

South Ogden City Sound

southogdencity.com

Join Us On Facebook  and Twitter 

May 2013

Council Corner

By Councilman Wayne Smith

There are many benefits from participating in youth and adult organized sports, particularly the physical, social and personal benefits.

What are the physical benefits of a good recreation program? Most benefits are obvious, overall health improvement, coordination and fitness. Exercise has long been recognized as a way to strengthen your defense against disease, like heart disease, diabetes, cancer and high blood pressure. It is also one of the best ways to lose weight and maintain bone and muscle health.

What are the social benefits of a recreation program? Sports provide an excellent educational opportunity because many of the social and moral requirements for participation in sports parallel how most of us function in a law-abiding society. Sports provide a positive skill building opportunity for our youth and it shows them that through hard work you can achieve your goals. For our youth it also decreases their chances of becoming involved in socially unacceptable behavior.

What are the personal benefits of a recreation program? Participation in sports provides self-satisfaction from belonging to a team. It has also been said that sports reduces anxiety and stress just by participation. Most types of sports build self-esteem and will help prepare young people for everyday life. When you play sports you learn leadership, responsibility, independence and how to work hard. You also learn how to work along side other people.

So what are the benefits of a recreation program to our city? The answer to that question will probably be different depending on what stage of life you are in. However, there are benefits to all citizens of South Ogden. For the youth it gives you a chance to challenge yourself and be involved in sports with friends. For the young family it gives you a chance to involve your children in a positive teaching environment to help them succeed in life. For those who have already raised their children or may not have children, what is the benefit to you? When was the last time you stopped by a park and watched a youth ball game? I can tell you that we have lots of talented youth in this city. If a big named athlete was developed in our programs, how neat would it be to tell everybody that you watched him or her play their first ball game as a youth in South Ogden. I think another benefit is a chance to volunteer. I have had the pleasure of coaching our youth in several sports over the past 10 years but I have always wondered what happened to that generation that invested in me as a youth growing up in this city. Just because we age does not mean we have nothing more to give.

It is my hope that we can all get excited about our recreation program and take advantage of its benefits.

South Ogden Days June 17 - 24

South Ogden Days is quickly approaching! You can find vendor, entertainer & volunteer applications online or at City Hall. Go to www.southogdencity.com to register for all events or to print registration forms. Registration forms can also be picked up at City Hall. Scheduled events include: 1) Amazing Adventure Race, 2) 3on3 Basketball, 3) Kid's K, 4) 1 Mile Walk, 5) 5K Fun Run, 6) Movie in the Park, 7) Car Show, 8) Mud Volleyball, 9) Parade, and 10) Golf Tournament.

On Friday and Saturday, June 21 and 22, Friendship Park will host all day entertainment, 75 vendors, multiple attractions, a grand carnival and concerts.

The fireworks show will be Saturday night after the concert. We are happy to announce **LITTLE TEXAS** will be our headliner Saturday night! Check out their music at www.littletexasonline.com. Get all the details at www.southogdencity.com See you all there!

Strategic Plan & Goals

Goal 3.1 Establish Good Landlord Program. On May 21 at 6:00 p.m. the City will be holding a public hearing to gather input on adopting a program that would require all rental properties to obtain a business license. The cost of the license would be significantly less for those who join the program and agree to refuse rental to individuals involved in criminal activities.

Business License Fee Changes. On May 21 at 6:00 p.m. the City will hold a public hearing on making changes to the fees charged for all business licenses. These fees have not been updated for many years and a recent study revealed that the city is only collecting approximately 29% of what it costs to administer business licensing. More information can be found on the City's website.

