



## JUNE 2022 NEWSLETTER & MENU

JUNE 19th



To all the men in our lives, fathers, husbands, brothers, sons and good friends, we wish you a Happy Father's Day. May you be appreciated!



Thank you to the Pat Patterson family for sharing this beautiful wreath with the Senior Center. Mr. Patterson will be greatly missed by us all and we thank him for his service to our country!

### PERSHING COUNTY SENIOR CENTER

#### SENIOR CENTER STAFF

Director: TBA  
Admin Clerk: Giana Gonzalez  
Cooks: Alicia Rivas & Carmen Jimenez  
Community Health Workers (CHW):  
Ericka, Janice, Kori, & Mary Jo  
Volunteers: Debbie, Matt, Lila, Sara

630 Western Ave.

P.O. Box 838

Lovelock, NV 89419

P: [\(775\) 273-2291](tel:775-273-2291)

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FACEBOOK: Pershing County Senior Center

email: [seniorcenter@pershingcountynv.gov](mailto:seniorcenter@pershingcountynv.gov)

"We are here for you"

#### SENIOR ADVISORY BOARD MEMBERS

Virginia Rose, Chair  
Tami Belcher, Vice Chair  
Susie Bendure  
Jeanne Munk  
Leandra Woods



## IMPORTANT NOTICES

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As the State of Nevada's Emergency Declaration has come to an end, all senior center nutrition programs are to go back to pre-COVID operating procedures.

### **What This Means to You**

Starting June 1, all congregate diners will be required to sign in for lunch.

**Meals on Wheels (Homebound)** will continue as usual; however, if you were added to the program just to remain in your home due to COVID-19 and are NOT homebound, we will contact you to discuss eligibility. Those who are not homebound need to return to the Senior Center for lunch. Don't worry, we will get in touch with those who may be impacted.

### **COVID Home Testing Kits**

If you need a COVID-19 home test kit, please let us know and we will provide you with one. If you need one delivered with your homebound meal, call us and we will send one with your driver.

As always, we appreciate each and every one of our seniors and want to provide the best possible service to you. Let's keep each other safe!

### **CLIENT REGISTRATION FORM**

Every January our clients are asked to complete a registration form. This is how you can help us qualify for state and federal funding. If you have just started coming back to the Senior Center, please make an effort to complete this form for us. Our volunteers will do their best to get the form to you, but if they miss you, please ask for one! Your help, as always, is greatly appreciated.

### **CONGREGATE MEALS ARE FREE**

Meals and other services for individuals 60 or older are provided at no cost. A \$3.00 per meal donation is encouraged but is voluntary. Under 60 meal cost is \$6.00; Children \$2.00. Donations are always welcome; however, if you choose not to donate, we will still provide any services we offer.

Meal donations are not required on a daily basis so you may make your donations whenever you choose and eat as often as you like.





## JUNE BIRTHDAYS

Frank Cerini 2nd

Barbara Stacey 7th

Richard Sorani 8th

John Shank 10th

Richard Custer 16th

Gerald Barrick 20th

Leonard Costa 20th

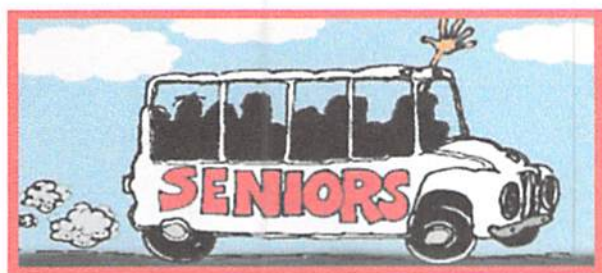
Dee Patterson 27th

Debra King 28th



From all of us here at the  
Pershing County Senior  
Center,  
we hope you had or have a  
wonderful Birthday





## JUNE TRANSPORTATION SCHEDULE

THURSDAY, JUNE 9th FALLON TRIP

THURSDAY, JUNE 23th RENO TRIP

Transportation Trips to Fallon will be on the 2nd Thursday of the Month

Trips to Reno will be on the 4th Thursday of the Month

This regular schedule should make it easier for you to schedule appointments.

The out-of-town van leaves at 7:30 a.m. and needs to leave the destination city by 2 p.m.

For more information about scheduling and fees, give us a call at 775.273.2291

**JOIN US FOR A SPECIAL FIELD TRIP SCHEDULED FOR  
THURSDAY, JUNE 16th, AFTER BINGO,  
TO THE MARZEN HOUSE MUSEUM  
WEAR COMFORTABLE SHOES, NO CHARGE.  
DONATIONS ARE GRATEFULLY ACCEPTED.**



## COMMODITY MONTHLY SCHEDULE

### LOCATED AT THE FOOD BANK

FOOD BANK—MONDAY & THURSDAY 3:30 P.M.

