



Watertown Commission on Aging

Regular Meeting Agenda

DATE: Thursday, February 15, 2024
TIME: 6:30 PM
LOCATION: Watertown Town Hall, lower-level conference room
61 Echo Lake Road, Watertown, CT

This meeting will be an In-Person meeting and will also be available via Zoom in Listen Only Mode.
A Link will be posted on the day of the meeting.
Please see www.watertownct.org under the Calendar of Meeting.

- I. **Call Meeting to Order**
- II. **Roll Call**
- III. **Correspondence**
 - A. Resignation letter from Loretta Lambert
- IV. **Public Participation**
- V. **Approval of Minutes**
 - A. November 16, 2023, Regular Meeting
 - B. December 21, 2023-Cancellation Notice
 - C. January 18, 2024-Cancellation Notice
- VI. **Reports**
 - A. Chairman
 - B. Parks & Recreation Director
 - C. Senior Services Coordinator/Municipal Agent
- VII. **Old Business**
 - A. Senior/Community Center Update
- VIII. **New Business**
- IX. **Adjournment**

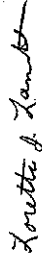
Commissioners, please contact the Watertown Parks & Recreation Department Monday through Friday by 4:30 PM at 860-945-5246 if you are unable to attend. Thank you.

December 29 2023

Lisa Dalton, Town Clerk Watertown CT

Please accept my formal letter of resignation from the Commission on Aging starting in the year 2024. I have had the pleasure of serving for 15 yrs and feel it is time to resign.

Sincerely,
Loretta Lambert



Please forward copies to:

Watertown Town Council

Chairperson on Commission on Aging Melanie Flaherty

WATERTOWN, CT
TOWN CLERKS OFFICE
RECEIVED FOR RECORD

2023 DEC 29 AM 10:13


TOWN CLERK

AGENDA

Date: 2-15-24

Number: 111A



WATERTOWN COMMISSION ON AGING REGULAR MEETING MINUTES

**WATERTOWN TOWN HALL
LOWER-LEVEL CONFERENCE ROOM
61 ECHO LAKE ROAD, WATERTOWN, CT
THURSDAY, NOVEMBER 16, 2023 - 6:30 P.M.**

I. Call Meeting to order
Chair Melanie Flaherty called the meeting to order at 6:31 p.m.

II. Roll Call

PRESENT: Melanie Flaherty, Chair
Heather Chace
Debra Desena
Sally Kuslis
Al Mickel
Carol Stepanek

ABSENT: Vacancy
Loretta Lambert, Vice Chair
Krista Palomba

OTHERS PRESENT: Laura Garay – Senior Coordinator/Municipal Agent

II. Correspondence
- Thank you note from Lisa Carew

IV. Public Participation – none.

V. Approval of Minutes:

A. October 19, 2023 – Regular Meeting

Motion: Al Mickel seconded by Sally Kulis: to approve the Regular Meeting of October 19, 2023.

Motion approved

VI. Reports:

A. Chairman -- none.

B. Parks & Recreation Director

Mark Raimo reported:

- o I will bring what needs to be on the agenda until we hire someone.
- o This morning I manned the phones at the Senior Center from 8:30 to 10.

C. Senior Center Coordinator/Municipal Services – none.

Laura Garay reported

Mark Raimo, Town Manager added we did put together a job description for the assistant and it will go to the Town Council on Monday and then we will immediately post the job.

Motion: Al Mickel seconded by Sally Kulis to open the agenda for old business a. To discuss the Watertown Senior Bus Policy.

Motion passed unanimously

VII. Old Business

a. Watertown Senior Bus Policy

Al Mickel talked about change of wording on page 2 from “residents on the bus” to “riders on the bus”.

Laura Garay stated there is some updates and recommendations that might need modification, she would like staff’s input first and then bring it to the commission.

Chair Melanie Flaherty stated Laura will bring us suggestions for updating the policy and at

that time we can make your change from resident to rider. During the January meeting we can add it to the agenda.

