

Page 2— Director's Desk  
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**OCTOBER STARTS**

**OPEN ENROLLMENT**

**PA Medi**

For this year, the annual open enrollment appointments can be made by calling: 570-624-3034.

See inside, page 2 for more information!



**Ottobre**



# Master Plan for Older Adults Listening Sessions



The Pennsylvania Department of Aging has embarked on the development of a 10-year strategic plan designed to help transform the infrastructure and coordination of services for Pennsylvania's older adults, and they want your input!

You are invited to contribute what you think should be the plan's priority goals, objectives, and initiatives to support the highest quality of life for older adults.

**Join us for a Listening Session**

**Wednesday, October 11th**  
**Matamoras Fire House,**  
**506 Avenue Q, Matamoras**  
**11:30 A.M.**  
**Lunch is on us!**  
**Call 570-775-5550 for reservations**

**Oktober**

**Celebrating our Many Cultures  
in Pike County**

**NATIONAL  
HISPANIC  
HERITAGE MONTH**

**Octubre**



Greetings!

Fall has arrived! Enjoy the beautiful scenery we are blessed to have in Pike County. The weather will be changing and the need for heat is imminent. Please remember to access the Liheap applications and guidelines for 2023-2024 which are available on [COMPASS.state.pa.us](https://COMPASS.state.pa.us). The opening date for new applications is November 1, 2023. If you have your registration card Pike Aging can assist you with renewing your LIHEAP. Call for an appointment.

With the weather changing we are also approaching Flu Season. Here are some tips to assist in preventing the flu from the CDC.

- ♦ Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose, and mouth. Germs spread this way.
- ♦ Clean and disinfect surfaces and objects that may be contaminated with viruses that cause flu.

Reminder: Blooming Grove Senior Center will have the last produce truck on October 19<sup>th</sup> and in Matamoras Center on October 20<sup>th</sup>.

Stay healthy!  
Robin



## MEDICARE ANNUAL OPEN ENROLLMENT INFORMATION

*Pike County PA MEDI (Medicare Education & Decision Insight) program will be assisting county residents in navigating Medicare's Annual Open Enrollment period. Counseling will be available via phone and in-person. Individuals may call 570-624-3034 to schedule an appointment. When leaving a message, please leave your name, telephone number and whether you prefer a phone or an in-person appointment. Calls will be returned within a week and in the order in which they were received. Medicare's Annual*

*Open Enrollment runs from  
October 15 – December 7,  
2023.*

*Call today for an appointment!*



### German Heritage

Several communities in the United States celebrate their German heritage with Oktoberfest celebrations, and today, October 6th, is designated National German-American day. From 1840 to 1880, Germans were the largest group of immigrants coming to the United States. Nearly six million German citizens emigrated to the U.S. between 1820 and World War I. Americans with German heritage make up more than 12 percent of the population, but in six states, more than 30 percent of the population are German-Americans. **FUN TRIVIA**

#### Which dog is known as a Wiener Dog?

- A. German Shepherd
- B. Boxer
- C. Doberman Pinscher
- D. Dachsund

#### What German-born person was Secretary of State in 1973?

- A. Helmut Kohl
- B. Alan Greenspan
- C. Henry Kissinger
- D. Thomas Jefferson

#### Which of the following cities has never been a capital of a German nation?

- A. Bonn
- B. Berlin
- C. Stuttgart
- D. Munich

NEW FOR OCTOBER  
BINGO ON TUESDAYS  
AT BLOOMING GROVE

BEWARE MEDICARE SCAMS THIS TIME OF YEAR

**Medicare Scams** Medicare scams happen year round, but the highest frequency of scamming happens during the annual enrollment period. This window of time from October 15-December 7 is when you can make changes to your Medicare health and drug plans. Don't fall victim to any caller who threatens your benefits. Call 570-775-5550 ext. 1313 or check Medicare.gov for real information



**Knights of Columbus  
Breakfast @ St. Vincent DePaul  
Church,**

**101 St. Vincent Dr., Milford**  
second Sunday of each month,  
9:00-11:00 a.m.

In the parish hall.

Join fellow parishioners for a full hot breakfast.

