



Center News  
Funded in part by grants from Aging  
and Disability Service Division for the  
State of Nevada

JULY 2018



## FROM THE PERSHING COUNTY SENIOR CENTER

The goal of the Pershing County Senior Center is to offer congregate and homebound meals as well as transportation and social activities to maintain and improve the quality of life for older adults in Pershing County.



## Center News



*Terms, conditions and fee schedule available at the Center or at*

*[www.pershingcounty.net](http://www.pershingcounty.net)*

*On the Senior Center page.*

Van leaves the Center at 7:30AM and arrives in Reno by 10:30 AM and leaves by 2PM so please schedule appointments within those parameters.

For local rides please call before 10 AM for 10:30 AM to 1 PM pickup.

### Van Schedule

#### July

Fallon	Wednesday	11
Reno	Tuesday	24

#### August

Fallon	Wednesday	8
Reno	Tuesday	*21

See van driver for copy of our brochure

### REMINDER:

We are happy to provide transportation, but we have a limited amount of time for daily trips. Please arrange your travel so that we will be able to pick you up no earlier than 10:30 AM, and will be able to have the van back at the Center by 2:30PM. *Rides should be scheduled by 10 AM the day of travel for local trips.*

As always our out of town van leaves the Center at 7:30 AM, and we need to leave the destination city by 2 PM, so plan your appointments accordingly.

If you would like to ride the bus to any destination please call the Center– 273-2291

Meals and other services for folks 60 and older are provided at no cost to the recipient.

We do encourage a \$3.00 per meal donation, but it is entirely voluntary. We also afford you the opportunity for confidential donations for our other services. If you choose not to donate, you will still receive any services we offer.

Since we really don't require payment on a daily basis, for your meals, you will be able to make your donation whenever you choose and eat as often as you like.

### ADRC

Sherrie Herringshaw, Resource Specialist with the Churchill County Aging and Disability Resource Center will no longer be coming to the Pershing County Senior Center for monthly visits. She is still able to help out our local seniors, but as of now, is going to the Community Center for appointments. so if you would like to make an appointment with her, please call her at 775-423-7096. Thank you for your understanding.

\*PLEASE NOTE THAT THE TRIP TO RENO FOR THE MONTH OF AUGUST HAS BEEN MOVED TO THE 3RD TUESDAY INSTEAD OF THE 4TH TUESDAY. WE MOVED IT DUE TO OUR TRIP TO BURNING MAN. THANK YOU FOR YOUR UNDERSTANDING.



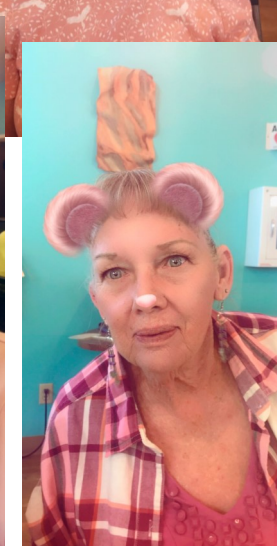


This past month, we have been making our rounds around the Center, taking pictures of everyone.

During this process, we realized one thing:

## SENIORS LOVE SNAPCHAT!

Please enjoy the fruits of our labor (continued on page 6...):





We have the following trips coming up this summer:

The Virginia City trip will be on August 3rd  
Aces Game will be on September 3rd (LABOR DAY)  
We will be going to Safe Haven in early fall.

The trip to Burning Man will be on Tuesday, August 28th.  
Please see Jordan to sign up.

\*This trip is reserved for individuals who have never been out  
to Black Rock City. \*

Thank you in advance for your understanding.

The Pershing County Senior Center is in desperate need of more volunteers! We depend on our volunteer force very heavily to provide superior service on a day-to-day basis. We pride ourselves on our well-trained volunteers and friendly and swift meal service. Our volunteers typically work 1 day a week from 10:00 am—1:00 pm. You can choose which day you work. If you are interested in being a volunteer, please call Jordan at 775-273-2291.

