

Digital Platform

Easy, timely, confidential access to personalized counseling, work-life and self-help resources



Life is getting busier, and trying to juggle work, family, finances, and more can be challenging.

Keeping things on track can be stressful. Concern's powerful and simple-to-use digital platform quickly connects you to the help you need to navigate life's ups and down.

Help Wherever You Are

Accessible from your phone, tablet, or computer, the platform is your digital front door to everything Concern has to offer. It combines technology, counseling, coaching, guided mindfulness, self-help tools, work-life resources all in one place. Easily get the help you need, when you need it, and on your own terms.

You can count on our platform for **confidential, 24/7 access** to Concern services you've always relied on.

Simple Digital Assessment

Answering a few questions quickly leads you to a custom care plan

Dynamic, Personalized Dashboard

Request additional help, track progress and find the customized resources you need in the moment

Personalized Self-Help Tools and Work-Life Solutions

Guides you to specific resources like apps, videos, articles, consultations, and service referrals, all customized to your needs

Client-Counselor Matching

Helps you find a professional you're comfortable confiding in from the start while maintain privacy

Counseling Choices for Busy Lifestyles

Choose from multiple counseling modes, including video, in-person, telephone, live chat, text therapy

Getting started is simple

Just visit employees.concernhealth.com log in with your company code, and follow any of the in-page links to begin. For questions about Concern or for immediate support call **800-344-4222**.