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✂ NEWS FLASH: ✂

Eastern Pike Center will
 continue to be closed for
 ongoing
 renovations.

Look for the new and
 improved center to open in
 December.

Updates will be made as
 necessary, thank you for
 your
 patience.

✂✂✂✂✂

SAVE THE DATE

Our 23rd Annual Red,
 White & Blue
 Thanksgiving
 Luncheon Honoring our
 Veterans has been
 rescheduled to Friday,
 December 16th.

Please save the date, this
 rescheduling is due to the
 renovations at Matamoras
 not being completed.

Please call to make
 reservations for
 our event.

570-775-5550

Veterans are free, we will
 still need you to register.

Wednesday
 11/16/2022
 10:00 am
 sharp

\$200



Matamoras
 Fire
 10000 Route Q
 Matamoras PA



Please call 570-775-5550 for reservations
 and/or updated location information

November is here, only a short time from finishing 2022. The warm weekends and tremendously beautiful Fall weather is ending. Soon the hunters will be strolling the woods and snow will be flying. Each year brings its own finishing touch to our Fall and its memories. This year we were fortunate to have the Hemlock Farms Pickleball League donate at the end of their season. Thank you very much for your generosity and good luck in next year's league. Did you know pickle ball is one of the sports played at the Keystone games each year? Maybe next year we'll have some local talent to send!

Speaking of talent, we have some musicians helping perform at our centers and it is so exciting to have talented piano players and singers belt out the oldies and some new ones. Hoping to also include our friends/kids from Delaware Valley this year at our Eastern Pike center for our holiday gathering. Stay tuned for time and place.

**Vote November
8th**

Open enrollment is finishing up so make an appointment asap if you need assistance, or call Medicare hotline 1-800-633-4227 for questions and information.

November is also National Family Caregiver Support Month. Families are the primary source of support for older adults and people with disabilities in the U.S. many caregivers work and also provide care, experiencing conflicts between competing responsibilities. Research indicates caregiving also takes a significant emotional, physical, and financial toll. With nearly half of all caregivers over age 50, many are vulnerable to a decline in their own health. Studies show that coordinated support services can reduce caregiver depression, anxiety, and stress, and enable them to provide care longer, which avoids or delays the need for costly institutional care. Pike county AAA has openings for families who are paying out of pocket for care and supplies.

Happy Veterans Day to all and don't forget those who we have lost who gave so much for us to be safe and free.
Happy Thanksgiving to all!



AARP Foundation
For a future without senior poverty.

**55 or older?
Unemployed
Need a Job?**

Paid Training Opportunities:

**Customer Service, Clerical Custodial
Front Door Monitor Food Service**

***AARP paid training program enables you to
train and get paid for your training, as you look
for a job.***

Call AARP 570-972-0080

Age, income and residency requirements apply.

Training Pay will not affect SNAP or Federal Housing Benefits

2022 Gala Sponsors



2022 Gala Sponsors

JOEY'S PIZZA
MILFORD PA



ABOVE THE REST HOME CARE, LLC

Congratulations!

KARL & DENNY
WAGNER

Offbeat Cakery



PIKE COUNTY
SHERIFF'S OFFICE

*Pike County Area Agency
on Aging Advisory Council*

**Jimmy's Lakeside
Pizza** 570 409-3377



AARP Foundation
For a future without senior poverty.



**AmeriCorps
Seniors**

IMPORTANT DATES TO REMEMBER

November 2022 Pennsylvania
General Election

NOV
01

Last day to apply for a **MAIL-IN OR
ABSENTEE BALLOT.**

NOV
08

General Election Day in Pennsylvania.
GET OUT AND VOTE!

THE GENERAL ELECTION IS TUESDAY, NOV. 8, 2022.

Polls are open from 7:00 a.m. to 8:00 p.m.

