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Get \$24 to spend on fruits and vegetables grown in PA
 1 person \$25,142
 2 people \$33,874

Must turn 60 years old by December 31, 2022
 Vouchers can only be issued one time per program year.

Farmer's Market Dates
 11:00 am to 1:00 pm

Farmer's Market Dates

9/9 @ Matamoras Fire House
 9/22 @ Blooming Grove Center
 10/14 @ Matamoras Fire House
 10/27 @ Blooming Grove Center

All dates & locations are from 11:00am to 1:00pm or until produce runs out.

JOIN THE PIKE COUNTY AREA AGENCY ON AGING

Saturday SEPT. 17th @ 3 PM

Best Western at Hunts Landing
 120 US 6, Matamoras, PA

Join us in celebrating 30+ years with friends, entertainment, food and more.

Everyone is welcome!

\$65 per person.

Hors d'oeuvres and cash bar starts at 3 pm
Entertainment by Broadway Equity Star Cheryl Alexander, Pianist Lennie James, and Rock & Roll Hall of Famer Ron Richardson

Dinner starts at 4 pm

Enjoy a cocktail hour featuring:

Spanakopita

Chicken Satay with Peanut Drizzle

Mini Cheese & Potato Pierogis/Sour Cream

Tomato Bruschetta

Followed by dinner with a choice of:

Sliced Bistro Steak Au Poivre

Chicken Florentine

Mustard Crusted Salmon with Dill Cream Sauce

Grilled Veggie Tower with Filetto Tomato Sauce

*All served with Rice Pilaf and Seasonal Vegetables accompanied with a Bread Basket and Mixed Green Salad

Enjoy a Table of Decadent Desserts

Please make checks payable to Pike County Area Agency On Aging and mail to 150 Pike County Blvd., Hawley, PA 18428

Please call 570-775-5550 for reservations Kathy or Lana

Costa's Mini Golf Tournament



Tuesday, September 13, 2022 9:30 am

Golf: \$3.00 the agency will pay the difference.
Lunch: \$6.00 Choices Cheeseburger, Hamburger, Hot Dog, Chicken Tenders or Grilled Cheese Served with French Fries and 16 oz. Soft Drink or 10 oz. Coffee

\$2.00 extra for ice cream

Reservations Required:
Call Kathy or Lana 570-775-5550

September is a beautiful month

Unless you are in school/college, then it can mean some anxiety, sadness (for the end of summer free time) or excitement to return to friends and activities. To keep everyone's anxiety level under control there are a number of events in our area this month. The Department of Aging and our Mental Health providers are gathering on September 15th and 16th for an Older Adult Behavioral Health Strategic Planning Summit at Kalahari Resort in Pocono Manor. See below.

I am very excited to celebrate all things related to aging services in Pike County. From the early days in Lackawaxen when there was only a couple people who wanted to cook and help people get to the doctors to the growth of the programs with the passing of the Older American's Act in 1965. People like Alma Brown Keller who started the senior center and Jack Barry one of the early transportation managers to Laura Guccini-Engle, Andrea Whyte and Linda Peifer who worked with the Pennsylvania Department of Aging and brought funding from the PA Lottery to help our older adults.



Wayne/Pike Suicide Prevention & Remembrance Walk

Wallenpaupack Area High School Route 6 – Hawley, PA

SATURDAY SEPTEMBER 17, 2022

Share the Journey Registration begins at 10AM

Program starts at 11AM – walk following the program

\$10 donation includes tote bags while they last

Refreshments and give-a-ways & Basket Raffles

Please direct any questions to
John Nebzydoski 570-253-9200 or
JoAnna Van Tine 862-210-0029



September is Suicide Prevention Awareness Month —a time to raise awareness of this stigmatized, and often taboo, topic. We use this month to shift public perception, spread hope and share vital information to people affected by suicide. Our goal is ensuring that individuals, friends and families have access to the resources they need to discuss suicide prevention and to seek help.



