

2021

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STAY SAFE, STAY HEALTHY & WEAR A MASK

RITTER'S FARM MARKETS

now accepts Farmer's Market

Vouchers Open Daily 9:00 - 7:00 Closed on Sunday

Hamlin

Mt. Cobb 1459 Mt. Cobb

991 Hamlin Hwy

Rd

Lake Ariel 18436

Jefferson Twp

18436

570-689-4105

570-689-5151

Farmer's Market Nutrition

Vouchers
accepted at
Hills Homestead stand.
657 Route 739,
(near Dirlam Bros.
Lumber)

Lords Valley PA 18428 Wednesday through Sunday 11:00 am to 6:00 pm







Paupack Blueberry Farm
184 Gumbletown Rd
Paupack
570-226-9702
www.paupackblueberryfarm.com
Monday-Saturday
8:00 am—5:00 pm
Sunday 8:00 to 4:00 pm

Vouchers accepted

Pike County Area Agency on Aging



Picnic

Friday

September 17th

10:00 AM

Milford Beach

150 Milford Beach Road

Milford PA

\$3.00 (exact change only please)

Picnic Food

Swimming

Games



Fun

Entertainment

MUST REGISTER please call 570-775-5550

Please give your phone number when registering



Costa's Golf Outing

Friday, September 10th

9:30 AM

Golf: \$3.00 (the agency will pay the difference)

Lunch: \$6.00

Choice of cheeseburger, hamburger, hot dog, chicken tenders or grilled cheese.

All choices are served with French fries and a drink. Hand dipped ice cream is included in price.

Reservations required:

Please call 570-775-5550

September is here with a warm transition from summer, we look at how quickly the time has gone and



arrive at the beauty of the season change. The wet, warm, muggy months of July and August will hopefully become warm, breezy, sunny days. The sunshine of summer that ripens the apples is now here for the picking! We hope everyone is taking advantage of the summer bounty of fruits and vegetables. Our interns have all finished their assignments and must return to their next assignments. We had a great group of young people at our centers as well from Work Force Development. Please come back next year!

The produce connections we are forming with the Wayne County Farm Bureau is still going strong. We hope to have more garlic, onions, potatoes and soon apples for you to order. IF you have Farmers Market Vouchers to use, call Robin at Ext. 1319.

September is also the month we are hoping to open up in Bushkill. Our Top of the World location is going to be open mid-month. Check out our website for updates and when you can make reservations.

Our RSVP Volunteer Coordinator, Dawn is available to get interested folks registered into the program and be a helper at our centers all over the County. Call her at 570-390-4540. Our own Gabriela Sympson is working internally to help get the volunteers stats and their many hours of support organized for the RSVP program. Currently we are looking for Wednesday support at the Eastern Pike Center and welcome back all of the clubs and organizations that are using the center for their meetings.

The Covid-19 vaccines are still be administered at pharmacies and at certain Dr.'s offices. We still have a ways to go for getting 80% of our Seniors vaccinated. You can always check the Pike County website at www.pikepa.org for information. We have no information regarding the booster shot for the vaccine, so again we recommend you contact your primary care physician for this. Stay safe and we all want to be healthy and well this coming Fall season.

September is Grandparents month. So many families are dealing with sudden changes in responsibilities for young people due to death, incarceration, and addiction, our Older Relatives as Caregivers program may be able to help you. Lorraine Buteau has much information on this and there are ways to have help with day care costs, diapers and other out of pocket expenses that were not part of your retirement plans. https://www.aging.pa.gov/aging-services/caregiver-support/Pages/default.aspx for eligibilities and services covered.

We are introducing heritage days each month.

Each month we will be exploring all of the cultural diversity we have in our community. Our own Elaine K from the Blooming Grove center is volunteering her time and history to explore Greek Culture. We will have a meal on the 23rd including some Greek music and discuss some traditions and cuisine. Do you know what a Bouzouki is?

If you are interested, call for reservations. WE will also have the event at Lackawaxen and hopefully be able to stream it live. If you have an idea you would like us to explore and feature in the coming months, let us know. WE have such a great diverse group and would like to learn from each other.



This Photo by Unknown

Did you know? Sept 2021 is National Kinship Month! This September, every Wednesday from 10-11:30am

PA KinConnector is partnering with professionals around the state to host information and discussion forums each week during Kinship Month.

Staying in the kinship care loop just got a little easier for families and professionals @ kinconnector.org's What's Happening page.

