

April

2024

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Tax preparation will be in Matamoras at the boro hall on Tuesdays and in Blooming Grove on Wednesdays. In case of inclement weather, please listen for school closures or delays. Blooming Grove appointments will follow Wallenpaupack schools and Matamoras will follow Delaware Valley schools. If there is a 2 hour delay our first appointment will be at 10:30. If school is closed you must call our office to reschedule your appointment.

AARP Tax-Aide volunteers will prepare your return following IRS and Tax-Aide requirements for In-Person service. This means **you and your spouse**, if applicable, will need to be in the presence of the Tax Counselor for the intake interview, the preparation of the tax return, the quality review, the final review and the signing of your tax documents.

We are only able to prepare simple returns for businesses that do not have home office expenses, inventory or a loss. There are some situations that are beyond the scope of the AARP Tax-Aide Program. Some examples include: receiving, trading or selling **crypto currency** and receiving **income from rental property**. If you have any of these situations, we are unable to prepare your tax return.

If you have questions on this process, or to make an appointment please contact the Pike County Area Agency on Aging at (570) 775-5550.

Pike County Area Agency on Aging



When: Tuesday April 23, 2024

Destination: Resorts World Catskills Casino,
Monticello, NY

Package: Bus ride, \$25.00 slot free
play & \$15.00 Food voucher.

Price: \$50.00 to be paid on Registration

Bus will pick up at the
Blooming Grove Center
150 Pike Blvd. Lords Valley, PA

Time: **Must** be at center by **9:00 am**
Possible 2nd stop in Matamoras
Please call Lana
570-775-5550 x 1317

Spring Fling Theme Luncheon Matamoras Senior Center

Matamoras Fire House,
506 Ave Q, Matamoras, PA
Friday, April 19, 2024

\$5.00

Menu

Salad
Roast Turkey
Mashed Potatoes
Stuffing/Gravy
Vegetables
Dessert

ENTERTAINMENT

Reservations are **REQUIRED PLEASE**
Please call 570-775-5550

April has so many observances. I felt that the importance of April 23rd being National Book day as one of the many to recognize this month. Significance of reading and visiting a local library for seniors are proven to improve wellbeing, self-confidence, and overall satisfaction. The mental benefits of reading improve memory cognition, improve focus and decision-making ability. Visiting the library and taking advantage of programs offered are proven to reduce stress and potentially reduce the risk of Alzheimer's and Dementia. Some experts also believe that reading every day helps preserve memory and language. This can help slow the progress of dementia. We also have many books available at our senior centers. Please visit and take some books home. Hopefully, we will be seeing warmer weather! Enjoy April !



SCAM ALERT



Please, if this should pop up on your mobile phone, DO NOT click on it. DO NOT call the number that is provided.

SCAM OF THE WEEK:

Invitation to a Malware Party

Cybercriminals recently targeted European diplomats by impersonating representatives for the ambassador of India. They each received a fake invitation to an exclusive wine-tasting party. But, the invitation was actually a trick to install malware onto their devices. This type of scam could be used to target anyone, so let's take a closer look at how it worked.

The scam starts with a simple phishing email that includes an attached PDF file. The PDF file is a convincing invitation to a party, complete with official-looking letterhead and contact information. The invitation asks you to complete a questionnaire in order to reserve your spot. If you click the questionnaire link, you are redirected to a website that automatically downloads malware onto your device. Once installed, the malware hides on your device and sends data back to the cybercriminals.

Follow the tips below to stay safe from similar scams:

- Be cautious of unexpected and exciting opportunities. Remember, if something seems too good to be true, it probably is!
- When you receive an email or invitation, stop and look for red flags. Consider the timing of the invitation and look for any spelling or grammatical errors.
- Never click a link or download an attachment in an email that you weren't expecting.

Lana's Corner

April is Stress Awareness Month

Sleep Well Make it a goal to get enough sleep each night. Most adults need between 7 and 9 hours to be rested and energized for the next day.

Schedule Relaxation Practice yoga (Tues. Blooming Grove 11:00 to 12:00), read a book, or go for a walk every day. Spending only 15 minutes a day doing these types of things can reduce your stress substantially. Relax by taking a few deep breaths and stretching for a few minutes.

Stay Focused on Eye Care We all know that eating carrots helps our eyesight, but it doesn't stop there. Dark, leafy greens, such as spinach and kale, are good for your eyes, as are salmon, tuna, and halibut. Also, wear sunglasses, blink and refocus your eyes often, and get regular eye exams.

