



There are so many reasons to walk...



"I like walking to get ice cream. I like to walk with my dog, Frankie, to Percival Landing to play on the playground."



- Max



"I love to walk, because it helps me feel connected to my City. It's great exercise, and what's better than seeing harbor seals playing on your way to work?"

- Shannon

- » Walking 30 minutes a day can help keep you healthy
- » You get to take a break outside
- » It boosts your mood and improves circulation
- » You get to know your community better
- » It's a great way to connect with friends and family
- » And...it's free!

## Annual Events

Consider walking to one of these events when parking is tight...



Walk to, or walk in, Olympia's annual events.

Oly Old Time Festival | February  
Spring Artswalk/Procession of the Species | April  
Dragon Boat Festival | April  
Wooden Boat Fair | May (Mother's Day Weekend)  
Capital City Pride Festival & Parade | June  
Music in the Park | July through August  
Lakefair Festival & Parade | July  
Olympia BrewFest | August  
Bon Odori | August  
Pet Parade | August  
Sand in the City | August  
Harbor Days | September (Labor Day Weekend)  
Fall Artswalk | October  
Olympia Film Festival | November  
Downtown for the Holidays | November/December  
Olympia Toy Run | December

## Olympia Walk Map



"Walking with my family gives us a chance to reconnect while making healthy choices."

