



September

September Newsletter 2023

It is that time of year again and School is now back in session. We want to make sure the students are safe. Lets drive a little slower, and watch for the little ones.



HELLO
SEPTEMBER

Pershing County Senior Center

630 Western Ave.

P.O Box 838

Lovelock, Nv 89419

P: 775-273-2291

SENIOR CENTER STAFF

Director: Christina Steele

Admin Clerk: Serafina Gomez

Cooks: Carmen & Kim

Drivers: Ana Hill & Arturo

CHW: James Drake

Volunteers: Matt & Mike

SENIOR ADVISORY BOARD MEMBERS

Tami Belcher, Chair

Virginia Rose, Vice Chair

Susie Bendure

Jeanne Munk

Leandra Wood

Fun facts about the month of September

As we all know; September is a beautiful month. It has its warm and pleasant weather, abundant and delicious fruit and lets not forget about the vegetables. One of my favorite things to do is watch the leaves change, especially taking a drive and seeing all the different colors.

-Birth stone is Blue sapphire, it can also be found in pink, orange, yellow or green.

-It is known that two types of flowers represent the month of September.
Striking aster and the gorgeous Morning glory.

-If you are into Zodiac signs; it is Virgo and Libra.

-Before September was the 9th month of the year. It originally was the 7th month in the old Roman calendar.

-If you are a farmer, you know September is known as Harvest Month, because it is the perfect time to gather crops in preparation for Winter.

-September has the fullest moon of the year, so don't miss out on that.

- On September 17th, 1787, the US Constitution was adopted, marking a crucial but often overlooked holiday in the United States.

SEPTEMBER TRIVIA

1. When is the Autumn Equinox?
2. What is the September gemstone?
3. What is the September flower?
4. What two zodiac signs are in September?
5. How many days are in September?
6. T/F: More people are born in September than any other month.
7. When is Grandparent's Day?
8. Until Julius Caesar's calendar reform of 45BC, how many days did September have?
9. When did the New York Times publish its first edition?
10. T/F: The US Supreme Court was established September 24th, 1789.

ANSWERS: (1) September 22 (2) Sapphire (3) Morning Glory (4) Virgo (August 23 - September 22) & Libra (September 23 - October 22) (5) 30 (6) True (7) The first Sunday after Labor Day (8) Black & striped (9) September 18, 1851 (10) False. September 24th, 1789.

NAME: _____ DATE: _____

September Word Search

S	D	J	L	J	A	E	D	S	E	L	P	P	A	C	O	Z	T	Q	X	M	Q	N
Y	A	G	O	S	Q	X	T	R	P	M	V	J	T	H	V	M	B	C	R	J	A	D
Q	J	P	I	S	C	N	R	O	C	A	I	P	A	E	Z	G	U	V	H	L	S	V
J	P	K	P	I	E	H	Q	D	Y	Y	A	G	T	T	W	U	O	J	B	A	X	U
N	K	A	Y	H	J	P	O	Q	T	K	I	U	R	G	U	Z	V	M	P	B	O	M
Q	E	E	T	S	I	Z	O	O	H	V	Z	J	T	A	H	Y	V	V	I	O	N	G
J	R	H	R	R	D	R	C	C	L	L	C	I	B	U	T	R	B	Q	F	R	I	Y
D	E	O	B	M	I	A	E	K	M	Q	C	W	I	O	M	E	J	V	F	D	U	Y
T	J	M	W	T	W	O	K	K	D	Y	Y	V	L	A	P	N	I	U	X	A	Q	H
S	E	E	G	J	R	K	T	M	O	O	R	S	S	A	L	C	O	I	K	Y	E	Q
E	J	W	T	C	U	A	S	D	R	E	W	O	L	F	N	U	S	T	E	W	A	E
V	W	O	Y	X	T	V	I	Y	A	K	W	S	E	P	T	E	M	B	E	R	S	J
R	B	R	C	D	E	X	N	L	A	Y	H	T	X	L	E	W	P	Z	I	T	T	D
A	B	K	F	I	N	W	E	Y	S	P	H	E	W	G	Y	F	N	Z	L	U	E	E
H	L	J	Q	F	A	L	L	Z	E	O	E	Q	E	K	D	T	G	G	H	F	R	T
X	G	E	Z	C	Q	R	G	P	B	Z	B	F	J	N	R	E	H	C	A	E	T	T

September

School

Acorn

Sunflower

Classroom

Fall

Autumn

Harvest

Sapphire

Equinox

Patriot Day

Aster

Labor Day

Migrate

Homework

Apples

Trails

Teacher

Things coming up this month

- **9/4 CLOSED**
- **9/18 Central Nevada Health District with vaccines here at the center.**
- **9/19 Mobile harvest**
- **9/20 Central Nevada Health District will be at the Clinic for Covid boosters.**
- **The truck 9/25**
- **9/29 BREAKFAST 7am-9am**



Hello September

SEPTEMBER LUNCH MENU

Monday		Tuesday		Wednesday		Thursday		Friday	
4	C L O S E D	5	BBQ Chicken Steamed spinach Honey Dew Potato salad	6	Chicken enchiladas Corn Pineapple Soup of the day	7	Tuna casserole Herbed Medley veggies Sliced tomatoes Wheat roll Soup of the day	8	BBQ pulled pork Pickle Apple w peanut butter Chips Soup of the day
11	Meat loaf Green beans Mixed fruit Mash & gravy Roll Soup of the day	12	Chicken salad sandwich Pears Chips Soup of the day	13	Roast beef sandwich Grapes Potato salad Chips Soup of the day	14	Chefs salad Mandarin oranges Wheat roll Soup of the day	15	Hamburger Mixed steamed veggies Cantaloupe chunks Baked beans Soup of the day
18	Spaghetti w/meat sauce Green beans Salad Wheat roll Soup of day	19	Sweet & sour chicken Peas & carrots Salad Steamed rice Soup of the day	20	Shepherds pie Fresh spinach Banana Wheat roll Soup of the day	21	Ruben Sandwich Sauerkraut Cherries Chips Soup of the day	22	Chicken fried steak Carrots Strawberries Mash & gravy Roll Soup of the day
25	Chicken Fajitas Corn Tropical fruit Spanish rice Refried beans Soup of the day	26	Fish & chips (cod) Broccoli Pineapple w/ cottage cheese Chips Soup of the day	27	Chili Cheese Potato Steamed carrots Blue berry yogurt Soup of the day	28	Roast beef Mixed veggies Mandarin oranges Red Potatoes Soup of the day	29	Sausage Muffin Honey Dew melon Eggs & hash brown patty Orange juice BREAKFAST 7am-9am
Daily soups Include beans & or Vegetables All meals include dessert & Menu is subject to change.									