**Robinson Family Farm  
Produce Truck**

Will be at the following locations

Thursday, Oct. 19<sup>th</sup> Blooming Grove  
Friday, Oct 20<sup>th</sup> Matamoras  
10:00 am to 1:00 pm  
Come in and use your vouchers



This will be the last visit of the season Vouchers are good until November 30th at other locations or Farm Markets

A Tremendous THANK YOU to Robinson Family Farm for all of their support this year in Pike County!!!!



**Wednesday, October 18th**  
10:00 am Sharp

Eastern Pike Center @ Matamoras Fire House,  
506 Avenue Q, Matamoras

\$5.00 per card to play

Please call 570-775-5550 for reservations

**Italian Trivia**

1. Italy is slightly larger than which state?

- A. Rhode Island    B. Alaska  
C. Arizona            D. Delaware

2. Pizza was "born" in which Italian city

- A. Sicily            B. Naples  
C. Bologna        D. Venice

3. Which one of these inventions is NOT from Italy?

- A. Typewriter    B. Espresso Machine  
C. Barometer    D. Zeppelin

4. Famous Italian explorers include

Marco Polo, Amerigo Vespucci,  
Christopher Columbus and \_\_\_\_\_

- A. John Cabot    B. Ferdinand Magellan  
C. Vasco De Gama    D. Leif Ericson



### Trivia Questions, how much do you know?

- Hispanic Heritage Month starts on Sept. 15 in part because it coincides with the independence dates of these countries.
  - Costa Rica, El Salvador and Guatemala
  - Nicaragua & Honduras
  - Mexico & Chile
  - All of the Above
- What does the United States celebrate during Hispanic Heritage Month?
  - The traditions of Spain
  - The people and culinary Culture of Mexico
  - The 1st Carribean Immigrants
  - The culture and traditions of people with Hispanic-American roots

continued on page 5.....

### Latino proud: Hispanic Heritage Month in Pa. celebrates a diverse cultural legacy



The Latino Hispanic American Community Center holds the 13th annual Hispanic Heritage Festival, featuring music, vendors, games and activities, on Derry Street in Harrisburg, Saturday, September 16, 2023

Whether we use Hispanic or Latino, both terms convey the diverse cultural and ethnic community that claims ancestry from about two dozen countries - and one territory - including Mexico, Central and South America, the Caribbean, and Spain.

Pennsylvania's Latino community has seen explosive growth in recent years. In fact, the growth of the Latino community in Pennsylvania between 2010 and 2020 far outpaced that of the whole state and offset declines in population of other groups. U.S. Census numbers show that Pennsylvania's population grew 2.4% in that time frame; while its Latino population grew 45.8%.



**Retired & Senior Volunteer Program of  
Berks, Pike & Wayne Counties  
VOLUNTEER OPPORTUNITIES**



**Pike County Area Agency on Aging**  
 (Matamoras & Blooming Grove) Senior Center Kitchen & Meal Delivery  
 Health & Wellness Instructors  
*Training paid for and provided by Pike County Area Agency on Aging*

<b><u>Pike County Food Pantry</u></b> Food Collection/Distribution	<b><u>Pike County Hands of Hope</u></b> Hopeline Volunteers	<b><u>Bushkill Outreach</u></b> Food Collection/Distribution
<b><u>American Red Cross</u></b> Blood Donor Ambassador Disaster Relief	<b><u>Serving Seniors, Inc.</u></b> Volunteer Ombudsman	<b><u>RSVP Senior CHAT Program</u></b> Call seniors who are isolated or Refer someone to receive a friendly call

Dawn Houghtaling, RSVP Coordinator 570-390-4540  
or Email: [houghtalingd@diakon.org](mailto:houghtalingd@diakon.org)


\*RSVP is funded by AmeriCorps and sponsored by Diakon Community Services.


### SPONSOR A SENIOR IN HOME DELIVERED MEALS PROGRAM

Our numbers are up and our funding is down. Do to the rising cost of food our numbers have grown to over 1,000 meals per week. The Federal Government, local funds and the Pennsylvania Lottery provide only a portion of the total cost. This is why we depend so much on donations. In order to continue and increase quality meal service, we need your help. Please consider a \$20.00 donation. You can also donate via PAYPAL on our website, [www.pikeaaa.org](http://www.pikeaaa.org). Our seniors and staff appreciate your understanding and generosity .

