

The Board of Commissioners for the Town of Upper Marlboro

Proclamation

In Recognition of Mental Health Awareness Month

Whereas, mental health affects how we think, feel, and act and affects how we handle stress, the choices we make, and how we interact in our community; **and**

Whereas, mental health is important for people of all ages and all stages of life; **and**


Whereas, mental health impacts more than one in every five US Adults and youth; **and**

Whereas, stigma exists around mental health and impacts people's access to treatment and care; **and**

Whereas, the Town of Upper Marlboro supports its residents with mental health conditions; **and**

Whereas, the Town of Upper Marlboro encourages residents to seek help when experiencing mental health symptoms; **now**

THEREFORE, The Town of Upper Marlboro, does hereby proclaim May, 2023 as Mental Health Awareness Month. As Mayor, I also call upon the citizens, government agencies, public and private institutions, businesses, and schools in The Town of Upper Marlboro to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.



Sarah Franklin
President / Mayor
Town of Upper Marlboro

