



2022

Pike County Area Agency on Aging

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Farmer's Market Dates

Friday, 10/14 **call 570-775-5550 for location**

Thursday, 10/27 @ Blooming
Grove Center

11:00 am to 1:00 pm or until
produce runs out.

If you don't have vouchers, you
can use cash or credit cards

Please remember that you **must**
use your vouchers by November
30th



Lackawaxen/Shohola Twp.
Senior Center
Lackawaxen, PA

Thursday, October 13th
Time: 10:00 a.m.
Lunch: 11:30 a.m.
Price: \$3.00

Salad
Jager Schnitzel with brown sauce
(Chicken, Peppers & Mushrooms)
Noodles
Red Cabbage
Rye Bread
Dessert
Coffee, Tea & Apple Cider

Catered by: RYAN'S DELI

Reservations REQUIRED
Please Call 570-775-5550

SAVE THE DATE

Red, White & Blue

THANKSGIVING

Friday, November 18th
Matamoras Senior Center

Wednesday
10/19/2022
10:00 am
sharp

\$200



Matamoras
Fire
Route Q
Matamoras PA

UNDER CONSTRUCTION!

Please call 570-775-5550 for reservations
and/or updated location information

Greetings & Welcome to Fall

The air is crisper, the days are shorter, and the nights are colder. Must be fall. The changing colors and need for blankets is a bittersweet time of year. Often it signals a need for fuel oil or a load of firewood.

See LIHeap eligibilities for 2022-2023 below or go on COMPASS.state.pa.us

The garden is wrapping up and I still have green tomatoes in it!! Strange year for sure. We were fortunate to have a local farmer come and provide their produce for our pop-up farmer's markets. The vouchers from USDA are good to use until November 30, 2022. September 28th was the White House Conference on Hunger, Nutrition, and Health. This conference will potentially put the proper priority to the unique and real nutritional needs of older adults. This means working for increased funding and full access for all to better quality food, especially in programs funded by the federal government.

On September 17th we hosted the 30+ year anniversary gala for Pike County AAA. The night was filled with nostalgia, music, great food, and entertainment. We are working to capture the immense amount of memorabilia from over the years and preserve in digital and video form. Look for annual revisits to this great program as we pay homage to all of those who made aging services grow and continue in Pike County. As a thank you, Congressman Matt Cartwright provided a beautiful letter: Page 8

We are working with Diakon Services for a PA Medi counselor and or support for Open Enrollment this year. Stay tuned as we update the information as soon as possible.
Medicare #: 1-800-MEDICARE (1-800-633-4227)

NEWS FLASH: ✂

Eastern Pike Center will continue to be closed for ongoing renovations.
Look for the new and improved center to open in November
Updates will be made as necessary, thank you for your patience.



Pike County PA MEDI (Medicare Education & Decision Insight) will be assisting county residents in navigating Medicare's Annual Open Enrollment period. Counseling will be available in-person and via telephone. Individuals may call 570-775-5550 ext. 1313 or 570-624-3027 to schedule an appointment. Medicare's Annual Open Enrollment runs from October 15 – December 7, 2022.

Karen J Wood
Executive Director
Diakon Community Services
118 S. Centre St.
Pottsville, PA 17901
(570) 624-3027



Jewelry



Class

You are cordially invited to our Jewelry Class. Tuesday, Oct 18, 2022, at our Blooming Grove Center 10:00 to 11:30. Classes are free. Your instructor is Sybil Allen. You can learn to make beautiful things to enjoy or give as gifts. Don't forget the holidays are coming. Sybil said we can learn and listen to great music. Come and join in the fun. Please call Lana 570-775-5550 ext.1317 for reservations. Also register for a heart healthy lunch for a donation of \$2.50.

IMPORTANT DATES TO REMEMBER

November 2022 Pennsylvania General Election

OCT
24

Last day to **REGISTER** to vote for the General Election.