Pike County PA MEDI (Medicare Education & Decision Insight) will be assisting county residents in navigating Medicare's Annual Open Enrollment period. Counseling will be available in-person and via telephone. Individuals may call 570-775-5550 ext. 1313 or 570-624-3027 to schedule an appointment. Medicare's Annual Open Enrollment runs from October 15 – December 7, 2022.

Karen J Wood
Executive Director
Diakon Community
Services
118 S. Centre St.
Pottsville, PA 17901
(570) 624-3027



pennsylvania

Medicare Education and Decision Insight



Bereavement Support Group — Starting Monday, October 10th, the first of six weekly sessions, concluding on November 14th, sponsored by St. Vincent de Paul Parish in Milford and St. John Neumann Parish in Hawley; group meets on Monday afternoon from 2:00 to 3:30 p.m. in the St. John's parish hall, 705 Route 739. Bereavement support sessions address topics dealing with the grief process to aid in healing. All suffering the loss of a loved one are welcome; **registration is required** as group size is limited. You may register at stvgriefgroup@att.net or call the parish office at 570-686-4545.



Knights of Columbus
Council 12571
Food for families & friends
program

TAKE OUT DINNER

Must call for reservations

Roast Turkey Dinner
St. John's Parking Lot
705 Rt 739, Lords Valley
Sunday November 6th 1:30 pm to 3:00 pm
St. John's 570-775-6791 or
Angelo 570-775-2755

Baked Ham Dinner
St. Ann's Parking Lot
123 Richardson St, Shohola
Sunday, November 13th 1:30 pm to 3:00 pm
St. Ann's 570-832-4275
Frank 347-446-9636 or text

All are invited.
Donations are welcomed but not necessary



Cooking for 1 or 2 classes
starting soon.

Please call our office
570-775-5550 if you are
interested in signing up.
Classes will be held mid
morning in Blooming Grove





2022 Blooming Grove Activities



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Arts & Crafts <i>Chess after lunch</i>	2 Cards Dominoes, Rummikube	3 Bingo	4 Arts & Crafts Cards
7 Medical Transport	8 Arts & Crafts <i>Bigger Shopping Dingmans & Shohola</i> <i>Chess after lunch</i>	9 Cards Dominoes, Rummikube <i>Bigger Shopping Mil/Mat</i>	10 <i>Bigger Shopping Promised Land</i>	11 ALL CENTERS CLOSED FOR VETERAN'S DAY HOLIDAY
14 Medical Transport <i>Advisory Board 12:30</i>	15 Arts & Crafts <i>Chess after lunch</i> <i>Jewelry Class</i>	16 Cards Dominoes, Rummikube	17 Bingo <i>Celebrate Birthdays</i>	18 Arts & Crafts Cards
21 Medical Transport	22 Arts & Crafts <i>Chess after lunch</i>	23 Cards Dominoes, Rummikube	24 ALL CENTERS CLOSED FOR THANKSGIVING HOLIDAY	25 ALL CENTERS CLOSED FOR THANKSGIVING HOLIDAY
28 Medical Transport	29 Arts & Crafts <i>Chess after lunch</i>	30 Cards Dominoes, Rummikube		

Jewelry



Class

Jewelry Class Tuesday, November 15th, at Blooming Grove Center 10:00 to 11:30. Classes are free. Sybil Allen instructor. You can learn to make beautiful things to enjoy or give as gifts. Don't forget the holidays are coming. Sybil said we can learn and listen to great music. Come and join in the fun. Please call Lana 570-775-5550 ext.1317 for reservations. Also register for a heart healthy lunch for a donation of \$2.50.