Please make donations payable to: Pike County Area Agency on Aging (PCAAA)  
Mail to: Pike County Area Agency on Aging, 150 Pike County Blvd., Hawley, PA 18428

Name: \_\_\_\_\_ Donation Amount: \_\_\_\_\_

Address: \_\_\_\_\_ Zip: \_\_\_\_\_

**Thank you for your generosity.**





*Knights of Columbus*  
COUNCIL 12571



### FOOD FOR FAMILIES and FRIENDS PROGRAM

TakeOut Dinners-Call in for Reservations

**CHICKEN  
DINNER**

**SHRIMP SCAMPI  
DINNER**



www.shutterstock.com #490133833

Sun., Oct. 1 1:30-3:00  
St. John's Parking lot  
Rt. 739 Lords Valley

Sun., Oct. 8 1:30-3:00  
St. Ann's Parking Lot  
123 Richardson Ave. Shohola

ALL ARE INVITED DONATIONS ARE WELCOMED BUT NOT NECESSARY

Please Call

St. John's (570) 775-4791

St. Ann's 570-833-427

Call or Text Angelo (201) 575-6100

Frank (347) 446-9636

Please be advised effective September 1, 2023 our suggested donation for lunch at our senior centers will be **\$3.00** for Pike County AAA **registered** seniors.

Guests who are **NOT** registered **OR** under the age of 60, the suggested donation will be **\$5.00**.

This program is sponsored in part by the PA Department of Aging, local funds and your donations.

**Thank you for your support and  
cooperation.**



.....Trivia continued

**3. 2000 marked the first time Hispanic surnames made the list of the 15 most common surnames in that year's census. Do you know which one was the most common?**

A. Rodrigues B. Martinez C. Hernandez D. Garcia

**4. \_\_\_\_\_ became the first Latina Supreme Court Justice in U.S. history**

A. Dr. Ellen Ochoa B. Frida Kahlo C. Sonia Sotomayor

D. Gloria Estefan

answers on page 6

**LUNCH  
TIME!**

**Please remember to make  
reservations for lunch**



**We do not want to disappoint when there isn't  
enough for walk-ins**

**For Blooming Grove Lunch  
Call 570-775-5550**

**For Lackawaxen Lunch  
Call 570-296-9848**

**For Matamoras Lunch call  
570-775-5550**

**For all other centers call  
570-775-5550**

**Thank you for your cooperation.**

### Tips to help avoid unwanted calls:

- ♦ Be mindful of providing your telephone number at cash registers and checkout points. Your number could be placed on telemarketing lists with any additional consent.
- ♦ Be aware of providing contact info. when participating in online surveys or contests.
- ♦ Entering contests at fairs and public events may lead to future telephone calls

There are several ways in which you can register for the Do Not Call List.

Visit **www.attorneygeneral.gov**

to complete the online registration form.

