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**STAY SAFE, STAY HEALTHY
 & WEAR A MASK**



EVENT LEGAL DISCLAIMER

*Disclaimer: Subaru will donate \$250 for every new Subaru vehicle sold or leased from November 18, 2021, through January 3, 2022, to four national charities designated by the purchaser or lessee. Pre-approved Hometown Charities may be selected for donation depending on retailer participation. For every new Subaru vehicle sold or leased during the campaign period, participating retailers will donate a minimum of \$50 in total to their registered Hometown Charities. Purchasers/lessees must make their charity designations by January 14, 2022. The four national charities will receive a guaranteed minimum donation of \$250,000 each. See your local Subaru retailer for details or visit subaru.com/share
 All donations made by Subaru of America, Inc.



To make a donation, use this QR code

Pike County Area Agency on Aging



We are excited to announce that Pike County Area Agency on Aging will be partnering again this year with Subaru World for its "Share the love" EVENT.

Pike County delivers over 900 meals per week to seniors in their homes. These meals have made the difference in the health and wellness as well as their safety as the Meals on Wheels drivers and volunteers are always checking on them and their safety.

"I don't know what I would do without these meals" recently said by a Shohola senior.

OFFICIAL EVENT DATES

November 18, 2021, through January 3, 2022.

DONATION AMOUNT

Over the last thirteen years, Subaru of America and its participating retailers have donated more than \$200 million to help those in need.

By the end of this, the 14th year, Subaru and its participating retailers will have donated over \$225 million to help those in need through the Share the Love Event.

MEALS ON WHEELS IMPACT STATEMENT

Each donation helps these programs enable seniors to age with independence and dignity in their own homes, where they want to be.

Since its inception thirteen years ago, The Subaru Share the Love Event has helped deliver more than 2.5 million meals to America's seniors!

Subaru World of
 Newton
 84 Rt 206 N
 Newton, NJ 07860
 (973) 579-5000

ERTLE SUBARU

798 N 9TH ST
 STROUDSBURG, PA
 18360
 (570) 421-4140

Minooka Subaru

4141 Birney Ave
 Moosic, PA 18507
 (570) 346-4641

Happy Holidays to All

We are so thankful to all of the good fortunes we had this year and for the dedicated volunteers who provided so many hours to our nutrition services for meal delivery, preparation, and center service as well as our other programs like the PA Medicare Counseling (PA MEDI) and the Health and Wellness leaders. We are thankful for the Pennsylvania Lottery which has continued to fund us at over 60-70%

The senior centers are all back open and now we need some help! RSVP is coordinating much of our Volunteer services and will be working with us to put on the recognition event next year. IF you or someone you know has a couple hours to help out, contact Dawn at (570) 390-4540 houghtalingd@diakon.org

XMAS List for the Agency

Artists to share their talents

Flea Market frequenters to explore some of our collections

Chess Players to contact us.

Musicians to jam with us. Gardening supplies for the Spring Fling

Newsletter contributors, do you write? Know poems? Recipes? Local events?

Please share with us via email or stop by and drop them off.

Phone Call buddies for our Senior Chat program

Foodies to provide some interesting recipes and food demos

Pet food donations for our March for Meals and Pet assistance program

Active folks to sign up for Bingocize, we are taking names for the next class, coming up soon in 2022.

May the snow be gently falling on the roof top and may the fireplace be roaring so that the very Merry of holidays be had by all.



At [Hanukkah](#), the common ingredient is oil, since we are celebrating a miracle that happened when Jews had only enough oil to burn the light in their temple for one day and it lasted eight days,” says Harris-Pincus. With that oil, Jews traditionally make potato latkes and jelly donuts

2 cups peeled and shredded potatoes

1 tablespoon grated onion

3 eggs, beaten

2 tablespoons all-purpose flour

1 ½ teaspoons salt

½ cup peanut oil for frying

Place the potatoes in a cheesecloth and wring, extracting as much moisture as possible.

In a medium bowl stir the potatoes, onion, eggs, flour and salt together.

In a large heavy-bottomed skillet over medium-high heat, heat the oil until hot. Place large spoonfuls of the potato mixture into the hot oil, pressing down on them to form 1/4 to 1/2 inch thick patties. Brown on one side, turn and brown on the other. Let drain on paper towels.