Your go-to kinship care support service!

KinConnector

1-866-KIN-2111 (1-866-546-2111) KINCONNECTOR.ORG Here you can find links to upcoming kinship events, support groups, webinars, and panel discussions for

families and professionals. Events rotate frequently, and there is always something new to see and do thanks to our network of partner organizations throughout PA!

Click the link above to sign up or call <u>866-546-2111</u> and <u>email</u> us for more information.

We look forward to having you join us in September!

What are you waiting for?!? See What's Happening in kinship now!



Elder Justice Day August 18th

Ty Weaver, Phantom Operations Biohaz

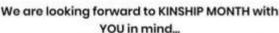
















Monthly "BINGO DAY"

Tuesday, September 14th at 10am SHARP!

Only at our Blooming Grove location.

Reservations are required

\$50 Cash Jackpot!

241830 UNITED & GAVER.

OF AN OLIVE

Only \$5 per card to play all games.

Lunch will also be available for \$2.50.

You must make a SEPARATE reservation for lunch as well.



If you meet certain income and resource limits, you may qualify for Extra Help. This program helps pay for your Medicare drug coverage, such as plan premiums, deductibles, and costs when you fill your prescriptions, called copays or coinsurance. Depending on your income level, you may pay less or pay nothing for your plan premium and yearly deductible (an amount you have to pay before your plan starts to pay)

In 2021, you may qualify if you have up to \$19,320 in yearly income (\$26,130 for a married couple) and up to \$14,790 in resources (\$29,520 for a married couple).

Resources that count to see if you qualify:

Money in a checking or savings account Stocks Bonds

Resources that do not count to see if you qualify:

Your home
One car
Burial plot
Up to \$1,500 for burial expenses if you have put that money aside
Furniture

Other household and personal items

How do I get Extra Help? Contact the PA Medicare Education and Decision Insight program 570 775- 5550 Ext 1313 crossleyc@diakon.org to connect with Christine Crossley

Brand New Program Coming Up Looking for Volunteers. Will Train



an exercise program
For further details contact Lana 570-775-5550 x 1317



2021 Blooming Grove Activities 8:00 am - 4:00 pm 570-775-5550

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Cards Dominoes, Rummikube	2 Bingo Exercise with Lana	3 Cards Arts & Crafts
6 ALL CENTERS CLOSED for LABOR DAY	7 Arts & Crafts Bigger Shopping Dingmans/Shohola Crochet with Jackie @ 10:00	8 Cards Dominoes, Rummikube Bigger Shopping Mil/Mat	9 Cards Dominoes Rummikube Bigger Shopping Promised Land	10 Cards Arts & Crafts Costa's Golf Outing @ 9:30
13 Medical Transport Advisory Board @ 12:30 Committee @ 10:30	14 Arts & Crafts \$50 Cash Bingo	15 Cards Dominoes, Rummikube	16 Bingo Exercise with Lana	All Centers Closed Picnic At Milford Beach
20 Medical Transport	21 Arts & Crafts Crochet with Jackie @ 10:00 Bob-Chi @ 10:30	22 Cards Dominoes, Rummikube	23 Bingo Exercise with Lana Greek Heritage Day	24 Cards Arts & Crafts
27 Medical Transport	28 Arts & Crafts Crochet with Jackie @ 10:00 Bob-Chi @ 10:30	29 Cards, Dominoes, Rummikube	30 Bingo Birthday Celebration	



Sponsored by Pike County Area Agency on Aging Top of the World Restaurant at Saw Creek Es-

148 Cambridge Ct, Bushkill PA 18324 WEDNESDAYS 9:30 am to 2:00 pm



9:30am Meet & Greet, Socializing, Tea and Coffee

You do not need to be a resident of Saw Creek Estates to participate

11:30 to 12 noon Lunch; Light Menu

Suggested Donation \$2.50

All registration through Pike County Area Agency on Aging only Please call 570-775-5550



