

OGLE COUNTY COMMUNITY MENTAL HEALTH (708) BOARD

MINUTES OF THE October 5, 2023 Meeting

On October 5, 2023 Dorothy Bowers called a meeting of the 708 Board to order at 7:30 a.m. at Shining Star, 215 E First Street, Dixon, IL 61021 and utilizing Zoom meeting ID 394-790-2090. At the call of the secretary and notice given to each board member and notice posted at the Ogle County Courthouse and Shining Star. Dorothy Bowers presided.

The secretary called the roll:

BOARD MEMBERS PRESENT:

Dorothy Bowers - 708 President
Renee L. Barnhart - 708 Secretary and Treasurer (Zoom)
Cindy Bergstrom
Jenae Bothe (Zoom)
Marcella Haushahn (Zoom)
Amy Zbinden Henkel (Zoom)
Joseph Simms
Judy Tatlock

ABSENT:

Kathe Wilson - 708 Vice-President

OTHERS PRESENT:

Easterseals - represented by and Christi Star (Zoom)
HOPE - represented by Ruth Carter (Zoom)
Lutheran Social Services of Illinois - represented by Chris Mills (Zoom)
Rockford Sexual Assault Counseling, Inc. — no representation
Sauk Valley Voices of Recovery - represented by Daniel Stewart (Zoom)
Serenity - represented by Lynn Knodle (Zoom)
Shining Star — represented by Jessica Cash
Sinnissippi Center's Inc. - represented by Stacie Kemp
Village of Progress — represented by Brion Brooks

The Chair announced that we have a quorum.

Proposed Agenda October - Approve

Amy Zbinden Henkel moved to accept the agenda as presented. Marcy Haushahn seconded.

Motion carried unanimously.

Minutes: September 2023 - Review and Approve

Renee Barnhart moved to approve the meeting minutes as presented.

Jenae Bothe seconded.

Motion carried unanimously.

Agency Vouchers: October 2023 - Review and Approve

Marcy Haushahn moved to approve the vouchers as submitted.

Renee Barnhart seconded.

Motion carried unanimously.

Financial Report: October 2023 - Approve

Renee Barnhart moved to approve the financial reports as presented.

Judy Tatlock seconded.

Motion carried unanimously.

Officer's Report:

President - Dorothy Bowers — Talked with Mike Rock, the state attorney regarding the request for funding. He mentioned that in 1978 the attorney general's office made a ruling stating the county board can give the 708 Board money but they can not dictate where the money goes. They have the ability to approve, reduce or deny the funding that was requested. Joe Simms stated that in the 708 Mental Health Act it does describe that the money can be allocated for facilities. Cindy Bergstrom read "they have the power to construct, repair, maintain and regulate community mental health facilities". That statement appears to include "brick and mortar" that has been the topic that has been in question for the funding, this year. Dorothy stated that as long as this board has been in place they have never approved "brick and mortar". It has always been about programs, expansion of programs and services that are provided to Ogle County. This is not a written rule, it is permissible according to the act but it does not have to be allowed. If you refer to other 708 boards across the state, they vary greatly from very little to large coverage of what they fund. The interpretation whether it is written or verbal is more a philosophy per 708 Board than a requirement.

Justine reiterated that after the HEW makes their decision the funding request still has to be approved by the Ogle County Board.

It was decided to review the "brick and mortar" issue after the county board decides on funding for the fiscal year of 23-24.

Vice President - Kathleen Wilson - Not Present

<u>Unfinished Business - Discussion and Possible Action:</u>

708 Facebook Page Committee (Judy Tatlock) - Status

https://www.facebook.com/OgleCountyMentalHealth708Board

Trying to figure out how to make it easier to find with a search. Need to really push to get exposure and the more that it has the more likely it will be found easier. The more plugs that the agencies can add to it the more responsive it will become. The website will have a link to direct them to the Facebook page as it gets developed.

Each agency will have one administrator that can post as necessary to the Facebook page and help to monitor content. If the agencies could provide their Facebook links that would be appreciated.

Justine will make schedule for agencies to post to keep it active.

708 Website Page (Judy Tatlock) - Status

Judy met with Kris Gilbert (GIS) via phone and discussed some options about what they could do for the 708 Board and what we could have. There is no fee to link on to the County website. Kris would be able to add documents I.e., brochure, HSD, minutes, agenda and any other supporting documents to the 708 Board. It was decided to use one general contact for the board. Occmh708bd@gmail.com

Judy will follow up with Steven Varble Productions 217-245-5131. There is concern about the intial cost for setup and recurring cost to host the site. If this is set up then the link on the OCB site would go to the 708 Board and not what is being hosted on the Ogle County Website. It is important to keep the website tied to the county site. Justine recalls the initial set up fee to be around \$2500. There was no mention of recurring fees when this was discussed with Steven. Brion stated that Steve had the initial fee that should he make updates there is a charge there but they use a hosting site for the IP address and that fee goes to them.