Serve hot!

Sour Cream makes nice accompaniment



"BINGO DAY"

2nd Tuesday of the month

Tuesday, December 14th at 10am SHARP!

Only at our Blooming Grove location.

Reservations are required

\$50 Cash Jackpot!



Only \$5 per card to play all games.

Lunch will also be available for \$2.50.

You must make a SEPARATE reservation for lunch as well.

Please call 570-775-5550

Donate

**Please remember if you receive home delivered meals
the suggested donation is \$3 per meal, per person.**

Thank you for your generosity!



In January 2022 we will be hosting Tuesdays at Pocono Mountain Lake Estates from 9:30 to 2:00

Look for grand opening information in our January newsletter.



**Brand New Program Coming Up
Looking for Volunteers.
Will Train
an exercise program
For further details contact Lana
570-775-5550 x 1317**



pennsylvania

Medicare Education and Decision Insight

What is the PA Clearinghouse?

The Clearinghouse assists PA residents over the age of 18 with social and life services. Based on individual needs, they research local, state, and national programs to find resources that offer assistance. Through regular follow-up calls, they build a rapport and offer support for you to ask questions or express your concerns.

Call 1-800-955-0989 & connect to:

- Medical and Prescription Programs
 - Food Programs
 - Housing Assistance
 - Employment
- Social and Life Services

Christine Crossley

**PA MEDI Local Coordinator
Diakon Community Services
(570) 775 – 5550 Ext 1313
crossleyc@diakon.org**



2021 Blooming Grove Activities 8:00 am - 4:00 pm 570-775-5550

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	All Christmas Parties are Bring a Gift Take a Gift	1 Cards Dominoes Rummikube	2 Bingo	3 Cards Arts & Crafts
6 Medical Transport	7 Arts & Crafts Bigger Shopping Shohola & Dingmans	8 Cards Dominoes Rummikube Bigger Shopping Mil/Mat	9 Bingo Bigger Shopping Promised Land	10 Cards Arts & Crafts
13 Medical Transport	14 Arts & Crafts \$50 Cash Bingo 	15 Cards Dominoes Rummikube	16 Bingo Christmas Party 	17 Cards Arts & Crafts
20 Medical Transport	21 Arts & Crafts	22 Cards Dominoes Rummikube	23 Bingo	24 ALL CENTERS CLOSED
27 Medical Transport	28 Arts & Crafts	29 Cards Dominoes Rummikube	30 Bingo Birthday Celebration	31 ALL CENTERS CLOSED



Sponsored by Pike County Area Agency on Aging
Top of the World Restaurant at Saw Creek Estates
148 Cambridge Ct, Bushkill PA 18324
WEDNESDAYS 9:30 am to 2:00 pm



9:30am Meet & Greet, Socializing, Tea and Coffee
11:30 to 12 noon Lunch; Light Menu

You do not need to be a resident of Saw Creek Estates to participate

12/15 Christmas Party



**Bring a Gift
Take a Gift**

Suggested Lunch
Donation
\$2.50

All registration through
Pike County Area
Agency on Aging only.
Please call 570-775-5550

CENTER WITHOUT WALLS
WEDNESDAYS AT SAW CREEK ESTATES

December

Lackawaxen/Shohola Township 9 am-2 pm 570-685-7808

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Cards & Games Exercise Lunch @ 11:45	2 Cards, Games & Bingo Lunch @ 11:45 Mahjongg @ 1:00	3 CLOSED
6 CLOSED	7 CLOSED	8 Cards & Games Exercise Lunch @ 11:45	9 Cards, Games & Bingo Lunch @ 11:45 Mahjongg @ 1:00	10 CLOSED
13 CLOSED	14 CLOSED	15 Cards & Games Exercise Lunch @ 11:45 Christmas Party	16 Cards, Games & Bingo Lunch @ 11:45 Mahjongg @ 1:00	17 CLOSED
20 CLOSED	21 CLOSED	22 Cards & Games Exercise Lunch @ 11:45	23 Cards, Games & Bingo Lunch @ 11:45 Mahjongg @ 1:00	24 CLOSED
27 CLOSED	28 CLOSED	29 Cards & Games Exercise Lunch @ 11:45	30 Cards, Games & Bingo Lunch @ 11:45 Mahjongg @ 1:00 Birthday Celebration	31 CLOSED