Lackawaxen/Shohola Township 9 am-2 pm 570-685-7808

Lackawaxelloliolida Township 9 am-2 pm 37 0-003-7 000					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1 Cards & Games Exercise Lunch @ 11:45	2 Cards, Games & Bingo Lunch @ 11:45 Mahjongg @ 1:00	3 CLOSED	
6 CLOSED	7 CLOSED	8 Cards & Games Exercise Lunch @ 11:45 Bob-Chi @ 10:30	9 Cards, Games & Bingo Lunch @ 11:45 Mahjongg @ 1:00	10 CLOSED	
13 CLOSED	14 CLOSED	15 Cards & Games Exercise Lunch @ 11:45 Environmental Speaker	16 Cards, Games & Bingo Lunch @ 11:45 Mahjongg @ 1:00	17 CLOSED	
20 CLOSED	21 CLOSED	22 Cards & Games Exercise Lunch @ 11:45	23 Cards, Games &Bingo Lunch @ 11:45 Mahjongg @ 1:00	24 CLOSED	
27 CLOSED	28 CLOSED	29 Cards & Games Exercise Lunch @ 11:45	30 Cards, Games Lunch @ 11:45 Mahjongg @ 1:00 Birthday Celebration		

Septem	East	<u>ern Pike Center @ Mata</u>	amoras yar	<i>n-2pm 570-832-1929</i>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1Cards Lunch	2 Closed	3 Bingo Lunch Exercise & Line Dancing
6 Closed	7 Closed	8 Cards Lunch	9 Closed	10 Bingo Lunch Exercise & Line Dancing
13 Closed	14 Closed	15 Cards Lunch	16 Closed	All Centers Closed Picnic At Milford Beach
20 Closed	21 Closed	22 Cards Lunch Golden Age Club AAA Speaker	23 Closed	24 Bingo Lunch Exercise & Line Dancing Environmental Speaker Birthday Celebration
27 Closed	28 Closed	29 Cards Lunch	30 Closed	



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September is National Honey Mushroom Chicken and Whole Grains Month		1 Tossed Salad Meatballs/Sauce Rotini Pasta Succotash Wheat Bread Pears	2 Chicken & Rice Soup BBQ Chicken Red Potatoes/ Parsley Carrots Rye Bread Fruit Cup	3 Cole Slaw Vegetable Lasagna Zucchini Italian Bread Banana Cake
6 ALL CENTERS CLOSED LABOR DAY HOLIDAY	7 Tossed Salad Chicken Breast Parmesan/Sauce Pasta Broccoli Fresh Fruit	8 Orange Juice Chili Con Carne Rice Corn & Red Peppers Corn Bread Peaches	9 Cottage Cheese Macaroni & Cheese Ratatouille Rye Bread Mandarin Oranges	10 Black Bean & Corn Salsa Chicken Strips in Lemon Sauce Rice Green Beans Pineapples
13 Red Beets & Onions Roast Turkey Gravy Mashed Potatoes Peas & Carrots Wheat Bread Cookies	14 Waldorf Salad Beef Stew w/Potatoes and Vegetables Rye Bread Pudding	15 Three Bean Salad Battered Fish Tater Tots Corn Dinner Roll Fresh Fruit	16 Cranberry Juice Sweet & Sour Chicken Stir Fry Rice Vegetables Wheat Bread Fruited Jell-O	17 ALL CENTERS CLOSED PICNIC AT MILFORD BEACH
20 Green Bean & Tomato Salad Pasta Bolognese Italian Green Beans Italian Bread Melon Slice	21 Carrot Salad Hot Dog (s)/Bun Baked Beans Roasted Potatoes Fresh Fruit	22 Split Pea Soup Caesar Salad w/Chicken Strips Potato Salad Dinner Roll Ice Cream	23 Heritage Day Greek Salad Gyro On A Pita Orzo Special Vegetables Dessert	24 Orange Juice Stuffed Cabbage/ Sauce Mashed Potatoes Pacific Medley Dinner Roll Cake
27 Tossed Salad Stuffed Shells/ Tomato Sauce Peas Wheat Bread Pears	28 Red Cabbage Slaw Meatloaf Mashed Potato & Gravy Cauliflower Rye Bread Pudding	29 Minestrone Soup Stuffed Chicken Breast Rice Medley Sautéed Squash Wheat Bread Apple Sauce	30 Southwest Corn Chowder Ham & Cheese on Roll Lettuce & Tomato Pasta Salad Fruit Cup	

Blueberry Picking Fun



The Owners
of the
Tego Tea Company
and their
children
volunteered
their time
to pick
blueberries
for the
seniors.