Call the toll-free helpline at

**1-888-777-3406**

*Office of Attorney General*



# 2023 MENU

\*\*\*Milk included with all meals for \$3.00\*\*\*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Red Beets & Onion Battered Cod Scalloped Potatoes Corn Rye Bread Jello	<b>3</b> Tossed Salad Baked Ziti Meatballs Italian Green Beans Dinner Roll Pears	<b>4</b> Carrot Salad Vegetable Lasagna Broccoli Medley Wheat Bread Fresh Fruit	<b>5</b> Cole Slaw Sausage, Pepper, & Onion Hoagie Tater Tots Peas & Carrots Fruited Jello	<b>6</b> Cucumber Salad Hot Dog(s) Bun Baked Beans Potatoes O'Brien Ambrosia
<b>9</b> <b>ALL</b> <b>CENTERS</b> <b>CLOSED</b>  <b>COLUMBUS</b> <b>DAY</b> <b>HOLIDAY</b>	<b>10</b> Cream of Tomato Soup Swedish Meatballs Rotini Succotash Wheat Bread Fruit Cocktail	<b>11</b> Chicken Noodle Soup Chicken Cordon Bleu Herbed Rice Zucchini Rye Bread Apple Dumpling	<b>12</b> Cottage Cheese Cheese Omelette Sausage Patty Salsa Home Fries Blueberry Muffin	<b>13</b> Cranberry Juice Meatloaf/Gravy Mashed Potatoes Brussel Sprouts Rye Bread Fresh Fruit
<b>16</b> Orange Juice BBQ Chicken Breast Roasted Potatoe Wedges Carrots Pudding	<b>17</b> Cucumber & Toma- to Salad Pasta Bolognese Tuscan Vegetable Medley Italian Bread Fresh Fruit	<b>18</b> Mandarin Salad Roast Turkey Gravy Mashed Potatoes Peas & Onions Dinner Roll Melon	<b>19</b> Lentil Soup Baked Fish Confetti Rice Rattatouille Rye Bread Pineapples	<b>20</b> Tossed Salad Chicken Parmesan Sauce Pasta Spinach Wheat Bread Peaches
<b>23</b> Tossed Salad Stuffed Shells Sauce Green Beans Italian Bread Fresh Fruit	<b>24</b> Red Cabbage Slaw Pork & Saurkraut Sweet Potatoes Corn Rye Bread Jello	<b>25</b> Three Bean Salad Ham, Macaroni, & Cheese Bake Cauliflower Wheat Bread Apple Sauce	<b>26</b> Chicken & Rice Soup Turkey Hoagie (Lett, Tom, Cheese) Macaroni Salad Pudding	<b>27</b> Navy Bean & Ham Soup Stuffed Pepper Red Potatoes Wheat Bread Chocolate Cake
<b>30</b> Waldorf Salad Beef Stroganoff Buttered Noodles Squash Wheat Bread Pears	<b>31</b> Apple Juice Stuffed Cabbage Mashed Potatoes Peas Rye Bread Cookies	Ice Cream Cones were invented by Italians  		
		  CANDY CORN is technically neither corn or candy		



## 2023 Blooming Grove Activities



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Cards Dominoes Rummikube	<b>3</b> Arts & Crafts Bingo <i>Chess after lunch</i>	<b>4</b> Cards Dominoes Rummikube	<b>5</b> Bingo	<b>6</b> Arts & Crafts Cards
<b>9</b> <b>CLOSED FOR COLUMBUS DAY HOLIDAY</b>	<b>10</b> Arts & Crafts <i>Chess after lunch</i> <i>Bigger Shopping Dingmans &amp; Shohola</i>	<b>11</b> Cards Dominoes Rummikube  <i>Bigger Shopping Mil/Mat</i>	<b>12</b> <i>Bigger Shopping Promised Land</i>  <i>Evening Presentation Dementia Friends 5:30-7:30pm</i>	<b>13</b> Arts & Crafts Cards
<b>16</b> Cards Dominoes Rummikube	<b>17</b> Arts & Crafts <i>Bingo</i> <i>Chess after lunch</i>	<b>18</b> Cards Dominoes Rummikube	<b>19</b> Bingo  <i>Produce Truck 10:00 –1:00</i>	<b>20</b> Arts & Crafts Cards
<b>23</b> Cards Dominoes Rummikube	<b>24</b> Arts & Crafts <i>Bingo</i> <i>Chess after lunch</i>	<b>25</b> Cards Dominoes Rummikube	<b>26</b> Bingo  <i>Halloween Party &amp; Birthday Celebration</i>	<b>27</b> Arts & Crafts Cards
<b>30</b> Cards Dominoes Rummikube	<b>31</b> Arts & Crafts <i>Bingo</i> <i>Chess after lunch</i>			

### WHAT IS SHARE?

**SHARE** is an affordable housing choice that brings together homeowners who want to share their home with home seekers who are looking for housing in exchange for rent, help around the house, or a combination of both. The home seeker receives their own bedroom and agreed upon use of the common areas. Every arrangement is unique depending on the needs, preferences, and abilities of the participants involved.

### WHY SHARE A HOME?

Some people like the idea of having another person around the house. Others are looking for an affordable place to live or a way to supplement their income in order to meet household expenses. In some cases, it enables the older adult to remain in their home and community. Homesharing offers the homeowner:

- ♦ Income to help with expenses
- A responsible tenant

#### Homesharing offers the home seeker:

A private bedroom with agreed upon, shared common spaces

Affordable rent

Homesharing may offer participants help with household tasks or other agreed upon services. It may also offer the home seeker reduced rent in exchange for services.