December

Eastern Pike Center @ Matamoras 9am-2pm 570-775-5550

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Cards Bingo Lunch	2 Closed	3 Bingo Lunch Exercise & Line Dancing
6 Closed	7 Closed	8 Cards Bingo Lunch	9 Closed	10 Bingo Lunch Christmas Party
13 Closed	14 Closed	15 Cards Lunch \$50 Cash Bingo @ 10:00 BINGO	16 Closed	17 Bingo sponsored by Twin Cedars Lunch Exercise & Line Dancing Birthday Celebration
20 Closed	21 Closed	22 Cards Bingo Lunch	23 Closed	24 CENTERS CLOSED FOR HOLIDAY
27 Closed	28 Closed	29 Cards Bingo Lunch	30 Closed	31 CENTERS CLOSED FOR HOLIDAY



2021 Menu

Milk served with all meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Red Cabbage Slaw Meatloaf Mashed Potatoes & Gravy Cauliflower Rye Bread Pudding	2 Orange Juice Stuffed Cabbage Sauce Mashed Potatoes Pacific Medley Rye Bread Fresh Fruit	3 Mandarin Salad Teriyaki Meatballs Stir Fried Vegetables Rice Blueberry Muffin
6 Lentil Soup Chef Salad (Turkey, Ham, Cheese, LTO) Dinner Roll Fruit Cocktail	7 Tossed Salad Spaghetti & Meatballs Sauce Italian Green Beans Italian Bread Pears	8 Tomato Soup Ham, Macaroni & Cheese Bake Corn Rye Bread Cookies	9 Coleslaw Lemon Pepper Fish Filet Rice Medley Brussel Sprouts Wheat Bread Pineapples	10 Seafood Bisque Pot Roast Roasted Potatoes & Vegetables Dinner Roll Fresh Fruit
13 Carrot Raisin Salad Chicken Strips Garlic Sauce Broccoli Wheat Bread Fresh Fruit	14 Onion Soup Chicken Cordon Bleu Rice Pacific Medley Fruit Crisp	15 Apple Juice Port & Sauerkraut Potatoes au Gratin Succotash Rye Bread Ice Cream	16 Cream of Broccoli Soup Salisbury Steak Mashed Potatoes Gravy Green Beans Banana Cake	17 Turkey Noodle Soup BBQ Chicken Roasted Potatoes Peas & Onions Wheat Bread Peaches
20 Cranberry Juice Hot Turkey Gravy Mashed Potatoes Broccoli/ Cauliflower Mix Dinner Roll Pears	21 Tossed Salad Chicken Breast Parmesan Rotini/Sauce Spinach Italian Bread Apple Sauce	22 Red Cabbage Slaw Chicken Fingers Potato Puffs Carrots Dinner Roll Fresh Fruit	23 Cream Of Mushroom Soup Vegetable Lasagna Peas & Carrots Italian Bread Fruit Medley	24 CLOSED FOR CHRISTMAS
27 Broccoli & Chick Pea Salad Lemon Chicken Breast Oven Baked Potatoes Pacific Medley Cookies	28 Yogurt Cup Tuna Noodle Casserole Mixed Vegetables Rye Bread Fresh Fruit	29 V-8 Juice Ham & Cheese Omelet Home Fried Potatoes Stewed Tomatoes Blueberry Muffin	30 Split Pea Soup Crax Perogies Sautéed With Onions & Peppers Sausage Patty Dinner Roll Peaches	31 CLOSED FOR HOLIDAY

Seniors Are Our First Priority

MEAL PLANNING FOR DIABETES

New Label

Nutrition Facts	
8 servings per container	
Serving size 1g	
Amount per	
Calories	230
% Daily Value*	
Total Fat 8g	
Saturated	
Trans	
Cholesterol 0mg	0%
Sodium 1mg	
Total Carbohydrate 37g	
Dietary Fiber	
Total Sugars 12g	
Includes 10g Added Sugars	20%
Protein	
Vitamin 1mcg	0%
Calcium 260mg	20%
Iron 10mg	
Potassium 235mg	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Atlantic Health System
Newton Medical Center