VIII. New Business

a. 2024 Regular Meeting Schedule

Chair Melanie Flaherty stated in the past we have held meetings up at the senior housing complex and I thought we would approve this now if we wanted to add senior complexes we can at that time.

Mark Raimo, Town Manager commented have you ever attached the meeting to one of the Housing Authority meeting nights, that might be a way to get a bigger audience.

Melanie Flaherty added it might good for the warmer months during daylight hours.

Motion: Al Mickel seconded by Heather Chace to adopt the 2024 Regular Meeting Schedule for the Watertown Commission on Aging.

Motion approved

IX. Adjournment.

Motion: Al Mickel seconded by Debra Desena to adjourn the Regular Meeting at 7:00 p.m.

Motion approved

Respectfully submitted,

Melanie Flaherty, Chair
Watertown Commission on Aging

Approved: _____
Susan King, Clerk

Cancellation Notice

Watertown Commission on Aging Regular Meeting

Thursday, December 21, 2023

The Regular Meeting of the Commission on Aging, scheduled for Thursday, December 21, 2023 has been cancelled.

Melanie Flaherty
Chair

Cancellation Notice

Watertown Commission on Aging Regular Meeting

January 18, 2024

The Regular Meeting of the Commission on Aging, scheduled for Thursday, January 18, 2024 was cancelled.

Melanie Flaherty
Chair



TOWN OF WATERTOWN CONNECTICUT

HUMAN, SOCIAL & LEISURE SERVICES

Recreation • Crestbrook Park GC • Parks • Foodbank • Social & Senior Services

61 Echo Lake Road, Watertown, Connecticut 06795-2629
Main Office (860) 945-5246 FAX (860) 945-4734



February 15, 2024

Town of Watertown, Commission on Aging

RE: Falls Ave Senior Center

Good Evening,

I am unable to attend tonight's meeting due to a planned vacation.

I have prepared the following report for you that includes senior activities from our last meeting on November 16, 2024.

In November, seniors enjoyed special activities like Thanksgiving Feud, a shopping and lunch trip to the Naugatuck Walmart and lunch at the Station, Crafty Tuesday making holiday stockings and a presentation from our Historian, Art Gottlieb on the Sears Roebuck Christmas Catalog. Many also enjoyed a Thanksgiving Luncheon at Kaynor Tech. Also in November, the Falls Ave Senior Center resumed the State Nutrition Program on Tuesdays.

In December, Seniors kicked off the holiday season with a Trim the Tree Celebration. They attended the Police Benevolent Association's Annual Senior Holiday Party at the Sunset Grille and attended a, "A Carpenter's Christmas" at the Aqua Turf enjoying the tunes of Karen and Richard Carpenter. They made a last minute bus trip to Boscovs and had lunch at Pagliacci's in Southington. They capped off the holiday festivities with the FASC Holiday Party with great food, entertainment, Santa Claus and a sexchange. The senior Wii Bowling Team participated in the Statewide Individual Tournament at the Bristol Senior Center and one FASC member came home with a silver medal.

In January, the seniors enjoyed a homemade Italian Luncheon that was comprised of freshly made meatballs and sauce, pasta and salad courtesy of two FASC members, Anna Basile and Marisa Crea. The Wii Bowling Team won their match against the Cromwell Senior Center with a record of 4-1 in their league. January is always a transition month at the Center to refresh and plan more innovative activities for the year.

In February, seniors enjoyed a presentation from a visitor who climbed the Appalachian Trail. Seniors also attended the Pre-Super Bowl Party and Chili Cook Off and the very special Valentine's Day Brunch.

Monthly luncheons to Kaynor Tech and Grocery Shopping Trips to Shop Rite in Southbury continued to be offered.

Social Services referrals continue to come in. In addition, Energy Assistance Applications have increased and have doubled since 2021.

Please join me in welcoming our new Director of Parks and Recreation, Michael Ganem. Please feel free to contact me with any questions or concerns at 860-945-5250.

Best,

Laura
Falls Ave Senior Center Coordinator
Municipal Agent

AGENDA

Date: 2-15-24

Number: VIC