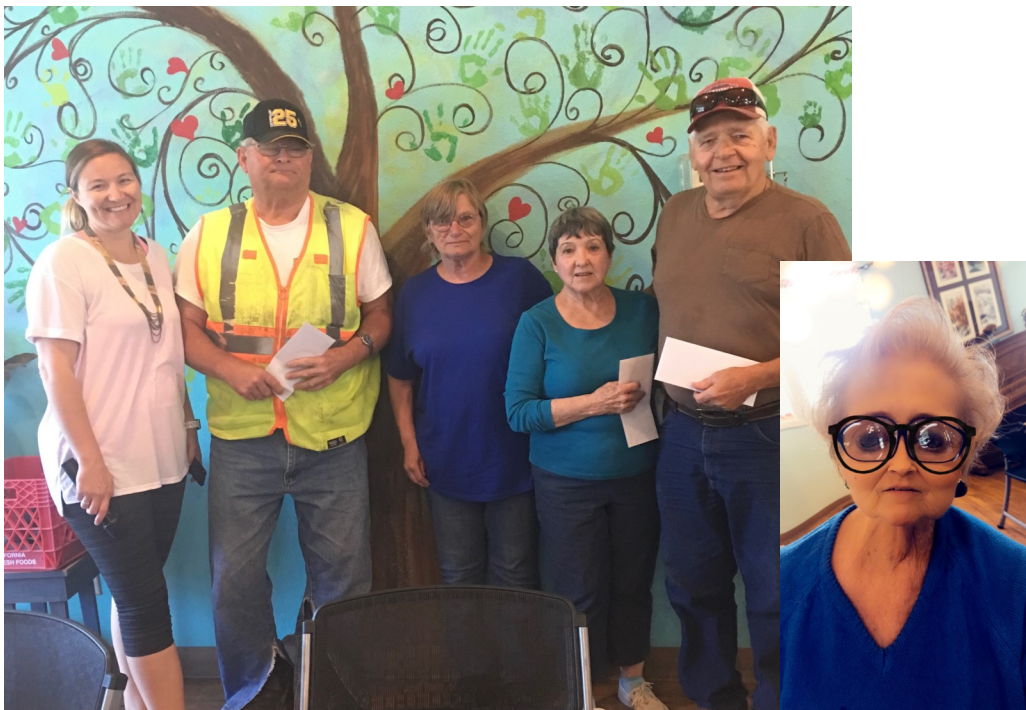
**If you or anyone you know is in need of homebound meals, whether long term or just temporarily (whether it's 1 day, 10 days or 4 months), please call the Center and let us know and we will get you or them put on Homebound. This is an important service to our community and we want people to take advantage of it!**





# July Birthdays

4	LaMona Wells	20	Donna Phillips
5	Dyan Odle	20	Ranulfo Canchola
6	Janice Garrett	22	Frances Gandiaga
7	Carol Shank	23	Kathy Freeborn
10	Jolene Scilacci	24	Janice Rutherford
13	Mary Villezcas	24	Sylvia Campbell
14	Ashley Hemp	26	Larry Wachsmuth
17	Clancy Hultgren	30	Marian Munoz
19	Carol Bowman	31	Marianne Papa
20	Allen Brinkerhoff	31	Dave Cerini
		31	Pauline Buck