NOV
01

Last day to apply for a **MAIL-IN OR ABSENTEE BALLOT.**

NOV
08

General Election Day in Pennsylvania.
GET OUT AND VOTE!

THE GENERAL ELECTION IS TUESDAY, NOV. 8, 2022.

Polls are open from 7:00 a.m. to 8:00 p.m.

Once you replace
negative thoughts with
positive ones, you'll
start having positive
results.

Willie Nelson

BruaryQuote

Pop Up

Farmer's Market

11:00am to 1:00pm or until product runs out

**Friday, 10/14 Matamoras
Thursday, 10/27 Blooming Grove**

**If you do not have any more vouchers,
you can use cash or credit card.**



Bereavement Support Group — Starting Monday, October 10th, the first of six weekly sessions, concluding on November 14th, sponsored by St. Vincent de Paul Parish in Milford and St. John Neumann Parish in Hawley; group meets on Monday afternoon from 2:00 to 3:30 p.m. in the St. John's parish hall, 705 Route 739. Bereavement support sessions address topics dealing with the grief process to aid in healing. All suffering the loss of a loved one are welcome; **registration is required** as group size is limited. You may register at stvgriefgroup@att.net or call the parish office at 570-686-4545.

Halloween Costume Party

Please dress in costume for our Halloween costume parties to be held:

Blooming Grove, Thursday 10/27

Lackawaxen, Thursday 10/27

PMLE Tuesday, 10/25

Saw Creek, Monday 10/31

Matamoras (to be determined)

Prizes, fun, games and more
Call 570-775-5550 for reservations



2022 Blooming Grove Activities



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Medical Transport	4 Arts & Crafts <i>Chess after lunch</i> <i>Bigger Shopping Dingmans & Shohola</i>	5 Cards Dominoes, Rummikube <i>Bigger Shopping Mil/Mat</i>	6 <i>Bigger Shopping Promised Land</i>	7 Arts & Crafts Cards
10 ALL CENTERS CLOSED COLUMBUS DAY HOLIDAY	11 Arts & Crafts <i>Chess after lunch</i>	12 Cards Dominoes, Rummikube	13 <i>OCTOBERFEST AT LACKAWAXEN SENIOR CENTER</i>	14 Arts & Crafts Cards
17 Medical Transport	18 Arts & Crafts <i>Jewelry Making Class</i> <i>Chess after lunch</i>	19 Cards Dominoes, Rummikube	20 Bingo <i>Speaker on Stroke Prevention</i>	21 Arts & Crafts Cards
24 Medical Transport	25 Arts & Crafts <i>Chess after lunch</i>	26 Cards Dominoes, Rummikube	27 Bingo <i>Pop Up Farmer's Market @ 11:00</i> <i>Celebrate Birthdays</i> <i>Halloween Costume Party</i>	28 Arts & Crafts Cards
31 Medical Transport				