Please remember
to change your clocks





2022

MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Minestrone Soup Grilled Chicken Caesar Salad with Romaine, Dressing Tomatoes & Croutons Macaroni Salad Fresh Fruit	2 Tossed Salad Swedish Meatballs w/Gravy Rotini Pasta Julienne Vegetable Sautéed Dinner Roll	3 Split Pea Soup Stuffed Cabbage Mashed Potatoes Corn Wheat Bread Ice Cream	4 Mandarin Salad Lemon Chicken Breast Red Potatoes & Parsley Creamed Spinach Wheat Bread Pudding
7 Cucumber Salad Teriyaki Chicken Rice Stir Fry Vegetables Wheat Bread Pears	8 Red Beets & Onions Chili Con Carne Rice Corn & Red Peppers Corn Muffin Pineapples	9 Beef Barley Soup Beef Stroganoff Buttered Noodles Brussel Sprouts Rye Bread Fresh Fruit	10 Tomato Orzo Soup Fish Sticks Sweet Potato Fries Peas & Onions Rye Bread Fruit Cup	11 ALL CENTERS CLOSED VETERAN'S DAY HOLIDAY
14 Tossed Salad Veggie Nuggets Potato Wedges Tuscany Vegetable Wheat Bread Pudding	15 Grape Juice Pork Chop with Apple Baked Yams Zucchini Rye Bread Ice Cream	16 Black Bean & Corn Salsa Sausage Onion & Pepper Hoagie Potatoes O'Brien Baked Beans Fruited Jell-O	17 Cranberry juice Roast Turkey, Stuffing, Mashed Potatoes & Gravy Green Beans Pie	18 Minestrone Soup Chicken Cordon Bleu Rice Medley Broccoli Wheat Bread Fresh Fruit
21 Chicken & Rice Soup BBQ Chicken Red Potatoes/ Parsley Carrots Rye Bread Jell-O	22 Spring Mix Salad Meatloaf & Gravy Mashed Potatoes Succotash Wheat bread Fresh fruit	23 Cole Slaw Vegetable Lasagna Zucchini Italian Bread Banana Cake	24 ALL CENTERS CLOSED THANKSGIVING HOLIDAY	25 ALL CENTERS CLOSED THANKSGIVING HOLIDAY
28 Tossed Salad Stuffed Shells Tomato Sauce Peas Wheat Bread Apple Sauce	29 Split Pea Soup Tuna Salad Hoagie Lett/Tom/Onion Potato Salad Fruit Crisp	30 Cottage Cheese French Toast Strips Sausage Patty Apple Compote Blueberry Muffin		

Seniors Are Our First Priority



Sponsored by Pike County Area Agency on Aging
Top of the World Restaurant at Saw Creek Estates
148 Cambridge Ct, Bushkill PA 18324
MONDAYS 9:00 am to 3:00 pm

9:30am Meet & Greet, Socializing, Tea and Coffee
11:30 to 12 noon Lunch; Light Menu



All registration through
Pike County Area Agency
on Aging only Please call
570-775-5550

11/7—Exercise with Lana
11/14—Cards & Games
11/21— Cards & Games
11/28—Bingo & Birthday Celebration

*You do not need to be a resident of
Saw Creek Estates to participate*

Suggested Lunch
Donation
\$2.50

CENTER WITHOUT WALLS

Mondays at Saw Creek Estates



Sponsored by Pike County Area Agency on Aging
Pocono Mountain Lake Estates
Memorial Hall
2095 Milford Rd, Bushkill PA 18324
TUESDAYS 9:30 am to 2:00 pm



All registration through
Pike County Area Agency
on Aging only
Please call 570-775-5550

11/1-Cards & Games, Exercise & Swim 11-12
11/8-Bingocize @ 12:30
11/15-Cards & Games, Exercise & Swim 11-12
11/22- Cards & Games, Exercise & Swim 11-12
11/29— Bingo & Birthday Celebration,
Exercise & Swim 11-12

*You do not need to be a resident of
Pocono Mountain Lake
Estates to participate*

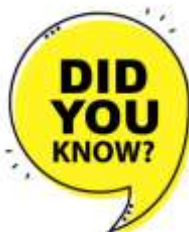
Suggested Lunch
Donation
\$2.50

CENTER WITHOUT WALLS

Tuesdays At Pocono Mountain Lake Estates

Richards Tips

Seniors 75 and older, if
requested, can be exempt forever
from receiving a jury selection
summons for jury duty by calling
Heather @ 570-296-7001
at the county
administration office