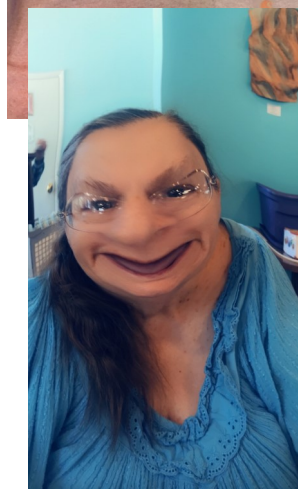
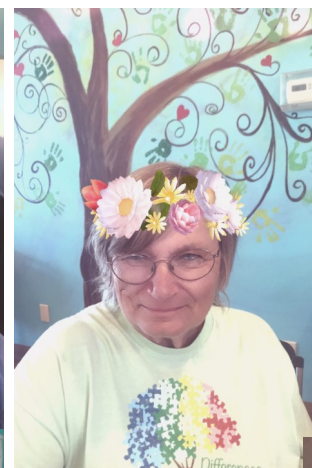
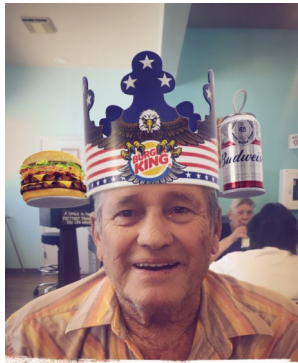
**Jordan McKinney, Bill Drake, Ivonne Egerton, Barbara Stacey, Frank Cerini, and Sylvia Hamilton celebrated their June birthdays with the Center!**

**Note: If you prefer not to have us remember your Birthday. Please tell us.**





...Seniors love Snapchat continued...



# July 2018 Menu

Cut off for start or stop homebound meals 9:30AM

775 273 5022

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Patty Melt Celery Sticks Mixed Fruit Chips Ice Cream	<b>3</b> BBQ Ribs Corn on the Cob Watermelon Baked Beans Firecracker Poke Cake #105	<b>4</b> HAPPY 4th OF JULY!!  CENTER CLOSED	<b>5</b> Chicken Patty Sand. Pears Waffle Fries Oatmeal Raisin Cookie	<b>6</b> Spaghetti Green Salad Apricots Garlic Bread Shortbread #39
<b>9</b> Chicken Alfredo Peaches Linguini Texas Tornado Cake #167	<b>10</b> Kielbasa Stir Fry Applesauce W/W Bread Chinese Almond Cookie #23	<b>11</b> BBQ Chicken Broccoli Pineapple Macaroni Salad Applecrisp #143	<b>12</b> Turkey Taco Salad w/ Onions, Bell Peppers, Kidney Beans Fruit Quarters	<b>13</b> Tuna Melt Cucumber and Tomato Salad Mandarins Onion Rings Brownies
<b>16</b> Chicken Enchilada Tropical Fruit Spanish Rice Refried Beans Pecan Sandies  #170	<b>17</b> Chef Salad Cantaloupe Garlic Breadstick Frosted Sugar Cookie	<b>18</b> Hamburger Stroganoff Green Beans Applesauce Egg Noodles Fruit Cocktail Cake  #106	<b>19</b> Philly Cheesesteak 3-Bean Salad Pears Fries Chocolate Zucchini Cake	<b>20</b> Chicken Bacon Pizza Green Salad Watermelon
<b>23</b> Meat Loaf Spinach Mixed Fruit Mashed Potatoes and Gravy Rice Pudding #3	<b>24</b> Grilled Chicken Salad Black bean, Corn and Tomato Salsa Peaches Corn Chips Banana Split Cake	<b>25</b> Lasagna Spring Mix Mandarins Garlic Cheesebread M&M Graham Cracker Cookie #46	<b>26</b> Cheeseburger Spring Mix Potato Wedges Jello with Fruit  #14	<b>27</b> BREAKFAST Scrambled Eggs Ham Steak Tropical Fruit Cinnamon Rolls Apple Juice
<b>30</b> Hamburger Steak Corn Pears Mashed Potatoes and Gravy Chocolate Chocolate Chip Cookie	<b>31</b> Grilled Ham and Cheese Cucumber Salad Fruit Quarters Chips Caramel Sundae			

## Dates to Remember in July

2	Food Bank 9:30 Center Parking Lot
4	CENTER CLOSED– HAPPY 4th OF JULY
11	<b>Trip to Fallon</b>
19	Birthday Celebration at Center
24	<b>Trip to Reno</b>
27	Breakfast at the Center– 7:00-9:00 am

Pershing Co Senior Center  
PO Box 838  
Lovelock, NV 89419

