

Top choices by individual Section

| | % Yes | Rank % Yes – CHIP Priority | Rank % Top 3 | Avg Rank |
|----------------|-------|----------------------------------|-----------------|----------|
| Mental Health | 100% | 1 | 3 | 2 |
| Early Learning | 83% | 6 | 1 | 3.5 |
| Obesity | 85% | 4 | 4 | 4 |
| Housing | 81% | 8 | 2 | 5 |
| Marijuana Use | 85% | 5 | 5 | 5 |
| Opioid Use | 92% | 2 | 8 | 5 |
| Poverty | 82% | 7 | 6 | 6.5 |
| Tobacco Use | 86% | 3 | 11 | 7 |

Systems Approach to Population Wellbeing

Asset Mapping- Mental Health

- Current Efforts
 - Crisis lines
 - Reach-Out, Comprehensive Mental Health services
 - Counseling, CRI
- Organizations
 - Comprehensive, Private Counselors and Medical Care Providers

Mental Health – Goals

- What else can be done
 - As part of a broader community wellness initiative
 - Easier access to counseling/mental health professionals-quick appointments, affordable. Focus on relationship-building in mental health organizations. Multiple options for affordable, accessible mental health care so patients can find one that fits them well.
 - More seamless case management for those with dual disorders, mental health and substance abuse
 - Provide suicide awareness materials, groups and programs; annual campaign community wide
 - We need to talk more about skills to improve mental health before it becomes a crisis. We aren't dealing with precursors of the crisis.

Early Learning – Asset Mapping

- Current Efforts
 - Preschool, Access to Early Learning Program for Low Income
 - Early Learning Coalition
 - Preschool/Early Learning Programs
 - Early Learning HUB, Education as a Path to Economic Growth - Implementation Task Force from Community Council
 - State & Federally Funded Preschool Expansion; Parents as Teachers Home Visiting program; Period of Purple Crying; Parenting Education Classes at WWPS and WWCC
 - Early Head Start, Head Start, Advocacy
 - I would say that this early education starts at home.
- Organizations
 - Early Learning Coalition
 - Children's Home Society, WWCC
 - WWCC, CRI, WWDCH, Children's Home Society
 - Children's Home Society
 - ELC
 - Walla Walla Valley Early Learning Coalition; United Way of Walla Walla County; Community Council; Walla Walla Public Schools; Walla Walla Community College
 - Head Starts
 - Early Learning Coalition
 - Children's Home Society, Walla Walla Public Schools, Walla Walla Early Learning Coalition
 - The parents plus school districts

Early Learning - Goals

- What else can be done
 - a class helping parents to be involved
 - Easier access to affordable early learning programs and preschools for families that are above the low income requirements.
 - Easier access to affordable early learning programs/preschool for families who do not meet low income guidelines
 - Focused funding from the county on early learning efforts not covered by State or Federally Funded Preschool Programs; revising Nurse-Family Partnership Initiative for Walla Walla County; increase home visiting services; support for existing programs serving families with children birth - age five
 - meetings, trainings involving families where they are. go out and canvas talk and inform. invite to trainings and meetings. don't have an income limit so many families cannot afford PK services but are over income for help.
 - Early learning programs should begin as early as possible and include public preschool learning environments, nutrition assurance, and parenting education and support. Too often, children are behind the curve in terms various contributing factors for successful learning.
 - It's not an area I have any particular knowledge in.
 - College Place needs a library or to grant free access to the city or rural library to help improve 3rd grade reading scores at Davis Elementary.
 - expand preschool beyond ECEAP and Head Start and private - fill the missing middle. Consider integrating all kids (income groups) and having a sliding scale. See Seattle for example.
 - It must start at home with the parents reading to their kids. doing math with them and getting them into music.

Obesity – Asset Mapping

- Current efforts
 - WIC, SNAP
- Organizations
 - WWCDCH, YVFMC

Obesity – Goals

- Current efforts
 - WIC, SNAP
- Organizations
 - WWCDCH, YVPMC
- What else can be done
 - As part of a broader community wellness initiative
 - Obesity reduction one fo the biggest factors to reduce incidence of chronic disease
 - Discuss obesity in realistic terms, offer programs for healthy eating, weight loss and lifestyle change
 - We need to also address education and economic factors that drive this issue.