You can also text **NAMI** to **741-741** to be connected to a free, trained crisis counselor on the Crisis Text Line.



Probiotic vs Prebiotic

Probiotics contain live organisms. They are healthy microorganisms that can be consumed as foods or supplements. In fact, the most common foods that is sold in the market are yogurt, kimchi, kombucha, cottage cheese, miso, parmesan cheese, apple-cider vinegar and more. They are fermented foods and fermentation is one of the oldest techniques for food preservation. This process not only preserves the food, but also promotes beneficial enzymes, b vitamins and omega 3 acids. However, it is important to note that not all fermented food contains probiotics. For example, not all pickles contain probiotics. It is important to observe if the product is naturally fermented pickle and no vinegar and sugar are added.

On the other hand, prebiotics are plant based fibers they help stimulate the growth of healthy bacteria in the gut. In other words, they stimulate the growth of probiotics. Examples of foods high in prebiotics are wheat, onions, leeks, jicama and potatoes. Similar to probiotics, not all foods high in fibers have prebiotics and it is your option to choose certain type of foods listed above. There is not an official recommended guideline on how much prebiotics should be eaten; however, studies suggest that eating 3 to 5 grams of prebiotics a day can benefit health in your gut (Brennnan 1)

Brennan, D. (2020, November 5). *8 foods high in prebiotics and why you need them*. WebMD. Retrieved August 17, 2022, from <https://www.webmd.com/diet/foods-high-in-prebiotic#1>



Nutrition Gut Health Series: The difference between probiotics and prebiotics. Home Base. (2021, June 3). Retrieved August 17, 2022, from <https://homebase.org/nutrition-gut-health-series-the-difference-between-probiotics-and-prebiotics/>

Written by: Moonjo Kim, Marywood University Dietetic Intern

National Hispanic Heritage Month traditionally honors the cultures and contributions of both Hispanic and Latino Americans as we celebrate heritage rooted in all Latin American Signed into law in 1968 by President Johnson.

¡Pleibol! In the Barrios and the Big Leagues

Baseball is the national pastime. But it's also an American export, one with a tradition that's constantly evolving. *¡Pleibol!* shares the experiences of Latinas and Latinos whose love for the game and incredible talent have changed baseball and transformed American culture forever.

Throughout the last century, Latinas and Latinos have used baseball to chase their dreams, challenge prejudice, and build communities. Whether in the barrios or the big leagues, in rural backyards or barn-storming travel teams, they left a mark on how we see, hear, and play the game

Hispanic Heritage Month heritage began as Hispanic Heritage Week. Hispanic Week was established by legislation sponsored by Rep. [Edward R. Roybal](#) of Los Angeles and was signed into law by President [Lyndon Johnson](#) in 1968. In 1988, the commemorative week was expanded to a month (September 15 to October 15) by legislation sponsored by Rep. [Esteban Edward Torres](#) (D-Pico Rivera), amended by Senator [Paul Simon](#), and signed into law by President [Ronald Reagan](#).^[9] September 15 was chosen as the starting point for the commemoration because it is the anniversary of the [Cry of Dolores](#) (early morning, 16 September 1810), which marked the start of the [Mexican War of Independence](#) and thus resulted (in 1821) in independence for the [New Spain](#) Colony (now [Mexico](#), [Guatemala](#), [El Salvador](#), [Costa Rica](#), [Honduras](#), and [Nicaragua](#)).