Please join us for Stroke Prevention Presentations

The symptoms, risk factors and prevention



Saw Creek 10/3 @ 11:30

Lackawaxen 10/6

PMLE 10/11

Matamoras to be determined

Please call 5700-775-5550
for reservations



2022

MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Broccoli/Chick Pea Salad Stuffed Shells & Sauce Peas Dinner Roll Jell-O	4 Apple Juice Ham, Macaroni & Cheese Bake Stewed Tomatoes Wheat Bread Fresh Fruit	5 Cream of Tomato Soup Fish Sticks Tator Tots Glazed Carrots Rye Bread Pears	6 Cottage Cheese & Fruit Cheese Omelet Sausage Home Fries Blueberry Muffin Fruit Salad	7 Cole Slaw Chicken BBQ Herbed Rice Baked Beans Broccoli Rye Bread Jell-O
10 CLOSED FOR COLUMBUS DAY HOLIDAY	11 Spinach Salad Baked Manicotti & Tomato Sauce Peas & Onions Italian Bread Fruit Cocktail	12 Tossed Salad Sausage, Peppers & Onions on Hoagie Buttered Noodles Fresh Fruit	13 Salad Jager Schnitzel Noodles Red Cabbage Rye Bread Dessert 	14 Carrot/ Raisin Salad Beef Stew Potatoes & Vegetables Peas Biscuit Mandarin Oranges
17 Red Cabbage Slaw Teriyaki Meatballs Stir Fried Vegetables Rice Wheat Bread Fresh Fruit	18 Split Pea Soup Chef Salad (turkey, ham, cheese, lettuce & Tomato) Potato Salad Dinner Roll Pudding	19 Cucumber Salad Chicken Parmesan Tomato Sauce Pasta Italian Green Beans Wheat Bread Cookies	20 Chicken & Rice Soup Beef Stroganoff Noodles Spinach Rye Bread Melon	21 Apple Juice Stuffed Shells Mashed Potatoes Corn Rye Bread Pineapples
24 Beef Barley Soup Pierogis' & Sour Cream Onions, Peppers Corn Rye Bread Apple Sauce	25 Three Bean Salad Hot Dog (s) Bun Baked Beans Potato Puffs Oatmeal Fruit Crisp	26 Italian Wedding Soup Baked Fish Rice Medley Squash Rye Bread Pears	27 Tossed Salad Meat Lasagna Carrots Dinner Roll Fresh Fruit	28 Corn & Black Bean Salsa Chicken & Rice (Arroz Con Pollo) Peas Wheat Bread Peaches
31 Orange Juice Stuffed Peppers Mashed Potatoes Succotash Wheat Bread Chocolate Cake	<div data-bbox="386 1518 1539 1953" data-label="Complex-Block">  <p>Please remember if you receive home delivered meals there is a suggested donation amount of \$3.00 per person, per meal.</p>  </div>			

Seniors Are Our First Priority



Sponsored by Pike County Area Agency on Aging
Top of the World Restaurant at Saw Creek Estates
148 Cambridge Ct, Bushkill PA 18324
MONDAYS 9:00 am to 3:00 pm

9:30am Meet & Greet, Socializing, Tea and Coffee
11:30 to 12 noon Lunch; Light Menu



All registration through
Pike County Area Agency
on Aging only

10/3— Stroke Prevention Speaker @ 11:30
10/3—Exercise with Lana
10/10— CLOSED FOR COLUMBUS DAY HOLIDAY
10/17— Cards & Games
10/24— Bingo & Birthday Celebration
10/31—Halloween Party

Please call 570-775-5550

*You do not need to be a resident of
Saw Creek Estates to participate*

Suggested Lunch
Donation
\$2.50

CENTER WITHOUT WALLS

Mondays at Saw Creek Estates



Sponsored by Pike County Area Agency on Aging
Pocono Mountain Lake Estates
Memorial Hall
2095 Milford Rd, Bushkill PA 18324
TUESDAYS 9:30 am to 2:00 pm



All registration through
Pike County Area Agency
on Aging only

10/4-Cards & Games
10/11—Stroke Prevention Speaker @ 11:30
10/11-Cards & Games
10/18-Bingocize @ 12:30
10/25- Bingo & Birthday Celebration
10/25—Halloween Costume Party

*You do not need to be a resident of
Pocono Mountain Lake
Estates to participate*

Suggested Lunch
Donation
\$2.50

CENTER WITHOUT WALLS

Tuesdays At Pocono Mountain Lake Estates

If you are covering the cost of a COVID-19 funeral, FEMA may be able to help.
You may qualify for up to \$9,000 per funeral for expenses.

Have Questions?

Call 844-684-6333

Monday-Friday

9 a.m. to 9 p.m. Eastern Time

Multilingual services are available.

If you use a relay service, please provide FEMA with the specific number assigned to you for the service so we can follow up with you about your application.



