



WATERTOWN COMMISSION ON AGING REGULAR MEETING MINUTES

**WATERTOWN TOWN HALL
LOWER-LEVEL CONFERENCE ROOM
61 ECHO LAKE ROAD, WATERTOWN, CT
THURSDAY, MARCH 16, 2023 - 6:30 P.M.**

I. Call Meeting to Order:

Chair Melanie Flaherty called the meeting to order at 6:32 p.m.

II. Roll Call:

PRESENT: Melanie Flaherty, Chair
Loretta Lambert, Vice Chair
Heather Chace
Debra Desena
Al Mickel
Carol Stepanek

ABSENT: Sally Kuslis
Krista Palomba
Vacancy

OTHERS PRESENT: Lisa Carew, Parks & Recreation Director, Laura Garay – Senior Coordinator/Municipal Agent

III. Correspondence:
None.

IV. Public Comment:
None.

V. Approval of Minutes:

A. February 16, 2023 – Regular Meeting

Motion: Al Mickel seconded by Debra Desena to approve the Regular Meeting of February 16, 2023.

Motion approved

VI. Reports:

A. Chairman – no report at this time.

B. Parks & Recreation Director

Lisa Carew reported:

- The budget presentation with the Town Council is Tuesday, March 28th at the Town Hall at 7pm.
- The department just finished the Shamrock Shuffle Road Race.
- Carrie Godfrey has the summer brochure finished; registration starts tomorrow.
- The next event is the VFW 7330 – Oakville Post “Welcome Home Vietnam Veterans” is scheduled for March 30, 2023 at 12:00 Noon

C. Senior Center Coordinator/Municipal Services

Laura Garay reported:

It has been very busy at the center.

Special events such as:

- Cooking for Corky – (Ms. Corky Plourde) was held twice. One has desserts, the other was lent meal specials.
- Souper Lunch next week – 3 different soups. Over 50 people are registered.
- Trip to Litchfield Job Lots and to JDTS Brick House in Thomaston for lunch, both buses went
- The center held a “Big East” basketball party included the UConn game, wings from Ordinary Joe’s.
- Last Saturday, March 11th unfortunately the trip was cancelled due to the snow storm. The trip was scheduled to go to institute for American Indian

Studies. There was a Maple Sugar Harvesting Festival.

- Every month she is holding a Health Care forum.
- 7 people attended the breakfast presented by Reliant Angles.
- This week there was a site visit at the Lutheran Home in Southbury. They had completely renovated the original buildings the facility.
- The Crafty Tuesday Arts & Crafts classes were cancelled due to weather and have been re-scheduled.
- The myseniorcente.com is approximately 70% completed.
- There are “tons of new people” coming to the center”. Newer people coming in have been very happy.
- She has a great team of volunteers.
- Tomorrow – March 17th is the St, Patrick’s Day Party.75 people are to attend.
- The movie “River Dance” will be playing. There will be live entertainment.
- Next week at the FASC will be a AAA Safe Driving Class.
- At the end of the month will be “Sloppy Joe’s” over 60 Portuguese rolls have been donated. Dave (volunteer) has been getting donations from Costco, Brooklyn Bakery and more along with the Sloppy Joe’s the guests will enjoy apple pie a-la-mode.
- Starting tonight the theatre group at WHS will be presenting “Beauty & the Best”. Many of the seniors have taken advantage of the Saturday matinee at a discounted rate.

April events

- Trip to Mohegan Sun Casino
- Senior Prom – Friday, April 21st
- Movie & popcorn – “Mama Mia II” and karaoke
- Crafty Tuesday – Huge eggs have ben purchased for making terrariums and planting seeds
- Kevin Grant, DJ will be DJ for a Sock Hop
- Trip to the New Britain Museum of American Art-Music & dance of Fed Astaire

Motion: al Mickel seconded y Carol Stepanek to send to the Watertown Town Council a letter to support a full-time Social Worker for the Town of Watertown in the proposed budget”.

Motion approved

VII. Old Business:

- a. Community/Senior Center Update – no report.

VIII. New Business:

None.

IX. Adjournment:

Motion: Heather Chase seconded by Loretta Lambert to adjourn the Regular Meeting at 7:32 p.m.

Motion approved

Respectfully submitted,

Melanie Flaherty, Chair
Watertown Commission on Aging

Approved: _____
Susan King, Clerk