Lackawaxen/Shohola Township 9 am to 2 pm 570-685-7808

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 CLOSED	2 Cards & Games Exercise Lunch @ 11:45	3 Cards, games & bingo Lunch @ 11:45	4 CLOSED
7 CLOSED	8 CLOSED	9 Cards & Games Exercise Lunch @ 11:45	10 Cards, games & bingo Lunch @ 11:45	11 CLOSED
14 CLOSED	15 CLOSED	16 Cards & Games Exercise Lunch @ 11:45	17 Cards, games & bingo Lunch @ 11:45 <i>Birthday Celebration</i>	18 CLOSED
21 CLOSED	22 CLOSED	23 Cards & Games Exercise Lunch @ 11:45 <i>Birthday Celebration</i>	24 CLOSED FOR THANKSGIVING HOLIDAY	25 CLOSED
28 CLOSED	29 CLOSED	30 Cards & Games Exercise Lunch @ 11:45 <i>Birthday Celebration</i>		



Eastern Pike Center @ Matamoras 9am-2pm 570-775-5550

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 CLOSED				
14 CLOSED				
21 CLOSED				
28 CLOSED	29			

Outing
Costa's Golf



Jewelry Making



Happy Birthday Pat, Carol, Bob, Nancy & Pat

EVENTS and PROGRAMS

Loaves to Fishes Food Pantry
Paupack Methodist Church, Route 507
570-857-1141 Serves Palmyra Twp.
1st Friday of month 9:30am - 11:00am

Hemlock Farms Food Pantry
98 Willow Drive, Hawley PA
The 3rd Monday of the month
4pm - 6:30pm
Registration is a must prior to distribution
Please register by calling 570-775-6787

Pike County Food Pantry
Dreher Township Building
899 Main St. Newfoundland, Pa
570-676-4066 Serves Greene Twp.
3rd Thursday of the month 12pm - 2pm
Pre-registration is required

Good News Good Cheer Food Pantry
St. Luke's Lutheran Church
Rt 590, Greeley PA 18425
570-226-3966
1st Sunday of the month 10:30 am- 11:30 am
Proof of residency and photo ID required

Agape Food Pantry
300 Avenue H, Matamoras PA
845-772-0218
Every Tuesday 5pm - 6pm

Lake Region IGA
570-226-6000 extension 10 (you must order between 7 am & 9:30 am on Tuesdays).
They deliver same day, by 1:30 PM.
There is a \$9.95 delivery charge.
Now offering online shopping
www.lakeregioniga.com
Delivery is \$4.95
Picking fee plus \$6.95 delivery fee
In store pickup is \$5.95

Dutch's Market
570-676-3373
Curbside pick up only
dutchsdelivery@gmail.com

Dave's Super Duper 570-251-9530
Deliveries on Wednesdays only.
superduper9530@yahoo.com

Shoprite delivers (\$10 internet fee & \$6.95 delivery fee)
shop at www.shoprite.com

Growing Lackawaxen Care Cabin
169 Urban Rd, Hawley 570-685-2273
4th Saturday of the month 8am - 11am
Proof of residency required
Declaration of need form to be filled out

Holy Trinity Food Pantry
103 Delaware Crest, Dingmans Ferry
570-828-7411
Help available Tuesday, Wednesday & Thursday from 9am-1pm every week by appointment only.
Please call 24-48 hours ahead

Lords Valley Community Church / Hands of Hope Pike County
707 Rt 739, Suite 3, Lords Valley
570-775-3777

2nd Thursday of the month
3pm-5pm
Pre-packaged and placed into car



Ecumenical Food Pantry
321 5th St., Milford
570-618-1568
Fridays: 12pm - 1pm
Fridays: 6:30pm - 7:30pm
Eligibility is based on income
Photo ID & verification of address required

