

# Fall Lap Pool Schedule

Schedule for August 14 to December 31 2023

303.450.8800

Lap Swim	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am	Lap Swim 5-9am	Lap Swim 5-8am	Lap Swim 5-9am	Lap Swim 5-8am	Lap Swim 5-9am		
6:00am							
7:00am							
8:00am		Aquafit 8:10-9:10am		Aquafit 8:10-9:10am			
9:00am	Lap Swim 9am-12:30pm	Lap Swim 9:145am- 12:30pm	Lap Swim 9am-12:30pm	Lap Swim 9:15am- 12:30pm	Lap Swim 9am- 12:30pm	Lap Swim 7:30-10am	
10:00am	Swim Lessons 9am-12pm	Swim Lessons 9am-12pm	Swim Lessons 9am-12pm	Swim Lessons 9am-12pm	Swim Lessons 9am-12pm	Fusion Swim Team 8-10am	Lap Swim 10am- 12:30pm
11:00am							
12:00pm							
1:00pm	Lap Swim 12:30-4pm	Lap Swim 12:30-4:30pm	Lap Swim 12:30-4pm	Lap Swim 12:30-4:30pm	Lap Swim 12:30-4pm	Lap Swim 12:30-4pm	Lap Swim 12:30-4pm
2:00pm							
3:00pm							
4:00pm	Lap Swim 1 lane 4-8:30pm	Lap Swim** 1 lane 5-8:30pm	Lap Swim 1 lane 4-8:30pm	Lap Swim** 1 lane 5-8:30pm	Lap Swim 1 lane 4-8:30pm	Lap Swim 4-6pm	Lap Swim 4-5:45pm
5:00pm							
6:00pm	Fusion Swim Team 4-8:30pm	Fusion Swim Team 4-8:30pm	Fusion Swim Team 4-8:30pm	Fusion Swim Team 4-8:30pm	Fusion Swim Team 4-8:30pm		
7:00pm							
8:00pm							



Pool schedules subject to change. Visit [www.northglenn.org/aquatics](http://www.northglenn.org/aquatics) for the most recent schedules.

\*\* No Lap Swim 4:30 - 5pm Tuesdays and Thursdays

Northglenn Recreation Center  
1 E Memorial Pkwy  
Northglenn, CO 80233