- Olivia

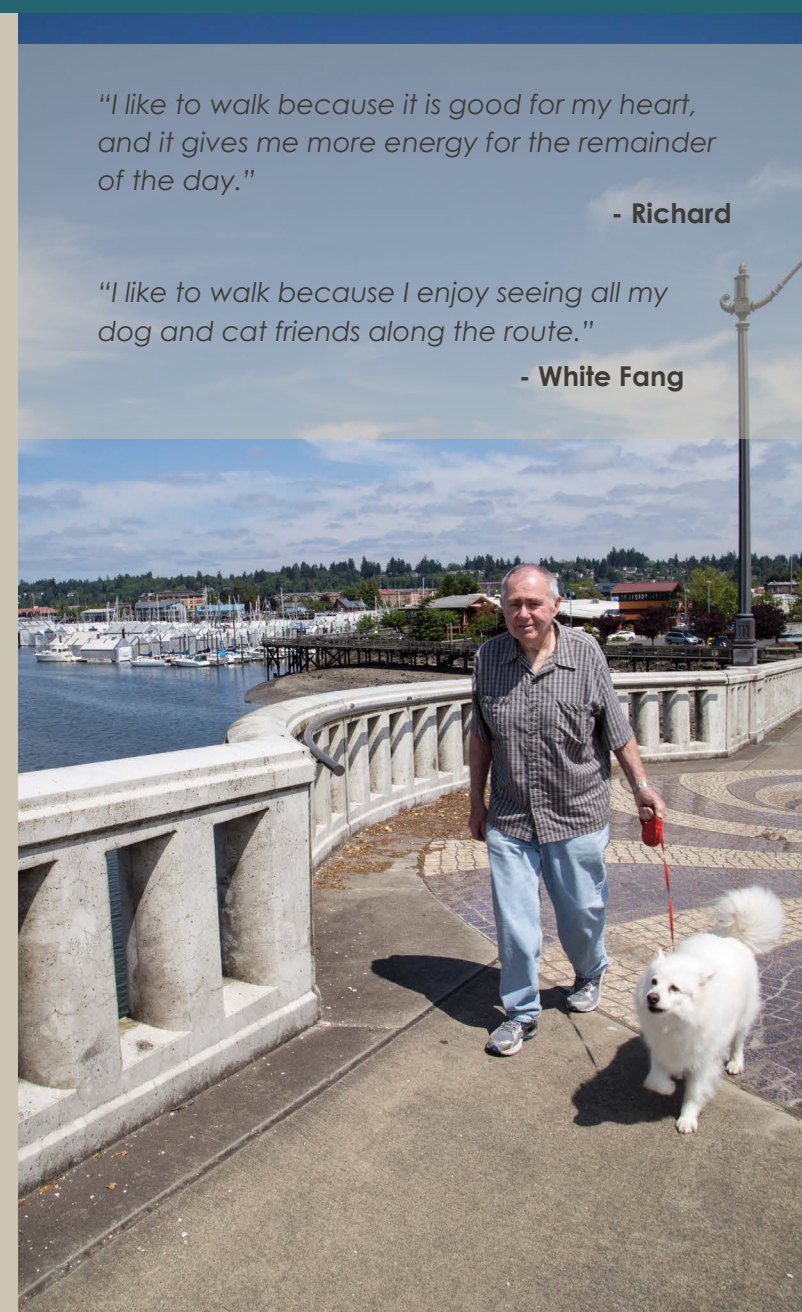
## Enjoy Our City by Walking

- » Points of interest
- » Estimated walk times
- » Walking trails...and more!



## Points of Interest

- 1 Capitol Campus**  
Explore beautiful gardens, statues and architecture along the pathways connecting campus buildings. Tours of the Capitol Building are also available.
- 2 Olympia Library**  
Borrow books and other media, or use computers, wireless Internet and meeting rooms.
- 3 Capitol Lake**  
Walk the 1.5-mile trail around Capitol Lake below the Capitol Campus, which takes about 35 minutes to walk.
- 4 Heritage Fountain**  
Walk your kids to the fountain to play in the spray on a hot summer day.
- 5 Artesian Well**  
Refill your water bottle at the Artesian Well. Legend has it if you drink the water, you'll never leave Olympia.
- 6 East Bay Plaza & Promenade Trail**  
Take a break here and let the kids play in the stream before walking along the Promenade Trail. Enjoy views of the marina and shoreline while walking between the Market District and Eastside Neighborhood.



"I like to walk because it is good for my heart, and it gives me more energy for the remainder of the day."