Welcome To South Ogden City

Fisher's Fix It & Finishes

Handyman
515 Diana St
801-675-0098

Triple C Marketing

Independent Marketing
Sales Office
1893 Skyline Dr #102
801-528-4531

Flower Layne

Freelance Floral Designer
541 E 4600 S
801-244-7227

Outlaw Transport

Trucking Company
5864 Oakwood Dr
801-791-0361

All the Buzz

Salon
3725 Washington Blvd #1
801-668-9220

Angel Fire Tanning

Tanning Salon
3965 Washington Blvd #900
801-399-2844

All to Parts

Online Sales
3700 Washington Blvd #15
801-644-1141

Carhop Auto Sales and Finance

Used Car Sales
3685 Riverdale Road
801-767-2937

R and M TLC

Business Office For
Transportation, Livery, Courier
3820 Childs Ave
801-603-3929

Aloha Grindz

Restaurant
1657 E Skyline Dr #3
801-779-2581

Blomquist Hale Employee Assistance

Mental/Behavioral Therapy
917 E Country Hills Dr. #2
801-392-6833

Swiss Precision Handyman Service

Handyman
5015 Viking Dr
801-644-6938

Utah Spine Center of Northern Utah

Chiropractic and Physical Therapy
4001 Riverdale Road
801-393-8200

Spring Clean Up Hints From Republic Services

Spring is here and so is the urge to organize your garage you have been meaning to get to since last spring. Republic Services is here to help you properly dispose of your unwanted household items. All items that are disposed of through your curbside waste and recycling program should be properly placed in the accurate container and should fit completely inside of the container. Items left sitting outside of the container will not be collected. Inappropriate items disposed of in your curbside containers may prevent us from being able to collect your waste. Please contact your local landfill to dispose of inappropriate waste materials.

Below are items that should be placed in your recycling container.

Paper	Plastics	Cardboard	Metals
<ul style="list-style-type: none"> •Brochures & Pamphlets •File Folders & Card Stock •Magazines & Catalogs •Mail & Envelopes •Newspaper •Printing & Writing Paper •Shredded Paper •Telephone Books •Paper/hardback Books 	<ul style="list-style-type: none"> •All Plastics 1-7 •Bottles, Containers •Paper Bags •Paper Egg Cartons •Paper Towel Rolls •Toilet Paper Rolls 	<ul style="list-style-type: none"> •Corrugated Cardboard •Boxes •Cereal & Cracker Boxes •Food Cartons •Food Boxes •Milk Cartons •Drink Boxes 	<ul style="list-style-type: none"> •Aluminum Cans •Clean Scrap Aluminum •Steel and Tin Cans

Below are items that should be disposed of by other means.

Metals	Clothing	Household	Electronic	Batteries	Paint	Furniture
<ul style="list-style-type: none"> • Pots and pans • Large scrap metals • Aerosol cans 	<ul style="list-style-type: none"> • All clothing items • Cloth of any kind 	<ul style="list-style-type: none"> • Any hazardous material of any kind 	<ul style="list-style-type: none"> • Cell phones • Computers • TV's 	<ul style="list-style-type: none"> • Household Car 	<ul style="list-style-type: none"> • Any and all paint cans and brushes with paint on them 	<ul style="list-style-type: none"> • Large objects and anything that does not fit in your container.

If you have any other questions or concerns, please feel free to give Republic Service a call at (801)392-4915

Ordinance Enforcement Code Being Enforced

With Spring upon us and the summer months quickly approaching, we ask that all businesses and residences in the city comply with our City Ordinance Policy regarding the upkeep and maintenance of your property. Our Ordinance Enforcement Officer will conduct inspections of South Ogden City to identify nuisances and property violations as well as respond to citizen's calls pertaining to problems observed within neighborhoods. Our Enforcement Officer can be reached by calling (801)622-2800.

Senior Center News

580 39th Street, South Ogden, UT 84403

801-393-9539

Monday through Wednesday 10:00 a.m. to 3:00 p.m.
Thursday 9:00 a.m. to 4:00 p.m. Friday—10:00 a.m. to 2:00 p.m.

May 2013

Monday	Tuesday	Wednesday	Thursday	Friday
		15 Lunch—11:30 a.m. Chicken Chop Suey Bingo—12:30 p.m.	16 Tai Chi—9 a.m. Lunch—11:30 a.m. Roast Beef Ceramics—12 p.m.	17 Lunch—11:30 a.m. Chicken Cubes over Curried Rice
20 Mahjong—10 a.m. Lunch—11:30 a.m. Turkey Sandwich Oil Painting—1 p.m.	21 Lunch—11:30 a.m. Pork Souvlaki Ceramics—12 p.m.	22 Lunch—11:30 a.m. Bacon Cheeseburger Bingo—12:30 p.m.	23 Tai Chi—9 a.m. Lunch—11:30 a.m. Chicken San Remo Ceramics—12 p.m.	24 Lunch—11:30 a.m. Baked Ham
27 Memorial Day Center is Closed	28 Lunch—11:30 a.m. Rigatoni Ceramics—12 p.m.	29 Lunch—11:30 a.m. Baked Chicken Bingo—12:30 p.m.	30 Tai Chi—9 a.m. Lunch—11:30 a.m. Turkey Steak Ceramics—12 p.m.	31 Lunch—11:30 a.m. Baked Tilapia

