Stephenson County Health Department

ANNUAL REPORT 2023 & 2024

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FREEPORT, IL 61032
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MISSION STATEMENT

The Stephenson County Health Department is dedicated to protecting the citizens of Stephenson County against preventable disease, morbidity, and a variety of health-related issues by promoting health, fitness and public awareness.

BOARD OF HEALTH

Chad Reedy, DDS, *President*
Kathy Brenner, RN
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Scott Helms (County Board Representative)
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Shevawn Brenner

PUBLIC HEALTH SERVICES

IPLAN

The Illinois Project for Local Assessment of Needs (IPLAN) is a community health assessment that is conducted every five years by local health jurisdictions in Illinois. The plan is then submitted to the state for approval. We are currently in the process of analyzing our community health data for approval in 2025.

WELL WOMAN

Illinois Breast and Cervical Program (IBCCP)

Provides free mammograms for woman ages 40-64 and free clinical breast/pelvic exams, pap tests, and HPV tests for women ages 21-64 who are uninsured or underinsured.

	2023	2024
Number of Women Served	156	146
Number of mammograms completed	111	97

WISEWOMAN Cardiovascular Disease Program

Serves women between the ages of 40 and 64 who are currently enrolled in the IBCCP Program. All participants receive a free total lipid profile with glucose and health history and are eligible to receive free health coaching sessions to incorporate nutrition and physical activity into a more healthy lifestyle.

	2023	2024
Number of Women Served	72	80
Health Coaching Sessions	180	219

"Thank you so much for helping me when I needed it the most - your service is appreciated".

"Thank you for all you do! I am very happy with this program.



EMERGENCY PREPAREDNESS

This program is dedicated to working with health department staff and community partners. Together we develop, maintain, and update health department response plans that link into the County Emergency Response System, The goal is to help keep the public safe in the event of a public health emergency.

FAMILY SERVICES DEPARTMENT

The goals of the Family Services Department are to engage with mothers prenatally to ensure a healthy pregnancy, work with health systems to ensure a healthy delivery, and put supports in place to ensure children enter school ready to learn.

All Our Kids Network

The AOK Network is a community collaboration in Stephenson, Jo Daviess and Carroll Counties that is working to build a coordinated community system of care for children ages 0-8 and their families.

Doula

A doula is a trained, experienced support person for women, their partners, and families during childbirth. They provide enhanced education regarding labor and delivery through home visits and community prenatal classes.

	2023	2024
Number Enrolled	63	42

Family Story SCAN ME



Family Connects Illinois (FCI)

This program provides a nurse home visit to every family that lives in Stephenson County to answer all questions about mom and baby's health and get families connected to all community resources.

	2023	2024
Births	284	285
Scheduled Visits	224	211
Completed Visits	198	154

Home Visiting

Home Visiting is a voluntary partnership program designed to enrich families to support nurturing parent-child relationships; ultimately preventing child abuse & neglect.

	2023	2024
Number of Home Visits	1511	1596
Number of Children	98	89

Healthy Families Stephenson County™

Family Story

SCAN ME

Moving Beyond Depression (MBD)

Moving Beyond Depression is an in-home 15-week cognitive behavioral therapy program for pregnant or parenting mothers experiencing post partum depression.

	2023	2024
Number of Enrolled mothers	23	21
Number of Completing 15 sessions	5	6

Women, Infants & Children (WIC)

WIC is a food assistance program for low- to medium-income families that helps pregnant women, new mothers, and young children eat well and stay healthy. WIC provides special assistance in purchasing healthy food. All staff are trained in assisting mothers in meeting their breastfeeding goals. WIC partners with the **Family Case Management (FCM)** program to help create self-sufficient families through community referrals.

	2023	2024
Avg. **WIC** Caseload	1132/mo	1432/mo
Avg. **FCM** Infant Caseload	270/mo	256/mo
Avg. **FCM** Pregnant Mother Caseload	134/mo	128/mo
% of Mothers Choosing to Breastfeed	46%	53%

"My family and I have been incredibly blessed by the Family Services Department, They have been a huge help in our lives since having children. They have made raising babies much easier and have felt like an extension of our family, always lifting us up in support while navigating life and parenthood. We are so grateful to be in their care.

-Jake, Viola, Valor and Mercy

PUBLIC HEALTH NURSING SERVICES

Vital Records

Certified copies of official birth and death records are available from the County Registrar for school, travel, insurance, inheritance, and identification purposes.

	2023	2024
Birth Certificates Issued	293	259
Death Certificates Issued	4795	4609

Lab Draws

Adult lab draws are offered at the health department at a reduced cost. Labs are drawn at our office and sent to Quest Laboratory. Results come back to the health department within 2-3 days and will be shared with the patient's primary health care provider.

	2023	2024
Lab Draw Clients:	1521	1628
Tests Performed:	4591	5018

Immunizations

Low-cost immunizations are provided at regular and special clinics preventing the spread of childhood and other diseases to vulnerable populations.

	2023	2024
Seasonal Flu Walk-in Clinics	43	36
Seasonal Flu Immunizations	209	158
Other Off-Site Clinics Held	914	905
TB Screenings	137	161

Family Planning

Serves women of reproductive age in a confidential clinic setting through the provision of low-cost STD screenings, health education, counseling, and contraceptives.

	2023	2024
Clinics	36	31
Exams	33	37

Lead Poison Prevention

Provides outreach for the identification and screening of high risk children in targeted areas of the State. High lead levels are monitored as needed. All WIC enrolled families receive a lead test each year from age 1 to age 5.

Communicable Disease Surveillance

The department maintains continuous surveillance of infection diseases, regularly monitors other key community health indicators, and develops plans in collaboration with community partners to address identified priority health concerns.

	2023	2024
Campylobactor	2	14
Cryptosporidios	1	7
Covid-19	1091	154*
Hepatitis B Chronic	1	7
HIV/AIDS	2	5
Influenza requiring hospitalizations	1	1
Influenza (Haemophilus invasive HIB)	1	2
Legionnaires Disease	1	2
Lyme Disease	1	4
Pertussis (Whooping Cough)	0	7
Q Fever	0	1
Salmonella	9	10
SARS	0	1
Shigellosis	0	6
Strep, Invasive Group A	0	1
Tuberculosis	0	1
Hepatitis C	3	4
Potential Rabies	9	8
E. Coli	4	2
Sexually Transmitted Diseases:		
Chlamydia	196	171
Gonorrhea	25	22
Syphilis	3	8
STD Clinic Patients Seen	334	285
Men	183	139
Women	151	146

**Reporting requirements for COVID-19 changed for 2024.*

FHN COMMUNITY HEALTHCARE CLINIC

This clinic, in partnership with the SCHD, serves Stephenson County and Northwest Illinois residents of all ages.

	2023	2024
Patient visits to Provider	1753	1848
Patient visits to RN	0	207
Stephenson County Residents	94%	88%

ENVIRONMENTAL HEALTH SERVICES

Food Sanitation

The main goal of the food sanitation program is to promote food safety through education. All food establishments in the county are permitted and routinely inspected/monitored to protect public health and assure sanitary conditions.

	2023	2024
Number of Establishments	292	266
Routine Inspections	372	335
Re-inspections	26	27
Food complaints	7	12

West Nile Virus	2023	2024
Mosquito Batches Collected	23	27
Birds sent for Testing	2	7
Positive Birds	4	2

Well & Septic

Inspections are available to contractors and the general public, including water sampling and testing. SCHD also conducts third-party private water well and sewer system evaluations for real estate transactions, including water testing, and oversees the sealing of abandoned water wells in the county.

	2023	2024
Wells Installed & Inspected	16	10
Septic Systems Installed & Inspected	38	32

Nuisance Conditions and Complaints

Nuisances include open dumping and burning, dangerous and unsanitary buildings, dead and decaying animals, and noxious weeds. Failing private sewage systems throughout the county are also investigated and corrective actions are instituted.

	2023	2024
Number of Complaints	10	20

Radon Kits and information for home and business use are available to the community. 85 were distributed in 2023, and 90 were distributed in 2024.

COMMUNITY HEALTH EDUCATION

This program was added to the comprehensive services offered at the SCHD and is charged with promoting knowledge and healthy practices across all age groups through community and school-based presentations.

	2024	Community reach
Tobacco Presentations	15	2710
NARCAN	16	1722
Immunizations	14	2312

FINANCIAL REPORT

	2023	2024
REVENUES		
Fee Income	$235,804.25	$223,837.00
Private Pay (clinic)	$130,863.76	$147,177.08
Grant income	$2,373,016.26	$3,289,458.10
Other Revenue	$353,685.64	$402,390.65
Total Revenue	$3,093,369.91	$4,062,862.83
EXPENSES		
Personnel	$1,967,245.53	$2,065,541.86
Health Insurance & HSA	$567,398.96	$567,137.19
FICA/IMRF	$197,121.62	$209,600.90
Commodities	$127,709.24	$136,625.74
Contractual Services	$532,843.30	$476,836.39
Travel	$33,824.47	$39,471.85
Capital	$7,661.45	$32,304.60
Total Expense	$3,433,804.57	$3,527,545.53
Net income (loss)	($340,434.66)	$535,317.30

FUNDER LIST:

Illinois Department of Human Services (IDHS)
Illinois Department of Public Health (IDPH)
Illinois Maternal Infant Early Childhood Home Visiting (MIECHV)
Start Early
Medical Reserve Corps
Illinois Department of Transportation