1 p.m. | Parsons Theatre www.northalennarts.org

Nov.

3: Senior Holiday Tea Party 1 p.m. | Senior Center

10-19: Northglenn Youth Theatre: "Disney's © Newsies: The Musical" Multiple showings | Parsons

Theatre www.northglennarts.org

11: Veterans Day Ceremony 11 a.m. | Northglenn Veterans Memorial

An annual ceremony held to honor American service personnel

16: Northglenn Youth Theatre Dinner Theatre: "Disney's © **Newsies: The Musical"** 10 a.m. | Parsons Theatre

21: Travel Film: "Promised Land"

10 a.m. | Parsons Theatre www.northglennarts.org



Dec.

1: Noel Northglenn 🚖 5 to 8 p.m. | Recreation Center www.northglenn.org/noel



2: Bike Giveaway 9 to 11 a.m. | Stonehocker Farmhouse, 10950 Fox Run Parkway

2-3: Olde Fashion Christmas Stonehocker Farmhouse Enjoy holiday music from a local artist and browse baked goods, gifts, stocking stuffers and more.



8: Northglenn Arts Presents: "SLAY"

7:30 p.m. | Parsons Theatre www.northglennarts.org

9: Teen Activity: Gingerbread **House Competition** 3 to 6 p.m. | Recreation Center

10: Northglenn Arts Presents: **Kantorei Holiday Show** 2 p.m. | Parsons Theatre www.northglennarts.org

15: Northglenn Arts Presents: **Jarabe Mexicano Holiday Show** 7:30 p.m. | Parsons Theatre www.northglennarts.org

15: Senior Holiday Luncheon Noon | Senior Center

17: Northglenn Arts Presents: "Irish Christmas in America" 2 p.m. | Parsons Theatre www.northglennarts.org

22: Senior Holiday White **Elephant Brunch** 9 a.m. | Senior Center

31: Family Friendly New Years **Party**

11 a.m. to 12:30 p.m. | Recreation Center

Bring your little ones to celebrate the New Year with games, a noonyear countdown and more.





Department of Parks, Recreation & Culture 1 E. Memorial Parkway Northglenn, Colorado 80233



Registration begins August 14 for Residents and August 21 for Non-Residents

Register Online www.northglenn.org/playnorthglenn



Follow along with us on social media! Facebook - @cityofnorthglenn.parksandrec Instagram - @northglennrecreation