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Bingo	2 Arts & Crafts Cards
5 ALL CENTERS CLOSED LABOR DAY HOLIDAY	6 Arts & Crafts <i>Chess after lunch</i>	7 Cards Dominoes, Rummikube	8 Bingo	9 Arts & Crafts Cards
12 Advisory Board Meeting @ 12:30	13 Arts & Crafts <i>Costa's Golf Outing</i> <i>Chess after lunch</i>	14 Cards Dominoes, Rummikube <i>Bigger Shopping Mil/Mat</i>	15 <i>Bigger Shopping Promised Land & Dingmans & Shohola</i>	16 Arts & Crafts Cards
19 Medical Transport	20 Arts & Crafts <i>Chess after lunch</i>	21 Cards Dominoes, Rummikube	22 Bingo <i>Pop Up Farmer's Market @ 11:00</i>	23 Arts & Crafts Cards
26 Medical Transport	27 Arts & Crafts <i>Chess after lunch</i>	28 Cards Dominoes, Rummikube	29 Bingo <i>Celebrate Birthdays</i>	30 Arts & Crafts Cards

\$200

Wednesday
9/21/2022
10:00 am
sharp



Matamoras
Fire House
506 Avenue Q
Matamoras PA

Please call 570-775-5550 for reservations

Help Older Adults Prevent Falls This September

Join us September 18-24, 2022 for Falls Prevention Week, a nationwide effort to raise awareness that falls are preventable. Encourage older adults to be falls free and independent by leveraging NCOA's Falls Prevention Awareness Week Promotion Toolkit.

Are falls a natural part of aging?

Falls are not a natural part of aging, Research shows that you can dramatically lower your risk of falling and serious injury. The first step is protecting yourself and know your risk and sharing this information with your health care provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>  <p>***Friday, September 9th Box Lunch In Matamoras***</p> </div>			1 Broccoli/Chick Pea Salad Stuffed Shells & Sauce Peas Dinner Roll Jell-O	2 Cole Slaw Battered Cod Roasted Potatoes Succotash Dinner Roll Ice Cream
5 ALL CENTERS CLOSED LABOR DAY HOLIDAY	6 Lentil Soup Sausage, Onion & Pepper Hoagie Potatoes O'Brien Baked Beans Fruited Jell-O	7 Tossed Salad BBQ Chicken Rice Pilaf Carrots Rye Bread Fresh Fruit	8 Corn Chowder Chicken Cordon Bleu Orzo & Vegetables Wheat Bread Peaches	9 Apple Juice Beef Stroganoff Buttered Noodles Creamed Spinach Rye Bread Pears <i>**BOX LUNCH IN MATAMORAS**</i>
12 Yogurt Cup French Toast Strips Sausage Patty Apple Compote Bran Muffin Melon	13 Three Bean Salad Herbed Baked Fish Rice Pacific Medley Rye Bread Apple Sauce <i>Costa's Trip</i>	14 Chicken Noodle Soup/Crackers Turkey & Swiss on Roll Lett, Tom, Onions Potato Salad Fresh Fruit	15 Red Cabbage Slaw Meatloaf Gravy Mashed Potatoes Peas & Onions Wheat Bread Pudding	16 Tossed Salad Chicken Breast Parmigiana Marinara Sauce Pasta Broccoli Wheat Bread Pineapples
19 Beef Barley Soup Chicken Caesar Salad (Chicken Strips, Lettuce, Croutons & Dressing) Potato Salad Fruit Cocktail	20 V-8 Juice Chicken Teriyaki Rice Stir Fried Vegetables Wheat Bread Fresh Fruit	21 Cranberry Juice Hot Turkey w/ Gravy Mashed Potatoes Stuffing Peas Apple Cobbler	22 Red Beets & Onions Chili Burger on Bun Roasted Potatoes Corn & Peppers Pudding	23 Carrot Raisin Salad Swedish Meatballs Rotini Green Beans Wheat Bread Ambrosia
26 Orange Juice Lemon Chicken Rice Medley Harvard Beets Rye Bread Fresh Fruit	27 Split Pea Soup Stuffed Cabbage Mashed Potatoes Corn Wheat Bread Ice Cream	28 Tossed Salad Vegetable Lasagna Italian Green Beans Italian Bread Fruited Jell-O	29 Tossed Salad Chicken Fingers Potato Wedges Corn Dinner Roll Pudding	30 Cream of Broccoli Soup Beef Stew w/lots of Vegetables Mashed Potatoes Rye Bread Cookies



Sponsored by Pike County Area Agency on Aging
Top of the World Restaurant at Saw Creek Estates
148 Cambridge Ct, Bushkill PA 18324
MONDAYS 9:00 am to 3:00 pm

9:30am Meet & Greet, Socializing, Tea and Coffee
11:30 to 12 noon Lunch; Light Menu



All registration through
Pike County Area
Agency on Aging only.