1ST MONDAY & THURSDAY— FRESH PRODUCE AT FOOD BANK

1ST MONDAY—SENIORS ONLY—CSFP 8:30 A.M. TO 10 A.M.

3RD TUESDAY—COMMODITIES AT LOVELOCK

4TH MONDAY—THE TRUCK—8:45 TO 9:45 P.M.

DON'T BE LATE!

## SAFEWAY DONATED PRODUCTS AT THE SENIOR CENTER

TUESDAYS, WEDNESDAYS & EVERY OTHER FRIDAY

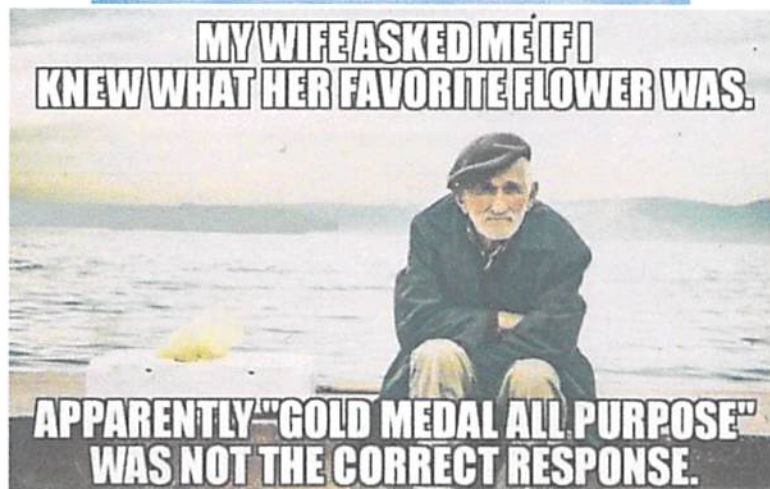
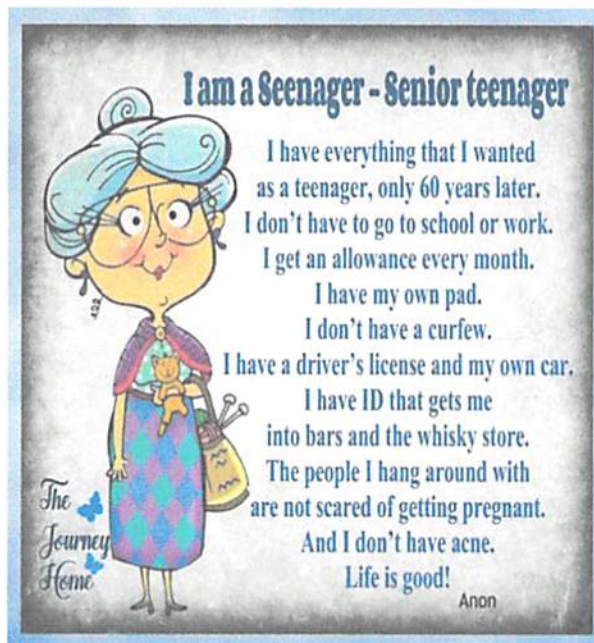
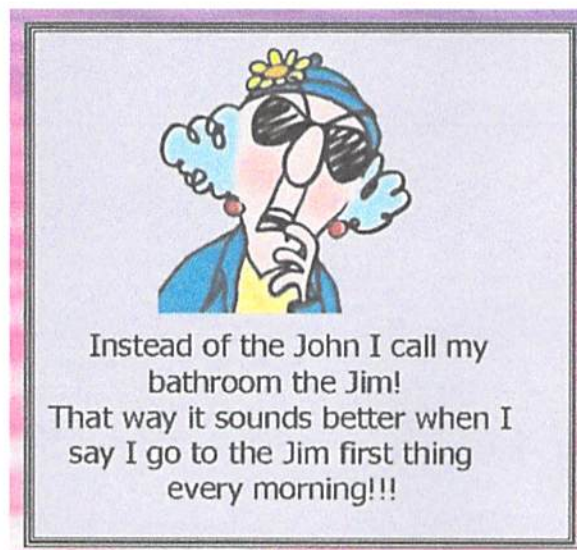
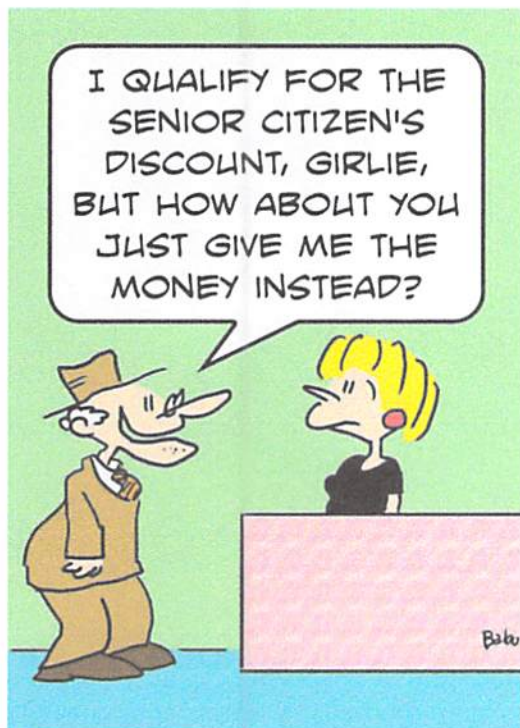
AVAILABLE IN LIMITED AMOUNTS