Lackawaxen/Shohola Township 9 am to 2 pm 570-685-7808

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CLOSED	4 CLOSED	5 Cards & Games Exercise Lunch @ 11:45		6 Cards, games & bingo Lunch @ 11:45 <i>Stroke Prevention Speaker @ 12:00</i>	7 CLOSED
10 CLOSED	11 CLOSED	12 Cards & Games Exercise Lunch @ 11:45		13 	14 CLOSED
17 CLOSED	18 CLOSED	19 Cards & Games Exercise Lunch @ 11:45		20 Cards, games & bingo Lunch @ 11:45	21 CLOSED
24 CLOSED	25 CLOSED	26 Cards & Games Exercise Lunch @ 11:45 <i>Birthday Celebration</i>		27 Cards, games & bingo Lunch @ 11:45 <i>Birthday Celebration Halloween Costume Party</i>	28 CLOSED
31 CLOSED	<div>Please contact our office 570-775-5550 often to check on reopening information for the Eastern Pike Center @ Matamoras</div>				



Eastern Pike Center @ Matamoras 9am-2pm 570-775-5550

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CLOSED		5 Cards Bingo Lunch	6 CLOSED	7 Lunch Exercise
10				11 - 1
17 CLOSED	18 CLOSED			19 Reopening
31 CLOSED				30 Halloween

MATT CARTWRIGHT
8TH DISTRICT, PENNSYLVANIA

COMMITTEE ON APPROPRIATIONS

CHAIR
COMMERCE, JUSTICE, SCIENCE

VICE CHAIR
FINANCIAL SERVICES AND GENERAL
GOV'T.

INTERIOR AND ENVIRONMENT

DEM. POLICY AND COMMUNICATIONS
COMMITTEE CO-CHAIR

Congress of the United States
House of Representatives
2102 Rayburn House Office Building
Washington, DC 20515

226 Wyoming Avenue
Scranton, PA 18503
(570) 341-1050

20 North Pennsylvania Ave, Suite 213
Wilkes-Barre, PA 18711
(570) 371-0317

1 South Church Street, Suite 100
Hazleton, PA 18201
(570) 751-0050

2959 Route 611, Suite 105
Tannersville, PA 18372
(570) 355-1818

8 Silk Mill Drive, Suite 213
Hawley, PA 18428
(570) 576-8005

September 17, 2022

Robin Skibber, RDN, LDN
Executive Director
Pike County Area Agency on Aging
150 Pike County Boulevard
Lords Valley, PA 18428

Dear Ms. Skibber:

I am honored to join you in celebrating 30 plus years of the Pike County Area Agency. For more than three decades, your organization has been an invaluable resource for Pike County residents over 60, and I know I join the entire community in expressing my thanks and gratitude for the work you and your staff do to support the needs of our seniors.

As you know, seniors are vital members of our communities. They have had the privilege of witnessing remarkable changes during their lifetimes, and their experiences, stories, and memories are invaluable. As we are faced with an increasing aging population, we are also seeing an increased need for resources and programming to aid seniors in staying in their homes and aging with dignity and respect. I admire your willingness to do this important work meeting essential social and emotional needs. Congratulations on this exciting milestone and thank you for your tireless efforts to uphold the mission of the Pike County Area Agency on Aging and for championing our society's elders. It is an honor to work alongside you to serve our fellow citizens. Know that I stand with you, grateful for your unyielding commitment to this essential work. I wish you all the best as you continue to provide Pike County seniors with the services they need to thrive.

Sincerely,

Matthew A Cartwright

Matt Cartwright
Member of Congress



Happy July Birthday Ethan



Happy July Birthday
Char, Doris & Kevin



Happy August Birthday
Ashley & Jackie



Richard and Rick playing
chess in Blooming Grove



Field Trip to PEEC



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Many consumers participated and benefitted from our Elder Justice Day Presentation.

Water Assistance Program/LIHWAP
Applications are now being accepted for the Low-Income
Household Water Assistance Program

The Low-Income Household Water Assistance Program (LIHWAP) is a temporary emergency program to help low-income families pay overdue water bills. LIHWAP is a grant.

You do not have to repay it.