9/5—CLOSED FOR LABOR DAY HOLIDAY

9/12— Exercise With Lana

9/19— Cards & Games

9/26— Bingo & Birthday Celebration

Please call 570-775-5550

*You do not need to be a resident of
Saw Creek Estates to participate*

Suggested Lunch
Donation
\$2.50

CENTER WITHOUT WALLS

Mondays at Saw Creek Estates



Sponsored by Pike County Area Agency on Aging
Pocono Mountain Lake Estates
Memorial Hall
2095 Milford Rd, Bushkill PA 18324
TUESDAYS 9:30 am to 2:00 pm

All Registration through
Pike County Area
Agency on Aging only.

PLEASE CALL 570-775-5550

9/6-Cards & Games

9/13-Cards & Games

9/20-Bingocize @ 12:30

9/27- Bingo & Birthday Celebration

*You do not need to be a resident of
Pocono Mountain Lake
Estates to participate*

Suggested Lunch
Donation
\$2.50

CENTER WITHOUT WALLS

Tuesdays At Pocono Mountain Lake Estates

MARK YOUR CALENDAR!

**Thursday, October 13th
Octoberfest
Lackawaxen Senior Center**

Join us for fun, entertainment and a great meal!

Please be advised that
the Eastern Pike Senior
Center at the
Matamoras Fire House
will be closed Sept 1st
through Sept 15th.

**ATTENTION
PLEASE**



Planning to reopen on Sept 16th




2022 Lackawaxen/Shohola Township 9 am to 2 pm 570-685-7808

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Cards, games & bingo Lunch @ 11:45	2 CLOSED
5 CLOSED	6 CLOSED	7 Cards & Games Exercise Lunch @ 11:45	8 Cards, games & bingo Lunch @ 11:45	9 CLOSED
12 CLOSED	13 CLOSED	14 Cards & Games Exercise Lunch @ 11:45	15 Cards, games & bingo Lunch @ 11:45	16 CLOSED
19 CLOSED	20 CLOSED	21 Cards & Games Exercise Lunch @ 11:45	22 Cards, games & bingo Lunch @ 11:45	23 CLOSED
26 CLOSED	27 CLOSED	28 Cards & Games Exercise Lunch @ 11:45 <i>Birthday Celebration</i>	29 Cards, games & bingo Lunch @ 11:45 <i>Birthday Celebration</i>	30



2022 Eastern Pike Center @ Matamoras 9am-2pm 570-775-5550

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
****Friday, Sept 9th Box Lunch MUST call for reservations 570-775-5550****			1 CLOSED	2 Closed for Renovations
5 CLOSED	6 CLOSED	7 Closed for Renovations	8 CLOSED	9 Closed for Renovations POP UP FARMER'S MARKET @ 11:00 am in the pavilion ****BOX LUNCH****
12 CLOSED	13 CLOSED	14 Closed for Renovations	15 CLOSED	16 Lunch Exercise & Line Dancing
19 CLOSED	20 CLOSED	21 Cards Bingo Lunch  \$200 Cash Bingo @ 10 am	22 CLOSED	23 Lunch Exercise & Line Dancing
26 CLOSED	27 CLOSED	28 Cards Bingo Lunch	29	30 Lunch Exercise & Line Dancing <i>Birthday Celebration</i>