Nutrition Eating a variety of fruits and vegetables can help protect against chronic diseases. Fruits and vegetables are rich in fiber, vitamins, minerals, antioxidants, and phytochemicals and they are low in calories, fat, and cholesterol. Try to eat at least 2 ½ cups of vegetables and 2 cups of fruit per day. Go with whole grains, such as whole-wheat bread and pasta and brown rice. Pick lean proteins-beans, nuts, fish, and poultry without skin. Choose fat-free or low-fat cheese, milk, and yogurt. Make water your main beverage.

Celebrate Spring Cleaning

1. For each item you own, ask, "Do I love it?" and "Do I need it?" If you can't answer yes to either question, toss or donate it.
2. Reduce clutter little by little. Focus on one stack or section at a time.
3. Adopt this motto: A place for everything, and everything in its place. You'll reduce time spent looking for and putting things away.

Use bins, drawers, hooks, cupboards, and shelves to keep supplies organized.

**Please check out our activities and times
in your newsletter**

Art Class (to be announced)

Bingocize

Ceramic class (to be announced)

Chair exercise

Chair yoga

Chess

Dance

Games

Sewing class

Trips

Ukulele lessons

And many more.

It is also

Child Abuse Prevention Month

Month of the Military Child

Stress Awareness Month

National Library Week April 7-13, 2024

National Public Safety Telecommunicators Week April 14-20, 2024

Health Information Professionals Week April 15-19, 2024

National Volunteer Week April 21-27, 2024

Administrative Professionals Week April 21-27, 2024

Earth Day April 22, 2024

National Medical Laboratory Professionals week

Patient Experience Week April 29-May 3, 2024

Be The Change You Wish To See

WELLNESS FAIR

Saturday, April 27th From 10:00am—2:00pm

The Delaware Valley High School

Join Us for Free

SPONSORED BY:

Delaware Valley School
District Nurses



- ♦ Cardiac Screening
- ♦ Mental Health Resources
- ♦ Make your own smoothie
- ♦ Medicare Specialist
- ♦ Financial planning
- ♦ Dietician On site
- ♦ Car Seat and Seatbelt Safety
- ♦ PA State Police
- ♦ Local Physician on Site
- ♦ Local Businesses

AND SO MUCH MORE

Attend to be entered to win a Door prize

ADRC LINK REGION 10
FREE VIRTUAL TRAININGS

Presented by: Penn Cares

Registration Links are below:
All Trainings 10:00 am to 12:00 pm

April 30 - Caring for the Caregiver: Let's Battle Addiction:
<https://penncares.org/event/12311/>

The password for each of these is:
PALINK24 (case sensitive)

Anyone who has the ability to Zoom is welcome !

WE WANT YOU, TO JOIN US

If you're a medical professional, business owner, community representative or an individual who has regular contact with Pike County seniors, please consider joining the **Pike County Elder Task Force**. Our mission is to educate, recognize and prevent the abuse, neglect and exploitation of older adults. For information or to join please contact Tracy Simon at 570-775-5550, ext 1312.



Wednesday, April 17th

Eastern Pike Center
@ Matamoras Fire House,
506 Avenue Q, Matamoras

\$5.00 per card to play

Please call 570-775-5550 for
reservations

BREAKFAST

Knights of Columbus Breakfast @

**St. Vincent DePaul Church,
101 St. Vincent Dr., Milford**

second Sunday of each month

9:00 -11:00 a.m.

In the parish hall.

Join fellow parishioners for a
full hot breakfast.

Cost \$5/person,
maximum \$20 family.

Our speaker this month is

Heather Marrocco

She will be discussing:

What is Hospice?

How do your hospice benefits work?

Who is eligible?

What does Medicare cover?

How long can you get hospice care?

Dates:

April 8th 12:00 Saw Creek

April 12th 12:00 Matamoras

April 16th 12:00 PMLE

April 18th 12:00 Blooming Grove

April 25th 12:00 Lackawaxen

Saw Creek Estates
Annual Safety Day

Saturday April 27th

1:00 pm to 3:00 pm

Top of the World Restaurant



focused on what matters

800.NBT.BANK www.nbtbank.com



Member FDIC

If you would like a copy of the 2024 Benefits & Rights book for older Pennsylvanians, please go to <https://www.aging.pa.gov/publications/benefits-and-rights/Pages/default.aspx#>



Wash 'N' Fold "Easy Pack Sort System™"

All clothes sorted by type, T-shirts, pants, dress shirts etc.