Cindy mentioned that the Ogle County website was recently updated and looks much better and has more ease of use. 708 can copy and paste documents to the site to keep it up to date. Links to the agency pages can be listed.

The board agreed to keep the website as basic as possible with contact information and an over view of what the 708 Board does.

Judy is going to work with Kris and start the installation of basic information and the layout covering the agencies. Basically, building a foundation.

One-Year Plan – Visiting Lion's Club (Renee) – Follow up – Renee has touched base with the Lion's Club and they are working out a time for her to go.

New Business - Discussion and Possible Action:

<u>Human Service Directory – Review/Approve</u> – We do still have some to be distributed. Please review what we currently have and if you see things that need to be updated let Justine know. Then it will be done for the next run.

Agency Brochure – Review – We do still have lots to be distributed. Take some with and keep in your car to distribute as necessary. Feel welcome to leave at surrounding counties as Ogle County residence also travel and work further from here. Some of the agencies also represent those counties. Refresh prior distribution locations. They can be left at bars, restaurants, nail and beaty salons, police stations, schools, laundry mats, gas stations. Any where that someone can see them that may be in need of services.

For the next run it was discussed to make the brochure more inviting as well as include the Facebook link and website. That will give more information and direction for contacts. Including mental health questions that would steer them to the right agencies.

Board Members terms ending email reminder and CC: June Jacobs – Amy and Judy both have terms ending 12/31/23. Justine will send a message to have June forward them the necessary information to reup.

Liaison Report:

Joe Simms - Ogle County Board Liaison - nothing to report

Ogle County Cares Coalition — (Meetings fall on the first Monday of the month at 1 PM held virtually and at the annex building in Rochelle. Kim Crump is the contact at KimCrump@sinnissippi.com) — Judy did some research and had all the needed information but could not get in on the call. Her contact for this meeting has left OCCC but she does now have a new contact and is set to be at the next meeting.

Agency Reports

Newspaper Article
October – Easterseals and Hope

Easterseals - Christi Star

September, they did a resource fair with the Super Hero Center in Loves Park. Connecting with 31 families. Christi has followed up with many of those families and provided needed resources.

October 10th will be the start of the first Mom's book Club meeting. One month they will cover a self-help, disability needs book and another month they will cover a fun book that the mom's choose. They have already picked a New York Best Sellers book "The House Maid" to be distributed at the October 10th meeting.

October 17th they are co-hosting with the Oregon Public Library, Family Matters and Star-Net a public parent training covering the topic of "how to get services in the school setting". October 24th they are partnering with Service Inc of Illinois to host a virtual training session on PUNS. Covering, how to get your child on the list and anything you would need to know about PUNS.

HOPE of Ogle County - Ruth Carter

The newspaper article through the Rochelle News Leader will be out tomorrow for *Domestic Violence Awareness Month*. With October being Domestic Violence Awareness Month people are encouraged to wear purple a lot. Thursday 10/19 is purple Thursday and they are encouraging people and their animals to dress up in purple to create awareness. They will be posting to their Facebook page many happenings regarding awareness for October. HOPE's 40-year celebration will also be held on Thursday, October 19th at SALT 251 in Rochelle from 5-8 PM. Fee of \$30 if you pre-register or \$40 at the door. All are invited. During a cocktail hour they will recognize the folks that have contributed to HOPE throughout the years. Raising funds and awarding prize baskets and other similar things throughout the evening.

The shelter is full and they contribute that a lot to the Illinois Domestic Violence Hotline going live to provide outreach to survivors in finding available spots for emergency shelter. The advocates that

work in the shelter are tirelessly providing resources, referrals and access to things like transportation, childcare, employment and other necessities to get people back on their feet with safe housing for themselves and children.

Lutheran Social Services of Illinois - Chris Mills

Project Lead got some exciting news and added a new school for the Two Good for Drugs implementation for the year. They will now start serving Forreston making six schools utilizing this curriculum.

The *Illinois Youth Survey* registration has also been taking up some time. Oregon, Forreston and Rochelle are currently signed up. They are working on getting more schools to register, knowing how valuable the information gathered is to servicing the county.