## HOMEBOUND

If you or anyone you know is in need of homebound meals, whether long term or temporarily, please call the Senior Center and let us know so we can get you or them on Homebound.

This is an important service to our community and we want those who need it to take advantage of this service!









A few giggles!

The adult version of "head, shoulders, knees and toes" is "wallet, glasses, keys and phone."

I came, I saw, I forgot what I was doing. Retraced my steps, got lost on the way back, now I have no idea what's going on.

I told my wife she should embrace her mistakes... so she hugged me.



## JUNE 2022 Menu

**Cut off for start or stop homebound meals 9:30AM—Please call 775-273-2291**

**All meals are subject to change**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Daily soups include beans and/or vegetables as needed</b></p> <p><b>All meals include Dessert</b></p>		<p><b>1</b> Spaghetti &amp; Meatballs Fruit Cocktail Carrots Roll</p>	<p><b>2</b> Fish Taco w/cabbage Peaches 3 Bean Salad Tortilla</p>	<p><b>3</b> Frito Steak Pie Pears Broccoli Tortilla Chips Condiments: sour cream, lettuce, tomato</p>
<p><b>6</b> Chicken Salad on Lettuce Applesauce Pasta Salad Potato Chips Condiments: lettuce, onion, celery</p>	<p><b>7</b> Hot Roast Beef Sandwich Apricots Cole Slaw Mashed Potatoes</p>	<p><b>8</b> BBQ Chicken and Rice Fruit Cocktail Broccoli Salad Ranch Beans</p>	<p><b>9</b> Meatloaf Mandarin Oranges Broccoli Twice Baked Potatoes</p> 	<p><b>10</b> French Bread Pizza Pears Green Salad</p>
<p><b>13</b> Turkey Wrap Peaches 3 Bean Salad Potato Chips</p>	<p><b>14</b> Baked Pork Cutlets Strawberries Spinach Stuffing</p>	<p><b>15</b> <b>BIRTHDAY CELEBRATION</b> Cheese Burger Apple Sauce Mexican Corn</p> 	<p><b>16</b> Ham Sandwich Apricots Green Salad Macaroni Salad</p> 	<p><b>17</b> Chili Dog w/cheese &amp; onions Fruit Cocktail Mixed Veggies Bun</p>
<p><b>20</b> Sloppy Joe Fruit Cocktail Baked Beans Potato Chips</p>	<p><b>21</b> Mexican Meatballs Pineapple Garden Salad Corn Tortilla</p> 	<p><b>22</b> Tuna Salad Sandwich on White Bread Pears Mandarin Oranges</p>	<p><b>23</b> Chicken Broccoli &amp; Rice Casserole Peaches 3 Bean Salad Roll</p> 	<p><b>24</b> <b>Breakfast 7:00-9:30 am</b> Blueberry Pancakes Bacon Banana &amp; Juice</p> 
<p><b>27</b> Beef Taco Ranch Style Beans Orange Mexican Corn Condiments: cheese, lettuce, tomato, onion</p>	<p><b>28</b> Herb Baked Chicken Mixed Berry Cup Peas &amp; Onions Roll</p>	<p><b>29</b> Artichoke Mushroom Chicken on Noodles Applesauce Cauliflower</p>	<p><b>30</b> Beef Stroganoff on Noodles Mixed Fruit Carrots</p>	