- Richard

"I like to walk because I enjoy seeing all my dog and cat friends along the route."

- White Fang



- 7 Farmers Market**  
Now open year round, a great source of fresh local food, crafts and live entertainment. Stop by for lunch at one of the many food vendors.
- 8 Percival Landing**  
A 1-mile boardwalk along the Downtown shoreline with views of the Budd Inlet.
- 9 Garfield Nature Trail**  
A scenic trail connecting West Bay Drive and West Bay Park to the westside neighborhoods.
- 10 Priest Point Park**  
A network of trails in old growth forest, with beach access, views of Puget Sound and Downtown Olympia.
- 11 Mission Creek Nature Trail**  
A 1-mile trail network within 37 acres of open space in the Northeast Neighborhood.
- 12 Olympia Woodland Trail**  
A multi-use trail connecting Watershed Park area to East Olympia, Lacey and the Chehalis Western trail.
- 13 Watershed Park**  
A great piece of history in a northwest rainforest setting.

## Go Farther by Bus



Most people in Olympia live within a 15 minute walk to a bus stop.

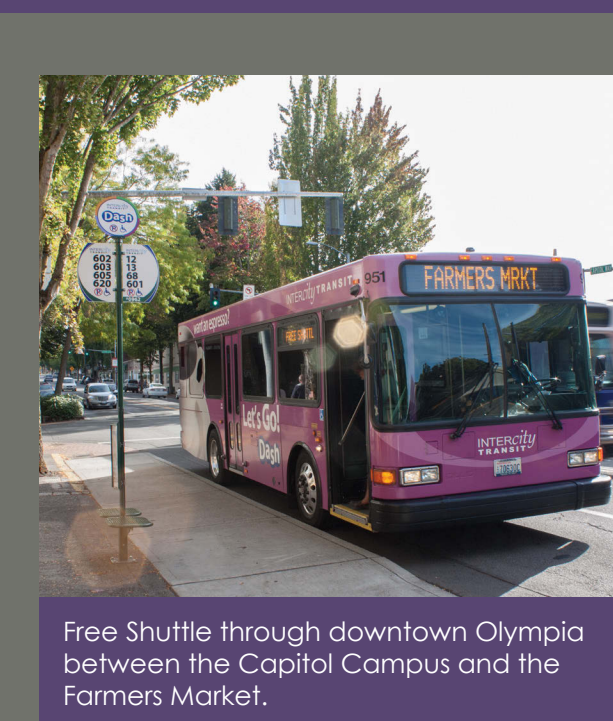
### Fares in Thurston County:

- » One-Way Trip \$1.25 for adults & youth
- » Ride All Day \$2.50 for adults & youth
- » Monthly Pass \$36.00 for adults, \$15 for youth

Kids 5 and under ride free. Travel outside of Thurston County costs more.

Check with your employer or college to see if you qualify for a free bus pass.

## Free Dash Shuttle



Free Shuttle through downtown Olympia between the Capitol Campus and the Farmers Market.

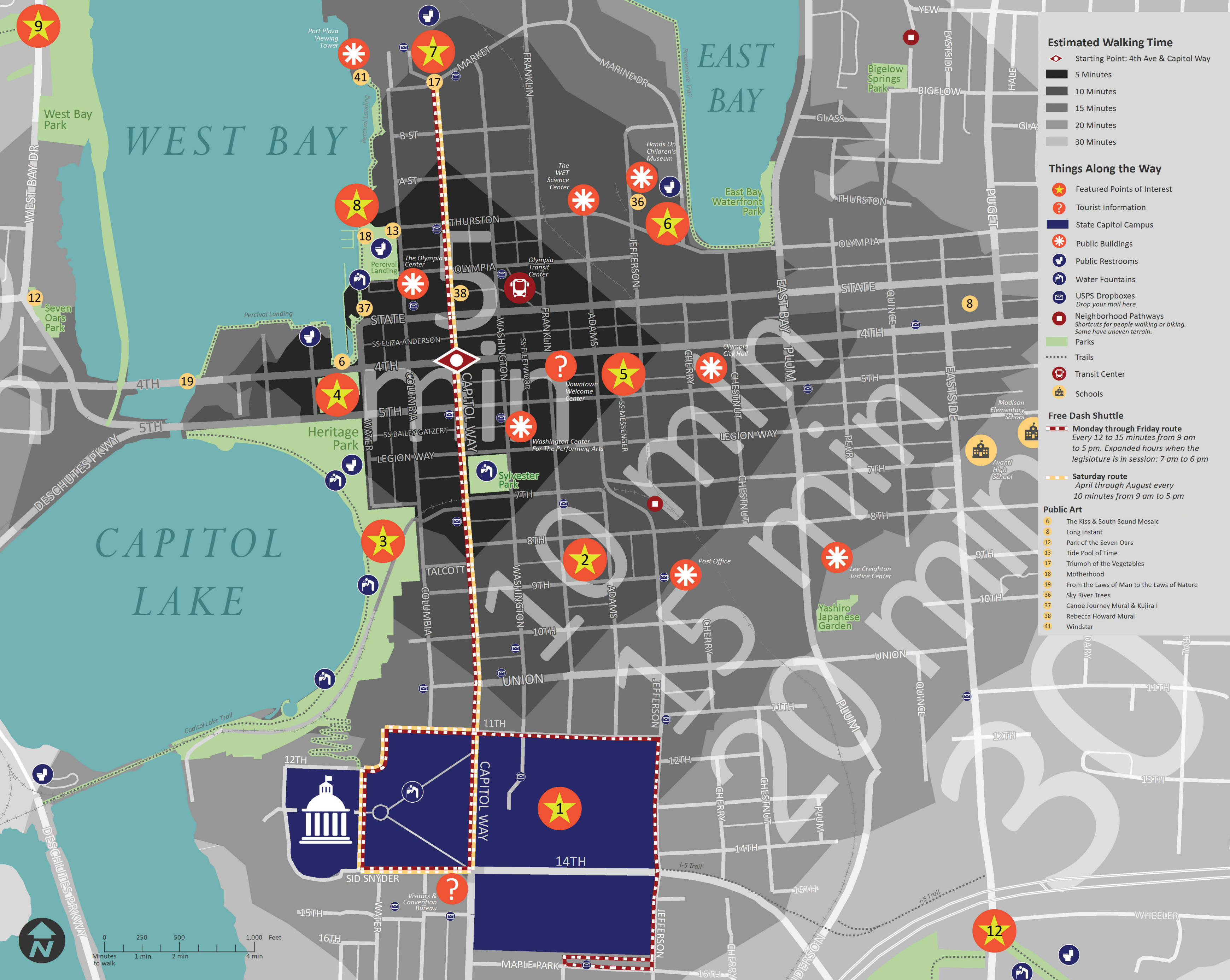
### Dash Shuttle Schedule:

