# october newsletter

## **Happy Halloween**



#### 2023

I love this time of year, where the leaves are changing as well as it is starting to cool down where we can go on a nice nightly walk with our family and friends.

#### Pershing County Senior Center

630 Western Ave.
P.0 Box 838
Lovelock, Nv 89419
P: 775-273-2291



#### **SENIOR CENTER STAFF**

Director: Christina Steele

Admin Clerk: Serafina Gomez

Cooks: Carmen & Kim

Drivers: Ana Hill & Arturo

**CHW: James Drake** 

Volunteers: Matt & Mike



# ALLOWEE WORD SEARC

HNOVARJIAMSRZJQTPLY MUIBIMPADDAMSFAMILYR GNHGNPKDRLMPTSSWDAYG OSMOHIHALLOWEENTOWNZ OIZOTTRHWXVPARLHTAVG SHDENEMPAPRZISYNWVIH EXAXBSLABRUQQHADIWRO BRYUFDTTRERRILXQTSGS UFCTNRQEREEYYFIECNMT M B N O P T A M R A B T P T V M H B E B POWNRZENHHNELOEEEUKU SCNGNPPDKOOSFETTSLYS WADSFMSKMECUYOITIVBT LSAHTXWEHANUSLRUENGE EPGJYEAABENWSEVE XEGGXWRLNRKSEPTAXCQS PRKBDNESCPIPIEOGNMEE U | FMSZQO I V B D A O N C B I A C NXYIPJVMUNQTEGNIUDAS YBDUTZUFLKCIPRQEESSZ

ADDAMS FAMILY BeetleJuice CASPER CORPSE BRIDE ет

GHOSTBUSTERS GOOSEBUMPS HALLOWEENTOWN HARRY POTTER HAUNTED MANSION FRANKENWEENIE HOCUS POCUS

HOTEL TRANSYLVANIA MONSTER HOUSE MONSTERS INC NIGHTMARE BEFORE **XMAS** TWITCHES



1ST LARRY RACKLEY

7TH GAYLE TYLER

7TH LEONA CARRILLO

9TH VIRGINIA CLARK

10TH JOHN AUFERMAUR

11TH MARTHA HUME

12TH DELWIN KOVACH

15TH GLENN ROSE

16TH JOHN EICHERT

17TH WILETTA REID

18TH FRANK FISK

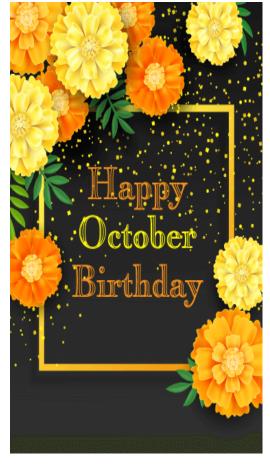
19TH ROBERTA SIMMS

22ND ARTURO OLIVAS

25TH VIRGINIA ROSE

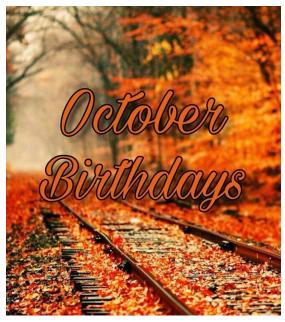
27TH LOIS LUSARDI

30TH LEANDRA WOODS











# . 10/2 FOOD BANK

. 10/17 FOOD BANK

# . 10/20 DECORATING HALLOWEEN TREES (\$5.00) @9:00AM AFTER BREAKFAST

. 10/23 FOOD BANK

. 10/24 CATHOLIC CHARITIES
. (FLU SHOTS)

. 10/27 CLOSED

### OCTOBER LUNCH MENU

	Monday	Tuesday		Wednesday		Thursday		Friday	
2	Cheese Pizza	3 Egg salad	4	BBQ chicken	5	Tuna Casserole	6	Ham	
	Pineapple	sandwich		Steamed		Peas & carrots		Cubed carrots	
	Corn	Carrot salad		Spinach		Sliced Tomato		Scalloped	
	Soup of the day	Strawberries		Melon mix fruit		Wheat roll		Potatoes	
		Chips		Pasta Rotini		Soup of the day		Pears	
		Soup of the day		Soup of the day				Soup of the day	
9	Roast beef	10 Beef stir fry	11	Po-Boy	12	Cheesy potato	13	Cheese burger	
	sandwich	Beet salad		sandwich		soup		Baked beans	
	Grapes	Mandarin		Peaches		Salad		Cantaloupe	
	Chips	Oranges		Chips Soup of the day		Sliced tomatoes		Chips	
	Soup of the day	Rice		Soup of the day		Corn bread		Soup of the day	
		Soup of the day				Soup of the day			
16	Chili	17 Baked Salmon	18	Chicken & Rice	19	Chicken noodle	20	French toast	
	Green salad	Asparagus		Casserole		casserole		Vanilla Yogurt	
	Apple w/caramel	Orange		Mixed veggies		Zucchini		Banana	
	Corn bread	Pilaf rice		Fruit cocktail		Berry cup		Scrambled eggs	
	Soup of the day	Soup of the day		Roll		Role Soup of the day		Hash brown	
		Soup of the day		Soup of the day		Soup of the day		patty Breakfast	
								7am-9am	
23	Orange chicken	24 Lasagna	25	Apple cider	26	Chicken fried steak	27	С	
25	Mixed veggies	Orange	25	glazed chicken	20	Mash & gravy	21	L	
	Garden salad	Green beans		Pears		Carrots		0	
	Roll	Roll		Spinach & Kale		Strawberries		S	
	Soup of the day	Soup of the day		salad		Roll		E	
				Soup of the day		Soup of the day		D	
30	Sweet & sour	31 Baked Ziti				11.0		Daily soups	
	chicken	Caesar salad Green grapes		+ti	APP/			Include beans &	
	Peas & carrots			HALL		OWEEN		or Vegetables	
	Fresh spinach	Roll		South 3	Y	Ti the		All meals include	
	Roll	Soup of the day		45	42			dessert & Menu	
	Soup of the day	Happy Halloween						is subject to change.	