Dress shirts and dresses are hung in plastic.

T-shirts, pants etc. are folded and packaged in individual plastic bags vacuumed sealed and ready to transfer to suitcase.

Sheets and bedding are packaged alone in plastic, socks are half folded and paper wrapped just like when purchased new.

Then all items are placed in our exclusive Wash N Fold hard bottom laundry delivery that is yours for future use !!

No MORE laundry folded in one large bag loose so when you get home it is already jumbled and takes too long to put away.

**Seniors 10% Off
Pickup and Delivery FREE
Call Today 845-856-4235**



Thank you Momentum Church Kids Program for the wonderful Leap Year Cards for our Home Delivered Meals seniors



Thank you Alda for your numerous years of dedication delivering home delivered meals to our homebound seniors.

April

2024 MENU

Milk included with all meals

Suggested lunch donation \$3.00

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|--|
| 1 Apple Juice Stuffed Shells Sauce Green Beans Wheat Bread Fresh Fruit | 2 Minestrone Soup Chef Salad (Turkey, Ham, Swiss, Lett & Tom) Potato Salad Dinner Roll Cookies | 3 Yogurt Cup Cheese Omelet Ham Slice Potatoes O'Brien Salsa Bran Muffin Peaches | 4 Carrot Salad Breaded Pork Chop Buttered Noodles Succotash Rye Bread Pears | 5 Tossed Salad Chicken Parmesan Pasta with Marinara Marinara Sauce Squash Medley Dinner Roll Melon Slice |
| 8 Orange Juice Vegetable Lasagna Roasted Brussel Sprouts Peas & Carrots Italian Bread Pears | 9 Carrot Salad Chicken Breast Stuffed with Broccoli & Cheese Peas Parsley Potatoes Rye Bread Fresh Fruit | 10 Broccoli & Chickpea Salad Beef Stew with Potatoes & Vegetables Dinner Roll Applesauce | 11 Tossed Salad Rigatoni & Meatballs Marina Sauce Green Beans Italian Bread Peaches | 12 Green Bean & Tomato Salad BBQ Chicken Rice Medley Carrots Wheat Bread Cake |
| 15 Black Bean Salsa Chili Con Carne Rice Confetti Corn Corn Bread Pears | 16 Orange Juice Baked Ham Candied Sweet Potatoes Pacific Medley Rye Bread Peaches | 17 Cole Slaw Meatloaf Gravy Mashed Potatoes String Beans Rye Bread Applesauce | 18 Tomato Soup Baked Fish Zucchini & Tomatoes Confetti Rice Dinner Roll Pears | 19 Waldorf Salad Roast Turkey Mashed Potatoes Gravy Chef Pacific Blend Vegetables Stuffing Ice Cream (Strawberry Shortcake Blue Bunny) |
| 22 Mandarin Salad Chili Burger on Roll Spinach Potatoes O'Brien Fresh Fruit | 23 Apple Juice Chicken Cordon Bleu Spanish Rice Zucchini Medley Wheat Bread Pudding | 24 Yogurt Cup Tuna Noodle Casserole Mixed Vegetables Rye Bread Fruit Cocktail | 25 Cottage Cheese & Fruit Macaroni & Cheese Stewed Tomatoes Dinner Roll Fresh Fruit | 26 Beef Barley Soup Sausage, Peppers & Onions on Hoagie Broccoli Potato Salad Cake |
| 29 Harvest Salad Baked Ziti (Cheese & Sauce) Sauce Cauliflower Italian Green Beans Roll Fruited Jell-O | 30 Southwest Chicken & Corn Chowder Turkey & Cheese on Rye Lett, Tom & Onions Potato Salad Fresh Fruit | <p>Please remember if you receive home delivered meals, the suggested donation is \$3.00 per person per meal.</p> <p>Donate</p> <p>Thank you for your generosity!</p> | | |