Housing – Asset Mapping

- Current efforts
 - Council on Housing, Affordable Housing Workgroup, Community Council Study
 - Sleep Center; BMAC
 - Community Council Study, Housing Authority, Council on Homelessness, etc.
 - Not sure of all the agencies working on this
 - Some agencies building low income housing.
 - dealing with homeless
 - lots!
 - COMMUNITY COUNCIL, BMAC and many others are trying to deal wwith this big issue.
- Organizations
 - County of WW, City of WW, BMAC
 - WWDCH, Community Council, Housing Providers
 - WWCo, City of WW, Housing Authority, BMAC, Catholic Charities
 - Housing Authority
 - BMAC, Housing authority, Catholic Charities
 - WW Housing Authority, BMAC, WW Housing Aliance, County Dept. of Community Health

Housing – Goals

- What else can be done
 - need to streamline efforts and add more stock
 - More affordable, good quality low income housing; Easier and shorter process to get into low income housing.
 - Not in my area of expertise but we have a very low amount of low income housing and multi-family housing which contributes to homelessness and poverty by having too high a % of wages going into unaffordable housing
 - Encourage housing development in the area, focusing on providing affordable rentals to community members (less focus on student housing).
 - Housing First programs.
 - We need more affordable housing stock. We need to tax high end developers to fund projects to build this housing and quit waiting for the private sector to do it.
 - consider new models and build on what is working
 - A roof over your head is key to education and good health, but we live in a system that always drives the cost of living higher as someone is making money-and making money even at inflated rates is thought of as success.

Marijuana Use – Asset Mapping

- What else can be done
 - This is also a high priority along with opioid epidemic. Since we now have retail outlets youth do not feel it is harmful or addictive. Much more education needs to be done regarding the harm to developing adolescent brain and addictiveness
 - Community wide campaign to discuss safe use and health implications
 - We need a local media campaign and education efforts in the schools.

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Opioid Use – Asset Mapping

- Current efforts
 - Some changing in prescription writing by providers and tracking of abusers presenting in ED's
 - narcan
- Organizations
 - Blue Mountain H2H, CPWI
 - Primary Care providers, Trilogy, other
 - WW Fire Dept, Police, Sheriff

Opioid Use – Goals

- What else can be done
 - Align with Opioid work at state and regional levels
 - Much, much more needs to be done regarding the Opioid and prescription drug use abuse - it is causing much harm and we do not have local detox or MAT programs.
 - Increase options for people looking to come clean, provide access to outpatient treatment for opioid and substance abuse
 - We need a coalition just to address this issue that is driven by members of the community effective by the issue. We can't tell them what to do, we need to ask what they need from us.

Poverty – Asset Mapping

- Current efforts
 - Free meals, BMAC, shelters, thrift stores
 - Poverty rates are declining with the improved economy and more jobs
 - Bringing jobs to county, job training,
 - There are many efforts ongoing in this region-all youth need do is take advantage and sign up.
- Organizations
 - CAC, Catholic Charities, Helpline
 - BMAC
 - Helpline, BMAC, SonBridge, local churches
 - Port of Walla Walla, BMAC, WWCC, WWPS
 - Colleges like WWCC are doing a great outreach job.
- What else can be done
 - To offer programs that bring in social engagement, community support, to offer jobs that also bring a feeling of well being and a feeling of importance and meeting the level of what they can accomplish in a positive way
 - Wider dissemination of information about resources that are available. More help aimed at helping families out of poverty. Greater access for families just above the poverty line.
 - now that minimum wage is higher unless persons are only working part time everyone in WW will be above. what needs to happen is each state needs their own poverty level to review.
 - Offer more free community classes regarding lifestyle changes, job readiness, job skills, healthy cooking, etc. Education leads to success.
 - We need to attract living wage jobs. Jobs in the tourism industry are too few and low paying. We also need to address issues of racism and sexism that promote paying low wages to workers who are neither white nor male.
 - what are the disparities?
 - I believe that due to lack of parental support or interest many poor children remain in that group as few of their friends or relatives are motivated to gain an education and the cycle of ignorance and being poor is not broken by education.

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Tobacco Use – Asset Mapping

- Current efforts
 - Public Health
 - Youth Tobacco Prevention
- Organizations
 - WWCDCH

Tobacco Use – Goals

- What else can be done
 - But, through a larger approach to Community Wellness
 - Need a multi-media, multi-agency campaign regarding use of vaping in teenagers - alarming rate and misunderstandings of the harm. It may be leading to increase in tobacco use as a gateway
 - Community wide effort to reduce tobacco use, annual campaign, free smoking cessation classes and support groups
 - We need to get tobacco prevention education programming back into schools.
 - Education