 **KNIGHTS OF COLUMBUS**
 Council 12571 *Halloween*
FOOD FOR FAMILIES & FRIENDS PROGRAM
TAKE OUT DINNERS
MUST CALL IN FOR RESERVATION



Meatloaf Dinner
Sun., Oct. 2 1:30-3:00

St. John's Parking Lot
705 Rt. 739 Lords Valley, PA



Pasta & Meatball Dinner

Sun. Oct. 9 1:30 -3:00



St. Ann's Parking Lot
123 Richardson Ave. Shohola, PA



All are invited.

Donations are welcomed but not necessary

PLEASE CALL

St. John's 570-775-6791
 Angelo- 570-775-2755

St. Ann's 570-832-4275
 Frank -347-446-9636 or text

ONLY SURROUND
YOURSELF WITH PEOPLE
WHO WILL LIFT YOU
HIGHER

Oprah Winfrey



Pet Program Recipient



Retired & Senior Volunteer Program of
Berks, Pike & Wayne Counties

American Red Cross

Pike County Area Agency on Aging

(Matamoras & Blooming Grove) Senior Center Kitchen & Meal Delivery

Health & Wellness Instructors

Training paid for and provided by Pike County Area Agency on Aging

Pike County Food Pantry
Food Collection/Distribution

Pike County Hands of Hope
Hopeline Volunteers

Bushkill Outreach
Food Collection/Distribution



Dawn Houghtaling, RSVP
Coordinator 570-390-4540
 or Email:
houghtalingd@diakon.org



EVENTS and PROGRAMS

Loaves to Fishes Food Pantry
Paupack Methodist Church, Route 507
570-857-1141 Serves Palmyra Twp.
1st Friday of month 9:30am - 11:00am

Hemlock Farms Food Pantry
98 Willow Drive, Hawley PA
The 3rd Monday of the month
4pm - 6:30pm
Registration is a must prior to distribution
Please register by calling 570-775-6787

Pike County Food Pantry
Dreher Township Building
899 Main St. Newfoundland, Pa
570-676-4066 Serves Greene Twp.
3rd Thursday of the month 12pm - 2pm
Pre-registration is required

Good News Good Cheer Food Pantry
St. Luke's Lutheran Church
Rt 590, Greeley PA 18425
570-226-3966
1st Sunday of the month 10:30 am- 11:30 am
Proof of residency and photo ID required

Agape Food Pantry
300 Avenue H, Matamoras PA
845-772-0218
Every Tuesday 5pm - 6pm

Lake Region IGA
570-226-6000 extension 10 (you must order between 7 am & 9:30 am on Tuesdays).
They deliver same day, by 1:30 PM.
There is a \$9.95 delivery charge.
Now offering online shopping
www.lakeregioniga.com
Delivery is \$4.95
Picking fee plus \$6.95 delivery fee
In store pickup is \$5.95

Dutch's Market
570-676-3373
Curbside pick up only
dutchsdelivery@gmail.com

Dave's Super Duper 570-251-9530
Deliveries on Wednesdays only.
superduper9530@yahoo.com

Shoprite delivers (\$10 internet fee & \$6.95 delivery fee)
shop at www.shoprite.com


Growing Lackawaxen Care Cabin
169 Urban Rd, Hawley 570-685-2273
4th Saturday of the month 8am - 11am
Proof of residency required
Declaration of need form to be filled out

Holy Trinity Food Pantry
103 Delaware Crest, Dingmans Ferry
570-828-7411
3rd Monday of the month 4pm-6:30pm
Help available Monday, Wednesday-Friday from 9am-1pm every week by appointment only. Please call 24-48 hours ahead

Lords Valley Community Church / Hands of Hope Pike County
707 Rt 739, Suite 3, Lords Valley
570-775-3777

2nd Thursday of the month
3pm-5pm
Pre-packaged and placed into car



 **Ecumenical Food Pantry**
321 5th St., Milford
570-618-1568
Fridays: 12pm - 1pm
Fridays: 6:30pm - 7:30pm
Eligibility is based on income
Photo ID & verification of address required