Pike County Humane Society
189 Lee Road
Shohola, PA 18458
570-296-7654

- Give pets plenty of fresh water
- Never leave pets in unattended vehicles
- Never leave pets unsupervised around pools
- Trim, but never shave your dog
- Keep all pets off roads and asphalt
- BBQ foods may be poisonous to your pets
- Watch your pets around fireworks
- Keep your pet comfortable
- Recognize signs of heat stress
- Dogs can only be leashed for 30 minutes in 90°
- Leashes must be 10 ft or 3 times the length of the animal, whichever is longer
- All animals must have adequate shade

For Animal Abuse: tips.pchs@gmail.com

Pop Up

Farmer's Market

11:00am to 1:00pm or until product runs out

**Friday, 9/9 Matamoras
Thursday, 9/22 Blooming Grove**

**Friday, 10/14 Matamoras
Thursday, 10/27 Blooming Grove**

**If you do not have any more vouchers,
you can use cash or credit card.**

KNIGHTS OF COLUMBUS
Council 12571
FOOD FOR FAMILIES & FRIENDS PROGRAM
Take out Dinner Must call for reservation

Sun., Sept. 4 1:00-4:00
ST. ANN'S CHICKEN BBQ \$10.00
Firemen's Field, Rt. 590. Lackwaxen

Dinner Menu 1/2 Chicken Baked Potato Corn on the Cob Cole Slaw Roll	Available for Purchase Soda Ice Cream Treats Beer by the Bottle	Theme Baskets 6 for \$5.00 Cheaper by the Dozen Raffle 1st prize \$500 2nd \$250 3rd \$250
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Call 570-832-4275 or visit <https://www.stannshohola.org/>
Thank you for your support of this fund-raiser

Sun., Sept. 11 1:30-3:00
Roast Pork Dinner
ST. ANN'S PARKING LOT 123 Richardson Ave/, Shohola

PLEASE CALL
St. John's 570-775-6791 St. Ann's 570-832-4275
Angelo- 570-775-2755 Frank -347-446-9636 or text
DONATIONS WELCOME BUT NOT NECESSARY



Retired & Senior Volunteer Program of Berks,
Pike & Wayne counties
Volunteer Opportunities

Pike County Area Agency on Aging
(Matamoras & Blooming Grove) Senior Center
Kitchen & Meal Delivery
Health & Wellness Instructors
Training paid for and provided by Pike County Area Agency on Aging

Pike County Food Pantry
Food Collection/Distribution
Pike County Hands of Hope
Hopeline Volunteers
Bushkill Outreach
Food Collection/Distribution
American Red Cross
Blood Donor Ambassador
Serving Seniors, Inc.
Volunteer Ombudsman
RSVP Senior CHAT Program

Call seniors who are isolated or
refer someone to receive a friendly call
Dawn Houghtaling, RSVP Coordinator
570-390-4540 or email:
houghtalingd@diakon.org





PROMISED
LAND



PICNIC

Farmers Market Vouchers Distribution

Vouchers will be distributed in Saw Creek Estates, Top of the World Restaurant, 148 Cambridge Ct., Bushkill on Mondays from 9:00 to 3:00

Vouchers will be distributed in Blooming Grove, 150 Pike County Blvd, Hawley Tuesdays, Wednesdays & Thursdays 10:00 am to 2 pm ONLY

Vouchers will be distributed in PMLE, Memorial Hall, 2095 Milford Rd, Bushkill Tuesdays from 9:30 to 2 pm

Vouchers will be distributed in Matamoras, 506 Avenue Q, Matamoras on Wednesdays from 10:00 am to 2:00 pm

Vouchers will be distributed in Lackawaxen, Beisel Beck Rd & Rt 590, Lackawaxen Wednesdays & Thursdays from 10:00 am to 2:00 pm

Vouchers will be distributed at Westfall Apts office 132 Hulst Dr on Tuesday, Sept. 13th from 10:00 am -2:00 pm

Each eligible senior may receive (4) four \$6.00 SFMNP checks for a total benefit of \$24.00 ONE time during the program year.

Water Assistance Program/LIHWAP

Applications are now being accepted for the Low-Income Household Water Assistance Program

The Low-Income Household Water Assistance Program (LIHWAP) is a temporary emergency program to help low-income families pay overdue water bills. LIHWAP is a grant.

You do not have to repay it.

LIHWAP crisis grants may be available if you have an emergency situation and are in jeopardy of losing your water service. You can receive one crisis grant for your drinking water service and one crisis grant for your wastewater service, up to \$2,500 each.

Crisis situations include:

- Past-due water bills.
- Termination of utility service.
- Danger of having utility service terminated (received a notice that service will be shut off within the next 60 days).

Online: www.compass.state.pa.us

Paper: You can download a paper application, print it, fill it out, and return it to your local county assistance office.

[LIHWAP Paper Application — English \(PDF\)](#)

[LIHWAP Paper Application — Spanish \(PDF\)](#)

Phone: Request an application by calling the Statewide Customer Service Center at 877-395-8930 or call PA Relay at 711 for the hearing impaired.

In-Person: Applications are available at your local [county assistance office](#), or by calling the Pike County Area Agency on Aging 570-775-5550 and we will mail one to you.

You will need:

- Names of people in your household;
- Dates of birth for all household members;
- Social Security numbers for all household members;
- Proof of income for all household members; and
- A recent water bill.

EVENTS and PROGRAMS

Loaves to Fishes Food Pantry
Paupack Methodist Church, Route 507
570-857-1141 Serves Palmyra Twp.
1st Friday of month 9:30am - 11:00am

Hemlock Farms Food Pantry
98 Willow Drive, Hawley PA
The 3rd Monday of the month
4pm - 6:30pm
Registration is a must prior to distribution
Please register by calling 570-775-6787

Pike County Food Pantry
Dreher Township Building
899 Main St. Newfoundland, Pa
570-676-4066 Serves Greene Twp.
3rd Thursday of the month 12pm - 2pm
Pre-registration is required

Good News Good Cheer Food Pantry
St. Luke's Lutheran Church
Rt 590, Greeley PA 18425
570-226-3966
1st Sunday of the month 10:30 - 11:30
Proof of residency and photo ID required

Agape Food Pantry
300 Avenue H, Matamoras PA
845-772-0218
Every Tuesday 5pm - 6pm

Lake Region IGA
570-226-6000 extension 10 (you must order between 7 am & 9:30 am on Tuesdays).
They deliver same day, by 1:30 PM.
There is a \$9.95 delivery charge.
Now offering online shopping
www.lakeregioniga.com
Delivery is \$4.95
Picking fee plus \$6.95 delivery fee
In store pickup is \$5.95

Dutch's Market
570-676-3373
Curbside pick up only
dutchsdelivery@gmail.com

Dave's Super Duper 570-251-9530
Deliveries on Wednesdays only.
superduper9530@yahoo.com

Shoprite delivers (\$10 internet fee & \$6.95 delivery fee)
shop at www.shoprite.com

Growing Lackawaxen Care Cabin
169 Urban Rd, Hawley 570-685-2273
4th Saturday of the month 8am - 11am
Proof of residency required
Declaration of need form to be filled out

Holy Trinity Food Pantry
103 Delaware Crest, Dingmans Ferry
570-828-7411
3rd Monday of the month 4pm-6:30pm
Help available Monday, Wednesday-Friday from 9am-1pm every week by appointment only. Please call 24-48 hours ahead

Lords Valley Community Church / Hands of Hope Pike County
707 Rt 739, Suite 3, Lords Valley
570-775-3777

2nd Thursday of the month
3pm-5pm
Pre-packaged and places into car



Ecumenical Food Pantry
321 5th St., Milford
570-618-1568
Fridays: 12pm - 1pm
Fridays: 6:30pm - 7:30pm
Eligibility is based on income
Photo ID & verification of address required