- » Mon - Fri Every 12-15 min, 9am-5pm
- » During Legislative Session 7am-6pm
- » Saturdays (Apr - Aug) Every 10 min, 9am-5pm

### For More Information:

- » Call Intercity Transit 360.786.1881
- » Visit Online [intercitytransit.com](http://intercitytransit.com)
- » Visit In-Person Olympia Transit Center

Complete Map on Reverse Side



### Estimated Walking Time

Starting Point: 4th Ave & Capitol Way

- 5 Minutes
- 10 Minutes
- 15 Minutes
- 20 Minutes
- 30 Minutes

### Things Along the Way

- Featured Points of Interest
- Tourist Information
- State Capitol Campus
- Public Buildings
- Public Restrooms
- Water Fountains
- USPS Dropboxes
- Drop your mail here
- Neighborhood Pathways
- Shortcuts for people walking or biking. Some have uneven terrain.
- Parks
- Trails
- Transit Center
- Schools

### Free Dash Shuttle

- Monday through Friday route  
Every 12 to 15 minutes from 9 am to 5 pm. Expanded hours when the legislature is in session: 7 am to 6 pm
- Saturday route  
April through August every 10 minutes from 9 am to 5 pm

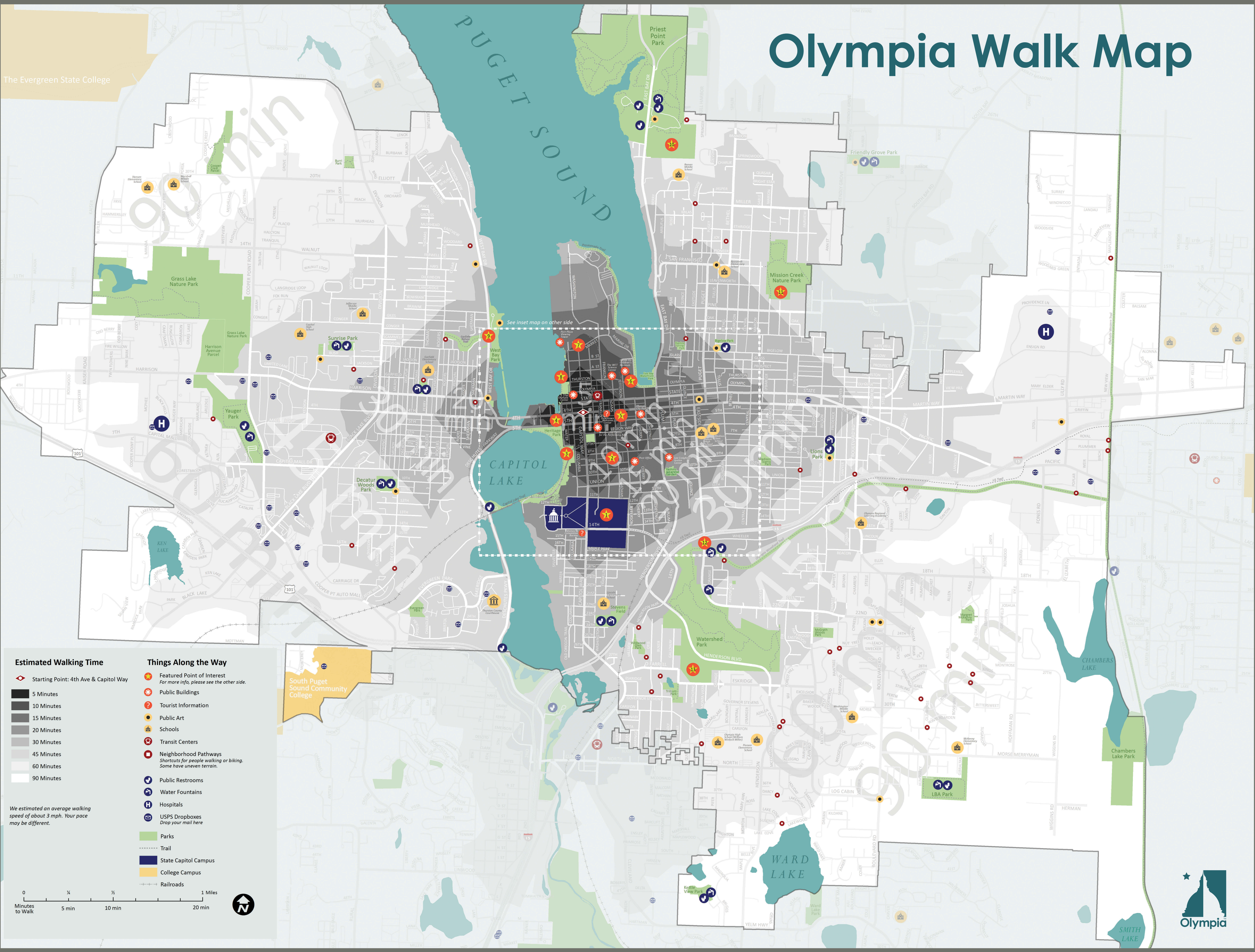
### Public Art

- 6 The Kiss & South Sound Mosaic
- 8 Long Instant
- 12 Park of the Seven Oaks
- 13 Tide Pool of Time
- 17 Triumph of the Vegetables
- 18 Motherhood
- 19 From the Laws of Man to the Laws of Nature
- 36 Sky River Trees
- 37 Canoe Journey Mural & Kujira I
- 38 Rebecca Howard Mural
- 41 Windstar



# Olympia Walk Map

The Evergreen State College



### Estimated Walking Time

Starting Point: 4th Ave & Capitol Way

- 5 Minutes
- 10 Minutes
- 15 Minutes
- 20 Minutes
- 30 Minutes
- 45 Minutes
- 60 Minutes
- 90 Minutes

### Things Along the Way

- ★ Featured Point of Interest  
*For more info, please see the other side.*
- ✳ Public Buildings
- ❓ Tourist Information
- 🎨 Public Art
- 🎓 Schools
- 🚏 Transit Centers
- 🚶 Neighborhood Pathways  
*Shortcuts for people walking or biking. Some have uneven terrain.*
- 🚻 Public Restrooms
- 💧 Water Fountains
- 🏥 Hospitals
- 📬 USPS Dropboxes  
*Drop your mail here*
- 🌳 Parks
- 👤 Trail
- 🏛 State Capitol Campus
- 🎓 College Campus
- 🚂 Railroads

We estimated an average walking speed of about 3 mph. Your pace may be different.

0 ¼ ½ 1 Miles

Minutes to Walk 5 min 10 min 20 min

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