Youth Works is staying very busy teaching the Two Good for Violence curriculum. Currently at Aplington Middle School in Polo. Suicide Awareness presentations were done in September at Byron Middle School. Youth committee meetings also resumed in September.

CCBYS had a successful discharge and they are excited to provide some stabilization to that family keeping the risk that was present at referral away. They are also focusing on outreach efforts to the juvenile probation departments. Specifically, to let them know they are there for help.

Rockford Sexual Assault Counseling - Erica Engler - Not Present

Serenity Hospice and Home - Lynn Knodle

Serenity has hired a new part-time administrator and marketer that will be at The Shed every Tuesday from 9 till 1. This will allow for walk-ins to do crafts, sit and visit, drink coffee and have some one readily available to help out if the need presents.

The first bereavement book club was a success. They are looking forward to the next meeting.

A funeral home in Savanna contacted them to assist in setting up a bereavement group there. Feeling that they are not being served well in that area. The bereavement coordinator has met with them and is helping to set them up with resources to do their own group.

Lynn recently went to a conference and attended some bereavement seminars. A company is offering a new software to do bereavement by text. She feels this is a good add-on but hopes that it will not replace the in-person aspect of services.

Two Grief Groups are being offered. One during the day and one in the evenings.

The next fundraiser is The Angel Ball hosted by The Rotary.

Shining Star - Jessica Cash

Jessica has been working on grant reports. They have currently served 63 Ogle County youths out of the Oregon office since July. This number was 20 prior the Oregon location. They attribute the rise to no longer having a transportation barrier.

Several people within the 708 agencies are also part of an *Ogle County Task Force* covering strangulation. Ruth Carter from Hope heads that committee. RSAC, Probation, Shining Star have taken on the goal of educating the community about strangulation. Next week they will have the first training session with EMS and police departments. Starting in Mount Morris they will go over what signs to look for when they attend calls that may involve strangulation. What tests they can do to determine they might be a victim and encouraging those tests. It can be very deadly. People do not realize that it can cause permanent brain damage in seconds, whether it be kids or adults. Hoping with the proper education the signs will be recognized and victims will get help right away. They will then follow up with the county and some of the smaller departments.

Ruth mentioned that if people are looking for self-defense techniques, RSAC use to provide and she hopes that they still do the *RAD* (Rape, Aggression, Defense) program. There is a version for both kids and adults.

United Way has a black out period during this time and there are no current fundraisers being worked on.

A thank you needs to be extended to Lynn from Hospice. After the last meeting she donated clothing from the Angel Treasures stores to Shining Star for victims. When clients visit the ER or have to be moved quickly many times, they don't get personal items to take with. Clothing and other necessities have been bought in the past but with the donations that minimizes the expense and that money can be used to cover other items that may be needed.

Sinnissippi Centers, Inc. – Stacie Kemp

The theme of the updates is in direct response to the growing demand when it comes to the community and meeting those needs. They had large file storage rooms at both the Rochelle and Oregon office and they recently converted those files to digital documents and update the rooms to become clinical offices. One of Oregon offices is larger for a team office and then a smaller one for a clinician. The Rochelle room was broken down to 2 individual offices. This week they will start construction behind the Rochelle office for additional parking. They have started the process to hire 3 clinicians in the Rochelle office. One to replace a vacancy and the other two will be to fill new positions. They Rochelle office had a playroom that has now been converted to a sensory room for adults and youth through a grant from the Rochelle Community Foundation. This will help individuals that need a calming space when they come in.

Community Support Teams (CST) to meet people physically and emotionally where they are at are growing. Clients are seen several times a week by clinicians and individuals with lived experience. Ogle County is in the process of starting a Youth Community Support Team (Youth CST). They currently have a youth team in Whiteside County and are happy to now be expanding the service to Ogle County. Candidates for these teams need to present with significant mental health needs and are able to be seen several times weekly. Typically covers those with more serious mental health concerns. Clients still go through the intake process. If the clinician determines the need for extreme services, they will make the referral. This sometimes follows hospitalization for individuals who need a more intense follow-up. There is specific criteria that need to be met to determine who is eligible for this service.

The TOSOC (Tour of Scenic Ogle County) bicycling event was last month and was a huge success. Including 320 riders that chose between 10-, 30- and 60-mile courses to raise funds for VOP.

They are teaming up for the *Annual Awards Dinner* to be held at St. Mary's on October 18th. This celebrates consumers that attend VOP.

The Angel Ball fundraiser is just around the corner, sponsored by the Oregon Rotary Foundation.

A new support supervisor/line care giver was hired this past month.