Seniors Are Our First Priority

April**2024 Blooming Grove Activities**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|----------------------------------|
| 1 Cards Dominoes Rummikube | 2 Arts & Crafts Bingo 10:00 to 10:55 Chair Yoga @ 11:00 Lunch @ 12:00 Chess after lunch | 3 Cards Dominoes Rummikube | 4 Cards Dominoes Rummikube | 5 Arts & Crafts Cards |
| 8 Cards Dominoes Rummikube | 9 Arts & Crafts Bingo 10:00 to 10:55 Lunch @ 12:00 Chess after lunch Bigger Shopping Dingmans & Shohola | 10 Cards Dominoes Rummikube Bigger Shopping Mil/Mat | 11 Bingo 10:30 Lunch 11:30 Ukulele Lessons @ 12 Bigger Shopping Promised Land | 12 Arts & Crafts Cards |
| 15 Cards Dominoes Rummikube Advisory Board @ 1:00 | 16 Arts & Crafts Bingo 10:00 to 10:55 Lunch @ 12:00 Chess after Lunch | 17 Cards Dominoes Rummikube | 18 Bingo 10:30 Lunch 11:30 Ukulele Lessons @ 12 Speaker @ 12:00 | 19 Arts & Crafts Cards |
| 22 Cards Dominoes Rummikube | 23 Arts & Crafts Bingo 10:00 to 10:55 Chair Yoga @ 11:00 Lunch @ 12:00 Chess after lunch | 24 Cards Dominoes Rummikube | 25 Bingo 10:30 Lunch 11:30 Ukulele Lessons @ 12 Birthday Celebration | 26 Arts & Crafts Cards |
| 29 Cards Dominoes Rummikube | 30 Arts & Crafts Bingo 10:00 to 10:55 Chair Yoga @ 11:00 Lunch @ 12:00 Chess after lunch | | | |

SPONSOR A SENIOR IN HOME DELIVERED MEALS PROGRAM

Our numbers are up and our funding is down. Do to the rising cost of food our numbers have grown to over 1,000 meals per week. The Federal Government, local funds and the Pennsylvania Lottery provide only a portion of the total cost. This is why we depend so much on donations. In order to continue and increase quality meal service, we need your help. Please consider a \$20.00 donation.

You can also donate via PAYPAL on our website, www.pikeaaa.org.
Our seniors and staff appreciate your understanding and generosity .

Please make donations payable to: Pike County Area Agency on Aging (PCAAA)
Mail to: Pike County Area Agency on Aging, 150 Pike County Blvd., Hawley, PA 18428

Name: _____ Donation Amount: _____

Address: _____ Zip: _____

Thank you for your generosity.



Sponsored by Pike County Area Agency on Aging
Top of the World Restaurant at Saw Creek Estate
148 Cambridge Ct, Bushkill PA 18324
MONDAYS 9:00 am to 3:00 pm

9:30am Meet & Greet, Socializing, Tea and Coffee
11:30 to 12 noon Lunch; Light Menu

4/1-Cards & Games

Exercise with Lana

4/8-Cards & Games

Speaker @ 12:00

4/15-Cards & Games

4/22-Cards & Games

Blood Pressure

Ceramic Class 1:00 to 2:00

4/29-Cards & Games

Bingo

Birthday Celebration

Ceramic Class 1:00 to 2:00

April

All registration through
Pike County Area Agency
on Aging only
Please call 570-775-5550

***You do not need to be a resident of
Saw Creek Estates to participate***

Suggested Lunch
Donation
\$3.00

CENTER WITHOUT WALLS

Mondays at Saw Creek Estates



Sponsored by Pike County Area Agency on Aging
Pocono Mountain Lake Estates
Memorial Hall
2095 Milford Rd, Bushkill PA 18324
TUESDAYS 9:30 am to 2:00 pm

4/2-Cards & Games

Blood Pressure

4/9-Exercise with Lana

Cards & Games

4/16- Cards & Games

Speaker @ 12:00

4/23-Cards & Games

4/30-Cards & Games

Bingo & Birthday Celebration

April

All registration through
Pike County Area Agency
on Aging only
Please call 570-775-5550

