

**BEFORE THE BOARD OF SUPERVISORS OF THE
COUNTY OF YUBA, STATE OF CALIFORNIA**

**RESOLUTION OF THE BOARD OF)
SUPERVISORS OF THE COUNTY OF)
YUBA, STATE OF CALIFORNIA,)
AFFIRMING SUPPORT FOR THE BLUE)
ZONES PROJECT AND APPOINTING)
YUBA COUNTY HEALTH AND HUMAN)
SERVICES DIRECTOR, JENNIFER)
VASQUEZ, OR SUCCESSOR, AS THE)
COUNTY REPRESENTATIVE TO)
SERVE ON THE BLUE ZONES)
PROJECT YUBA SUTTER STEERING)
COMMITTEE)**

RESOLUTION NO: 2022-40

WHEREAS, improving the overall well-being of the residents of Yuba County will improve productivity, lower healthcare costs, and improve the economy; and

WHEREAS, rates of obesity and healthcare costs have increased significantly and employers cite health and well-being as a concern with employees; and

WHEREAS, Blue Zones are communities that have been identified as having populations that live measurably longer, happier lives with lower rates of chronic diseases and a higher quality of life than the average; and

WHEREAS, the 89th US Conference of Mayors passed a resolution supporting Blue Zones Community Wellbeing Initiatives; and

WHEREAS, In January of 2021 the Office of the Surgeon General and the United States Department of Health and Human Services released a Community Health and Economic Prosperity report that raised awareness to business leaders of the advantage of investing in community health for the health of their businesses and the health of their local economy. The report shows the return on investment in community well-being is economic development including more prosperity and happiness for individuals, organizations, and the community at large; and

WHEREAS, the Yuba Sutter Blue Zones Project is a community-wide, evidence based approach that seeks to improve the well-being of communities by applying best practices to make the healthy choice the easy choice through built environment, food, and tobacco policy change; environmental changes within worksites, schools, restaurants, grocery stores, and faith/civic organizations; and engagement activities that promote social support for healthy behaviors, volunteering, and purpose.

NOW, THEREFORE, BE IT RESOLVED that the County of Yuba recognizes and supports the Blue Zones Project and urges staff to recognize and lend appropriate support to the Blue Zones Project so that the entirety of Yuba County may become a Blue Zone where residents live measurably longer and happier lives.

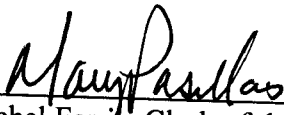
BE IT FURTHER RESOLVED that the County Board of Supervisors appoints Yuba County Health and Human Services Director, JENNIFER VASQUEZ, or successor, as the County representative to serve on the Yuba Sutter Blue Zones Project Steering Committee.

PASSED, APPROVED AND ADOPTED this 22 day of March, 2022. I, RACHEL FERRIS, BOARD CLERK OF THE COUNTY OF YUBA, HEREBY CERTIFY the foregoing resolution was introduced and passed at a regular meeting of the Yuba County Board of Supervisors by the following roll call vote:

AYES: Supervisors Vasquez, Blaser, Fuhref, Bradford, Fletcher
NOES: None
ABSENT: None
ABSTAIN: None

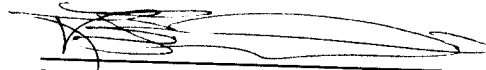
ATTEST:

APPROVED:



Rachel Ferris, Clerk of the Board
Yuba County Board of Supervisors

Mary Pasillas, Board Clerk



Randy Fletcher, Chair
Yuba County Board of Supervisors

Michael J. Ciccozzi
YUBA COUNTY COUNSEL
APPROVED AS TO FORM:

