



WATERTOWN COMMISSION ON AGING REGULAR MEETING MINUTES

Watertown Town Hall
Lower-Level Conference Room
61 Echo Lake Road, Watertown, CT
Thursday, May 18, 2023 - 6:30 P.M.

I. Call Meeting to Order:

Vice Chair Loretta Lambert called the meeting to order at 6:33 p.m.

II. Roll Call:

PRESENT:

Loretta Lambert, Vice Chair
Heather Chace
Debra Desena
Sally Kuslis
Al Mickel
Krista Palomba
Carol Stepanek

ABSENT:

Melanie Flaherty, Chair
Vacancy

OTHERS PRESENT: Lisa Carew, Parks & Recreation Director; Laura Garay –

Senior Coordinator/Municipal Agent

III. Correspondance:

- Letters of support to the Town Council.

IV. Public Participation:

None.

V. Approval of Minutes:

- A. March 16, 2023 – Regular Meeting

Motion: Sally Kuslis seconded by Al Mickel to approve the Regular Meeting of March 16, 2023.

Discussion: Heather Chace's name spelled incorrectly.

Motion approved

VI. Reports:

- A. Chairman – no report at this time.

- B. Parks & Recreation Director

Lisa Carew reported:

- The Memorial Day Parade is Monday, May 29th it begins at the Watertown Plaza and ends at the Oakville Green.
- The summer activity schedule is out.
- Advertising our rec trips, concerts, movies and the Main Street Block Parties. The Main Street flags will be due out the week of May 22nd – there are 160 flags, placed on poles with lights.

- C. Senior Center Coordinator/Municipal Services

Laura Garay reported:

- There was approximately 20 people who attended the lecture on Ruth Bader Ginsburg, Associates Justice on the Supreme Court of the United States from 1993 until 2020.

Events and specials included:

- Milk Shake Monday – attendance was between 35 to 40 people.
- Mohegan Sun Trip – one lucky senior won \$750.00

- Return of the monthly birthday cake celebration – approximately 40 attended.
- The Senior Prom was held at St. John's Church
- Karaoke – approximately 35 – 40 attended.
- Kaynor Tech Luncheon – Chef & students prepared \$10.00 meal that in reality cost probably \$30.00. Seniors had their choice of Chicken Parm, or Salmon. There will be another luncheon before the students end the school year for summer break
- May 5th, Cinco De Mayo celebration with virgin margarita's, taco's, nacho's, etc. there was also a pinata with candy and some \$\$\$.
- Mother Day Ladies celebration lunch – included chicken, Waldorf salad – 60 women attended. In June there will be a similar program for the men for Father's Day.
- Krafty Tuesday – seniors made handmade greeting cards.
- Older American Month. Joe Polletta, State Representative and Mark Raimo, Town Manager made a presentation. Seniors enjoyed a light breakfast, then the Town Manager and Superintendent of Schools held a presentation on the proposed budget.
- The Budget Referendum is Tuesday, May 23rd.
- Registered seniors will be treated to an "Andrew Sister's" review in Holyoke, Mass.
- Friday, May 26, 2023 is a scheduled BBQ lunch and Sok Hop. Kick-off for Memorial Day weekend and the launch of summer. On the menu is hotdogs, hamburgers, popcorn, ice cream, and sodas
- The senior mini-bus will be in the parade on Monday, May 29th

June 2023 – Special events will include

- Elvis – June 2nd
- Historian lecture on the Eiffel Tower
- Father's Day Celebration for the guys.
- Shopping trip
- Milk Shake party
- Lunch event
- Shingles vaccine
- Ms. Senior Citizen pageant, Sunday, June 4th. It will be held at the Elmwood – West Hartford Senior Center.
- They are receiving new applicants weekly.
- The staff are still learning many facets of the new My Senior Center programs.
- The monthly calendar is in color due to a sponsorship

Al Mickel requested statistics on the program and activities held at the FASC. It was decided the commission will receive the stats (accurate to date of TC mtg) that were presented to the Town Council at the next meeting.

VII. Old Business:

- a. Community/Senior Center Update – no update at this time.

VIII. New Business:

Al Mickel stated the Town Council was forming a sub-committee for Senior Tax Relief. Al feels a member of the Commission on Aging should be on the sub-committee.

Motion: Alan Mickel seconded by Carol Stepanek to send to the Town Council to have a member of the commission on Aging appointed on the Senior Tax Relief Sub-committee by the Watertown Town Council.

Motion approved.

IX. Adjournment:

Motion: Krista Palomba seconded by Sally Kuslis to adjourn the Regular Meeting at 7:22 p.m.

Motion approved

Respectfully submitted,

Loretta Lambert, Vice Chair
Watertown Commission on Aging

Approved: _____
Susan King, Clerk