June 2013

3 Mahjong—10 a.m. Lunch—11:30 a.m. BBQ Pork Oil Painting—1 p.m.	4 Lunch—11:30 a.m. Crab Salad Ceramics—12 p.m.	5 Lunch—11:30 a.m. Chicken Chow Mein Bingo—12:30 p.m.	6 Tai Chi—9 a.m. Lunch—11:30 a.m. Knit Steak Ceramics—12 p.m.	7 Lunch—11:30 a.m. Roast Turkey
10 Mahjong—10 a.m. Lunch—11:30 a.m. Teriyaki Chicken Oil Painting—1 p.m.	11 Lunch—11:30 a.m. Pepper Steak Ceramics—12 p.m.	12 Lunch—11:30 a.m. Chef Salad Bingo—12:30 p.m.	13 Tai Chi—9 a.m. Lunch—11:30 a.m. Chicken Divan Ceramics—12 p.m.	14 Lunch—11:30 a.m. Fish Sandwich

Municipal Election 2013

The following offices will be open for vote in the 2013 South Ogden City Municipal Election: Mayor (4 year term), and two City Council Seats (4 year term each). If you are interested in running for any of these offices, you must file a Declaration of Candidacy form in person with the City Recorder, 3950 Adams Ave., South Ogden, from June 3 to June 7, 2013, during regular office hours. PLEASE NOTE, the filing period was previously noticed as June 3 thru June 17, but due to changes made during the recent legislative session, the filing period has been reduced to June 3 thru June 7!

To qualify as a candidate for a municipal office, you must, among other things, be a registered voter and be a resident of South Ogden for 12 consecutive months prior to the election. The election will be held November 5, 2013.

If you have further questions, please contact Leesa Kapetanov, City Recorder, at (801)622-2709.

Smoke Detectors Leading Cause of Survival

We all know the importance of early warning when it comes to a fire breaking out. In its initial phase, a fire can grow quietly and unknowingly until it is too late to be extinguished easily by a fire extinguisher. A fire more than doubles its size and intensity every 60 seconds, so getting out early literally means the difference between survival and being trapped. Smoke detectors are the leading cause of survival in dwelling fires. And in the state of Utah, having them installed in your home is the law.

Smoke detectors can be purchased locally and at virtually any department store. They come in many different configurations, from smoke and CO to infra red and thermal detection. Whichever you choose, make certain that it is a quality detector, with a UL listing (Underwriter's Laboratory) and also pick a date annually to change the batteries.

South Ogden Animal Control Presents "Shots N Suds"

On Saturday, June 8, South Ogden Animal Control will be hosting "Shots N Suds." It will be held from 12 p.m. until 4 p.m. at the South Ogden Animal Shelter located at 5594 S 600 E. There are going to be great deals on a variety of animal care services; baths \$5, ear cleaning \$4, nail trims \$4 or \$10 for all three of these services. Vaccines will also be available; cats will be \$20 (Distemper Combo and Rabies) or \$15 each, dogs will be \$30 (Distemper Combo, Bordatella and Rabies) or \$15 each. Heartworm testing by Broadview University will also be available for \$15. South Ogden Animal Control will also be there to do micro chipping for \$15. Come by and pamper your pet! See you there!!

Arbor Day

This year South Ogden City will be celebrating Arbor Day on Friday, May 3, 2013. We will be attending H. Guy Child Elementary to educate some of the students about Arbor Day and have them help plant trees on the school property.

City's Storm Drain Regulations

Spring is here and we want to remind residents of the City's Storm Drain Regulations.

- No chemicals should be poured into the storm drain system because these empty into drainage fields and streams, which then go into the rivers and water supplies in this area.
- When washing your vehicles or other items outside, use environmentally friendly, biodegradable soaps.
- When using pesticides or garden products also use environmentally friendly products. Use garden products as directed so no over spray will wash down the gutters.

Individuals caught dumping the above items into city gutters or storm drain system will be criminally prosecuted and may be required to pay all costs associated with the cleanup of areas it may affect downstream. Please notify South Ogden Public Works Department at (801)622-2900 if you suspect or witness illegal dumping into our storm drain system.

City Calendar

May 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			15 "B" Recycle Week	16	17	18 South Ogden's City Pride Day
19 "A" Recycle Week	20	21 City Council 6:00 p.m.	22	23	24	25
26 "B" Recycle Week	27 Memorial Day City Offices Closed	28	29	30	31	

June 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 "A" Recycle Week	3	4 City Council 6:00 p.m.	5 Business Alliance Old City Hall—Noon	6	7	8 Shots N Suds South Ogden Animal Shelter 12 to 4 p.m.
9 "B" Recycle Week	10	11	12	13 Urban Forestry 6:30 p.m.	14	15