



Present: Martha Lanman, Mary Campbell, Harvey Crowder, Mary Cleveland, Susann Bassham, Ruthell Martinez, Susan Leathers, Jessalyn Warring Bruce, Meghan DeBolt, Morgan Linder, Sarah Bolling Dorn, Matt Davies

Welcome – Meghan DeBolt started the meeting at approximately 2pm

CHNA/Indicators Update

- Morgan gave an update on the Community Health Indicators process. The second round of meetings will be held this week. See schedule below. All meetings will be held at the YWCA from 4-6pm.
 - Economy – Tuesday 5/22
 - Education – Wednesday 5/23
 - Safety – Thursday 5/24
 - Natural Environment – Tuesday 5/29
 - Health & Wellbeing – Wednesday 5/30
- After these meetings conclude, Catherine from Community Council and Morgan will work to gather the final data indicators and prepare presentation for Community Conversations in June, see below for dates. These meetings will be to tell the story of our community through data and call to action community members to be part of the Community Health Improvement planning process that will occur over the summer and into the fall.
 - Monday, June 18th 5:30 - 7:30 pm Walla Walla
 - Tuesday, June 19th 5:30 – 7:30 pm Milton-Freewater
 - Wednesday, June 20th 9 – 11 am Walla Walla
 - Monday, June 25th 5:30 – 7:30 pm (Dayton)
- Community Council will also use the Community Health Indicators report to choose their study topic for 2018/19.

Blue Zones Video and Discussion

- Meghan informed the group that DCH has been working with Providence Foundation and Blue Mountain Land Trust to bring Tony Buettner to Walla Walla to present to Community Leaders on Blue Zones. Tony will be coming to the Walla Walla area to present in late September. Meghan will share the exact date once it is known.
- The group discussed how Blue Zones captures a Culture of Health, which is our goal, and could be a good model.
 - The group watch a presentation from Dan Buettner, lead researcher and creator of Blue Zone Inc.: <https://youtu.be/ff40YiMmVku>

Updates

- Stop the Bleed Initiative: Susan Leathers from Providence talked about the Stop the Bleed Initiative. The goal of the initiative is to promote community resilience against mass shootings. Stop the Bleed refers to Providence is taking lead to get at least 50 people trained to be trainers in Stop the Bleed. For



more information you can contact Susan at Susan.Leathers@providence.org or see below for more information. See attached for more information.

- <https://www.bleedingcontrol.org/>
- <https://stopthebleedingcoalition.org/>
- Community Health Worker training – Martha Lanman announced there will be a six-week Community Health Worker Training in Clarkston starting June 15th with an in-person session, then weekly online sessions, ending with another in person session on August 3rd.
 - <https://hcwcommunityhealthworker.org/3rd-qtr-june-15-2018-clarkston-chw-core-competency>
- Mary Cleveland announced there will be a six-week care giver training: Powerful Tools for Caregivers
 - Son Bridge from 1:00-3:30 PM, June 4, 11, 18, 25 and July 2, 9, 2018
 - For more information: ALTC 509-529-6470 or 888-769-2582
 - See attached for flier

Adjournment: The meeting was adjourned at 3:10 pm

**Next Meeting –
Monday, June 19th, 2018, 2-3pm**
Walla Walla County Training Room
314 W. Main, Second Floor
Walla Walla, WA 99362