If interested, please contact Larisa Yusko at (570) 832-5133 or lyusko@pikepa.org





Sponsored by Pike County Area Agency on Aging  
Top of the World Restaurant at Saw Creek Estate  
148 Cambridge Ct, Bushkill PA 18324  
MONDAYS 9:00 am to 3:00 pm

9:30am Meet & Greet, Socializing, Tea and Coffee  
11:30 to 12 noon Lunch; Light Menu



10/2-Cards & Games

10/9- Closed for Columbus Day Holiday

10/16- Cards & Games

10/23—**Blood Pressure Screening & Exercise w/Lana**

10/23-Cards & Games

10/30—Bingo & Birthday Celebration

10/30-Halloween Party

All registration through  
Pike County Area Agency  
on Aging only  
Please call 570-775-5550

*You do not need to be a resident of  
Saw Creek Estates to participate*

Suggested Lunch  
Donation  
\$3.00

**CENTER WITHOUT WALLS**  
Mondays at Saw Creek Estates



Sponsored by Pike County Area Agency on Aging  
Pocono Mountain Lake Estates  
Memorial Hall  
2095 Milford Rd, Bushkill PA 18324  
TUESDAYS 9:30 am to 2:00 pm



10/3-Cards & Games

10/3-Swim 11-12

10/10- Exercise with Lana

10/10-Cards & Games

10/10—Swim 11-12

10/17-Cards & Games

10/17 -**Blood Pressure Screening**

10/24-Cards & Games

10/24-Swim 11-12

10/31- Bingo & Birthday Celebration

10/31-Halloween Party

All registration through  
Pike County Area Agency  
on Aging only  
Please call 570-775-5550

*You do not need to be a resident of  
Pocono Mountain Lake  
Estates to participate*

Suggested Lunch  
Donation  
\$3.00

**CENTER WITHOUT WALLS**  
Tuesdays At Pocono Mountain Lake Estates



## Lackawaxen/Shohola Township 9 am to 2 pm 570-296-9848

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> CLOSED	<b>3</b> CLOSED	<b>4</b> Cards & Games Exercise Lunch @ 11:45	<b>5</b> Cards, games & bingo Lunch @ 11:45 <b>Nail Day</b>	<b>6</b> CLOSED
<b>9</b> CLOSED	<b>10</b> CLOSED	<b>11</b> Cards & Games Exercise Lunch @ 11:45	<b>12</b> Cards, games & bingo Lunch @ 11:45 <b>Nail Day</b>  <b>Adaptive Clothing Presentation</b>	<b>13</b> CLOSED
<b>16</b> CLOSED	<b>17</b> CLOSED	<b>18</b> Cards & Games Exercise Lunch @ 11:45	<b>19</b> Cards, games & bingo Lunch @ 11:45 <b>Nail Day</b>	<b>20</b> CLOSED
<b>23</b> CLOSED	<b>24</b> CLOSED	<b>25</b> Cards & Games Exercise Lunch @ 11:45 <b>Birthday Celebration</b>	<b>26</b> Cards, games & bingo Lunch @ 11:45 <b>Halloween Party &amp; Birthday Celebration</b>	<b>27</b> CLOSED
<b>30</b> CLOSED	<b>31</b> CLOSED	Suggested lunch donation \$3.00		