***You do not need to be a resident of
Pocono Mountain Lake
Estates to participate***

Suggested Lunch
Donation
\$3.00

CENTER WITHOUT WALLS

Tuesdays At Pocono Mountain Lake Estates

April**Lackawaxen/Shohola Township 9 am to 2 pm 570-296-9848**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------|----------------------------|--|--|----------------------------|
| 1 CLOSED | 2 CLOSED | 3 Cards & Games Exercise Lunch @ 11:45 | 4 Cards, Games & Bingo Lunch @ 11:45 <i>Exercise with Hella Nail Day</i> | 5 CLOSED |
| 8 CLOSED | 9 CLOSED | 10 Cards & Games Exercise Lunch @ 11:45 | 11 Cards, Games & Bingo Lunch @ 11:45 <i>Exercise with Hella Nail Day</i> | 12 CLOSED |
| 15 CLOSED | 16 CLOSED | 17 Cards & Games Exercise Lunch @ 11:45 | 18 Cards, Games & Bingo Lunch @ 11:45 <i>Exercise with Hella Nail Day</i> | 19 CLOSED |
| 22 CLOSED | 23 CLOSED | 24 Cards & Games Exercise Lunch @ 11:45 | 25 Cards, Games & Bingo Lunch @ 11:45 <i>Speaker @ 12:00</i> <i>Exercise with Hella Birthday Celebration</i> | 26 CLOSED |
| 29 CLOSED | 30 CLOSED | | | |

April**Eastern Pike Center @ Matamoras 9am-2pm 570-775-5550**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|----------------------------|---|----------------------------|---|
| 1 CLOSED | 2 CLOSED | 3 Cards Bingo Lunch <i>Ukulele Lessons @ 12:00</i> | 4 CLOSED | 5 Bingo @ 10:30 Lunch Exercise & Dancing with Lana |
| 8 CLOSED | 9 CLOSED | 10 Cards Bingo Lunch <i>Ukulele Lessons @ 12:00</i> <i>Ceramic Class 12:00 to 1:00</i> | 11 CLOSED | 12 Bingo @ 10:30 Lunch Exercise & Dancing with Lana <i>Speaker @ 12:00</i> |
| 15 CLOSED | 16 CLOSED | 17 Cards <i>Cash Bingo @ 10:00</i> Lunch <i>Ukulele Lessons @ 12:00</i> \$150  | 18 CLOSED | 19 Bingo @ 10:30 Lunch Exercise & Dancing with Lana |
| 22 CLOSED | 23 CLOSED | 24 Cards Bingo Lunch <i>Ukulele Lessons @ 12:00</i> <i>Ceramic Class 12:00 to 1:00</i> | 25 CLOSED | 26 Bingo @ 10:30 Lunch Exercise & Dancing with Lana <i>Birthday Celebration</i> |
| 29 CLOSED | 30 CLOSED | | | |

Caramel Apple Fun



Chair Yoga in Blooming Grove



EVENTS and PROGRAMS

Loaves to Fishes Food Pantry

Paupack Methodist Church, Route 507
570-857-1141 Serves Palmyra Twp.
1st Friday of month 9:30am - 11:00am

Hemlock Farms Food Pantry

98 Willow Drive, Hawley PA
The 3rd Monday of the month
4pm - 6:30pm

Registration is a must prior to distribution
Please register by calling 570-775-6787

Pike County Food Pantry

Dreher Township Building
899 Main St. Newfoundland, Pa
570-676-4066 Serves Greene Twp.
3rd Thursday of the month 12pm - 2pm
Pre-registration is required

Good News Good Cheer Food Pantry

St. Luke's Lutheran Church
Rt 590, Greeley PA 18425
570-226-3966
1st Sunday of the month 10:30 am- 11:30 am
Proof of residency and photo ID required

Bushkill Outreach Food Pantry

168 Lehman Park Rd, Bushkill, PA
570-588-0660
Tuesday, Wednesday, Thursday 9am-12pm
Every week except the 5th of the month

First Presbyterian Church of Hawley

815 Church St, Hawley PA 570-226-4835
2nd & 4th Saturday of the month 11:30am

Living Christ Chapel Food Pantry

429 Long Meadow Rd.,
Annex A - building behind the church
Milford, PA 18337
570-828-2082
Mondays from 4:30pm - 6:30pm
Open to all.
Please bring reusable bags.

Growing Lackawaxen Care Cabin

169 Urban Rd, Hawley 570-685-2273
4th Saturday of the month 8am - 11am

Holy Trinity Food Pantry

103 Delaware Crest, Dingmans Ferry
570-828-7411

Help available Tuesday, Wednesday & Thursday from 9am-1pm every week by appointment only.