Retired & Senior Volunteer Program of Berks, Pike & Wayne Counties



Pike County Area Agency on Aging Matamoras Kitchen Assistants

Pike County Hands of Hope

Hopeline Volunteers Need a computer and access to email

Serving Seniors, Inc. Volunteer Ombudsman

American Red Cross

Blood Donor Ambassador Disaster Relief

Senior CHAT Program

Call seniors who are isolated or receive a friendly call

Dawn Houghtaling, RSVP Coordinator 570-390-4540 or Email: houghtalingd@diakon.org



*RSVP is funded by AmeriCorps and sponsored by Diakon Community Services. $oldsymbol{\mathbb{T}}$

Alma Brown-Keller Passed away March 8th 2020.

Celebration of Life.

Please join us in a

Celebration of Life on Saturday October 9th at the Lackawaxen Fire House, 150 Beisel Beck Rd & Rt 590 in Lackawaxen 12 noon lunch provided. 10:00 am St. Mary's Church, 720 Rt 590 in Lackawaxen interment immediately

after mass. Reservations Required Please RSVP by September 30th 570-775-5550

Anyone wishing to share stories about Alma, please let us know.



eptember



Get Ready For Our Upcoming Casino Trip

October Date

Going to Monticello

Details to follow in October newsletter



Please remember if you receive home delivered meals the suggested donation is \$3 per meal, per person.

Thank you for your generosity!

Bob-Chi

returning in the Fall to

Blooming Grove & Lackawaxen

Deadline to apply for Farmer's Market Vouchers is September 30th. Please call our office 570-775-5550

Live, Laugh, Eat Your Fruits and Vegetables

Mitchell Romanowski & Erin Wingen



Our Marywood
University Interns
Sharing their wealth of
knowledge with us.
Thank you.



WHAT IS SHARE?

SHARE is an affordable housing choice that brings together home-owners who want to share their home with home seekers who are looking for housing in exchange for rent, help around the house, or a combination of both.

SHARE

WHY SHARE A HOME?

Some people like the idea of having another person around the house. Others are looking for an

affordable place to live or a way to supplement their income in order to meet household expenses. For additional information or to apply, contact your **SHARE** Housing Counselor:

Larisa Yusko—Pike & Wayne Counties 570-832-5133 or Lauren Buccine—Monroe County 570-832-0538

All participants must be at least 18 years of age and one of the individuals must be over 60.



Devan George from
Pike County Conservation
Explaining how water moves through landscaping

ZOOM exercise classes with Lana Wednesdays at 1:30 PM Exercise from 1:30 to 2:30 Line Dancing from 2:30 to 3:00 Send your request to join to:
 Kdantuno @pikepa.org

Or call 570-775-5550 x 1301 and give us your email address so we can send you the link for the class

PROGRAMS

Loaves to Fishes Food Pantry
Paupack Methodist Church, Route 507
570-857-1141 Serves Palmyra Twp.
1st Friday of month 9:30 am — 11:00 am

The Food Pantry Program at the Church at Hemlock Farms will be open The 3rd Monday of the month 4:00 PM to 6:30 PM Registration is a MUST prior to distribution. Please register by calling 570-775-6787

Pike County Food Pantry
Dreher Township Building
(formerly at Moravian Church)
899 Main St. Newfoundland, Pa
570-676-4066 Serves Greene Twp.
3rd Thursday of the month 12pm—2pm

Good News Good Cheer Food Pantry St. Luke's Lutheran Church Rt 590, Greeley PA 18425 570-226-3966

Do you live in the Greentown area & need assistance with your shopping? There are a few supermarkets that will deliver to you.

Lake Region IGA

570-226-6000 extension 10 (you must order between 7 am & 9:30 am on Tuesdays). They deliver same day, by 1:30 PM. There is a \$9.95 delivery charge.

Now offering online shopping

www.lakeregioniga.com Delivery is \$4.95 picking fee plus \$6.95

delivery fee and in store pickup is \$5.95.

Dutch's Market 570-676-3373

No weekend delivery. 24 hour notice required when ordering week days. \$10 delivery charge.

Dave's Foodtown/Super Duper 570-251-9530 They do not deliver too far from store. Call them for details.

Shoprite delivers (\$10 internet fee & \$6.95 delivery fee) shop at www.shoprite.com

Agape Food Pantry 300 Avenue H Matamoras, PA diagonal from United Methodist Church Every Tuesday 5:00 pm - 6:00pm 845-772-0218 The Care Cabin, Growing Lackawaxen
169 Urban Rd, Hawley 570-685-2273
4th Saturday of the month 10am to 2pm
Proof of residency required.
Declaration of need form to be filled out.