## Eastern Pike Center @ Matamoras 9am-2pm 570-775-5550

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> CLOSED	<b>3</b> CLOSED	<b>4</b> Cards Bingo Lunch	<b>5</b> CLOSED	<b>6</b> Bingo @ 10:30 Lunch Exercise & Line Dancing with Lana
<b>9</b> CLOSED	<b>10</b> CLOSED	<b>11</b> Cards Bingo Lunch	<b>12</b> CLOSED	<b>13</b> Bingo @ 10:30 Lunch Exercise & Line Dancing with Lana
<b>16</b> CLOSED	<b>17</b> CLOSED	<b>18</b> Cards Bingo Lunch <b>\$200 BINGO</b> <b>Cash Bingo @ 10 am</b>	<b>19</b> CLOSED	<b>20</b> Bingo @ 10:30 Lunch Exercise & Line Dancing with Lana  <b>Produce Truck 10 AM-1 PM</b>
<b>23</b> CLOSED	<b>24</b> CLOSED	<b>25</b> Cards Bingo Lunch	<b>26</b> CLOSED	<b>27</b> Bingo @ 10:30 Lunch Exercise & Line Dancing with Lana <b>Halloween Party &amp; Birthday Celebration</b>
<b>30</b> CLOSED	<b>31</b>	Suggested lunch donation \$3.00		



The Pike County Elder Task Force and Pike County Aging would like to extend their thanks to all the seniors, vendors ,businesses and staff who helped to make the 9<sup>th</sup> annual Elder Justice Day the most successful event so far. We appreciate your feedback on what topics and speakers you would like in the future and look forward to providing another wonderful event in 2024.





# EVENTS and PROGRAMS

## Loaves to Fishes Food Pantry

Paupack Methodist Church, Route 507  
570-857-1141 Serves Palmyra Twp.  
1st Friday of month 9:30am - 11:00am

## Hemlock Farms Food Pantry

98 Willow Drive, Hawley PA  
The 3rd Monday of the month  
4pm - 6:30pm

**Registration is a must prior to distribution**  
**Please register by calling 570-775-6787**

## Pike County Food Pantry

Dreher Township Building  
899 Main St. Newfoundland, Pa  
570-676-4066 Serves Greene Twp.  
3rd Thursday of the month 12pm - 2pm  
**Pre-registration is required**

## Good News Good Cheer Food Pantry

St. Luke's Lutheran Church  
Rt 590, Greeley PA 18425  
570-226-3966  
1st Sunday of the month 10:30 am- 11:30 am  
**Proof of residency and photo ID required**

## Agape Food Pantry

300 Avenue H, Matamoras PA  
845-772-0218  
Every Tuesday 4:30 to 5:30

## Lake Region IGA

**570-226-6000 extension 10** (you must order between 7 am & 9:30 am on Tuesdays).  
They deliver same day, by 1:30 PM.  
There is a \$9.95 delivery charge.  
Now offering online shopping  
[www.lakeregioniga.com](http://www.lakeregioniga.com)  
Delivery is \$4.95  
Picking fee plus \$6.95 delivery fee  
In store pickup is \$5.95

## Dutch's Market

**570-676-3373**  
Curbside pick up only  
[dutchsdelivery@gmail.com](mailto:dutchsdelivery@gmail.com)

## Dave's Super Duper 570-251-9530

Deliveries on Wednesdays only.  
[superduper9530@yahoo.com](mailto:superduper9530@yahoo.com)

**Shoprite** delivers (\$10 internet fee & \$6.95 delivery fee)  
shop at [www.shoprite.com](http://www.shoprite.com)

## Growing Lackawaxen Care Cabin

169 Urban Rd, Hawley 570-685-2273  
4th Saturday of the month 8am - 11am

## Holy Trinity Food Pantry

103 Delaware Crest, Dingmans Ferry  
570-828-7411

**Help available Tuesday, Wednesday & Thursday from 9am-1pm every week by appointment only.**  
**Please call 24-48 hours ahead**

## Lords Valley Community Church / Hands of Hope Pike County

707 Rt 739, Suite 3, Lords Valley  
570-775-3777  
2nd Thursday of the month  
3pm-5pm

**Pre-packaged and placed into car**



## Ecumenical Food Pantry

321 5th St., Milford  
570-618-1568

Fridays: 12pm - 1:30 pm  
Fridays: 6:30pm - 7:30pm

**Eligibility is based on income**  
**Photo ID & verification of address required**

## St. Ann's Bridge Point Food Pantry

125 Richardson Ave., Shohola, PA  
570-832-4275  
1st & 3rd Thursday of the month 9am-12pm  
**Registration is at pickup**

## Bushkill Outreach Food Pantry

168 Lehman Park Rd, Bushkill, PA  
570-588-0660  
Tuesday, Wednesday, Thursday 9am-12pm  
Every week except the 5th of the month