Please call 24-48 hours ahead

Lords Valley Community Church / Hands of Hope Pike County

707 Rt 739, Suite 3, Lords Valley
570-775-3777
2nd Thursday of the month
3pm-5pm

Pre-packaged and placed into car



Agape Food Pantry

300 Avenue H, Matamoras PA
845-772-0218
Every Tuesday 4:30 to 5:30

St. Ann's Bridge Point Food Pantry

125 Richardson Ave., Shohola, PA
570-832-4275
1st & 3rd Thursday of the month 9am-12pm
Registration is at pickup

Blooming Grove Food Pantry

St. John Neumann / Good Shepherd Church
705 Route 739, Lords Valley
570-775-6791

3rd Thursday of the month 9:30am - 11am

Pre-registration is required
Do not bring children and wear a mask

Ecumenical Food Pantry

321 5th St., Milford
570-618-1568
Fridays: 12pm - 1:30 pm
Fridays: 6:30pm - 7:30pm
Eligibility is based on income
Photo ID & verification of address required



Senior Law Center

Senior Law Center protects the legal rights & interests of Seniors in Pennsylvania through legal services, referral services and advocacy. Call the Senior Law helpline if you need assistance at:
877-727-7529

www.seniorlawcenter.org

Pike County Area Agency on Aging
150 Pike County Blvd.
Hawley, PA 18428
570-775-5550

Non-Profit mailer



DO NOT CALL REGISTRY

If you want to stop those nagging calls from solicitors you can place your phone number on the Do Not call registry by calling:
1-888-382-1222 and
1-888-777-3406 or go on line to: www.donotcall.gov

To renew subscription, clip out mailing label and send it in with the \$10 yearly fee. If you have email, just send your email address to: kdantuono@pikepa.org, and get your newsletter sent right to your email address for **FREE**—Save time and money!
www.pikeaaa.org

Where to Find Information About the Medicare Plans Available in your County:

- * Medicare & You 2024 Handbook
- * www.medicare.gov Call the PA MEDI Helpline at: 1-800-783-7067
- * Call Medicare at: 1-800-633-4227 (Phone) or 1-877-486-2048 (TTY)
- * Or call us at: 570-775-5550 x 1313 for an appointment to assist you

Pike County Area Agency on Aging

Executive Director - Robin Soares - email: rsoares@pikepa.org

Protective Services - Tracy Simon - email: tsimon@pikepa.org

Options Service - Frank Vogel - fvogel@pikepa.org

ACM Supervisor I HDMs/Options/Healthy Ideas & ADRC Link Coordinator

Monroe/Pike/Wayne Counties— Joan Marie Edel - email: jedel@pikepa.org

Nutrition Site Managers - Cherie Bland, Emily DeLeeuw, Galina Grishina & David Zlasney

Activity & Program Director & Health & Wellness Coordinator - Lana Romeo-email: lromeo@pikepa.org

Blooming Grove Center-150 Pike County Blvd., Hawley, PA 18428

(Phone: 570-775-5550 or 1-800-233-8911 Fax: 570-775-5558)

Office / Center: Monday through Friday - 8am to 4pm

Lackawaxen/Shohola Township Center-Lackawaxen Fire Dept., Beisel Beck Rd. & Rte. 590, Lackawaxen, PA 18435.

Wednesday and Thursday 9 am to 2 pm (Phone: 570-296-9848)

Eastern Pike Center @ Matamoras-Matamoras Fire House, 506 Avenue Q, Matamoras, PA 18336
(Phone: 570-775-5550)

Wednesday and Friday 9 am to 2 pm

Top Of The World Restaurant @ Saw Creek Estates-148 Cambridge Ct, Bushkill, PA 18324

Mondays 9 am to 3 pm 570-775-5550

Pocono Mountain Lake Estates @ Memorial Hall – 2095 Milford Rd., Bushkill, PA 18324

Tuesdays 9:30 am to 2 pm 570-775-5550

SHARE Housing-Heather N Dodd 570-832-5133 hdodd@pikepa.org

ELDER ABUSE REPORTING NUMBER 1-800-233-8911

Advisory Council

* Cordell Bowman * Christa L. Caceres, Commissioner Representative, * Jeanne Carlstedt * Laura Guccini-Engle

* Leatrice Langer * Barbara Leary * Dorothy Lees * Linda Leyh

* Monica McVitie * Mary Little * Barbara Shevlin * Sue Siska * Rita Tepperman * Lori VanSlot

Pike County Commissioners * Matt Osterberg * Ronald Schmalzle * Christa L. Caceres

**Pike County Transportation Hours 7:30am—4:00pm Phone 570-296-3408 Fax 570-296-3436
Toll Free: 1-866-681-4947 STATUS LINE: 570-296-1959**

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