Faith Christian Outreach Center

104 Red Shale Rd, Lords Valley 570-226-4658 Application to be filled out the first time Every 4th Monday 2pm to 6pm

Holy Trinity Lutheran Church Food Pantry
103 Delaware Crest, Dingmans Ferry
570-828-7411. Monday thru Friday 9 am-noon
by appointment only.

Please call 24-48 hours ahead to schedule Volunteers always welcome

Hands of Hope Food Pantry at the Lord's Valley Community Church (located behind Ryan's Deli on Route 739) will be distributing on the 2nd Thursday of the month from 2:00pm-6:00 pm 570-503-6644



Ö

Ecumenical Food Pantry
321 5th St., Milford
570-618-1568
Fridays: 12 noon - 1:00 pm
Fridays: 6:30pm-7:30pm
Eligibility is based on income
Photo ID & verification of
address is required

Food Pantry

St. Ann's Catholic Church

125 Richardson Ave., Shohola, PA 18458 570-832-4275 Distribution 1st & 3rd Thursdays 9:30 am to 11:30 am Registration at pick up.

Bushkill Outreach 168 Lehman Park Rd, Bushkill, Pa 18324 570-588-0660 Tues—Thurs 9am to noon

Blooming Grove Food Pantry
St. John Neumann/Good Shepherd Church
705 Route 739, Lords Valley
570-775-6791
3rd Thursday of month
Please do not bring children
WEAR A MASK

Senior Law Center protects the legal rights & interests of Seniors in Pennsylvania through legal services, referral services and advocacy. Call the Senior Law helpline if you need assistance at:

877-727-7529

Pike County Area Agency on Aging 150 Pike County Blvd. Hawley, PA 18428 570-775-5550

Non-Profit mailer

To renew subscription, clip out mailing label and send it in with the \$5 yearly fee. If you have email, just send your email address to: kdantuono@pikepa.org, and get your newsletter sent right to your email address for FREE—Save time and money!

www.pikeaaa.org

DO NOT CALL REGISTRY
If you want to stop those nagging calls from solicitors you can place your phone number on the Do Not call registry by calling:
1-888-382-1222 and
1-888-777-3406 or go on line to: www.donotcall.gov

Where to Find Information About the Medicare Plans Available in your County:

- * Medicare & You 2021 Handbook
- * www.medicare.gov Call APPRISE at: 1-800-783-7067
- * Call Medicare at: 1-800-633-4227 (Phone) or 1-877-486-2048 (TTY)
- * Or call us at: 570-775-5550 x 1313 for an appointment to assist you

Pike County Area Agency on Aging

Executive Director - Robin S. Skibber - email: rskibber@pikepa.org
Protective Services & Options Supervisor - Robin Soares - email: rsoares@pikepa.org
Aging Care Supervisor/PA LINK Coord. Monroe/Pike/Wayne - Joan Edel - email: jedel@pikepa.org
Nutrition Site Managers - Cherie Bland, Pam DeColstello & David Zlasney
Activity & Program Director & Health & Wellness Coordinator - Lana Romeo-email: Iromeo@pikepa.org

Blooming Grove Center-150 Pike County Blvd., Hawley, PA 18428 (Phone: 570-775-5550 or 1-800-233-8911 Fax: 570-775-5558)

Office / Center: Monday through Friday - 8am to 4pm

<u>Lackawaxen/Shohola Township Center</u>-Lackawaxen Fire Dept., Beisel Beck Rd. & Rte. 590, Lackawaxen, PA 18435.

Wednesday and Thursday 9 am to 2 pm (Phone: 570-685-7808)

Eastern Pike Center @ Matamoras - Matamoras Fire House, 506 Avenue Q, Matamoras, PA 18336 (Phone: 570-832-1929)
Friday 9 am to 2 pm

ELDER ABUSE REPORTING NUMBER 1-800-233-8911

Advisory Council

Chairperson: *Patricia Crane * Steven R. Guccini, Commissioner Representative * Vacant * Vacant * J eanne Carlstedt

* Laura Guccini-Engle * Kathie Joseph * Leatrice Langer * Barbara Leary

* Monica McVitie* *Mary Little* Sue Siska * Rita Tepperman * Lori VanSloot*

Pike County Commissioners * Matt Osterberg * Ronald Schmalzle * Steven R. Guccini

Pike County Transportation Hours 7:30am—4:00pm Phone 570-296-3408 Fax 570-296-3409 Toll Free: 1-866-681-4947 STATUS LINE: 570-296-1959