Wednesday, December 8th
11:00—Noon via Zoom or in
person at any of our Senior
Centers:

Saw Creek Estates
Blooming Grove
Lackawaxen &
Eastern Pike

If you cannot attend in person,
please call 570-775-5550 and give
us your email address and we will
send you the link or email
kdantuono@pikepa.org for the link
to join via ZOOM

Inspirational Quote

*You get what you give
so
Always give your best*

Love, Lana



Do you play Chess?
Would you like to play chess?

We are forming a chess group
at our Blooming Grove Center in
January.

Please call 570-775-5550 Lana
x 1317 if you have any
questions.



Northeast Region Pike
County Group
Meets 2nd & 4th
Wednesdays

6:00 PM to 8:00 PM

Ryan's Deli
707 Route 739

For more information call 570-342-1047 or
info@naminepa.org



RSVP Senior CHAT Program

Do you live alone, want to hear
a friendly voice once in awhile,
or would like someone to
talk to once a week?

\$50

CASH BINGO

Eastern Pike Center @ Matamoras
Matamoras Fire House
506 Avenue Q
Matamoras PA

starting @ 10:00 am SHARP
Wednesday, **December 15th.**

\$5.00 per card for all games
every 3rd Wednesday of the month

RESERVATIONS REQUIRED
Please call 570-775-5550

Through *Friendly Calling*, a call can be a
connection with the world outside, create new
friendships, feel less isolated and lonely, or
provide a welcome relief to family members.
***This is a FREE service, and no personal
phone numbers will be used.***

Contact Dawn Houghtaling, RSVP Coor-
dinator at (570) 390-4540

Email: houghtalingd@diakon.org

Happy Birthday Marge



Happy Birthday Bill



Halloween Fun



PROGRAMS

Loaves to Fishes Food Pantry
Paupack Methodist Church, Route 507
570-857-1141 Serves Palmyra Twp.

The Food Pantry Program at the Church at
Hemlock Farms will be open
The 3rd Monday of the month
4:00 PM to 6:30 PM
Registration is a **MUST** prior to distribution.
Please register by calling 570-775-6787

Pike County Food Pantry
Dreher Township Building
(formerly at Moravian Church)
899 Main St. Newfoundland, Pa
570-676-4066 Serves Greene Twp.

Good News Good Cheer Food Pantry
St. Luke's Lutheran Church
Rt 590, Greeley PA 18425
570-226-3966

Do you live in the Greentown area & need
assistance with your shopping? There are a
few supermarkets that will deliver to you.

Lake Region IGA

570-226-6000 extension 10 (you must order
between 7 am & 9:30 am on Tuesdays).
They deliver same day, by 1:30 PM. There
is a \$9.95 delivery charge.

Now offering online shopping

www.lakeregioniga.com Delivery is \$4.95
picking fee plus \$6.95
delivery fee and in store pickup is \$5.95.

Dutch's Market

570-676-3373

No weekend delivery. 24 hour notice
required when ordering week days.
\$10 delivery charge.

Dave's Foodtown/Super Duper

570-251-9530 They do not deliver too far
from store. Call them for details.

Shoprite delivers (\$10 internet fee & \$6.95
delivery fee) shop at www.shoprite.com

Agape Food Pantry
300 Avenue H
Matamoras, PA
diagonal from United Methodist Church
Every Tuesday 5:00 pm – 6:00pm
845-772-0218

Growing Lackawaxen Care Cabin

169 Urban Rd, Hawley 570-685-2273
4th Saturday of the month 8 am to 11am
Proof of residency required.
Declaration of need form to be filled out.