St. Ann's Bridge Point Food Pantry
125 Richardson Ave., Shohola, PA
570-832-4275
1st & 3rd Thursday of the month 9am-12pm
Registration is at pickup

Bushkill Outreach Food Pantry
168 Lehman Park Rd, Bushkill, PA
570-588-0660
Tuesday, Wednesday, Thursday 9am-12pm
Every week except the 5th of the every month

Blooming Grove Food Pantry
St. John Neumann / Good Shepherd Church
705 Route 739, Lords Valley
570-775-6791
3rd Thursday of the month 9:30am - 11am
Pre-registration is required
Do not bring children and wear a mask

First Presbyterian Church of Hawley
815 Church St, Hawley PA 570-226-4835
2nd & 4th Saturday of the month 11:30am

Senior Law Center

Senior Law Center protects the legal rights & interests of Seniors in Pennsylvania through legal services, referral services and advocacy. Call the Senior Law helpline if you need assistance at: 877-727-7529

Pike County Area Agency on Aging
150 Pike County Blvd.
Hawley, PA 18428
570-775-5550

Non-Profit mailer



DO NOT CALL REGISTRY

If you want to stop those nagging calls from solicitors you can place your phone number on the Do Not call registry by calling:

1-888-382-1222 and
1-888-777-3406 or go on
line to: www.donotcall.gov

To renew subscription, clip out mailing label and send it in with the \$5 yearly fee. If you have email, just send your email address to: kdantuono@pikepa.org, and get your newsletter sent right to your email address for **FREE**—Save time and money!
www.pikeaaa.org

Where to Find Information About the Medicare Plans Available in your County:

- * Medicare & You 2022 Handbook
- * www.medicare.gov Call the PA MEDI Helpline at: 1-800-783-7067
- * Call Medicare at: 1-800-633-4227 (Phone) or 1-877-486-2048 (TTY)
- * Or call us at: 570-775-5550 x 1313 for an appointment to assist you

Pike County Area Agency on Aging

Executive Director - Robin S. Skibber - email: rskibber@pikepa.org

Protective Services & Options Supervisor - Robin Soares - email: rsoares@pikepa.org

Aging Care Supervisor/PA LINK Coord. Monroe/Pike/Wayne – Joan Edel - email: jedel@pikepa.org

Nutrition Site Managers - Cherie Bland, Emily DeLeeuw, Galina Grishina & David Zlasney

Activity & Program Director & Health & Wellness Coordinator - Lana Romeo-email: lromeo@pikepa.org

Blooming Grove Center-150 Pike County Blvd., Hawley, PA 18428

(Phone: 570-775-5550 or 1-800-233-8911 Fax: 570-775-5558)

Office / Center: Monday through Friday - 8am to 4pm

Lackawaxen/Shohola Township Center-Lackawaxen Fire Dept., Beisel Beck Rd. & Rte. 590, Lackawaxen, PA 18435.

Wednesday and Thursday 9 am to 2 pm (Phone: 570-685-7808)

Eastern Pike Center @ Matamoras-Matamoras Fire House, 506 Avenue Q, Matamoras, PA 18336

(Phone: 570-775-5550)

Wednesday and Friday 9 am to 2 pm

ELDER ABUSE REPORTING NUMBER 1-800-233-8911

Advisory Council

Chairperson: *Patricia Crane

* Alicia Bonadonna * Cordell Bowman * Jeanne Carlstedt

* Laura Guccini-Engle * Kathie Joseph * Leatrice Langer * Barbara Leary

* Monica McVitie * Mary Little * Barbara Shevlin * Sue Siska * Rita Tepperman * Lori VanSloot*

Pike County Commissioners * Matt Osterberg * Ronald Schmalzle * Tony Waldron

**Pike County Transportation Hours 7:30am—4:00pm Phone 570-296-3408 Fax 570-296-3409
Toll Free: 1-866-681-4947 STATUS LINE: 570-296-1959**

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