



WATERTOWN COMMISSION ON AGING REGULAR MEETING MINUTES

**WATERTOWN TOWN HALL
LOWER-LEVEL CONFERENCE ROOM
61 ECHO LAKE ROAD, WATERTOWN, CT
THURSDAY, JULY 20, 2023 - 6:30 P.M.**

I. Call Meeting to Order:

Chair Melanie Flaherty called the meeting to order at 6:33 p.m.

II. Roll Call:

PRESENT: Melanie Flaherty, Chair
Heather Chace
Debra Desena
Sally Kuslis
Al Mickel
Krista Palomba
Carol Stepanek

ABSENT: Loretta Lambert, Vice Chair

OTHERS PRESENT: Lisa Carew, Parks & Recreation Director
Laura Garay – Senior Coordinator/Municipal Agent

III. Correspondence:
None.

IV. Approval of Minutes:

A. June 15, 2023 – Regular Meeting

Motion: Alan Mickel seconded by Sally Kuslis to approve the Regular Meeting of June 15, 2023.

Aye: 6 Desena, Stepanek, Chace, Kuslis, Mickel, Palomba
Nay: 0
Abstain: 1 Palomba

Motion passes

VII. Reports:

A. Chairman – none.

B. Parks & Recreation Director

Lisa Carew reported:

- Roof at the FASC is being replaced within the next few weeks.

C. Senior Center Coordinator/Municipal Services – none.

Laura Garay reported:

Special Events

- Father's Day Celebration
- Hotdog Roast
- Corn Hole Tournaments
- 65 people attended lunch
- Trolley – 33 people, Reins Deli, Trolley Museum
- Shopping Trip to Southington, Queen St. – lunch at Saints
- July 4th Holiday – no activities
- Breakfast & Boat Ride – cancelled due to weather, rescheduled to August 9th, Breakfast at Mary's Diner, Peaches & Cream Ice Cream
- Log Cabin Trip, Billy Joel Review, Lobster/Prime Rib
- Corky – cooking with Corky with cello player
- 20 people attended "Normal Aging vs Dementia" class

- Ice Cream Trip, Rich Farms in Oxford, National Ice Cream
- Karaoke – Friday, July 21st, 27 songs and Park & Recreation girls will do duo
- Monday, trip to (July 24), March Farms, 15% off for seniors on Monday's, 8 – 10 will attend
- Book Club – newest book “The Bear & The Nightingale”
- West Farms Mall & Cheese Cake Factory (drive to entrances)
- Blueberry Bake-off, Monday, Judges – Mark Raimo, Harwinton Fair Judge, possibly rep from March Farms
- Friday, August 4th, beach party – going to the real beach, Meig Point at Hammonasset State Beach & Park – need shade, pavilion, chair, bring hat, glasses, sunscreen, only 2 people signed up so far
- Alan Mickel had questions about chaperoning trips
- Alan Mickel had question about statistics. Stats will be given out in January & July every year to COA members

VII. Old Business:

- a. Community/Senior Center Update – no update or report at this time.

VIII. New Business:

- Alan Mickel stated the Town Council, “Tax Deferment” for elderly tax relief, taxes aren't paid until property sold. Alan Mickel commented on the coffee cups don't have lids – feels safety issue.
- Laura Garay stated she is using up all of the Styrofoam cups that were at the center when she took over. Hard to get lids to fit them not required since COVID protocols have been lifted.

IX. Adjournment:

Motion: Carol Stepanek seconded by Heather Chace to adjourn the Regular Meeting at 7:12 p.m.

Motion approved

Respectfully submitted,

Melanie Flaherty, Chair
Watertown Commission on Aging

Approved: _____
Susan King, Clerk