St. Ann's Bridge Point Food Pantry
125 Richardson Ave., Shohola, PA
570-832-4275
1st & 3rd Thursday of the month 9am-12pm
Registration is at pickup

Bushkill Outreach Food Pantry
168 Lehman Park Rd, Bushkill, PA
570-588-0660
Tuesday, Wednesday, Thursday 9am-12pm
Every week except the 5th of the every month

Blooming Grove Food Pantry
St. John Neumann / Good Shepherd Church
705 Route 739, Lords Valley
570-775-6791
3rd Thursday of the month 9:30am - 11am
Pre-registration is required
Do not bring children and wear a mask

First Presbyterian Church of Hawley
815 Church St, Hawley PA 570-226-4835
2nd & 4th Saturday of the month 11:30am

Senior Law Center

Senior Law Center protects the legal rights & interests of Seniors in Pennsylvania through legal services, referral services and advocacy. Call the Senior Law helpline if you need assistance at: 877-727-7529

Pike County Area Agency on Aging
150 Pike County Blvd.
Hawley, PA 18428
570-775-5550

Non-Profit mailer



DO NOT CALL REGISTRY

If you want to stop those nagging calls from solicitors you can place your phone number on the Do Not call registry by calling:
1-888-382-1222 and
1-888-777-3406 or go on line to: www.donotcall.gov

To renew subscription, clip out mailing label and send it in with the \$5 yearly fee. If you have email, just send your email address to: kdantuono@pikepa.org, and get your newsletter sent right to your email address for **FREE**—Save time and money!
www.pikeaaa.org

Where to Find Information About the Medicare Plans Available in your County:

- * Medicare & You 2022 Handbook
- * www.medicare.gov Call the PA MEDI Helpline at: 1-800-783-7067
- * Call Medicare at: 1-800-633-4227 (Phone) or 1-877-486-2048 (TTY)
- * Or call us at: 570-775-5550 x 1313 for an appointment to assist you

Pike County Area Agency on Aging

Executive Director - Robin S. Skibber - email: rskibber@pikepa.org

Protective Services & Options Supervisor - Robin Soares - email: rsoares@pikepa.org

Aging Care Supervisor/PA LINK Coord. Monroe/Pike/Wayne – Joan Edel - email: jedel@pikepa.org

Nutrition Site Managers - Cherie Bland, Emily DeLeeuw, Galina Grishina & David Zlasney

Activity & Program Director & Health & Wellness Coordinator - Lana Romeo-email: lromeo@pikepa.org

Blooming Grove Center-150 Pike County Blvd., Hawley, PA 18428

(Phone: 570-775-5550 or 1-800-233-8911 Fax: 570-775-5558)

Office / Center: Monday through Friday - 8am to 4pm

Lackawaxen/Shohola Township Center-Lackawaxen Fire Dept., Beisel Beck Rd. & Rte. 590, Lackawaxen, PA 18435.

Wednesday and Thursday 9 am to 2 pm (Phone: 570-685-7808)

Eastern Pike Center @ Matamoras-Matamoras Fire House, 506 Avenue Q, Matamoras, PA 18336

(Phone: 570-775-5550)

Wednesday and Friday 9 am to 2 pm

ELDER ABUSE REPORTING NUMBER 1-800-233-8911

Advisory Council

Chairperson: *Patricia Crane

* Alicia Bonadonna * Cordell Bowman * Jeanne Carlstedt

* Laura Guccini-Engle * Kathie Joseph * Leatrice Langer * Barbara Leary * Linda Leyh

* Monica McVitie * Mary Little * Barbara Shevlin * Sue Siska * Rita Tepperman * Lori VanSlot *

Pike County Commissioners * Matt Osterberg * Ronald Schmalzle * Tony Waldron

Pike County Transportation Hours 7:30am—4:00pm Phone 570-296-3408 Fax 570-296-3409

Toll Free: 1-866-681-4947 STATUS LINE: 570-296-1959

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