## Blooming Grove Food Pantry

St. John Neumann / Good Shepherd Church  
705 Route 739, Lords Valley  
570-775-6791  
3rd Thursday of the month 9:30am - 11am  
**Pre-registration is required**  
**Do not bring children and wear a mask**

## First Presbyterian Church of Hawley

815 Church St, Hawley PA 570-226-4835  
2nd & 4th Saturday of the month 11:30am

**Senior Law Center**  
 Senior Law Center protects the legal rights & interests of Seniors in Pennsylvania through legal services, referral services and advocacy. Call the Senior Law helpline if you need assistance at:  
**877-727-7529**

Pike County Area Agency on Aging  
 150 Pike County Blvd.  
 Hawley, PA 18428  
 570-775-5550

**Non-Profit mailer**



**DO NOT CALL  
 REGISTRY**

If you want to stop those nagging calls from solicitors you can place your phone number on the Do Not call registry by calling:  
**1-888-382-1222 and 1-888-777-3406 or go on line to: [www.donotcall.gov](http://www.donotcall.gov)**

To renew subscription, clip out mailing label and send it in with the \$5 yearly fee. If you have email, just send your email address to:  
**[kdantuono@pikepa.org](mailto:kdantuono@pikepa.org)**, and get your newsletter sent right to your email address for **FREE**—Save time and money!  
**[www.pikeaaa.org](http://www.pikeaaa.org)**

**Where to Find Information About the Medicare Plans Available in your County:**

- \* Medicare & You 2023 Handbook
- \* [www.medicare.gov](http://www.medicare.gov) Call the PA MEDI Helpline at: 1-800-783-7067
- \* Call Medicare at: 1-800-633-4227 (Phone) or 1-877-486-2048 (TTY)
- \* Or call us at: 570-775-5550 x 1313 for an appointment to assist you

***Pike County Area Agency on Aging***

**Executive Director** - Robin Soares - email: [rsoares@pikepa.org](mailto:rsoares@pikepa.org)

**Protective Services & Options Supervisor** - Robin Soares - email: [rsoares@pikepa.org](mailto:rsoares@pikepa.org)

**Aging Care Supervisor/PA LINK Coord. Monroe/Pike/Wayne** – Joan Edel - email: [jedel@pikepa.org](mailto:jedel@pikepa.org)

**Nutrition Site Managers** - Cherie Bland, Emily DeLeeuw, Galina Grishina & David Zlasney

**Activity & Program Director & Health & Wellness Coordinator** - Lana Romeo-email: [lromeo@pikepa.org](mailto:lromeo@pikepa.org)

**Blooming Grove Center**-150 Pike County Blvd., Hawley, PA 18428

(Phone: 570-775-5550 or 1-800-233-8911 Fax: 570-775-5558)

Office / Center: Monday through Friday - 8am to 4pm

**Lackawaxen/Shohola Township Center**-Lackawaxen Fire Dept., Beisel Beck Rd. & Rte. 590, Lackawaxen, PA 18435.

Wednesday and Thursday 9 am to 2 pm (Phone: 570-296-9848)

**Eastern Pike Center @ Matamoras**-Matamoras Fire House, 506 Avenue Q, Matamoras, PA 18336

(Phone: 570-775-5550)

Wednesday and Friday 9 am to 2 pm

**SHARE Housing** Larisa Yusko 570-832-5133 [lyusko@pikepa.org](mailto:lyusko@pikepa.org)

**ELDER ABUSE REPORTING NUMBER 1-800-233-8911**

**Advisory Council**

\* Alicia Bonadonna \* Cordell Bowman \* Jeanne Carlstedt

\* Laura Guccini-Engle \* Leatrice Langer \* Barbara Leary \* Linda Leyh

Monica McVitie \* Mary Little \* Barbara Shevlin \* Sue Siska \* Rita Tepperman \* Lori VanSlot \* Tony Waldron

Pike County Commissioners \* Matt Osterberg \* Ronald Schmalzle \* Tony Waldron

**Pike County Transportation Hours 7:30am—4:00pm Phone 570-296-3408 Fax 570-296-3409**

**Toll Free: 1-866-681-4947 STATUS LINE: 570-296-1959**

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