St. Ann's Bridge Point Food Pantry
125 Richardson Ave., Shohola, PA
570-832-4275
1st & 3rd Thursday of the month 9am-12pm
Registration is at pickup

Bushkill Outreach Food Pantry
168 Lehman Park Rd, Bushkill, PA
570-588-0660
Tuesday, Wednesday, Thursday 9am-12pm
Every week except the 5th of the month

Blooming Grove Food Pantry
St. John Neumann / Good Shepherd Church
705 Route 739, Lords Valley
570-775-6791
3rd Thursday of the month 9:30am - 11am
Pre-registration is required
Do not bring children and wear a mask

First Presbyterian Church of Hawley
815 Church St, Hawley PA 570-226-4835
2nd & 4th Saturday of the month 11:30am

Senior Law Center

Senior Law Center protects the legal rights & interests of Seniors in Pennsylvania through legal services, referral services and advocacy. Call the Senior Law helpline if you need assistance at: 877-727-7529

Pike County Area Agency on Aging
150 Pike County Blvd.
Hawley, PA 18428
570-775-5550

Non-Profit mailer



DO NOT CALL REGISTRY

If you want to stop those nagging calls from solicitors you can place your phone number on the Do Not call registry by calling:
1-888-382-1222 and
1-888-777-3406 or go on line to: www.donotcall.gov

To renew subscription, clip out mailing label and send it in with the \$5 yearly fee. If you have email, just send your email address to: kdantuono@pikepa.org, and get your newsletter sent right to your email address for **FREE**—Save time and money!
www.pikeaaa.org

Where to Find Information About the Medicare Plans Available in your County:

- * Medicare & You 2022 Handbook
- * www.medicare.gov Call the PA MEDI Helpline at: 1-800-783-7067
- * Call Medicare at: 1-800-633-4227 (Phone) or 1-877-486-2048 (TTY)
- * Or call us at: 570-775-5550 x 1313 for an appointment to assist you

Pike County Area Agency on Aging

Executive Director - Robin S. Skibber - email: rskibber@pikepa.org

Protective Services & Options Supervisor - Robin Soares - email: rsoares@pikepa.org

Aging Care Supervisor/PA LINK Coord. Monroe/Pike/Wayne – Joan Edel - email: jedel@pikepa.org

Nutrition Site Managers - Cherie Bland, Emily DeLeeuw, Galina Grishina & David Zlasney

Activity & Program Director & Health & Wellness Coordinator - Lana Romeo-email: lromeo@pikepa.org

Blooming Grove Center-150 Pike County Blvd., Hawley, PA 18428

(Phone: 570-775-5550 or 1-800-233-8911 Fax: 570-775-5558)

Office / Center: Monday through Friday - 8am to 4pm

Lackawaxen/Shohola Township Center-Lackawaxen Fire Dept., Beisel Beck Rd. & Rte. 590, Lackawaxen, PA 18435.

Wednesday and Thursday 9 am to 2 pm (Phone: 570-685-7808)

Eastern Pike Center @ Matamoras-Matamoras Fire House, 506 Avenue Q, Matamoras, PA 18336

(Phone: 570-775-5550)

Wednesday and Friday 9 am to 2 pm

ELDER ABUSE REPORTING NUMBER 1-800-233-8911

Advisory Council

Chairperson: *Patricia Crane

* Alicia Bonadonna * Cordell Bowman * Jeanne Carlstedt

* Laura Guccini-Engle * Kathie Joseph * Leatrice Langer * Barbara Leary * Linda Leyh

* Monica McVitie * Mary Little * Barbara Shevlin * Sue Siska * Rita Tepperman * Lori VanSlot *

Pike County Commissioners * Matt Osterberg * Ronald Schmalzle * Tony Waldron

Pike County Transportation Hours 7:30am—4:00pm Phone 570-296-3408 Fax 570-296-3409

Toll Free: 1-866-681-4947 STATUS LINE: 570-296-1959

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