*****Special Days for November & December*****

November 20th 8 to 11 am

December 18th 8 to 11 am

Holy Trinity Lutheran Church Food Pantry

103 Delaware Crest, Dingmans Ferry
570-828-7411. Monday thru Friday 9 am-noon
by appointment only.
Please call 24-48 hours ahead to schedule
Volunteers always welcome

Hands of Hope Food Pantry
at the Lord's Valley Community
Church (located behind Ryan's
Deli on Route 739) will be
distributing on the 2nd
Thursday of the month from
2:00pm-6:00 pm 570-503-6644



Ecumenical Food Pantry

321 5th St., Milford

570-618-1568

Fridays: 12 noon - 1:00 pm

Fridays: 6:30pm-7:30pm

Eligibility is based on income

Photo ID & verification of address required

Food Pantry

St. Ann's Catholic Church

125 Richardson Ave., Shohola, PA 18458

570-832-4275

Distribution 1st & 3rd Thursdays
9:30 am to 11:30 am Registration at pick up.

Bushkill Outreach

168 Lehman Park Rd, Bushkill, Pa 18324

570-588-0660

Tues—Thurs 9am to noon

Blooming Grove Food Pantry
St. John Neumann/Good Shepherd Church

705 Route 739, Lords Valley

570-775-6791

3rd Thursday of month

Please do not bring children

WEAR A MASK

Senior Law Center

Senior Law Center protects the legal rights & interests of Seniors in Pennsylvania through legal services, referral services and advocacy. Call the Senior Law helpline if you need assistance at: 877-727-7529

Pike County Area Agency on Aging
150 Pike County Blvd.
Hawley, PA 18428
570-775-5550

Non-Profit mailer



DO NOT CALL REGISTRY

If you want to stop those nagging calls from solicitors you can place your phone number on the Do Not call registry by calling:
1-888-382-1222 and 1-888-777-3406 or go on line to: www.donotcall.gov

To renew subscription, clip out mailing label and send it in with the \$5 yearly fee. If you have email, just send your email address to: **kdantuono@pikepa.org**, and get your newsletter sent right to your email address for **FREE**—Save time and money!
www.pikeaaa.org

Where to Find Information About the Medicare Plans Available in your County:

- * Medicare & You 2021 Handbook
- * www.medicare.gov Call APPRISE at: 1-800-783-7067
- * Call Medicare at: 1-800-633-4227 (Phone) or 1-877-486-2048 (TTY)
- * Or call us at: 570-775-5550 x 1313 for an appointment to assist you

Pike County Area Agency on Aging

Executive Director - Robin S. Skibber - email: rskibber@pikepa.org

Protective Services & Options Supervisor - Robin Soares - email: rsoares@pikepa.org

Aging Care Supervisor/PA LINK Coord. Monroe/Pike/Wayne – Joan Edel - email: jedel@pikepa.org

Nutrition Site Managers - Cherie Bland, Emily DeLeeuw & David Zlasney

Activity & Program Director & Health & Wellness Coordinator - Lana Romeo-email: lromeo@pikepa.org

Blooming Grove Center-150 Pike County Blvd., Hawley, PA 18428

(Phone: 570-775-5550 or 1-800-233-8911 Fax: 570-775-5558)

Office / Center: Monday through Friday - 8am to 4pm

Lackawaxen/Shohola Township Center-Lackawaxen Fire Dept., Beisel Beck Rd. & Rte. 590,
Lackawaxen, PA 18435.

Wednesday and Thursday 9 am to 2 pm (Phone: 570-685-7808)

Eastern Pike Center @ Matamoras-Matamoras Fire House, 506 Avenue Q, Matamoras, PA 18336
(Phone: 570-775-5550)

Wednesday and Friday 9 am to 2 pm

ELDER ABUSE REPORTING NUMBER 1-800-233-8911

Advisory Council

Chairperson: *Patricia Crane * Steven R. Guccini, Commissioner Representative * Vacant * Cordell Bowman * Jeanne Carlstedt
* Laura Guccini-Engle * Kathie Joseph * Leatrice Langer * Barbara Leary
* Monica McVitie* *Mary Little* Sue Siska * Rita Tepperman * Lori VanSloot*
Pike County Commissioners * Matt Osterberg * Ronald Schmalzle * Steven R. Guccini

**Pike County Transportation Hours 7:30am—4:00pm Phone 570-296-3408 Fax 570-296-3409
Toll Free: 1-866-681-4947 STATUS LINE: 570-296-1959**

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