Looking to purchase a 10/12-person transportation van with a wheel chair lift. For decades IDOT has provided grants to cover the vans for 5311 and 5310 transportation agencies. Basically, giving a 14 passenger lift equipped bus to qualifying agencies. Typically taking up to 3 years from application submission to delivery. During Covid nothing was done, they opened up grant application for a while and now it is stagnant again. Unfortunately, the need for a new one is becoming crucial. VOP is searching for foundations to help subsidize the expense (approximately \$90,000) to purchase the necessary transportation.

Krieder Services and VOP are still working on the joint venture to develop the 24-unit integrated housing. A professional consultant guide was hired to help navigate the potential funding that can be allocated through the state. An application has been submitted and under review for a Phase 1 meeting with the state this upcoming week. Then they are hopeful it will become formal with a yes to funding and start to transpire.

Public Comment:

Sauk Valley Voices of Recovery - Daniel Stewart

ROSC meeting today at 1 PM via Zoom. Sauk Valley, Ogle-DeKalb and Lee-Whiteside Counties ROSC teams started a "What's Ap" for professionals and individuals seeking treatment. They are mimicking what the DuPage County ROSC is doing. It is a network for the best possible outcome in treatment.

The *Recover-Con* conference will be held at the Northern Illinois University all day on October 7th (www.Recover-Con.com).

Dorothy inquired about the sober living home in Peru, Maitri Path for Wellness, that is being built and wondered if Daniel had any knowledge of this location. He is only familiar with the Legacy Home in Dixon. Peru is outside of their service area.

Upcoming Meetings

November 1 – Serenity December 7 - Sinnissippi

HEW – October 10, 3:00 PM (2nd Tuesday of the month) **County Board** – October 17, 5:30 PM (3rd Tuesday of the month)

The next regular meeting will be Wednesday, November 1, 2023, 7:30 AM.

In person:

Serenity

1658 South Illinois Route 2

Oregon, IL 61061

Zoom:

Meeting ID: 394-790-2090

Passcode: 708708

One Tap Mobile: 1-312-626-6799

Adjournment

8:46 AM

Respectfully submitted,

Justine Messenger

Secretary to the Board

815-238-1829

occmh708bd@gmail.com

Approved: November 1, 2023

Dorothy Bowers, President

Renee Barnhart, Secretary/Treasurer



Oregon, IL November 2023

Tiffany O'Brien, Ogle County Treasurer, Oregon, Ogle County, Illinois To: Dear Tiffany: Please issue a county order on the Treasurer of Ogle County, against The Ogle County Community Mental Health (708) Board and its Community Mental Health Fund for: Attn: Kim Nunez, Accounting Manager To: Easter Seals Metropolitan Chicago, 1939 W. 13th St., Suite #300, Chicago, IL 60608 Two Thousand One Hundred and 00/100 ------Dollars (\$2,100.00) For: Hope, P.O. Box 131, Rochelle, IL 61068 Hope, P.O. Box 131, Rochelle, IL 61068
Ten Thousand and 00/100 ------Dollars (\$10,000.00) To: For: Lutheran Social Services of Illinois, 1261 IL Rt. 38, P.O. Box 100, Nachusa, IL 61057 To: Three Thousand Three Hundred Thirty-three and 33/100 ------Dollars (\$3,333.33) For: Rockford Sexual Assault Counseling, Inc., 5301 East State Street, Suite 301, Rockford, IL 61108 To: _____Dollars (\$1,000.00) One Thousand and 00/100 -----For: Serenity Hospice and Home, P.O. Box 462, Oregon, IL 61061 To: Three Thousand One Hundred Sixty-six and 67/100 ----------------------Dollars (\$3,166.67) For: Attn: Jessica Cash - Executive Director To: Shining Star Children's Advocacy, 215 E. 1st St. Suite 110, Dixon, IL 61021 Five Hundred Eighty-three and 33/100 ------Dollars (\$583.33) For: Sinnissippi Centers, Inc., 325 Illinois Route #2, Dixon, IL 61021-9118 To: Thirty Thousand Forty-Five and 83/100 -----------------------Dollars (\$30,045.83) For: Village of Progress, 710 South 13th Street, Oregon, IL 61061 To: Thirty-four Thousand Seven Hundred fifty and 00/100 -----------------------Dollars (\$34,750.00) For: Justine Messenger, 5067 West Pines Road, Oregon, IL 61061 To: -----Dollars (\$292.00) Two Hundred Ninety-Two and 00/100 -----For:

For the month of November 2023

For services detailed in FY 2022-2023 Outline dated December 2022